EVENSON'S IDEAL CLEANERS

Constipated? You

Should Get at the Cause

Lots of people think they can't

be "regular" without frequent

trips to the medicine chest. "I

just dose up and get it over,"

they tell you. But doctors

know they don't "get it over"

at all—until they get at the

find the cause if you eat only

what most people do-meat,

don't get enough "bulk." and

isn't consumed in the body.

but leaves a soft "bulky" mass

in the intestines and helps a

-Kellogg's All-Bran. It con-

tains the "bulk" you need plus

the intestinal tonic, vitamin

drink plenty of water, and

just watch the old world grow

brighter! Made by Kellogg in

Don Burnett, manager of Royal

CARD OF THANKS

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Be the Life of the Party-Play

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Walker's Music Store

Large Stock Music

Heintzman, Nordheimer and

Lesage Pianos

Piano Tuning with

"Resonoscope"

Phone Blue 389 212 4th St.

Eat All-Bran every day,

bread, potatoes. It's likely you

cause of the trouble!

bowel movement.

London, Ont.

appendicitis.

delaide for Ocean Falls where nual vacation and receive treatspend a few days on official ment from medical specialists. Mrs. ess before proceeding to Van-| Cripps is already in the south.

### FIRST PRESBYTERIAN CHURCH

Minister, Rev. H. G. Funston B.A. Organist and Choir Director, Mrs. E. J. Smith

10:00 a.m.-Bible Class

-Special Thanksgiving Offering Service 12:15-Sunday School 7:30 p.m.—Evening Worship

one welcome at these services. Make a special effort to attend tal. thank Offering Service in the morning. Young People's Society will meet Tuesday at 8 p.m.

# Christmas Cards

Finest Assortment Reasonably Priced

Make Your Selection Now

### Ormes Ita. The Proneer Druggists

Phones: 81 & 82 The Revall Store Open Daily From 8 a.m. till 10 p.m. Sundays and Holidays From 12 noon till 2 s.m. 7 p.m. till 9 p.m.



1938 Ford V-8 De Luxe Sedan.

1937 Pontiac Coach with Radio.

1934 Dodge De Luxe Sedan with Radio and Heater.

1931 Pontiac Sedan. 1930 Roosevelt Coupe. 1929 Peerless Sedan.

Easy Terms

General Motors Products

ROYAL MOTORS



Nanaimo-Wellington

Alberta Foothills

and Bulkley Valley Coal

Philpott Evitt & Co. Ltd.

### LOCAL NEWS NOTES

Phone 112 Taxi; new heated cars. Cash for Old Gold. Bulger's. ti

A. C. Smail, local manager of the Swift-Canadian Co., sailed day afternoon from a ten-day trip ito Vancouver.

Mrs. Fred Risch of Stewart was wish to announce that since Mr. here this week on her way to Van- Sam Currie has discontinued buscouver where she intends to spend iness as the New Laundry on 5th a good part of the winter. Ave. and McBride St., that he is not

> Mrs. Gunnar Anderson, wife of Evenson's Ideal Cleaners. For you the local halibut fisherman, re-cleaning and pressing requirements turned to her home Thursday eve- phone us at 858 and our driver will ning after spending two weeks in call. the Prince Rupert General Hospi-

Mr. and Mrs. G. W. Dunn, who ave been on a visit to Cordova Mines near Toronto where their son and daughter-in-law, Mr. and Mrs. Hawthorne Dunn reside, returned to the city on the Princess Adelaide yesterday afternoon.

Miss Jessie McLenaghan, supervisor of the home economics branch of the Department of Education, ar-I rived in the city on the Princess Adelaide yesterday afternoon from Ocean Falls. While in the the city on official duties, she is the guest of her sister, Mrs. T. McClymont Borden Street.

### Announcements

All advertisements in this colamn will be charged for a full month at 25c a word.

Lutheran Sewing Circle Bazaar November 16.

Eagles' Bridge, November 16.

Cathedral Christmas Bazaar November 17.

St. Peter's Church Bazaar November 24.

City Tennis Association annual dance, Oddfellow's Hall, November

O. B. A. St. Andrew's Dance, Oddfellows' Hall, November 30.

United Bazaar December 1.

S.O.N. Play December 2 and 3. Christmas Fair, United Church,

December 2 and 3.

Carnival, and Dance, Metlakatla, December 5.

St. Peter's Seal Cove Parish Hall Dance December 9.

# A Hot Time

Is What You Want This Winter

You can get it by using our famous Edson, Bulkley Valley or Nanaimo-Wellington coal.

PRINCE RUPERT FEED CO. Phones 58 or 558

CENTRAL HOTEL ROOMS and CAFE

Phone 51 For Best Household MRS. C. E. BLACK

THE SEAL of QUALITY





GOLD SEAL Fancy Red Sockeye

PINK SEAL Finest Pink Salmon

Packed by the only salmon canning company with an all year round payroll in Prince Rupert

Peter Lien returned to the city Miss Agnes Guyan Becomes Bride on the Princess Adelaide yester- Of Victor Pick at Interesting Ceremony

A pretty and interesting wedding ceremony took place Thursday evening at the Manse of First Presbyterian Church, Rev. H. G. Funston officiating, when Miss authorized to accept business for Agnes May Guyan R. N., daughter of Mr. and Mrs. Alexander Guyan, 121 Ninth Avenue East, became the bride of Victor Pick, also of this

> The bride was beautifully gowned in a white lace dress in Victorian style with short veil, carrying a bouquet of pink roses, lilyof-the-valley and maidenhair fern. The bridesmaid, Miss Millicent Osborne R. N., wore a pretty powder blue net dress with a bandeau of pouvardia in the hair and carried a bouquet of pink and white icarnations.

Mrs. Oscar Pick, as matron-ofhonor, was becomingly dressed in a black crepe gown with velvet Chances are it's simple to liacket and hat to match and wore la corsage of dark pink carnations.

Oscar Pick was groomsman. Following the ceremony, a recep-"bulk" doesn't mean a lot of tion took place at the home of the food. It's a kind of food that I bride's parents, Mrs. Guyan, mothler of the bride, attired in a blue crepe dress with accessories to match and corsage of pink carna-If that fits you, your ticket tions, receiving the guests who is a crunchy breakfast cereal | numbered about fifty.

The bride and groom received congratulations and best wishes under a white wedding bell. The rooms were prettilly decorated with white and pink streamers. The bride's table was centred with a handsome three-tier wedding cake which was duly cut by the bride.

Oscar Smith proposed a toast to the bride to which the groom resbonded suitably. The toast to the Motors, entered the Prince Rupert bridesmaid was proposed by Robert General Hospital last night and Strachan and replied to by Oscar was operated on this morning for

Assisting in serving delicious refreshments were Mrs. George Geddes, Mrs. William Geddes, Mrs. Mr. Norman Pettersen and Mrs Robert Strachan, Mrs. Goslin, Mrs. A. Woodhouse and family, thank all those who offered their help W. Cook and Miss Dorothy Ballinso kindly in their recent bereave- ger.

Community singing and dancing were enjoyed later with music by John Bremner and Rod Smith.

Mr. and Mrs. Pick sailed on the Prince George for a honeymoon! trip to Vancouver and the United, States. The bride's going away costume included a grey fur coat with accessories to match and a corsage of butterfly roses.

On their return to the city the couple will take up residence on Ambrose Avenue. The bride has resided here with her parents since early girlhood, attended schools of the city and is a graduate of thei Prince Rupert General Hospital training school for nurses. The groom is in the service of the Canadian Fish & Cold Storage Co.

## NEW ROYAL HOTEL

J. Zarelli Proprietor

"A HOME AWAY FROM

Rates \$1.00 up 50 Rooms Hot & Cold Water Prince Rupert, B.C.

P.O. Box 196 Phone 281

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Nubone Foundation Garments EDITH MILLER Smith Block

Room 14 Phone BLUE 276

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Shipbuilders and Engineers Iron and Brass Castings

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# FOR THESE COMMON SIGNS OF ACID INDIGESTION

"Acid" Headache Heartburn Sour Stomach ☐ No Appetite ☐ "Gas" ☐ Tired Feeling in Morning "Logginess"

If You have any of these Symptoms — and suspect Acid Indigestion as the Cause — Lose No Time in "Alkalizing" the Quick Easy "Phillips" Way

Don't be alarmed if you get a low "score" on the above symptomsand suspect over-acidity as the cause. For now there is a way to relieve "acid indigestion" - with almost incredible speed --- a way that is simple to do-and costs but a few pennies.

of Phillips' Milk of Magnesia 30 minutes after meals. OR - take Phillips' Milk of Magnesia Tablets the exact equivalent.

Results are amazing. Often you get

What you do is take 2 teaspoonfuls

relief in a few minutes. Nausea and upset distress disappear. It produces no gas to embarrass you and offend others. Try it—you'll be glad you did. Get a bottle of liquid Phillips' Milk of Magnesia for home use and a box of

Phillips' Milk of Magnesia Tablets to carry with you. But - see that any box or bottle you accept is clearly marked "Phillips" Milk of Magnesia

CANADA

PHILLIPS' Milk of Magnesia

SPECIAL WINTER EXCURSION RATES TO VANCOUVER

FROM PRINCE RUPERT

\$36.00 RETURN.

Meals Berths

\$39.75 RETURN. FROM PORT SIMPSON Included Reduced Rates to Vancouver also apply from intermediate points.

Special Tickets on Sale Between November 1st, 1938 and February 28th, 1939, inclusive-Good to Return up to March 31, 1939. Children Half Fare

Steamers: Leave Prince Rupert: Ar. Vancouver S.S. CATALA Tuesday, 1:30 p.m. Thursday, a.m. S.S. CARDENA Friday, 10:30 p.m. Monday a.m.

Tickets and Reservations from

Prince Rupert Agent - A. W. NEWMAN - Third Ave., Phone 568 If Convenient Please Purchase Tickets at Office

### Canadian Pacific CANADIAN PACIFIC RAILWAY LINES WORLD'S GREATEST TRAVEL

Transcontinental Trans-Pacific Trans-Atlantic

To Vancouver via Ocean Falls and Way Ports Ss. "Princess Adelaide" Every Friday 10 p.m. TO VANCOUVER DIRECT Nevember 7th, 17th, 28th, December 8th, 19th

SS. PRINCESS NORAH"

Winter Excursion Fare—Vancouver and Return—Tickets on Sale Nov. 1st, 1938 to Feb. 28th, 1939. Final Winter Excursion Fare-Vancouver and Return-Tick-Return Limit March 31st, 1939

Connections at Vancouver with Canadian Pacific Services

Tickets and Reservations from Prince Rupert, B.C. W. L. COATES, General Agent

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Some Milks Are Richer Than Others. The Same Applies to Heat in Coal.

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