



Keep this with your recipes

ROYAL CITY

GOLDEN BANTAM CORN

Select Royal City Brand Corn . . . for here the field-fresh flavor of Golden Bantam is brought out in all its true richness.

Kitselas Young Folk Organize

John Seymour Is Named President Of Society

A meeting was held in the school on Monday to organize the Kitselas Young People's Association. Mr. Robert Wilson was in the chair. The following officers were elected:

- President, John Cecil.
- Secretary, Edgar Hudson.
- Treasurer, Miss Amelia Bevan.
- Business and Program Manager, Ben Seymour.
- Convener of refreshment committee, Mrs. Arthur Bolton.

Whifflets From The Waterfront

Halibut landings at Prince Rupert for the month of October this year totalled 1,173,500 pounds as compared with 741,000 pounds in the same month last year. The larger amount this year was due, at least in part, to the fact that the closing of the season in 1937 was ten days earlier than this year. The American landings this October aggregated 606,500 pounds in comparison with 393,000 pounds in October 1937 while the Canadian total this October was 567,000 pounds in comparison with 348,000 pounds a year ago.

Sixteen Seattle halibut vessels have yet to reach port from their final voyages of the season to the western banks, five of them being reported to have passed Ketchikan enroute to Seattle. The end of this week will, it is expected see the final catches landed at Seattle, yesterday six western vessels marketed catches at Seattle totalling 162,000 pounds as follows: Venture, 31,000; Sebastian, 11,000 and 8c; Columbia, 34,000; Booth, 11,000 and 9c; Grant, 19,000; Whiz, 10c and 9c; Nordic, 32,000; Whiz, 11,000 and 10c; Thor, 36,000; San Juan, 10,000 and 10c; Recovery, 10,000; Washington, 9,000 and 8c.

Twelve local seamen have so far enrolled in Capt. J. R. Elfert's winter school of navigation, classes in which opened this week. Several more enrollments are expected.

Get Wise to Constipation!

When you're constipated, it's a great temptation to be satisfied with quick relief. But physics may become a habit. And they don't keep constipation from returning. It's so much better to get at the cause of the trouble.

If you eat what most people do, chances are the only thing the matter is you don't get enough "bulk." And "bulk" doesn't mean how much you eat. It means a kind of food that isn't consumed in the body, but leaves a soft "bulky" mass in the intestines and helps a bowel movement. What to do? Eat a little Kellogg's All-Bran for breakfast every day and drink plenty of water. This crunchy toasted cereal is not only rich in "bulk"—it also contains the natural intestinal tonic, vitamin B. All-Bran is made by Kellogg in London, Ontario. Sold by every grocer.

Hallowe'en Dance At Kitwanga Is Greatly Enjoyed

KITWANGA, Nov. 3.—With a big crowd filling the De-au-zip Hall to capacity and numerous novel costumes in evidence, the Hallowe'en masquerade dance in Kitwanga on Monday night was highly successful and enjoyable. Dancing commenced at 9 p.m. and the gay and colorful party continued in full swing until 3 a.m. Excellent music was furnished by an orchestra consisting of Sterling Johnson, Morris Williams, David Williams and Sam Milton. James Williams was master of ceremonies. At midnight delicious refreshments were served.

The judges were Mr. Walker and M. H. Bright who awarded prizes for the best costumes to Mrs. Kate Furley, Miss Dorothy Shearman and Titus Derrick.

There were visitors for the dance from Woodcock, Skeena Crossing and Cedarvale.

"WHAT PRICE INNOCENCE?"

Powerful Screen Drama Concerning Modern Youth—"Blondes at Work" on Double Bill

"What Price Innocence?" a story of present day youth, and "Blondes at Work," an amusing and exciting comedy, comprise the mid-week double bill program at the Capitol Theatre here.

In "What Price Innocence?" Jean Parker plays the part of a sweet, ill-fated youngster of seventeen whose mother took things for granted where the girl was concerned. Minna Gombell has the part of the self-deceived youngster while Bryant Washburn is the father who "always leaves such things to his wife." Ben Alexander is the young rotter who turns the girl's innocence to his own advantage. Willard Mack is the gentle old family physician. Others in the cast include Beatrice Banyard, Betty Grable, Maurice Murphy and Louise Beaver.

In "Blondes at Work," Glenda Farrell again plays the part of a girl reporter while Barton MacLane is her police lieutenant boy friend. Together they solve a difficult

TERRACE

H. M. Adam met with an unfortunate accident on Friday. He had returned only a few days previously from Prince Rupert General Hospital where he had been a patient for some weeks and was about the job of putting his house in order for the winter by fitting stove pipes when he slipped and sustained serious injury. He was conveyed to Prince Rupert again by Saturday's train.

There were not much in the way of Hallowe'en celebrations here. On Monday the Rebekah Lodge held a social in the hall. A bean supper was the principal feature of the evening. A fair crowd came and Mrs. Frank gave some classic selections on the piano. Fire crackers enlivened the village during the evening as the younger generation engaged in modest pranks. About the only damage discovered next morning was the village notice board which had performed a somersault.

murder mystery and there is plenty of excitement, suspense and novel turns as well as some fun in the doing.

CAPITOL

LAST TIMES TONIGHT
Last Complete Show 8:20

The Thundering Answer to the Burning Question of the Day . . . "Shall We Tell Our Children?"

JEAN PARKER in
"WHAT PRICE INNOCENCE?"

With Willard Mack (At 7:13 and 9:36)
NOT RECOMMENDED FOR CHILDREN
ADDED FEATURE
Glenda Farrell in "BLONDES AT WORK" (At 8:20 Only)
World News (7:00 and 9:20)
Coming FRIDAY-SATURDAY
ROBERT TAYLOR in
"THE CROWD ROARS"

RAW FUR SEASON

Commencing
Must Unload Large Stock

25% Off for Cash

Come in and see our goods
Easy Terms Arranged

Goldbloom's

J. H. BULGER

Optometrist
Royal Bank Bldg.

Phones 18 & 84—P.O. Box 575
FOR SATISFACTION
Try
MUSSALLEM'S Economy Store

Where Dollars Have More Cents
Quality Groceries
Reliable Service
Opposite Canadian Legion

NEW ROYAL HOTEL

J. Zarelli Proprietor
"A HOME AWAY FROM HOME"

Rates \$1.00 up
50 Rooms Hot & Cold Water
Prince Rupert, B.C.
Phone 281 P.O. Box 196

HYDE Transfer

315 SECOND AVE.

FURNITURE MOVING

Cartage
Light Delivery
Coal
Wood

Phone 580

SMITHERS

Smithers had one of the most quiet Hallowe'en nights on record when juvenile marauders were robbed of a great deal of their celebration by the activities of local police and other authorities. On Hallowe'en nights gone by the local school houses have been the objects of a great deal of their attention but on the occasion, when they approached these institutions of education, they were met by guards who had been posted for the night by the School Board of Trustees who had experienced deprecations in the past. Aside from the usual decoration of Main Street by "senry boxes" there was not a great deal of activity.

Eric G. Jone and Thomas Campbell, operators of the Lake Kathlyn Anthracite Coal Co. at Lake Kathlyn, have returned to Smithers after several months in Vancouver and they have resumed operations at the coal mine at the foot of Hudson Bay Mountain.

A meeting of the Omineca Branch of the B. C. Chamber of Mines will be held in Smithers on Friday evening to discuss and consider the proposed new Mineral Act as it will affect the prospector. It seems to be the opinion locally that more restrictions are proposed

for this necessary adjunct to the business of mining and that, with the prospector being gradually forced out of business, it will eventually bring disaster to the mining business as there are few mines discovered except by prospectors and when these men stop roaming the hills, there will be an end to new discoveries. The prospector is a technical man and, when the Mineral Act obliges him to perform thirty days' work on a claim to produce the equivalent of \$100, it is held to be putting a small valuation on his ability.

Commissioner Of Salvation Army To Visit Rupert

Commissioner George L. Carpenter, head of the Salvation Army for Canada, Alaska, Newfoundland and Bermuda, and Mrs. Carpenter will pay a visit to Prince Rupert towards the end of this month. They are making the trip north to attend an Alaska Congress in Juneau. Their daughter, Miss Stella Carpenter, will accompany them. Commissioner Carpenter's headquarters are in Toronto.

Try a Daily News want-ad.



"It Certainly makes a difference"

I HARDLY EVER DRINK COFFEE

I JUST DON'T SEEM TO ENJOY IT—THE FLAVOUR SEEMS FLAT

BUT THIS LOOKS MARVELOUS—AND IT TASTES MARVELOUS, TOO! WHAT'S THE SECRET?

JUST A GOOD BRAND OF COFFEE—AND CARNATION MILK FOR CREAMING



CARNATION MILK saves you money when you use it for creaming coffee. BUT, the big advantage is that Carnation gives coffee a wonderfully smooth, satisfying flavour and a rich, tempting colour. Of course, Carnation works wonders when you use it for creaming cereals and fruits and in making cream sauces, cream soups, puddings and other dishes which call for milk or cream.

Carnation is just pure whole milk, made double rich by reducing the natural water content and made smooth and extra-digestible by heat treatment and homogenization. It is specially good for babies, with its added amount of "sunshine" vitamin D.

Write for beautiful Carnation Cook Book. A host of ideas and recipes for 15¢ (postpaid). Carnation Co. Limited, 134 Abbott Street, Vancouver, B. C.

IRRADIATED

Carnation Milk

Listen to the "Contented Hour" every Monday night. See your local newspaper for stations and time.

Phone 62 Phone 63



- ### Butter
- First grade. 81c
 - 3 lbs.
- ### Sterling Suggestions for Sunday
- Veal Roast— 25c
 - Per lb.
 - Pork Butts— 25c
 - Per lb.
 - Leg Lamb— 28c
 - Per lb.
 - Rolled Pot Rst. 15c
 - Per lb.
 - Shoulder Veal— 15c
 - Per lb.

- ### Bakeasy
- 2 lbs 25c
 - Ayreshire Bacon 28c
 - Per lb.
 - Once Used Always Used

- Sausage Meat— 25c
- 2 lbs.
- Fruit Mince 25c
- Meat—2 lbs.
- Peanut Butter— 25c
- 2 lbs.
- Pork Hocks— 25c
- 2 lbs.

- ### Eggs
- 'B' Grade \$1.00
 - Large, 3 doz.

FRIDAY IS FISH DAY

Fresh Salmon, Halibut, Shelled Shrimps, Crabs and Oysters, Smoked Halibut, Haddie and Black Cod

Remember You Can Get it at The Sterling

November

Reminder

Enter Your Xmas Orders For Magazine Subscriptions Now

A year's subscription makes an excellent gift—Early ordering is essential—Order any publication through us at PUBLISHERS' CANADIAN PRICES

Suitable GIFT CARDS Sent to Arrive at Christmas

Renew Your Own Subscription Here
Do It Now

Phone 6 or Call in

McRae Bros. Ltd

World Agency for All Magazines

MORE HEAT FOR Less Money

Help Support the Region that Helps Support You. Think This Over, Then—

BUY

BULKLEY VALLEY COAL