MR. JUSTICE KRUSCHEN IN THE HYGIENE COURT OF JUSTICE

Rheumatic Pains Gone

Welcome Reformation

JUDGE CONGRATULATES EX-PRISONER

"I remember your case very distinctly and I congratulate you on your recovery. I hope you now realize how serious your crime—rheumatic pains—was and how easily it can be avoided."

The judge then added that if the few remaining foolish people would only realize that a little daily dose of Kruschen Salts is as necessary to cleanliness as soap and water there would be fewer aches and ailments. There would be less suffering from the pains of rheumatism, neuritis, gout, sciatica or lumbago. Constipation would be on the wane and there would be fewer cases of getting run-down, and far less likelihood of catching colds.

KRUSCHEN SALTS

relieve constipation and rheumatism

Kruschen is a combination of several mineral salts which your body must get, in some way, to keep the blood pure, the inside clean, and the system generally toned up, but which you can't get in Nature's own way without abundant exercise and fresh air. You should have those salts *every day*; hence the importance of the "little daily dose". Every drug counter sells Kruschen in 25c, 45c and 75c bottles. *It's the little daily dose that does it.*

TASTELESS IN COFFEE OR TEA

Arthur F. Smith, well known Alice Arm mining man, was a passenger aboard the Catala Sunday night returning north after a trip to Vancouver and elsewhere in the south.

VANCOUVER WHEAT

VANCOUVER, June 14: (CP) — Wheat was trading at $1.06¼ on the Vancouver market yesterday.

USED FURNITURE

8-Piece Dining Room Suite

Singer Sewing Machine

Hand Sewing Machine

Kitchen Range With Oil Burner

Ranges for Burning Coal or Wood

Water Power Washing Machine

Doors, Screen Door, Window Sash

Pictures, Books, gramophone records

Musical Instruments; Writing Desk

Boys Bicycle; Cash Register

We Accept Your Old Furniture in Part Payment on the New

PHONE GREEN 916

ELIO'S FURNITURE EXCHANGE

THIRD AVENUE Prince Rupert

UNION STEAMSHIPS LTD.

Steamers Leave Prince Rupert for Vancouver:

T.S.S. CATALA EVERY TUESDAY, 1:30 p.m. Due Vancouver, Thurs. a.m.

T. S. S. CARDENA FRIDAY, 10:30 p.m. Due Vancouver, Monday A.M.

If convenient please purchase tickets at office

Further Information Regarding Reservations and Tickets From

A. W. NEWMAN, Prince Rupert Agent, Third Ave. Phone 568

LOCAL NEWS NOTES

Charles Graham sailed this afternoon on the Catala for a trip to Vancouver.

Einar Stockland has returned to the city from a ten month's trip to his native home of Norway.

John W. Strombeck, well known pioneer Alice Arm mining man, was a passenger aboard the Catala Sunday night returning north from Vancouver.

The fire department had a call at 12:30 noon Sunday to the residence of Alex Ferguson, 211 Eleventh Avenue, where there was a roof fire which did about $15 damage. The cause was an overheated chimney.

Dr. and Mrs. R. J. Large and family and Dr. Neal Carter will leave on tomorrow evening's train for the East. At Jasper they will be joined by Mrs. Carter and will proceed on a trip abroad. They will attend the British Empire Exposition in Glasgow and Dr. Large will then go to Edinburgh and London to take up medical postgraduate work. Dr. and Mrs. Carter will also visit Germany, Switzerland and France. They will all be returning to Prince Rupert soon after the middle of August. Going over from Montreal on the Athenia, sailing June 24, they will return to New York on the Queen Mary. Dr. and Mrs. Carter's sons, David and Bruce, will spend the summer at Keremeos while Alan, Peggy and Richard, the children of Dr. and Mrs. Large, will be in Toronto, Alan stopping off for a while at Decker Lake on his way East.

Card of Thanks

Mrs. C. E. Johnson and family with to convey sincere thanks and appreciation to their many friends for the beautiful floral tributes and kind expressions of sympathy extended at the time of their recent sad bereavement.

DISPLAY IS HELD

Booth Memorial School Was A Centre of Interest on Friday Afternoon

Booth Memorial School was a centre of interest on Friday afternoon last when the annual display of the home economics and manual training departments was held under the auspices of the Prince Rupert Parent Teachers' Association. Mrs. G. E. Moore was general convener and there was also a tea and sale of home cooking.

The products of the home economics department, under Miss Irene Hodgson, and the manual training, directed by J. H. Nordon were inspected and proved of much interest to all, high commendation being expressed. Particularly interesting was the fashion display of girls' dresses in the auditorium girls of the various classes acting as models.

Mrs. Moore was assisted in the tea room by Mrs. W. C. Aspinall Mrs. R. Wood and Mrs. H. Perkins Pouring were Mrs. Arthur Sutton Mrs. J. S. Wilson, Miss Dorothy Priestly R. N., and Mrs. G. E Moore. Girls of the home economics department acted as serviteurs Mrs. H. B. Eastman was cashier.

Mrs. George Ciccone was convener of the home cooking table being assisted by Mrs. T. J. Boulter, Mrs. J. H. Macey, Mrs. F. Barber and Mrs. M. F. Nickerson.

HEN ATTACKED CYCLIST

PARIS, June 14: (CP)—Cycling near Amiens, Ghislain Pauchaet farm laborer, disturbed a brood of chicks. The hen flew at him and he fell from his bicycle, fracturing his skull.

Announcements

All advertisements in this column will be charged for a full month at 25c a word.

Anglican Tea, Mrs. G. Arnold's, June 23.

Queen Mary Tea, Mrs Parkin's June 22.

Eagle's Dance, June 22.

Canadian Legion Picnic, Digby Island, July 3.

Miss Betty Eastman sailed this afternoon on the Catala for a visit in Bellingham.

Mrs. J. W. Nicholls and daughter, Patricia, will leave on this evening's train for Lakelse Lake to get their summer home in readiness for the season's occupancy.

PROSPECTIVE HOME BUILDERS are invited to look over our exclusive list of BUILDING SITES in all parts of the city. VERY LOW PRICES. It will pay to investigate. Collart & McCaffery Ltd.

Mrs. Curtis Gardner and family were passengers aboard the Catala Sunday night going through from Portland to Stewart to join Mr. Gardner who is engaged in contracting a road in the Portland Canal district for the United States government.

BLACKHEADS

Don't squeeze blackheads—dissolve them. Get two ounces of peroxine powder from any drug store and rub gently with wet, hot cloth over the blackheads. They simply dissolve and disappear by this safe and sure method. Have a Hollywood complexion.

Reino Finnila arrived in the city at the end of the week from Tulsequah and proceeded by last evening's train to New York where he will embark June 22 aboard the liner Pilsudski for a visit to his native home in Helsingfors, Finland.

Mr. and Mrs. Eric Wilson of Boston, who have been visiting here for the past week with Mrs. Wilson's brother-in-law and sister, Mr. and Mrs. W. H. Tobey, will leave by this evening's train on their return East. They will be accompanied as far as Jasper Park by Mr. and Mrs. Tobey.

SUPPLIERS FINED

For supplying liquor to Indians, Edwin Louden and Frank Evans were each fined $100, with option of two months' imprisonment, by Magistrate McClymont in city police court yesterday. They are serving the time.

Hotel Arrivals

Royal

Mah Fen, C. Foray and Joe Chalifoux, city.

Prince Rupert

R. H. Gurd and James Lamb, Cassiar; Harry D. Lord, Claire Dobbin and Jim Lightheart, Vancouver; R. R. Payne, Vancouver; F. Waterman Seattle; G. S. Andrews, Victoria; Martin Johnson, Frances Fryer, Lorraine Rude and Dorothy Lay, Petersburg; A. E. MacMillan, Cassiar.

Central

L. Frestad, Dundas.

CLASSIFIED

FOR SALE

KITCHEN Range with oil burner. Green 893. (141)

119 9th Avenue East. Modern 2-storey house, 7 rooms and bath Concrete foundation. Priced low for quick sale. G. L. Rorie, Trustee. (138)

FOR SALE—28-ft. boat with 6 h.p. engine. Can be used for trolling or net fishing. Only $300. Apply McLean's Boat Yards, Seal Cove. tf

FIVE-ROOM summer house for sale at Lake Kathlyn near Smithers for $300, half cash, balance one, two and three years at six per cent—original cost $1500. Apply to Watson's Store, Smithers, B.C. (134)

FOR SALE—35 ft. boat fully equipped, pleasure or patrol work. 12 h.p. engine. Going at a bargain. Apply R. L. Newcombe, Seal Cove. Phone Green 429. tf.

FOR RENT

CLEAN, well-furnished modern apartments. Phone Red 444. (140)

BOARD AND ROOM

ROOM and Board. Phone Red 249 (138)

For Quick Food Energy . . .

HAVE delicious Quaker Puffed Wheat for breakfast one day and Puffed Rice the next. They're shot from guns so that each nourishing grain of wheat and rice is actually exploded to eight times its normal size. The tiny food cells are unlocked. That makes them 'specially easy to digest, so that you get their food energy more quickly and easily. So start these famous breakfast treats tomorrow. Ask your grocer for Quaker Puffed Wheat and Quaker Puffed Rice today.

Mothers!

Children love the crisp crunchiness . . . the delicious flavour of Quaker Puffed Wheat and Quaker Puffed Rice. Serve them variety . . . Quaker Puffed Wheat one day, Quaker Puffed Rice the next. And note; One serving of Quaker Puffed Wheat or Puffed Rice, with milk or cream, gives the energy value of two whole lamb chops.

Boys and Girls! Join the Dick Tracy Secret Service Patrol

FREE GIFTS WITH BOX TOPS Membership in Dick Tracy Secret Service Patrol, Certificate, Badge and Code Book . . . all for only 2 box tops of Quaker Corn Flakes, Quaker Puffed Wheat or Quaker Puffed Rice. Just send box tops to "Dick Tracy" Dept. N100, Saskatoon, Sask., together with your name and address.

GET DICK TRACY'S SECRET SERVICE RING It has a secret compartment for secret messages, photos, plans, etc. Carries Dick Tracy's picture and lucky signs. Send only 5 box tops.

City To Mark All Graves As Added Service

The city is instituting a new service in connection with burials at Fairview Cemetery whereby henceforth a small concrete block with name of deceased, together with date of birth and date of death, will be provided on the occasion of each interment, thereby making a permanent record. To cover the cost, a small additional charge will be made to the regular burial fee.

FIVE GOLDEN WEDDINGS

PINVIN, Eng., June 14: (CP) — This Worcestershire village of 136 householders boast of a woman of 76 who has worked since she was 10 and also five golden wedding anniversaries in the past five years.

SOME NON-DOERS

LONDON, June 14: (CP)— Of 43,000 doctors asked by the British Medical Association what they would be prepared to do in event of a national emergency, 1,787 replied that they were unwilling to do anything.

Overwaitea Ltd.

CASH or C.O.D. Phone 843

BUTTER—First Grade 3 lbs.	87c
Royal City Tomatoes— 2½'s. 2 tins	23c
Tuna Fish—Fancy, light. Per tin	9c
Four-Star Salad Dressing— Quart jar	51c
Quaker Corn Flakes— 3 pkts.	25c
LIBBY'S RIPE OLIVES—1-lb. tin	15c
Aylmer Corn on the Cob— Large tin	19c
Scotch Mints— Per lb.	19c
Royal Crown Cleanser— 4 tins	25c
Royal Crown Soap— 6 bars	25c
LETTUCE—Large, firm. Per head	5c
Carrots— Per bunch	6c
New Green Peas— 2 lbs.	19c
Fresh Cherries— Fancy Bing. Lb.	25c
Golden Ripe Bananas— 2 lbs.	19c
CANNING STRAWBERRIES— Per crate	$2.29

Free Delivery on Orders $3.00 and Over

Letter Size

Linen Finish Writing Pad

And

English Made Mechanical Pencil

With Extra Leads

BOTH for 39c

For Car and Household Use

75c Chamois—Size 16x18

And a

25c Sheep's Wool Sponge

BOTH for 89c

Ormes Ltd.

The Pioneer Druggists

The Rexall Store Phones: 81 & 82

Open Daily From 8 a.m. till 10 p.m.

Sundays and Holidays From 12 noon till 2 p.m., 7 p.m. till 9 p.m.

MacKENZIE'S FURNITURE

Now On Display—A Large Shipment of

ORIENTAL CARPETS

In Different Sizes and Grades

These rugs are made by skilled weavers and designers of the natives of India. We invite you to come and see these magnificent carpets.

Phone 775 327 THIRD AVENUE

Fresh Local Raw And Pasteurized Milk

VALENTIN DAIRY

PHONE—657

The Central Hotel

ROOMS and CAFE

Phone 71

For Best Household Coal

MRS. C. E. BLACK

Smoked "Rupert Brand"

Mild Cured Salmon

15c per Package

For Lunch on Toasted Sandwiches or Hors d'oeuvre

One Package Serves Four People

Keeps For Weeks in Refrigerator