### LOCAL NEWS NOTES

day afternoon.

Mr. and Mrs. James McNulty s Angeles.

m the south to be married to

use tender Alberni.

ast Arrived! New shipment of Free masks and favors, Gyro tf. Masquerade, Moose Hall, tonight.

ack McNulty, who has been on Tonight. Gyro masquerade dance, trip to California, returned to Moose Hall. Get your tickets at city on the Prince George Wed-door. Two orchestras, 40 musicians. Free masks, favors, refreshments. Grand March 9:30.

orge for Vancouver enroute to residence from Terrace to Vancou- Fifth Avenue East, sails by the to the menu of pork and beans and ver, sailed last night by the Prince Princess Adelaide tonight on her pie, Maurice Davey, as chairman, George for Vancouver after a visit return to Vancouver. introduced the speaker of the ev-Miss Lilian Gertrude Collins of of a couple of weeks with her ncouver has arrived in the city daughter, Mrs. James Farquhar. | Mrs. Martin Miller, who is home of his recent visit to England, brief-

retary.

THE FOOD WAY



visiting here for a few days as the Rangers met together. led last night on the Prince Mrs. T. J. Marsh, who is moving guest of Mr. and Mrs. L. S. Hope, After full justice had been done

from a visit to Europe, says she had ly mentioning the scenic trip across nstable Alec Gaunt of the city H. W. Birch sails tonight on the ten wonderful months in Switzer- Canada and the interesting time tachment of the provincial police. Princess Adelaide for Victoria land, Italy and France. It was good spent in sightseeing in London and where he will attend the annual to have gone away in order on her Croydon airport. Mr. and Mrs. Harry Grayston are convention of the British Columbia return to fully appreciate this ing also spoke briefly as mentors trip to Vancouver. Mr. Grayston of the Prince Rupert General Hos- friendly city where people stop her of the two groups. They referred wireless operator of the light- pital of which he is managing sec- on the streets and say how glad to the friendly relationships bethey are to see her back.

Did you know that the

most common type of con-

stipation is caused usually

by insufficient "bulk" in

meals? Neglect of constipa-

tion may bring headaches,

loss of appetite and energy.

2 Kellogg's ALL-BRAN is a

"bulk" food that absorbs

water like a sponge. ALL-

BRAN acts naturally—forms

a soft mass within the colon

- aids regular elimination.

Unlike certain pills and

drugs, it is not habit-forming.

You feel miserable.

## Tuxis Boys And Trail Rangers

Happy Gettogether Hears Talk by Ernest Wilding

Last night a very pleasant repast was held in First United Church when the "Crusaders" Tuxis Miss M. Fearman, who has been Square and the "Hawks" Trail

tween the groups—the Trail Ranger group meeting on Wednesdays for boys 12 to 15 years of age, and the Tuxis Square on Thursdays for boys 15 to 18 years of age. Activities of the groups are many, including such hobbies as photography and woodwork.

spending some time here in con- katchewan. nection with the shipping of clamshell from Dundas Island to Seat- Miss E. Scott-Green, who has tle, is sailing by the Princess Ade- been visiting here with Mr. and laide tonight on his return south.

Charged with creating a distur-couver enroute back to Kamloops. bance as a result of a melee at waterfront restaurant last evening, Jack Cook appeared in city police court this morning before Magistrate McClymont and was released on \$50 bail after being remanded until Monday.

### FOR SALE

FOR SA	ALE—Kitchen	range.	
Daily News.		40.400	(251
-		70-14	

FOR SALE-House and two lots. Apply 1041 10th Ave. E. FOR SALE-Dining Room Table,

Phone Blue 827. FOR SALE-Engine and circular saw. B. Phillipson, 1730 Atlin Ave. Phone Red 642.

CLAPP Block must be sold, will accept sealed bids, handled strictly confidentially up to Nov 15th. Terms subject to approvai of owner. H. G. Helgerson, Ltd

### FOR RENT

FURNISHED Housekeeping Rooms. Upstairs, 934 2nd Ave. West. (249)

### FOUND

FOUND-Sum of money at Digby Island. Phone Green 736. (252)

### WANTED

WANTED - Infants' Pram. Phone Green 284 after 6 n.m.

### NURSERY STOCK

DUTCH BULBS, Trees, Shrubs, Roses, etc., catalog on request. Agent Wanted. Empire Garden Nurseries. R.R.3, New Westminster, B.C.

### Announcements

All advertisements in this column will be charged for a full month at 25c a word.

Hill 60 Tea October 29.

Gyro Hallowe'en Masquer a de Dance, October 29.

Baptist Tea, November 3.

Hyggas Bazaar, November 4.

Presbyterian Bazaar, November 4.

Boys Band bazaar and dance, November 5.

Sonja S. O. N. Bazaar, November 12.

Moose Carnival, November 17, 18,

W. A. Canadian Legion Fall Bazaar, November 25. Lutheran Bazaar November 27

Cathedral Bazaar November 30



"He's such a by! "Neighbours envy us. We tell them

to use St. Charles Milk\* for their babies, too!"

CT. CHARLES MILK is so nourishing, so safe, Dit is small wonder that babies all over the country are thriving on its goodness. Purest of rich country milk evaporated just a few hours after milking time, St. Charles is always extra fresh . . . and extra good because it is irradiated for an added supply of the important Sunshine

Ask your doctor about St. Charles for your baby. He knows its purity and high quality. St. Charles improves your cooking. Makes a more delicious cup of coffee

> \*A BRITISH COLUMBIA PRODUCT Look for the B.C. Label

Vitamin D.

Borden's ST. CHARLES MILK The Better Irradiated Evaporated Milk

Mrs. G. H. Goodread, wife of the Anglican Church missionary at Kitkatla, is leaving on this even-F. Waterman, who has been ing's train for a trip to Brock, Sas-

Mrs. James L. Lee, sailed by the Prince George last night for Van-

# Markets

STERLING BUTTER FIRST GRADE-99c

LEGS LAMB-25c 18c SHOULDER LAMB-Trimmed. Lb. BEEF POT ROAST-12c

OVEN ROAST-15c SHOULDER VEAL-25c Trimmed. 2 lbs. SHOULDER VEAL-

20c Rolled. Lb. AYRSHIRE BACON-22c

### OUR BAKEASY

SPECIAL WHILE IT LASTS- 40C

FISH FRESH SPRING SALMON-Lb FRESH OYSTERS-

EARE WHITE FISH. 25c EASTERN SALT HERRING-Lb.

99c 9 DOZ. EGGS "B" Grade in Cartons

### Prince Rupert Electric Steam Massage Treatment

For Rheumatism, Tuberculosis Lumbago and Dyspepsia K. Hayakawa Phone 281 Room 12 New Royal Hotel

### THE SEAL of QUALITY



GOLD SEAL Fancy Red Sockeye

PINK SEAL Finest Pink Salmon

Packed by the only salmon canning company with an all the year round payroll in Prince Rupert

# OVERWAITEA I.TD.

Week-End Specials

Cash or C.O.D.

Butter-First grade Al-89c berta.

B. & K. Pastry Flour-10-lb. 45C

Sliced Pineapple— 9C

Per tin Freshly Roasted Pea-

10c nuts-Per lb. Grapefruit - Large and

Juicy.

2 for ......

Eureka Bleach— Per bottle . Classic Cleanser— 5C Per tin ...

Manitoba Honey-

41/5-lb.

Phone 843

49c

Royal City Tomatoes-2's. Per

Potatoes - Good cookers. 100

WE DELIVER

00

# BOYS and GIRLS

Be Sure Your Name is Entered in Our

## Nominations Close Sunday Oct. 31st

Voting Commences Monday, November 1st and Continues Untill 10 O'clock Christmas Eve 1937

A vote given with every cents worth of merchandise purchased in our store by you or your friends. Ask your friends to east their votes for you when making their purchases.

## Ormes Itd. The Proneer Druggists

Phones: 81 & 82 The Revall Store Open Daily From 8 a.m. till 10 p.m. Sundays and Holidays From 12 noon till 2 p.m. 7 p.m. till 9 p.m.

LAND REGISTRY ACT Block Nine (9), Town of Stew-

filed in this office, notice is hereby Prince Rupert, occupation miner, in

me in writing. October, 1937.

ANDREW THOMPSON, Deputy Registrar of Titles. LAND ACT

Notice of Intention to Apply to

FRANK WATERMAN

Dated August 28, 1937.



3 Serve ALL-BRAN as a cereal with milk or fruits, or cook into appetizing muffins, breads, etc. Just eat two tablespoonfuls daily. Severe cases, with each meal. Buy this food at your grocer's. Made by Kellogg in London, Ontario.

CONSTIPATION