

LOCAL NEWS NOTES

Just arrived—A new shipment of wool sweaters. Annette's... Canadian Legion B. E. S. L. General Meeting Tonight... You'll enjoy just looking at the Dollar Store... Inspector John A. Fraser, provincial police, will sail tomorrow night on the Prince George for a trip to Vancouver and Victoria... Keep warm this cold weather! Burn our famous Nanaimo-Wellington coal Albert & McCaffery... Richard Holten, for assault, was fined \$10, with option of fifteen days' imprisonment, in city police court yesterday... W. I. Graham of Toronto, western agency supervisor for Tip Top Tailors, is a visitor in the city on business, having arrived on the ss. Prince George this morning from Vancouver.

FOR HEAD COLDS

A few drops bring comforting relief. Clears clogging mucus, reduces swollen membranes—helps keep sinuses open. VICKS VA-TRO-NOL



N. M. McLean of Seal Cove returned to the city on the Catala yesterday afternoon from a visit to Big Missouri with his son-in-law and daughter, Mr. and Mrs. Rogerson. It was Mr. McLean's first visit to the Portland Canal country since he was located there twenty-five years ago.

W. H. Tobey, C.N.R. divisional superintendent, who fractured a small bone in his leg a couple of weeks ago, is making a good recovery from the injury. With the aid of crutches, he is able to be out occasionally but it will be some weeks before he will be in shape to resume his duties in a normal way.

You'll see the most exciting sea storm ever filmed... Pictorially magnificent Robert Louis Stevenson South Sea epic "Ebb Tide" soon at the Capitol.

Dr. Hugh Morrison, inspector of schools, will be the guest speaker at the regular weekly luncheon of the Prince Rupert Rotary Club tomorrow. His subject will be "The International Aspect of the Oriental Trouble."

Jeff Lambly of Terrace is among the interior visitors in town today. He arrived on last night's train and will return home this evening. He thinks the city looks in good shape and the buildings well kept up.

Mr. and Mrs. Eric Lindegard were in the city aboard the Catala yesterday afternoon going through from Stewart to Portland where they will take up residence. Mrs. Lindegard was formerly Miss Myrtle Rose of this city.

M. G. Woods, for the past year identified with the staff of the local branch of the Bank of Montreal, will sail tomorrow night on the Prince George for Vancouver, having been transferred to the superintendent's department in head office.

Capt. G. C. Mortimer, Indian Agent at Hazelton, who has been in Vancouver for some time receiving medical treatment, arrived in the city on the Prince George this morning from the south and will proceed by the evening train to the interior.

WAKE UP YOUR LIVER BILE—

And You'll Jump Out of Bed in the Morning Rarin' to go

The liver should pour out two pounds of liquid bile into your bowels daily. If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas builds up your stomach. You get constipated. Harmful poisons go into the body, and you feel sour, sunk and the world looks punk. A more bowel movement doesn't always get at the cause. You need something that works on the liver as well. It takes those good, old Carter's Little Liver Pills to get those two pounds of bile flowing freely and make you feel up and up. Harmless and gentle, they make the bile flow freely. They do the work of calomel but have no calomel or mercury in them. Ask for Carter's Little Liver Pills by name! Stubbornly refuse anything else.

Announcements

All advertisements in this column will be charged for a full month at 25c a word.

Lutheran Sewing Circle Bazaar, December 8.

Baptist Tea, December 9.

S.O.N. Christmas Tree December 27.

C.Y.S. Holiday Dance Dec. 28th, Oddfellows' Hall.

Norkap Christmas Tree December 29.

Oddfellows' Old Time Hogmanay Dance, December 31.

LAND ACT

Notice of Intention to Apply to Lease Land

In Prince Rupert Land Recording District of British Columbia, and situated on Zayas Island on the N. W. point, on west side of Zayas on a reef off Aramazzu Point.

Take notice that Frank Waterman of Prince Rupert, B. C., occupation Miner intends to apply for a lease of the following described lands:—all of the reef off Aramazzu Point.

Commencing at a post planted on the high grassy point on the South Side of the reef thence 1800 feet Northeast; thence 1500 feet Northwest thence 1800 feet Southwest; thence 1500 feet Southeast and containing 33 acres, more or less

FRANK WATERMAN

Thanks, a Lot!

The Response to Our Sale Proves That the Buying Public Recognizes A Real Bargain Event

We Still Have Some EXCEPTIONAL VALUES and are Continuing the Low Prices Until Saturday Night, Dec. 11

You Should Not Miss the Opportunity of Procuring Your Winter Suit or Overcoat While the Sale Lasts

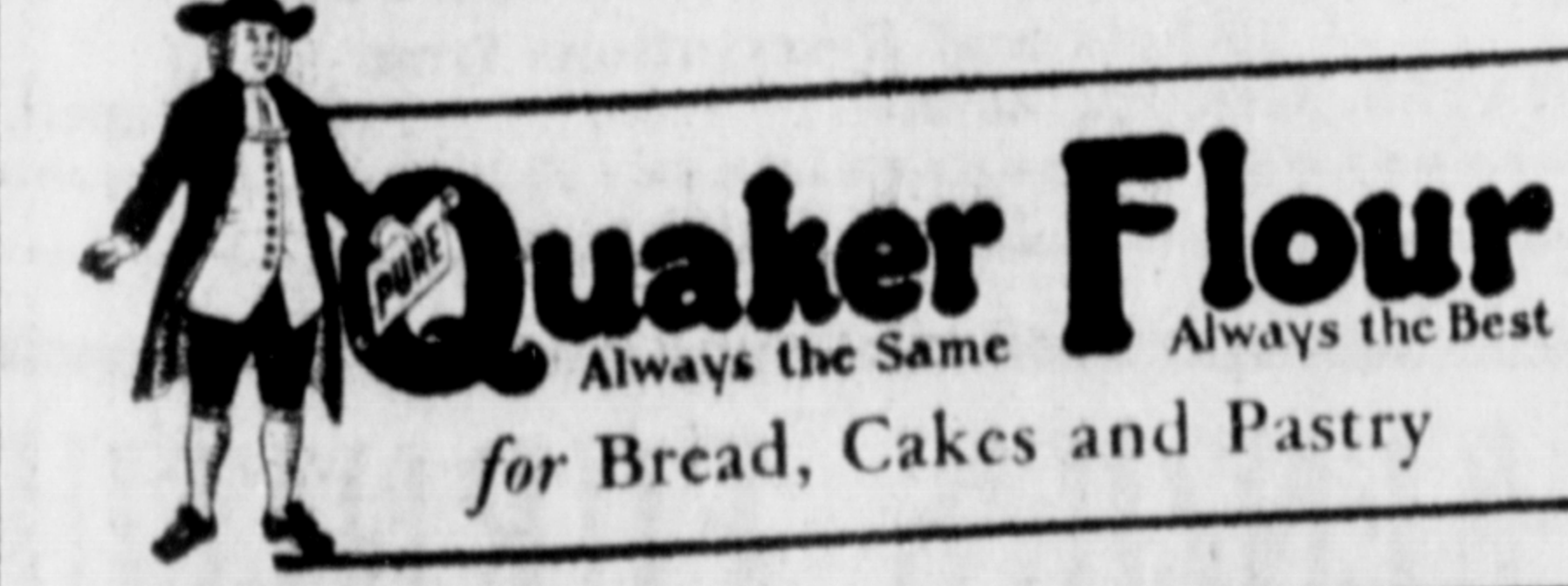
Watts & Nickerson Men's and Boys' Clothiers Phone 345 506 THIRD AVENUE



JOE: "That's the best bread I've ever tasted." LILLIAN: "And it's the easiest I've ever made. It only took half the time and quarter the effort."

BREAD BAKING MADE EASY BY QUAKER METHOD

Just send the coupon below—and learn how you can make bread and rolls in half the time—with quarter the effort—with Quaker Flour and "The Quaker Easy Method of Baking". Just think! No kneading. No overnight setting. No expensive failures. Quaker will give you a new idea of flour quality. It's not just ordinary flour—but is especially milled by The Quaker Oats Company to meet the demand of Canadian housewives for a better, finer, all-purpose flour. It's guaranteed the best flour you can buy.



TAKE A TIP FROM THESE WESTERN WOMEN AND MAKE BETTER BREAD THE EASY QUAKER WAY

- "I wish I'd known about this marvellous method years ago. With The Quaker Easy Method of Baking, I find I can make more delicious bread and rolls in half the time, with half the trouble."—Mrs. A. H. Elliott, Edmonton, Alta.
"The Quaker Easy Method of Baking with Quaker Flour is so simple... so quick. I wouldn't think of using any other method, especially when I get much better results, with half the time and trouble."—Mrs. W. Metheal, Weyburn, Sask.
"The Quaker Easy Method of Baking with Quaker Flour is the greatest work and time saver I've ever tried. It's so simple, anyone can make delicious bread and rolls quickly and without chance of failure."—Mrs. W. Dobson, Prince Albert, Sask.

Valuable Baking Book FREE

The Quaker Oats Company, Dept. L-67 Saskatoon, Sask.

Please send me copy of booklet "The Quaker Method of Easy Bread Baking."

Name Address Dealer's Name

Christmas Cards

Tags, Seals, Gift Wrappings

There are over 300 boxes of Christmas Cards containing 12, 15, 18 and 21 cards to box. Each card is different, some are ribbon tied, all are smart and attractively designed.

Priced from 35c, 75c, \$1.00, \$1.25 and \$1.50 per Box

Individual cards priced from 2 for 5c, 10c, 15c, 20c & 35c each

CELLOPHANE and TINSEL RIBBON—Gay Christmas tyings, red, green, gold or silver 10c

TAGS and SEALS—Fine assortment of tags and seals—add just the right touch to your parcels.

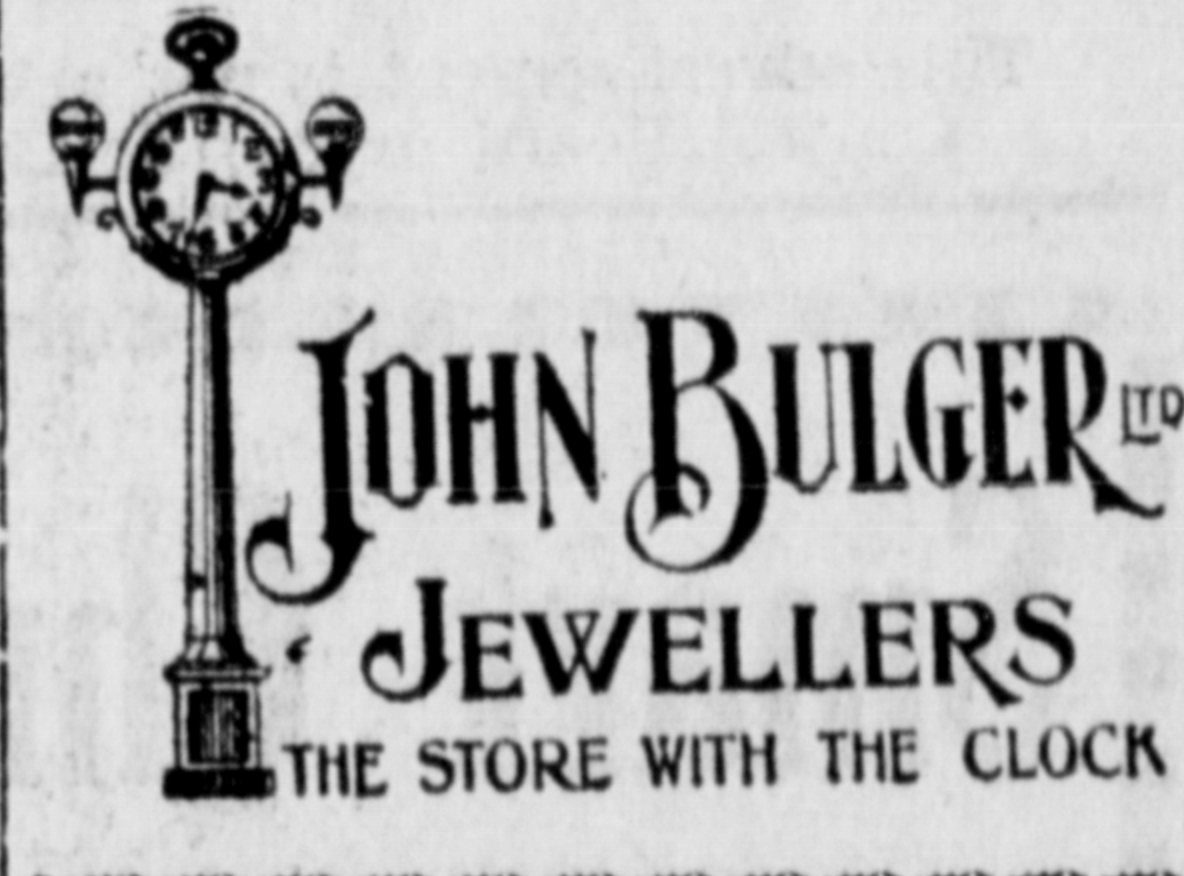
GIFT WRAPPINGS—Fancy gift wrapping paper that will give your package that dressed-up look.

Rose, Cowan & Latta Limited Besner Block—Third Street

New Shipment Just Arrived of Ladies' Dresses and Coats

Large Sizes

Drygoods and Novelty Shop



THE STORE WITH THE CLOCK

SPECIAL

One Pair Night Gloves FREE

With each Jar of

CUTEX Hand Cream 50c

For a Limited Time Only

Ormes Ltd. The Pioneer Druggists

The Rexall Store Open Daily From 8 a.m. till 10 p.m. Sundays and Holidays From 12 noon till 2 p.m. 7 p.m. till 9 p.m. Phones: 81 & 82

Holiday Helps

Oval Covered Roasters Enamel Round From \$1.00 to \$3.00 Aluminum Oblong Sheet Iron Sheet Iron Roasting Pans from 15c to 40c Carving Sets. Skewer Sets

Thompson Hardware Co. Ltd. 255 Third Avenue. Phone 101