



## FITNESS WINS

HA! HA!  
I BEAT  
YOU!



JUST BECAUSE  
I GOT  
TIRED!!

GROCERIES



IDEA



HERE ARE THE  
KELLOGG'S BRAN FLAKES  
YOU WANTED



GEE!  
THIS IS  
SWELL

WHAT A BEATING  
HOW DO YOU  
DO IT?



NOW I EAT  
TO FEEL  
FIT

HERE'S about the best tasting energy-food you ever put in your mouth — Kellogg's Bran Flakes. Crisp . . . flavorful . . . and full of nourishment.

Try a bowl of Bran Flakes for breakfast with milk or cream and see what a difference it makes in the way you feel. Starts the day right . . . helps keep you regular and healthy.

Kellogg's Bran Flakes are ready to serve. Always oven-crisp. At all grocers. Made by Kellogg in London, Ontario.

**Kellogg's  
BRAN FLAKES**  
IN THE GOLDEN YELLOW PACKAGE



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**GORDON'S HARDWARE**

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McBride St.



## LOCAL NEWS NOTES

The case of Connie Mody, charged with vagrancy, has been adjourned for eight days in city police court.

G. M. Hunt, after being confined to his home for the past month with illness, is around again and able to be back to his business.

William Spalding, Indian, was fined \$5, with option of five days imprisonment, by Magistrate McClyment in city police court yesterday afternoon for drunkenness.

Voters of Prince Rupert—don't be fooled! When you vote think of the interests of Prince Rupert and you'll vote for EVITT, the only candidate whose whole interests are in this riding and who will fight for it. (127)

Sherry Frizzell of this city and George Ford of Wistaria sailed this morning on the Princess Louise for Juneau enroute to Tuleague where they will enter the employ of the Polar-Taku Mining Co.

Have no fear of the Liberal bugaboo that by voting Conservative you will merely kill a Liberal vote and strengthen the C.C.F. chances. The same bugaboo applies, no matter which way you vote. Have the courage of your convictions. Vote Evitt. (123)

Brigadier Walter J. Carruthers, divisional commander of the Salvation Army for Northern British Columbia and Alaska, who has been on a visit to Edmonton and Winnipeg, arrived in the city on last night's train and sailed this morning on the Princess Louise for his headquarters at Wrangell.

In preparation for the meeting of G. G. McGeer the local Liberal campaign committee is installing loudspeakers outside the theatre so that people who may not be able to gain admission to the building may hear outside. Broadcasts of political speeches are not allowed within 48 hours of an election so there will be no broadcast that night. (12)

Lieut. Commander H. Kingsley, assistant director of naval reserves for Canada with headquarters in Ottawa, arrived in the city on Tuesday night's train from the east in the course of an official western tour and sailed last night on the Prince Rupert for Esquimalt. Yesterday afternoon, with officers of the local Royal Canadian Naval Volunteer Reserve, Lieut. Commander Kingsley was visiting the topographical survey base of the Royal Canadian Air Force at Digby Island.

Election dance, Moose Hall, June 1. Adm. 50c. (125)

T. W. Brown left on this morning's way freight for a brief trip to U.S. He will return to the city tomorrow night.

With a Highway Commission to take our highways out of politics our local highways will have a definite yearly objective and will be sure of continuous and efficient construction. Vote for EVITT who is pledged to see this carried out! (123)

R. W. Hale, superintendent of the postal department with headquarters in Winnipeg, in the course of a trip to the Pacific Coast on official duties, arrived in the city on Tuesday night's train from the East and sailed last night on the Prince George for Vancouver.

A party of ten Royal Canadian Mounted Police officers were aboard the steamer Princess Louise this morning going through from Vancouver to be stationed in the Yukon. Among them were Constable Arthur Mason-Rooke, formerly of Hazelton, and his wife.

Pattullo thinks kindly of Prince Rupert at election time. But don't forget that in the North Vancouver by-election he advocated the Peace River outlet to Vancouver via the P.G.E. Vote for EVITT who will work for Prince Rupert at all times. (123)

Miss Ida Girard of the student nursing staff of the Prince Rupert General Hospital sails tonight on the Princess Adelaide for Vancouver enroute to Tranquille Sanitarium to take a course of tuberculosis nursing after which she will go to Vancouver General Hospital for dietetics.

W. H. Tobey left on this morning's way freight for Terrace to pay an official visit to the Masonic Lodge there in his capacity as district deputy grand master. He was accompanied by S. A. Bird, D. G. Borland, J. A. Frew and F. A. MacCallum. They will return to the city tomorrow night.

### Empire Day At Borden Street

The musical program at the Borden Street School Empire Day gathering included the singing of "O Canada" at the opening; chorus, "Land of Freedom"; songs "Toast to King George" and "The Maple Leaf" by Grades Four and Five; recitation by Grade Three; song "Ring the Bells of London," Grade Two and Three; song, "The British Grenadiers," Grades Six, Seven and Eight, and God Save the King.

The following poem was written by Mrs. William Brass especially for the occasion:

The King  
His not alone the might of pride  
and place,  
Of pageantry—the pomp of ancient days,  
With silver trumpet—clarion  
round the world—  
The glorious Flag unfurled;  
Deep in our hearts, by generous,  
knightly deed,  
Vast, quiet courage in the Em-  
pire's need,  
He shall be King indeed!

### Announcements

High School basketball tea, Oddfellows' Hall, May 29.

Presbyterian Missionary Tea, Mrs. D. C. McRae's, June 2.

Queen Mary tea, Mrs. Brass's, June 8.

Parent Teachers' Tea, Oddfellows' Hall, June 18.

### COAL

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Satisfaction Guaranteed  
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COAL  
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ENO being in fine powder form and highly concentrated, goes much farther and is thus better value than coarse granular substitutes. Compare now prices this.

Take ENO and only ENO

**ENO'S 'FRUIT SALT'**

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as-  
ur-  
alkalizing

### HOTEL ARRIVALS

Central

Mrs. Hickley and S. Jackson, city; Mr. and Mrs. J. Niskulm; Skeena City; E. C. Anderson, C. N. R.

Prince Rupert

J. A. Brown, Port Essington; T. A. Wood, D. J. Muir, F. L. Rolston and T. H. Good, Vancouver; R. K. Kirkup, Kelowna.

Royal

Dr. John M. Campbell, Sedge-  
wick Bay; Mr. and Mrs. William  
T. Benner, Oakland; George R.  
McWilliams, Vancouver; T. Helle,  
C.N.R.; W. E. McCallum, Bill-  
mor Mill; John D. Vosper, city.

Savoy

William H. Hansen, Jap Inlet;  
H. Keefe, Mr. and Mrs. H. Rob-  
son and A. Pallant, Atli Inlet; R.  
Tysse and John Bekvik, city; Lee  
Adler, Hazelton; George Beaudry,  
Montreal; Bernice Kolzig, Beatty,  
Sask.; Mrs. F. G. Lundquist and  
R. Walton, Smithers.

Visitors at the Rotary Club lun-  
chen yesterday to hear the address  
by Major J. G. Ryeroff, district  
military intelligence officer and  
armament officer for military dis-  
trict No. 11, included Lieut. Com-  
mander Walter Hume, Lieut. L. H.  
Haworth, Lieut. Orme Stuart,  
Lieut. J. T. Harvey, L. S. Hope,  
Capt. John Bowen-Colthurst, Lieut.  
H. Kingsley and Lieut. Marsh.

## CLASSIFIED

### FOR SALE

FOR SALE—Small gas pleasure  
boat. Must be sold not later than  
June 1. Phone Black 202. (125)

FOR SALE—Cheap, used electric  
washer. A bargain. McRae Bros.  
(127)

COAL Nanaimo-Wellington for  
furnace and heater. Alberta Egg-  
scootless, for the kitchen range.  
Albert & McCaffery, Phone 116  
or 117. (11)

FURNISH Your home with brand  
new factory samples. 66 piece  
three room groups—\$184—ideal  
for the working man; extra high  
grade groups—\$232; 10-piece  
Chesterfield groups—\$59.50; silk  
tapestry Chesterfield groups—  
\$89.50; kitchen tables with  
drawers—\$2.95; dressers—\$9.95;  
beds complete—\$13.95. Terms if  
desired. Here is an opportunity  
of a lifetime. Act quickly. We  
need the space. Free storage.  
Write today. Julius Shore, Mall,  
Order House, 8th Floor, Bekins  
Bldg., Vancouver. (11)

### FOR RENT

CLEAN, Well - furnished modern  
apartments. Phone Red 444. (125)

FOR RENT—Front apartment with  
electric range. Smith & Mallett  
Ltd. (11)

### WANTED

WANTED—Girl for general house-  
work. Phone Blue 936. (124)

### PERSONAL

GENTLEMEN'S Sanitary Supplies,  
highest grade 15 for \$1. Pacific  
Supply, 751 Granville, Vancouver.

## UNION STEAMSHIPS LTD.

Steamers leave Prince Rupert for Vancouver:  
T.S.S. CATALA EVERY TUESDAY, 1:30 P.M.  
Due Vancouver, Thursday p.m.  
T.S.S. CARDENA FRIDAY, 10:30 P.M.  
Due Vancouver, Monday a.m.

If convenient please purchase tickets at office.  
Further information regarding reservations and tickets from  
A. W. NEWMAN, Prince Rupert Agent, Third Ave. Phone 588

## D. Elio Furniture Exchange

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Kitchen Ranges, 50 Feet Fire Hose, 30 Gallon  
Water Boiler, English Prams, Organ (good make),  
Gramophones, Records, Violin, Tenor Banjo, Books,  
Singer Sewing Machine.

Good Set of Books the National Encyclopedia,  
Teacher's Encyclopedia and Book of Knowledge.

### TO THE HOUSEWIFE:

Have you started spring  
cleaning? You may have  
furniture, crockery, uten-  
sils, luggage, blankets, suits,  
clothes, etc. you wish to get  
rid of.

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