It takes a pack of energy to keep going at top speed. It takes plenty of the right kind of nourishment. Try Kellogg's Bran Flakes. Enjoy their golden toasted crispness. Full of energy-goodness. Plus enough extra bran to be mildly laxative. Sold by all grocers. Ready to serve. Made by Kellogg in London, Ontario.

EAT TO FEEL FIT!


## TODAY'S WEATHER

(Government Telegraph)

Prince Rupert—Clear, northerly wind, two miles per hour; barometer, 30.08; sea smooth.

Triple Island— Clear, northerly wind, three miles per hour; sea smooth.

Dead Tree Point — Clear, calm; barometer, 30.17; temperature, 50; sea smooth.

Bull Harbor— Clear, calm; barometer, 30.01; temperature, 47; sea smooth.

Alert Bay—Clear, calm; barometer, 30.03; temperature, 51; sea smooth.

Estevan—Foggy, southeast wind, four miles per hour; barometer, 30.12.

Victoria— Clear, westerly wind, six miles per hour; barometer, 30.06.

Vancouver—Clear, calm; barometer, 30.04.

Prince George—Clear, southeast wind, sixteen miles per hour; barometer, 30.16.

Hazelton—Clear, calm, temperature 54.

Smithers—Clear, calm, 52.

Burns Lake—Clear, calm, 50.

Terrace—Clear, calm, 60.

Aiyansh—Clear, calm, 57.

Alice Arm—Clear, calm, 55.

Anyox—Clear, calm, 51.

## Weather Forecast

General synopsis — The pressure is low south of Vancouver Island but high in the north The weather has been fair and warm throughout British Columbia.

Prince Rupert and Queen Charlotte Islands—Moderate north winds fair and moderately warm.

West Coast of Vancouver Island —Moderate variable winds, mostly fair with occasional drifting fog.

## Man in the Moon

Tourists visiting the city do not believe their senses. Some of them think they are in California, only there they do not get the flowers.

Jake says today may be Port Day but Friday will be sherry day and Saturday will be buttermilk day.

According to the Rotarian a man never tumbles so hard as when he falls over his own bluff.

In fiction boy meets girl, boy seems to lose girl, boy gets girl. In real life boy meets girl, boy loses head, girl gets boy.

"Naething" is what a man gets for idling away his time in Scotland.

Professor Buck, who is coming here at the week-end, is said to be the answer to the gardener's dream.

Jake says he knows all there is to know about gardening and a lot more.

## TERRACE

At the examinations in theory of music, held recently in Terrace, two local girls brought honor to the town by achieving first class honors, Miss Sessions winning 97 marks and Miss Haugland, 87 marks.

Mr and Mrs. Floyd Frank arrived in Terrace on Friday's train having travelled from Vancouver where they were married, the bride formerly being Miss A. Longworth. Mrs. Frank was until the end of last term one of the teaching staff at Terrace public school. Both these young people are popular in Terrace. Mr. Frank is one of the Frank Brothers who conduct the dairy farm two miles south of town, which was founded by Mr. and Mrs Henry Frank, now living in retirement in Terrace.

Miss Mary Reid of Vancouver is staying at Terrace as the guest of Mrs. A. Carr.

C. J. Norrington arrived here on Monday night and proceeded to Lakelse lake to join Mrs Norrington who is camping there. Tennis enthusiasts were interested to hear that Mr. Norrington had won the men's singles championship at Prince Rupert

## Steamship Sailings

**For Vancouver—**
Monday—ss. Prince Rupert 3 p.m
Tuesday—Catala 1:30 p.m
Wednesday—Ss. Princess Charlotte 5 p.m.
Friday—ss. Cardena 10:30 p.m.
ss. Prin. Adelaide 10 p.m.
ss. Cardena 10.30 p.m.
Saturday—Ss. Prince Rupert 7 p.m.
Aug. 7 and 21—ss. Prince Robert 4 p.m

**From Vancouver—**
Sunday—ss. Catala 4 p.m.
Wed. ss. Pr. Rupert 10:00 a.m.
Fri. ss. Pr. Rupert 10 a.m
ss. Pr. Adelaide 4 p.m
Ss. Cardena p.m.
Monday—ss. Pr. Charlotte a.m
Friday—ss. Pr. Alice a.m
Aug. 15—ss. Prince Robert 8 a.m

**For Anyox and Stewart—**
Friday—ss. Prince Rupert 3 p.m.
Sunday—ss. Catala 8 p.m

**From Stewart and Anyox—**
Tuesday—ss. Catala 11:30 a.m
Saturday—Ss. Prince Rupert 6 p.m

## The Letter Box

**PRICE OF WHEAT**

Editor, Daily News:

I was much struck by an editorial in The News dealing with "Grain Shipping" and concluding on this note: "International affairs, now very much unsettled, will be a governing factor. It is an illustration of how even this corner of the world is affected by what is going on in the rest of the globe".

As a matter of fact, Mr. Editor, and notwithstanding the widespread publicity given to "drought conditions" and "thin crops" on the Prairies during the depression years, it is miserable prices rather than slim yields which have sent our wheat farmers back to the subsistence level since 1931.

The notorious "40-cent wheat" ideology of the orthodox laissez-faire economists has had its innings and got us nowhere—except into the "relief" business in a big way. Since we entered the depression this country has produced better than two billion bushels of wheat alone. As everything follows the wheat, surely it makes much difference whether the wheat farmer gets 30 cents or 60 cents for his bushel "down on the farm." The former, as the level for the depression years, has been "tried and found wanting". The latter valuation would be very beneficial to our secondary industries and need I add? to the Port of Prince Rupert.

Ruining the purchasing-power of masses of rural Canadians, in order to save a few cents on non-profit near-slave Russian wheat moving into British ports, is not very intelligent, to say the least.

EASTERN CANADIAN.
Toronto, Ont.

## CLASSIFIED

### FOR SALE

FOR SALE—Double corner, Alfred Street and Eleventh Avenue, both streets graded, for sale at bargain. Dybhavn and Hanson. tf.

HOUSE For Sale. Apply 433 11th Avenue. (200)

### BOARD AND ROOM

COMFORTABLE rooms, excellent fare, reasonable rates. 814 2nd Avenue West over Prince Rupert Feed Co. (200)

**CERTIFICATES OF IMPROVEMENTS**
**Miriam Fractional, Jim, Grandview, Twin Moose, and Blackie Mineral Claims**

Situate in the Atlin Mining Division of Cassiar District.

Where located: Vicinity of Fourth of July Creek, Atlin.

TAKE NOTICE that I, F. C. Underhill, acting as agent for Atlin-Ruffner Mines Limited, Free Miner's Certificate No. 29654 E, intend, sixty days from the date hereof, to apply to the Mining Recorder for Certificates of Improvements for the purpose of obtaining Crown grants of the above claims.

And further take notice that action, under section 85 of the "Mineral Act," must be commenced before the issuance of such Certificates of Improvements.

Dated this 1st day of August, 1938.


THE SEAL of QUALITY

GOLD SEAL
Fancy Red Sockeye

PINK SEAL
Finest Pink Salmon

Packed by the only salmon canning company with an all the year round payroll in Prince Rupert



J. H. BULGER
Optometrist
Royal Bank Bldg.



Old Kentucky CIGARETTES


## Hotel Arrivals

**Central**

Henry Meyerhoff, Mrs. Ruttan Sam Bowman, G. H. Warren, Mr and Mrs. R. B. Summerfield jr. W. W. Reed, Julius Moldenhauer Mr. and Mrs. J. R. Dyke, Mr. and Mrs. E. Harbottle, Bill Corey, Mr and Mrs. B. Louis, Mrs. J. Rutzki H. Hamilton, A. Duke, Art Humes and J. Bosshalk, Penticton; David McDowell and E. Curtis, Ottawa; Mrs. M. D. Holland and son, Port Essington; A. Marriott, L. Bainbridge and A. Marriott, city; Mrs J. Buckles, Port Alberni; Roy Jewell, Burns Lake.

**Prince Rupert**

C. V. Deeth, J. G. Millichamp and A. Farrow, Vancouver; Mr. and Mrs H. A. Shepherd, Victoria; John Rukin and family, Georgetown.

**Royal**

M. Bahry, Princeton; J. G. Millichamp, and J. Jones, Vancouver; Raymond Watson and C. Brentzen Port Simpson; John Hamley, Dunlas; Elhar Refnes, city; Wm. Nelson, Sunnyside.

## PEACE RIVER

The Peace River Horticultural Society, following the close of the recent fall fair, elected officers for the ensuing year as follows: President, S. H. Tuck; vice-president Mrs. Glen Braden; secretary-treasurer, Mrs. Harry Giles; executive, T. Crack, Canon T. D. Proctor and E. Breault.

Canon and Mrs. T. D Proctor have returned from a 2400-mile motor trip in the course of which they visited at Banff.

Rt. Rev. G. A. Rix D.D., Bishop of Caledonia, is in the Peace River Block from Prince Rupert paying annual visit He will be in the Block for four weeks in all.


Phones 18 & 84 P.O. Box 575
Your Quest For Service Is Ended When You Go To
MUSSALLEM'S
Economy Store
Where Dollars Have More Cents
Quality Groceries
Opposite Canadian Legion



NEW ROYAL HOTEL
J. Zarelli Proprietor
"A HOME AWAY FROM HOME"
Rates $1.00 up
50 Rooms Hot & Cold Water
Prince Rupert, B.C.
Phone 281 P.O. Box 190



Music
Ruth Nelson A.T.C.M.
Teacher of Piano, Theory and Harmony.
Fall class beginning September 1
Phone Green 390



B. C.
Messenger Service
PHONE 678
Prompt and Courteous Service
R. GILLESPIE
Stand: 6th St., Back of Royal Hotel


## Special Capitol Theatre Program

**Conjuring Act Features Repertoire Of Touring Party**

Featuring Frank Merryfield in an interesting repertoire of conjuring tricks, the visiting Showboat Entertainers appeared on the stage at the Capitol Theatre last night and will repeat the performance tonight. There are also musical numbers by Laurence Eidland, accordionist, Emile Kinnon, 'cellist, Wilf Adams, saxophone and vocalist, and Bert White, with violin and novelty instruments. The program makes an acceptable diversion from the usual moving picture fare.

## FISH PACK IS HIGHER

**Salmon Production for this Year to Date Placed at 749,832 Cases**

VANCOUVER, Aug. 25: (CP) — The canned salmon pack to date is placed at 749,832 cases, according to the supervisor's weekly bulletin. This is an increase of 57,062 cases over the corresponding period in the four-year cycle.

CAPITOL
LAST TIMES TONIGHT
2 Shows 7:00 and 9:00
ON THE STAGE
"The SHOWBOAT Entertainers"
FEATURING
FRANK MERRYFIELD
(The Cornish Wizard)
LAURENCE EIDLAND
(The Norwegian Accordion)
BERT WHITE
And His Violin
Wilf Adams Emile Kinnon
Saxophone 1-Man Band
(At 8:06 and 10:09)
ON THE SCREEN
ANNA MAY WONG in
"DAUGHTER of SHANGHAI"
(7:30 and 9:06)



HYDE Transfer
315 SECOND AVE
FURNITURE MOVING
Cartage
Light Delivery
Coal
Wood
Phone 380



F. LARSON
Masseur and Electric Treatments
PHONE GREEN 911
225 8th Avenue West
Prince Rupert, B.C.



YOUR RADIO
Is the One That Counts
Whatever Its Make—Its Size or Its Cost—To You It is the Best
Anticipate Many Hours of Pleasure
By Keeping Your Radio in the Pink of Condition With McRae Bros. Radio Service
GURANTEED TO PLEASE YOU
Modern Up-to-date Servicing and Equipment
Thoroughly Reliable—R.C.A. Tested Replacements Tubes—Batteries and Accessories for all makes of Radio at Lowest Prices
McRae Bros. Ltd