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Not Only Good Sport But Valuable Asset in Time of Stress-Gyro Club Has Champion at Luncheon

Rifle or revolver shooting is not only a good, clean sport, to have proficiency in which one must live cleanly, indulge in no excesses, be in possession of all the faculties and have self-control, patience and steadiness, but it is also a valuable defence asset from a military standpoint, declared Robert G. Pickrell, sergeant of the Canadian National Railways police from Winnipeg and world's champion revolver shot, in the course of addressing the Prince Rupert Gyro Club at luncheon yesterday. Indeed, Sergeant Pickerell expressed the opinion that it was every man's patriotic duty to learn proficiency in marksmanship. "One nation which contemplated attacking another might hesitate in doing so if it was known that every man and woman! in the nation to be attacked was an accurate rifle or revolver shot,' said the interesting speaker. "It might even be the means of preventing an attack." Sergeant Pickrell recommended rifle or revolver advance price for cohoes, those ject that has been witnessed in shooting as a means of making better citizens out of boys and girls One who would be a good shot could Packer Ogden brought in 5,000 been allowed to disintegrate, and not drink or smoke heavily, said the pounds from Squadaree, 13,000 wondered how the present prime speaker.

said Sergeant Pickrell who told of delivered 1800 pounds. some of the elements which entered nto match shooting. Among important things were the time of day and the weather. Early in the morning or late in the evening there was not usually the wind to contend with such as there was in midday. It was difficult to shoot! in rain. The ideal time was just after a rain. Therefore, the element of luck entered into the winning of hundred crack shots.

Describes Technique

Sergeant Pickrell briefly reviewed gave an interesting demonstration same route. of his own prowess, showing amazng skill in the use of a 38-calibre pistol at a range of about ten yards. He fired fifteen rounds at targets placed against a cubic foot box stuffed with cotton waste and with a steel back.

Dr. H. N. Brocklesby, president of the club, was in the chair and expressed the appreciation of members and guests to Sergeant Pickrell for his talk and demonstration. The guests included Dr. A. L. Pritchard, past president of the Nanaimo Gyro Club, L. H. Haworth, John Bulger, Ted Mills, Joe Scott,

J. T. Harvey, J. H. Norden and Alex McRae.

Sergeant Pickrell, who is here with the special train of the Governor General, is, the holder of ernor General, is the holder of many records including all Canadian and American pistol and revolver titles as well as the Scottish, British and world championships. He is also the only Canadian ever to qualify as master shooter of the world and holds three world's records—one for pistol shooting and two for revolver shooting.

EXILES RETURN

KIRKWALL, Scotland, Aug. 26: (CP)—Orkney Islanders celebrated the 800th anniversary of t. Magnus Cathedral, Orkney Daily News Want Ads Bring Results "exiles" coming from all parts the Empire for the occasion. "exiles" coming from all parts of

"ALL-BRAN LIVES UP TO REPUTATION"

If you are troubled with common constipation, read Miss Bundy's enthusiastic letter:

"I used to feel poorly all the time-just down and out. After reading an advertisement about ALL-BRAN, I got a box. It has helped me ever since."-Miss Mary Bundy (address on request).

Laboratory tests show that Kellogg's ALL-BRAN brings "bulk" to exercise the intestines; vitamin B to tone up the intestinal tract.

Within the body, ALL-BRAN absorbs twice its weight in water. This soft mass gently clears the intestines in a safe, natural way -without any of the weakening action of pills and drugs.

Just eat two tablespoonfuls daily -with every meal in severe cases. Serve as a cereal with milk or fruits, or cook into recipes. Remember-ALL-BRAN is a foodnot a medicine. You buy it at the grocery store. Made by Kellogg in

WHIFFLETS

From the Waterfront

Co-operative has increased the showing the neglect of this promarketed today receiving 91/2c. great and vital a program had from Macaulay Island and 2,600 minister of Canada would square It took about six weeks to learn pounds from Freeman Pass. Trol- himself with Laurier were the the rudiments of revolver shooting, ler Nordic, Capt. Gus Normann, two to meet on the other side of

age of Canadian National Steam- which to establish new homes. a championship in marksmanship ships Alaska sailings, had only and the "breaks" counter when one 108 round trippers on board. The "Delay in providing a coast Prince Rupert will be back here outlet must be charged to lack of next Monday southbound.

C.N.R. steamer Prince Charles, evident that there is plenty of the history of shooting from the Capt. James Watt, is due in port capital for all other projects in ime of crude slingshots and later at 5 o'clock this afternoon all parts of Canada, and he cited boys and arrows, pistols, rifles and from Vancouver via the Queen a long list of expenditures in nachine guns. Some of the intri- Charlotte Islands. The vessel millions extending all the way cacies of pistol shooting technique sails at 10 o'clock Saturday night from Halifax to Victoria. In the were described by the speaker who on her return south over the face of these vast sums that are

Rupert Asked and Suggestion Made They Should Agree On One Project

Hon. James Gardiner, minister of agriculture in the Mackenzie King government, accompanied by James A. McKinnon, Member of Parliament for West Edmonton, and J. H. Tremblay, Federal at a complimentary dinner given them, Page Rideout presided and legiance.' C. W. Frederick was also a speak-

er. The Peace River Record in

"Mr. Rideout was in his best form in presenting an eloquent

appeal for a coast outlet for the Peace River Country. He recalled the program of development of the north with a port at Prince! Rupert which has been envisioned and inaugurated by the late The Prince Rupert Fishermen's Sir Wilfrid Laurier, and after! recent years, he regretted that so the pearly gates.

"There is a vast wealth await-The tourist season is now ing development by transportaabout over and, with the end of tion throughout all the country! August, steamship and train ser- between here and the coast, said vices here will be reverting to Mr. Rideout, and a vast area suitfall schedule. Already there is a able and waiting the development sharp falling off in Alaska tra- that would follow the provision vel. The steamer Prince Rupert, of that transportation to provide which was here from 10 o'cleck homes for many hundreds of fayesterday morning to 1 o'clock milies from drought areas who in the afternoon on the last voy- would find here fertile lands on

Lack of Interest

interest rather than lack of capital, said the speaker, since it was

voted annually for all sorts of

King and Queen are among many be made to believe many things. contributors to a fund for pro- but when Canada had been supviding seats in public parks. One with hand-picked immigracontributor specifies his seat be ion, not all the nuts had been for "prior use of disabled sold- placed in Alberta, and we cannot believe a coast outlet is im-

the comment of the second of the second section of the section of the second section of the section of the second section of the se

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possible except through disinterestedness on the part of the dominion as a whole."

At a Liberal rally in Peace River in which the same speakers took part, Mr. McKinnon, Liberal member for Edmonton West, stressed his continued support for the Peace outlet but suggested that the active co-operation Support of Vancouver and Prince of Vancouver and Prince Rupert should be obtained in the car paign and he asked that all agree on one project.

PACIFIST JAILED

LEEDS, England, August 26: (CP) Eighteen-year-old Ronald Phillips, clergyman's son, was sentenced member for Grouard recently vis- to a year's imprisonment for atited the Peace River district and, tempting to "seduce a member of the Royal Air Force from his al-

The Daily News has an audited reporting the proceedings, said, irculation. Play safe!

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SEATS FROM THE KING

LONDON, Aug. 26: (CP)—The

Durposes, it could not honestly be urged that lack of funds was the reason for not providing the Peace River country with its natural outlet to the sea. We could

Ottawa, June 22, 1937

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_By Westover

Ecstall Mine Looking Good

F. W. Guernsey Will Close Down for Winter but Re-open on Bigger Scale

F. W. Guernsey is expected to arrive towards the end of this week from Vancouver to pay one of his periodical visits to his Ecstall copper pyrites mining property which has been under extensive development this year. Shortly work is to be closed down for the winter but will be resumed on a larger scale than ever next year with a view to bringing the property into produc-

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