There's something

appealing about its

delicious, nutty flavour.

PROTECT

rour winter garments and furs

Fume Crystals-Kills clothes moths worms (larvae)

Proof Garment Bags-Protects clothes from s and dust. Priced at—

15e, 20e, 40c, 50c

Moth Spray-Kills clothes moths. 3 sizes-

30c, 50c, 90c

oth Proof Blanket & Fur Chests-

75c

Ormes Ita. The Proneer Druggists

The Rexall Store

Phones: 81 & 82

Open Daily From 8 a.m. till 10 p.m. Sundays and Holidays From 12 noon till 2 p.m., 7 p.m. till 9 p.m.

hone 18

P.O. Box 575

Mussallem's Economy Store

"Where Dollars Have More Cents"

EA-Empress Brown Label & Anointing Spoon 81C 1-lb. pkg. Special New Blend-you'll like it!

OUPS—Heinz 19c

Assorted, 2 tins HEESE-Kitimaat 19e

DAP—Palmolive, contains 4 takes soap, sample tooth paste, shave cream and pic-

ture of King. 25c

OAP—Colgate's Face, fine assortment 6 cakes to pkg.

SOAP FLAKES - Princess, bundle contains 3 pkgs. of flakes per bundle

PITTED DATES-10c Fresh stock, lb.

TWIGLETS-Peek-25c Frean, per pkg.

POTATOES—Queen Charlotte No. 1 quality \$1.39 50-lb. sack

TOMATOES-17c Mexican, per lb.

CUCUMBERS-White 20c Spine, each

Out of town orders receive prompt and careful attention

CKENZIE'S FURNITURE

Folding Baby Carriage

Child can use it from the time it's 4 days until it's 4 years old. It's new and it's good.

327 Third Ave.

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HALIBUT

The source of Sunshine Vitamins A and D

Boiled Halibut with egg sauce is digestible, palatable, satisfying.

CANADIAN FISH & COLD STORAGE CO. LTD.

Prince Rupert, B.C.

It's interesting to know when reading the Daily News lat the people of the whole district are doing the same.

Varicose Veins

Reduced at Home This Safe Easy Way

No sensible person should continue to suffer from disfiguring and often painful swollen veins or bunches, before resorting to opera- Just arrived. A new shipment tions or injections, without trying of hats at Annette's. the new powerful, yet harmless pe-netrative treatment, called Emerald Oil, which relieves so many.

gist for an original bottle of Moone's Emerald Oil and refuse substitutes. Use as directed and in a short time note improvement. veins are further reduced. Money morning to be on time. returned if not satisfied.

Timely Recipes

Egg Dishes

listence of several vitamins in night' train. food, each vitamin being essential for a certain phase of Mrs. Robert Corlett and Mrs. growth or for the prevention of T. Brooks will arrive in the city a particular type of disease. No from Terrace on tonight's train the vitamins in the quantities re- for Vancouver. quired by the human system, but no other single food has a wider ATTENTION MERCHANTSvitamin content than eggs. Eggs Entries for decorated store win- England, is a visitor at Bishop's contain vitamins A, B1, B2, and dows to be made in writing to D. Vitamins A and D essential Sec'y, Coronation Celebration to growth, also to the prevention Committee, P. O. Box 628, clos- and Mrs. G. A. Rix. From here of certain eye troubles, and to ing date Saturday midnight May Mrs. Breukelman will proceed to the proper development of bones 8th. and teeth are found abundantly in leggs, while vitamin B, the vitamin | Canadian Legion, B. E. S. L. breakdown, loss of weight, and will parade to St. Andrew's law, Mrs. C. W. Breukelman, ate quantities.

slice onion, 1/4 cup flour, 1 cup medals will be worn. white stock, yolk of 3 eggs, stale bread crumbs, grated cheese, salt, The Prince Rupert Gyro Club,

fat, and drain on brown paper. of the club. The croquettes may be served with a thin sauce, using equal parts of white stock and cream, and seasoning with grated cheese. salt, and paprika.



"I used to spend hot hours over the stove getting breakfast - till I found my family liked Kellogg's Corn Flakes so much better!"

Everybody loves the crisp, delicious goodness of Kellogg's. And you can have them on the table in a few seconds! The exclusive heatsealed inner bag keeps them oven-fresh.

At grocers, ready to serve. You can't buy bigger value. Kelloggis CORN FLAKES

Made by Kellogg in London, Ontario.

MADE BETTER ... PACKED BETTER TASTE BETTER ...

GOLDBL.OOM

The Old Reliable

Fur Buyer

Has Received Large Orders

BEAVERS, MUSKRATS

and all kinds of Furs

Send your furs to Goldbloom and see how much more you will get. Goldbloom guarantees more than anybody else and he wires or mails the money immediately upon receipt of the goods.

GOLDBLOOM

Prince Rupert

LOCAL NEWS

S. O. N. meeting tonight.

Geo. Weaver, C.C.F. candidate, Ask Ormes Ltd. or any good drug- speaks Moose Hall Friday 8 p.m.

Then continue until the swollen east at 10:20, was reported this

Gyro Coronation Dance, May 2-limited number of tickets; available from any Gyro or at Orme's Drug Store.

F. M. Dockrill, Telkwa coal mine operator, is a business visitor to the city, having arrived Science has discovered the ex- from the interior on Tuesday

one item of food possesses all of and sail aboard the Prince George

of yeast, which prevents nervous Church Parade, Sunday. Members companied by her daughter-inanaemia is also present in moder- Cathedral for ceremony of de- and family, who are visiting with positing colors of 102nd (Over Mrs. Breukelman's parents, Bish-Egg Croquettes seas) Battalion. Fall-in 10:30 op and Mrs. Rix. Six eggs, 2 tablespoons butter, a.m. at Legion Hall. Berets and

at its regular weekly luncheon Poach eggs and dry on towel vesterday, decided to put up W. Cook butter with onion three min- H. Tobey for district lieutenantutes Add flour, and gradually the governor at the district converstock. Cook one minute and cool tion to be held during the summer Cover eggs with mixture, roll in at Kelowna. D. G. Borland will bread crumbs and cheese, using be the official delegate of the equal parts, dip in beaten egg, club to the convention. J. .O. again roll in crumbs, fry in deep Williamson was elected a member

HOTEL ARRIVALS

Royal F. McLeod, Sunnyside;, John Christensen. Seattle; J. Collier nd G. Pinko, Cumshewa.

Prince Rupert Mrs. A. Chiminello, Jasper; A. Farrow, Vancouver; W. S. Singer, Mrs. James Martin and Mrs. E. Pongs, Massett; R. G. McKenzie, B. Westman and Gordon H. Jolliffe, Queen Charlotte City; C. A. Moses, Dead Tree Point: Mr. and Mrs. A. Anderson, Lagoon Bay; Mrs. E. C. Stevens, Skidegate; A. R. Mallory, Port Clements; D. G. Phillips, Rose Harbor; J. Denholme,

Central and A. Larsen, Vancouver; J. R. Reynolds, Refuge Bay; Gunnar Johnson and Eina Haapala,

H. Hanssen, Surf Inlet; J. Knutson and E. Wing, Billmor; Les Tattersal, city.

Announcements

St. Peter's Sale, May 6.

United Coronation sale, May 6.

Gyro Club Coronation Dance. Armory, May 12.

Norwegian Independence Day, May 17.

Presbyterian tea, Mrs. J. H. Carson's, May 18.

W. A. Canadian Legion Coro nation sale and tea, Legion Rooms May 20.

C. Y. S. Spring Frolic, Oddfellows Hall, May 21.

Catholic tea, Mrs. George Nickerson's, May 26.

Orange spring sale, Oddfellows' Hall, May. 27.

Girl Guide Tea, Mrs. J. R. Morison's, May 29.

> Fresh Local Raw And Pasteurized Milk VALENTIN DAIRY

> > PHONE-657

Coring feeling!

JUST now, you should be enjoying that precious feeling of energy and "go" in keeping with the season. To be sure of your share of lively activity you must help your system to supply it by serving Shredded Wheat every day. It supplies Nature's vital body-building, energising elements with bran in balanced proportion to regulate the system. Ready-to-serve Shredded Wheat, hot or cold, with milk or cream, gives you your full share of food-value, energy-value and "GO".

THE CANADIAN SHREDDED WHEAT



SHREDDED WHEAT MADE IN CANADA - OF CANADIAN WHEAT

Mrs. Breukelman of London, Lodge as the guest of Rt. Rev. Victoria to be the guest for a time of Mrs. H. L. Roberson. Later she will return to England, ac-

FOR SALE

FOR SALE-29 foot trolling boat. Apply 920 First Avenue. (106) THREE Spaniel pups, 8 weeks old.

(107) Apply Daily News. FOR SALE-One Simmon's baby crib, \$3.50. Apply Mrs. H. F. Pul-

len, Third Ave. IDEAL For summer camp, Columbia graphonola. Over 40 first class records. Very reasonable. Phone Red 832.

FOR SALE-10 lbs. damp wash for 50c. Each additional lb. 5c and minimum 10 lbs. Pioneer and Canadian Laundries. Phone 8 and

COAL Nanaimo-Wellington for furnace and heater. Alberta Eggsootless, for the kitchen range. Albert & McCaffery, Phone 116

P. G. Rolls, C.N.R.; S. Ives FURNISH Your home with brand! new factory samples. 66 piece; three room groups-\$184-ideal for the working man; extra high grade groups-\$232; 10-piece Chesterfield groups-\$59.50; silk tapestry Chesterfield groups-\$89.50; kitchen tables with drawers-\$2.95; dressers-\$9.95; beds complete-\$13.95. Terms if desired. Here is an opportunity of a lifetime. Act quickly. We! need the space. Free storage. Write today. Julius Shore, Mail Order House, 8th Floor, Bekins Bldg., Vancouver.

FOR RENT

FOR RENT-Front apartment with electric range. Smith & Mallett

FOR SALE OR RENT

FOR SALE or RENT-Stewart's Cafe, Smithers, as going concern. Apply L. H. Kenney, Smithers,

LOST

LOST-Brown change purse containing \$20 bill. Phone Red 288.

WORK WANTED

YOUNG Married man would like work by hour or day. Window cleaning and Simonizing cars a specialty. P. J. Beamont, Gen. Del., Prince Rupert.

PERSONAL

GENTLEMEN'S Sanitary Supplies, highest grade 15 for \$1. Pacific Supply, 751 Granville, Vancouver,

UNION STEAMSHIPS LTD.

Steamers leave Prince Rupert for Vancouver: T.S.S. CATALA EVERY TUESDAY, 1:30 P.M. Due Vancouver, Thursday p.m.

T.S.S. CARDENA FRIDAY, 10:30 P.M. Due Vancouver, Monday a.m.

If convenient please purchase tickets at office. Further information regarding reservations and tickets from A. W. NEWMAN, Prince Rupert Agent, Third Ave. Phone 568

D. Elio Furniture Exchange

MOOSE BUILDING, THIRD AVE. Phone Green 916

New Furniture

Dominion Linoleum or Congoleum Gold Seal Chesterfield Suites, Beds, Springs, Mattresses, Floor Covering, Blankets, Luggages, Table Oilcloth, Window Shades, Prams, Folding Carriages.

Used Furniture

Beds, Atlas Couch, Steel Crib, Singer Sewing Machine, Kitchen Table, Kitchen Cabinet Kitchen Ranges, Dining Room Suites, Dressers, Gramaphone Records; Musical Instruments, Books, Writing Desk, Etc.

TO THE HOUSEWIFE:

Have you started spring cleaning? You may have furniture, crockery, utensils, luggage, blankets, suits, clothes, etc. you wish to get rid of.

ELIO'S Trade-in Call Green 916

We Buy Everything

We Sell Everything

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Hours: Daily from 9 a.m. to 5 p.m.