When a cold strikes . . . don't take needless risks

Treat Colds This PROVED Way

WHY experiment? Vicks VapoRub has been *doubly proved* for you . . . *proved* by everyday use in more homes than any other medication of its kind; *further proved* by the largest clinical tests ever made on colds. (See full details in each VapoRub package.)

Only Vicks give you such proof.

VapoRub is the direct *external* treatment. No "dosing"—no risk of stomach upsets. Simply massage it on the throat, chest, *and back* (as illustrated).

Relief starts almost at once. You begin to feel warm and comfortable as VapoRub starts working *direct* through the skin like a poultice. At the same time, its medicated vapors—released by the warmth of the body—are carried *direct* to the irritated air-passages *with every breath.*

This double action loosens phlegm—relieves irritation and coughing—helps break local congestion.

Repeat treatment at bedtime. After restful sleep comes, VapoRub keeps right on working, hour after hour. Often, by morning the worst of the cold is over.

VICKS VAPORUB

Now WHITE-STAINLESS

FOOD SAVINGS THAT DEFY COMPETITION

We Deliver — Phone 179

EGGS— 3 doz. 95c
Scott's Grade "A" Large

SOAP— 6 bars 23c
Royal Crown

Toilet Tissue— Large Roll .. 7c
Paragon

Corned Beef— 2 tins 27c
Libby's ElRancho

Evaporated Peaches— 2-lb. cello pkts. 33c
Libby's Extra Fancy

BUTTER— 3 lbs. 95c
Nu-Thrift—First Grade
Tuesday and Wednesday

DILL PICKLES No. 2½ tin ... 24c
Libby's

Campbell's Soups—Each 10c
All Varieties

Pork and Beans 2 for 25c
Aylmer, 27-oz. tins

Dried Prunes— 3 lbs. 25c
Libby's Santa Clara

SUNKIST NAVEL ORANGES — Juicy, Seedless.

Large— Doz. 33c
3 Doz 95c

Medium— Doz. 19c
3 Doz. 55c

Small—2 doz. ..... 25c 4 doz. 47c

Buy in Quantities at These Prices

Shelled Walnuts Pcs. Per lb. .. 29c
Finest Quality Light

BOVERIL CUBES— Small tins 10c
Large tins 25c

Roman Meal— Pkt. 29c
Largest Package

White Corn— Each 10c
Choice Quality, No. 2 Tins

Symrna Figs— 2 lbs. 19c
Fancy Quality—The Best Cooking Figs to Be Had

Tomatoe Juice— Each 5c
Libby's 10½-oz. tins

Chocolate Malted Milk 16-oz. tins. Each 39c
Borden's

New Thrift Coffee—Lb. 35c
Roasted Daily—Ground as You Order

THE Thrift Cash & Carry

COAL

TO PLEASE EVERYBODY
Satisfaction Guaranteed
Famous Edson Alberta Coal
Bulkley Valley Coal
Vancouver Island Coal

Prince Rupert Feed Company
PHONE: 58 and 558

NEW ROYAL HOTEL

J. Zarelli, Proprietor
"A HOME AWAY FROM HOME"
Rates $1.00 up
50 Rooms Hot & Cold Water
Prince Rupert, B.C.
Phone 281 P.O. Box 196

If you lose anything, try a classified ad.

LOCAL NEWS NOTES

Mr. and Mrs. Walter Howarth are sailing his afternoon on the Princess Norah for a trip to Vancouver.

Capt. Joe Peterson of the lighthouse tender Birnie returned to the city on the Catala last evening from a trip to Vancouver.

J.E. Moody of Port Simpson, who has been on a trip to Vancouver, was a passenger aboard the Catala last evening returning north.

Mrs. J. C. McMeeken, who has been paying a visit here, sailed by the Princess Adelaide Friday night on her return to her home in Victoria.

Robert Parker, after a two weeks' visit here with his brother and sister-in-law, Mr. and Mrs. S. E. Parker, sailed by the Princess Adelaide Friday night on his return to Lake Tahoe, Nevada.

Rev. J. S. Patterson of North Vancouver arrived in the city on the Princess Adelaide Friday afternoon from the south. He will supply for the next six weeks in the pulpit of First Presbyterian Church here.

P. C. Glover, Kitwanga school teacher, arrived in the city on the Catala last evening after spending the Christmas holiday season in Vancouver and will proceed to the interior on this evening's train.

Miss Viola Johnson, who teaches school at Finmoore in the Vanderhoof district, leaves by this evening's train on her return to the interior after spending the Christmas and New Year holidays at her home here.

William Jones, school principal at Port Essington, arrived in the city on the Catala last evening after spending the Christmas holidays in Victoria and will proceed to the Skeena River on this evening's train.

Miss L. Schwartz and Miss L. Howe, school teachers at Port Simpson, were passengers aboard the Catala last evening returning north after spending the Christmas and New Year holiday season in Vancouver.

Dr. Harry V. Warren of the department of geology and geography of the University of British Columbia will be coming to Prince Rupert on January 19 and 20 to give lectures in connection with the university extension courses. The lactures here of Dr. Warren will be sponsored by the Junior Chamber of Commerce. Dr. Warren, while here, will also address the local service clubs.

City and district school teachers who went south for the Christmas and New Year holidays returned from Vancouver on the Catala last evening. Schools will re-open tomorrow morning, instead of on the first Monday after New Year as has been the usual custom in the past. Local teachers returning on the Catala included Miss E. P. Grassie, Miss M. Laing, Miss M. Shiel, Miss P. M. Taylor, Miss B. Daniels, Miss Normanton and Mrs. B. Walker, Robert Yerburgh, J. Mouat and D. Mitchell.

Just arrived—new shipment of silver and gold sandals—Annette's. tf.

Roderick McRae returned to the city on the Catala last evening from a trip to Vancouver.

Mr. and Mrs. Roi Barnes returned to the city on the Catala last evening from a vacation trip to Vancouver.

S. A. Cheeseman, school teacher at Haysport, returned to the city on the Catala last evening after spending the Christmas and New Year holidays at Victoria.

Dr. Hugh M. Morrison, inspector of schools, returned to the city on the Catala last evening after spending the Christmas and New Year holiday season in Vancouver.

Miss E. Priestly, local school nurse, returned to the city on the Catala last evening after spending the Christmas and New Year holidays in Vancouver.

Miss Lillian Jones returns on this evening's train to Palling, where she teaches school, after having spent the Christmas and New Year holiday season at her home in the city.

Jack Armstrong returned to the city on the Catala last evening from a two weeks' holiday trip to Vancouver and Vancouver Island. Mrs. Armstrong and daughter will be returning later.

Miss Alice Longworth and Miss M. E. Lawrence, school teachers of Terrace, arrived in the city on the Catala last evening after spending the Christmas and New Year holidays in Vancouver and will proceed to the interior by this evening's train.

Miss Leigh and Miss Moon, Massett school teachers, who have been spending the Christmas holidays in Vancouver, arrived in the city from the south on the Princess Adelaide Friday afternoon and proceeded to the Queen Charlotte Islands on the Prince John that night.

Mrs. J. Tucker arrived in the city on the Princess Adelaide Friday afternoon from Vancouver, being here to pay a week's visit with her nephew, Percy Lucy, who is a patient in the Prince Rupert General Hospital receiving treatment for injuries sustained in a recent accident at Anyox.

Announcements

All advertisements in this column will be charged for a full month at 25c a word.

Oddfellows' Old Time Hogmanay Dance, December 31.

C.Y.C. Dance, Catholic Hall, January 7.

"Build B.C. Payrolls"

Judging Not Finished

The judging is not finished. There are so many good letters, decision is not easy. Rest assured a decision is forthcoming.

Pacific Milk
Irradiated of Course

QUALITY PRICE SERVICE

Free Gift Tokens At MUSSALLEM'S

Groceries—Confectionery
Fresh Fruits and Vegetables

"DEMERS"

Closing Out

SALE

A readjustment of Prices offers You Greater Bargains than ever. Our entire stock Must Be Sold.

You Cannot Afford to Miss our

Dress Specials

THE SEAL of QUALITY

GOLD SEAL
Fancy Red Sockeye

PINK SEAL
Finest Pink Salmon

Packed by the only salmon canning company with an all the year round payroll in Prince Rupert

UNION STEAMSHIPS

SPECIAL WINTER EXCURSION RATES TO VANCOUVER

FROM PRINCE RUPERT $32.00 RETURN.
FROM PORT SIMPSON $35.00 RETURN.
All meals and Berth Included.

Reduced Rates to Vancouver also apply from intermediate points.
Special Tickets on Sale Between November 1st, 1937 and February 28th, 1938, inclusive—Good to Return up to March 31, 1938.
Children Half Fare.

Steamers: Leave Prince Rupert: Ar. Vancouver
S.S. CATALA Tuesday, 1:30 p.m. Thursday, a.m.
S.S. CARDENA Friday, 9:00 p.m. Sun., Midnight

Tickets and Reservations from
Prince Rupert Agent — A. W. NEWMAN — Third Ave., Phone 568
If Convenient Please Purchase Tickets at Office

The Central Hotel
ROOMS and CAFE
Phone 51
For Best Household Coal
MRS. C. E. BLACK

Fresh Local Raw And Pasteurized Milk
VALENTIN DAIRY
PHONE—657

If you lose anything, advertise for it.

"TILLIE THE TOILER"

—By Westover

LUTHERAN SERVICE

The customary New Year's morning service was held in St. Paul's Lutheran Church on Saturday. The service was conducted in English by the pastor, Rev. L. C. Jensen There was a fair attendance.

Miss Dorothy O'Neill, after having spent the Christmas and New Year holiday season visiting here with her parents, Mr. and Mrs. W. W. C. 'Neill, leaves by this evening's train on her return to her school teaching duties at Pacific.

C. N. R. TRAINS

For the East—
Mondays, Wednesdays and Fridays ..... 6 p.m.

From the East—
Tuesdays, Thursdays and Saturdays ..... 11 p.m.