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REVENT THAT COLD WITH-

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Liquid in	Dropper	bottles	.50c and \$1.00
Capsules,	per vial	of 50	\$1.00
	per box		\$3.75

Special Mixture For Children-

# lighest Potency Vitamin Emulsion

mulsifying in a palatable form the Vitamins of Halibut, Tuna and Cod Liver Oils-\$1.00 Per bottle of 64 doses

....

use only the pure undiluted Halibut Liver Oil in these prerations. Guaranteed tests have proven the local oil to be the nest of its kind on the market. Rich in the essential vitamins, it is the ideal general tonic.

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Phones: 81 & 82 The Rexall Store Open Daily From 8 a.m. till 10 p.m.

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Elbows		Stove Pipes	_	Dampers
Stove	Cement	<del>-</del>	Weather	
Coal Hods	-	Linings	_	Asbestos
Brick Line	d and S	heet Iron H	eaters fro	m \$2.75 up

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to a Happy New Year by having your Coal bin full of the best coal in

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SPECIAL WINTER EXCURSION RATES TO VANCOUVER

OM PORT SIMPSON

ROM PRINCE RUPERT \$32.00 RETURN. \$35.35 RETURN. All meals

Included.

educed Rates to Vancouver also apply from intermediate points. Decial Tickets on Sale Between November 1st, 1936 and February 28th, 1937, inclusive — Good to Return up to March 31, 1937. Children Half Fare.

Leave Prince Rupert: Ar Vancouver eamers: S. CATALA Tuesday, 1:30 p.m. Thursday, p.m. S.S. CARDENA Friday, 10:30 p.m.

Tickets and Reservations from nce Rupert Agent - A. W. NEWMAN - Third Ave., Phone 568 If Convenient Please Purchase Tickets at Office

If you lose anything, advertise for it.

# LOCAL NEWS NOTES

clear at \$1.95 at Annette's.

Cambrai Valentine dance is postponed owing to general sickness.

Mr. and Mrs. Foster Willan sailed this afternoon on the Catala for a trip to Vancouver.

Mr. and Mrs. James M. Killas sailed on the Catala this afternoon for a trip to Vancouver.

family sailed this afternoon on the lice court yesterday. Catala for a vacation trip as far south as California.

passenger aboard the Catala today speaker. going through on a business trip to Vancouver.

The fire department was called at noon yesterday to the residence of Bud Barrie, Sixth Avenue West, where frozen pipes were being thawed out in the basement. No Business and Pleasure Combined Tells of Church

J. B. Webb and C. R. Rumsey of Despite the inclement weather for Prince George.

Notice-A mass meeting of citizens will be held in the City Hall Wednesday, February 3rd, at 8 o'clock, Important radio project pertaining to C.B.CC. program hook-up. All interested please attend.

T. S. Mackay, assistant manageri of the Premier Gold Mining Co ferred in the service of his com-

## Mother of Mrs. Rolf Walker Is Dead at Old Age

Mrs. Rolf Walker, Hays Cove Circle, was bereaved last night by Young Local Man Sarah Cation, who had reached the ripe old age of ninety-one years and two months. Deceased had been failing for some time.

Born in Ontario in December 1845 Mrs. Cation had been residing here with her daughter for some years There are two sons in Galt, Ont.

The remains are being sent by omorrow evening's train to Bramon, Ontario, where burial will be

Mrs. Walker will have the sympathy of many friends in her bereavement

# Hotel Arrivals

and Mrs. W. J. Lineham Lewis Island; Mr. and Mrs. Schjesvold and T. Torkelson, Digby Isl-

Royal Prince Rupert W. F. Eve, Anyox.

Central M. H. Lawrence and O. Andercity; Sverre Lima and Jules Perrault, Amsbury; O. Hunt, C.N.R. Knox

George Wicks, A. Shawatlans.

## Announcements

Masonic Ball February 3.

United Missionary tea, Mrs. Jenner's, February 11.

Legion Valentine Box Social, February 12.

Presbyterian Tea, Mrs. J. H. Carson's, February 18.

Evelyn Bagshaw Hewson Recital, February 18.

Baptist Supper February 18.

Anglican Chancel Guild tea, Mrs. Rorie's, Friday, 19.

High School play, Presbyterian Church, February 25 and 26.

## Rheumatism Spread To All Her Joints

Oxfords, straps, ties, pumps, to, Oxfords, straps, ties, pumps, (tf) clear at \$1.95 at Annette's.

Vancouver and Victoria.

Tonight's train, due East at 10:20, was reported this "I feel it my duty to tell you how

Mrs. M. Hanson, who conducts a take the form of the monthly my normal duties."—(Mrs.) I. D. dry goods store at Stewart, was a business session. There will be no! Rheumatic conditions are fre-

# Christian Youth

Vancouver, after spending a few and prevalent sickness, there was days in the city in the course of a goodly attendance at last night's which they made a trip up the meeting of the Christian Youth Rev. Dr. J. W. Stevenson Interest-Skeena River with George Friz- Society. The opening devotional |zell, left on last evening's train | period was ably conducted by the Misses Edith Connery and Elsie

Business proved to be consider-

was a passenger aboard the Catala Irvine, Harry Attree and Maurice the Association, was in the chair. today going through to Vancouver Davey. Two saxophone solos by were much enjoyed.

Miss Edith Wilkinson and assis- Prince Rupert General Hospital. tants. A poetry writing contest, which had some, surprising results, brought the evening to a close.

# Marries in South

Word has been received in the city of the recent marriage at Oliver in the southern Okanagan district of Miss Muriel Alward Steeves of Oliver and Garfield McKinley, son of Mr. and Mrs. J.

W. McKinley of this city. The groom is principal of the Okanagan Fal's school of the teaching taff of which the bride has also been a member.

## "CONEY ISLAND" FOR RAND

JOHANNESBURG, Feb. 2: (CP) -Victoria Lake, Germiston, is to be turned into the "Coney Islanu of the Reef if a \$1,250,000 deve. pment scheme at present under consideration by the Germiston council is adopted.

Here is a sad story of suffering,

Obtained Relief by Using Kruschen

Mrs. J. Anslow sailed this after- but it has a happy ending. This noon on the Catala for a trip to woman was attacked by severe rheumatism which spread to all her joints. But Kruschen brought relief the as she describes below:-

morning to be thirty minutes late. Kruschen Salts brought me relief from a severe attack of rheuma-Robert Hill, Indian, for drunken- tism. I had rheumatism in my legs ness, was fined \$10, with option of and knees, later spreading to every seven days' imprisonment, by joint in my body. This lasted over Mr. and Mrs. Robert Bartlett and Magistrate McClymont in city po- a period of 13 weeks. I was then ordered to bed with acute rheumatism. I was recommended to try The regular weekly luncheon of Kruschen and before finishing the the Prince Rupert Gyro Club will second bottle I was able to perform

quently due to an excess of uric acid in the body. Two of the ingredients of Kruschen Salts have the power of dissolving uric acid. Other ingredients in these Salts assist Society Meeting Nature to expel the dissolved uric acid through the natural channels.

# Work in Montreal

ing Speaker at Meeting Of Ministerial Association

Rev. Dr. J. W. Stevenson, pastor of First Presbyterian Church, gave an interesting talk before the able and provoked much discus- Prince Rupert Ministerial Associasion. It was decided to hold a tea tion at its regular monthly meetat the home of Mrs. Robert Cam- ing yesterday. He spoke of church eron some time during the month, work in Montreal, frim which city as well as the society's regular he came here, making particular Valentine social on February 15. reference to the enthusiasm dis-During the evening three very in- played in evangelical work. Very teresting talks were given by Bob Rev. James B. Gibson, president of

whence he will proceed to Aus- Guido Bussanich, a mouth organ William F. Eve, Anyox posttralia where he has been trans- solo by Mario Bussanich and a master, arrived in the city on the saxophone-clarinet trio by G. Bus- Catala this morning and will be in sanich, W. Hicks and T. Johnstone town until next Sunday evening when he will return north. Mrs. Refreshments were served by Eve has been seriously ill in the

# END THE FEEL-PUNK, DRAG-FOOT DAYS

Dull headaches, poor appetite, sleeplessness are warning signs. You feel low—hate to work. These symptoms may point to constipa-tion due to "low-bulk" meals.

Why throw these days out of your life - particularly when regular habits make you feel so good. Get "bulk" by eating a delicious cereal: Kellogg's ALL-BRAN.

There's nothing experimental about ALL-BRAN. Millions of people have used it successfully. Scientific tests prove it is safe and effective. Within the body, it absorbs moisture, forms a soft mass, gently cleanses the system. ALL-BRAN is guaranteed. Try it a week. If not satisfactory, your money will be refunded by the Kellogg Company. Just eat two tablesponfuls daily.

Stubborn cases may require ALL-BRAN oftener. Serve as a cereal, or cook into delicious recipes. What an improvement over pills

and drugs. ALL-BRAN is a foodyou buy it at the grocery store. Made by Kellogg in London.

Price

Jelly Powders—25C

33c

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Red Arrow

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