Bernice Palmer says . . .

Well, another old maxim has come home to roost. I have always heard that "History repeats itself" and today it has in a rather amusing manner.

No less than four mothers had asked me if Bernice Patricia's birthday was on the coming Saturday. When I explained that she still had several months to wait they said the young lady had been inviting their children to "her" birthday party on Saturday." You see, all her little friends have been having parties lately and she is evidently tired of waiting and has decided to force the issue.

Once upon a time, I can remember very distinctly going to our front door up there and being greeted by no less than a dozen eager youngsters, each with a nicely wrapped gift and shining faces calling to see my own younger brother. I was then in the midst of Saturday cleaning and far from overjoyed. It seemed that all his friends had also been going in for parties in a big way and I guess Peddy was afraid the gifts would run out before his birthday rolled around, so he just put it back a few months, too. We lived a little too far out for me to do anything but accept the situation and serve the children cocoa and cookies but, much to the young man's disgust we DID send the children home with their gifts and a little explanation! At least I have been able to nip my own young daughter's party in the bud and save that embarrassment!

CHEERIO

Oakland.

AIR MAIL GROWS

WINNIPEG, March 16: (CP)—Air mail service out of Winnipeg has grown greatly and now 19 post offices in northern Manitoba and Ontario are served from here by air, W. F. Lough, district director of postal services, said in an address here.

LOCAL NEWS NOTES

Tea and homecooking tomorrow afternoon, Catholic Hall. Social in evening. (63)

Mr. and Mrs. William Patmore, after a ten-day visit here, sailed by the Catalo yesterday afternoon for Vancouver enroute to Zeballos, the new mining camp on the West Coast of Vancouver Island.

Leslie J. Martin, sales manager of the Home Oil Distributors Ltd., arrived in the city on the Prince Rupert this morning from Vancouver, being here on company business.

J. G. Nelson, accompanied by the minister at Greenville, Rev. W. S. Cooper, arrived in town yesterday afternoon on a brief business trip. They returned to Greenville this afternoon.

J. J. Little, general manager of the Northern British Columbia Power Co., was the speaker at the regular weekly luncheon of the Prince Rupert Gyro Club today, his subject being "Water Power Resources." President D. G. Borland was in the chair.

Canadian Legion Women's Auxiliary In Annual Banquet

The fifth annual banquet of the Canadian Legion Women's Auxiliary last evening was a very enjoyable affair, a good turn out of members being present.

Songs by Mrs. J. A. Teng, Miss May Bond and W. Rance were very much enjoyed, also community sing and bridge, the prize winners being Mrs. J. Murray.

A dance brought the evening to a close.

The men of the Canadian Legion waited on tables.

Mrs. Black and Mrs. Croxford were pianists for the evening. Miss May Bond was general convener assisted by Mrs. L. Wide, Mrs. H. Smith jr., Mrs. Nesbitt, Mrs. Lawrie and Mrs. Barber.

Announcements

All advertisements in this column will be charged for a full month at 25c a word.

St. Patricks tea and social evening, Catholic Hall, March 17.

S. O. N. Fishermen's Farewell Dance, March 17. Members and escorts.

C. Y. S. Dance, Oddfellows March 18.

Band Parents' Association Tea, March 23.

Anglican Tea, Mrs. S. C. Thomson, March 24.

Recreation Centre Boxing, Moose Hall, Thursday, March 24.

Orange Spring Sale March 25.

March 25 and 26, CIRCUS, United Church.

S.O.N. Masquerade, March 28.

Basketball Dance, April 1, Boston Hall.

Presbyterian Easter Sale, April 6.

Salvation Army Sale April 13.

Queen Mary Daffodil Tea April 18

Prince Rupert Operatic Society present the "Pirates of Penzance" —Capitol Theatre, April 27 and 28.

United Sale, May 5.

St. Peter's Bazaar, May 5.

E. Thurber, who has been spending some time in the south, returned to the city on the Prince Rupert this morning.

Charles Adam of Stewart, who has been on a trip south, is a passenger aboard the Prince Rupert today returning north from Vancouver.

Special Attraction at S.O.N. Fishermen's Farewell Dance, movies "Glimpses of Norway" by P. Myrvold. Tomorrow night, 8:30. Adm. 50c. Members Free. Everybody welcome. (63)

Dr. A. S Lamb, of Vancouver provincial chest specialist, arrived in the city on the Prince Rupert this morning from Ocean Falls to hold a week's tuberculosis clinic here. He was accompanied by the clinic nurse, Miss Florence M. Erickson R. N.

Helps PREVENT COLDS
Specially designed for the nose and upper throat, where 3 out of 4 colds start. Use it at the first sneeze.

VICKS VA-TRO-NOL

T. D. Johnston, who has been for several weeks in Esquimalt taking a course at the Royal School of Artillery, returned home from the south on the Prince Rupert this morning.

Mr. and Mrs. A. J. Cook returned to the city on last night's train from Calgary where they accompanied the remains of Mrs. Cook's son, John Crawford, who died here recently and whose funeral took place in the Alberta city.

The Women's Auxiliary to the Prince Rupert General Hospital met last night in the hospital with the president, Mrs. J. R. Morison in the chair. Plans were made for a telephone bridge to be held May 6 with Mrs. J. W. Kirkpatrick as convener. Appreciation was expressed to the Christian Youth Society for a donation of $24.60, being part of the proceeds of a recent play. The drawing for a round trip to Vancouver will take place April 18.

Hotel Arrivals

Prince Rupert

F. C. Freeman, Dr. C. A. Armstrong and K. T. Vidler, Port Simpson; N. Morrison, H. M. Stevenson, G. W. Fowler, A. Farrow, Lelslie J. Martin, H. A. Muirhead, R. Knox, Miss Florence M. Erickson and Dr. A. S. Lamb, Vancouver; R. Moore, Smithers; P. Myword, Mrs. C. Fleck, Victoria.

Central

W. Allen, Skeena; F. J. Hipp, Terrace; Mrs. H. Paulson, Billmor; Howard Keeke, Prince Rupert,

Knox

J. W. Hansen and O. Soderberg, Terrace; S. Sorenson, Prince George; R. W. McLeod, city; William M. Wright, Vancouver.

Royal

R. Weeks and A. S. Zeluk, city; A. S. Frew, Mr. and Mrs. J. R. Condon and R. W. Jenkins, Vancouver.

Savoy

J. McIntyre and Edward Sylvarnes, Port Edward.

SUCCEEDED IN MUSIC

Candidates Who Passed in Recent Toronto Conservatory Tests

The following is a list of successful candidates in examinations held recently by the Toronto Conservatory of Music in Prince Rupert. The names are arranged in order of merit:

THEORY

Associateship Piano—Written

Honors—Ruth Nelson; Jean MacLean; Marybell Stiles.

GRADE V

Counterpoint, History

Honors, Ruth Nelson.

Counterpoint

First Class Honors, Jean MacLean.

History

Honors, Edith L. Smith.

GRADE IV

Counterpoint, History

Honors — Helen Green; June Hankinson.

Counterpoint

Honors, Ethel Cousins.

Pass, Joy Green.

History

Honors, Jean M. Derry.

GRADE III

Harmony

Pass—Ada Brown; Ralph Morin

GRADE II

First Class Honors, Maureen Kirkpatrick.

Honors—Hugh MacKenzie; William Hunter.

GRADE I

First Class Honors, Anne Winslow.

THEORY

Grade V

Counterpoint, Form

Pass, Venetia Feero.

GRADE IV

Counterpoint

First Class Honors, Marie Amadio.

Honors—Emily Yamanaka; Mary Pustuk; Frances Moore; Phyllis Hamblin.

GRADE III

Harmony

First Class Honors—Annie Peteren.

GRADE II

First Class Honors, Alex Baillie.

Honors, Elizabeth Borland.

GRADE I

First Class Honors — Margaret Large; Bernice Eastwood, Joan Squire (equal).

Honors, Audrey Haworth.

Stewart Moose Erect Building

Lodge in Mining Camp Decides to Put up Structure For its Own Use

The Stewart Moose Lodge has decided to proceed with the erection of building at Stewart this spring to house its lodge quarters. The site is at the corner of Columbia and Brightwell Streets. M. P. Murphy has been re-elected dictator of the Stewart Lodge for the coming year, other 1937 officers also being re-elected.

Slums Get Blame For Poor Health

Lack of Fresh Air, Sunshine and Exercise Held Responsible

VANCOUVER, March 16: (CP)—Slums are blamed by Dr. Harold White, Vancouver director of school health services, for ill-health among Vancouver children.

"Actual lack of food is responsible for very few cases. Bad home conditions, causing lack of sleep, with absence of fresh air, sunshine and excercise, cause most of the ill-health," he said.

Be wise. Read the want ads.

SERVE

Fish for HEALTH ENERGY ECONOMY

CANADIAN Fish and Shellfish can be served in delicious dishes that children will love.

Fish is the best food for growing youngsters . . . grand for grown-ups, too. It is easily digested, contains more nourishment for every penny expended than any other food, and is rich in proteins, vitamins and mineral salts that promote glowing health. It is the great source of Vitamin "D", the sunshine vitamin that builds sound bones, good teeth, sturdy healthy bodies.

Over 60 kinds of Canadian Food Fish and Shellfish are available to you, either fresh, frozen, smoked, dried, canned or pickled. Every one of them can be served in tasty, appetizing recipes that the whole family will enjoy.

Serve fish more often. You will find it economical and it will provide new mealtime treats.

DEPARTMENT OF FISHERIES, OTTAWA.

Ladies! WRITE FOR FREE BOOKLET

Department of Fisheries, Ottawa. 5

Please send me your free 52-page Booklet, "Any Day a Fish Day", containing 100 delightful and economical Fish Recipes.

Name.....

Address.....D21

ANY DAY A FISH DAY

PHONES—18 and 84 P. O. BOX 575

Mussallem's Economy Store

"Where Dollars Have More Cents"

EMPRESS APRICOT JAM—4-lb. tin	45c	SUPER SUDS—Giant package	19c
I.B.C. HANDY SODAS —40-oz. wood box	49c	PALMOLIVE SOAP— 4 bars	23c
EXTRACTS—All flavors. 2-oz. bottle	19c	ROYAL CROWN OATMEAL SOAP— Per pkg.	29c
4-oz. bottle	37c	NONSUCH STOVE POLISH—Per bottle	17c
PRINCE RUPERT FRESH EGGS— Per doz.	35c	LILY WHITE SYRUP— 2-lb. tin	17c
SMALL WHITE BEANS—3 lbs.	19c	LIBBY'S SAEUR KRAUT—2½'s. Tin	16c
ANGELUS MARSHMALLOWS—1-lb. bag	23c	SPLIT PEAS— 3 lbs.	19c
SWEET MIXED BISCUITS—Per. lb.	29c	SOUP MIX— Per lb.	10c
OVALTINE—Large tin	98c	PITTED DATES— 2 lbs.	19c
Medium tin	58c		
Small tin	37c		

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Our hair styles must change to suit the 1938 spring bonnets.

Let us create for you a more charming and stylish coiffure.

Only genuine oil solutions used on all permanents.

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UNION STEAMSHIPS LTD.

Steamers Leave Prince Rupert for Vancouver:

T.S.S. CATALA EVERY TUESDAY, 1:30 p.m. Due Vancouver, Thurs. p.m.

T. S. S. CARDENA FRIDAY, 9:00 p.m. Due Vancouver, Sun. Midnight

If convenient please purchase tickets at office

Further Information Regarding Reservations and Tickets From

A. W. NEWMAN, Prince Rupert Agent, Third Ave. Phone 568

Phones 18 and 84 P.O. Box 575

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Groceries — Vegetables — Fruits

Confectionery — Tobaccos

317-19 THIRD AVENUE WEST

Opposite Canadian Legion

Sliced Bread

We are now in a position to supply wrapped sliced bread, all varieties at

10c a Loaf

Sold by all grocers or to out of town customers by express

Sliced bread is economical, convenient, makes neat sandwiches, good toast and is sanitary.

Housewives Are Asking For it

Van's Bakery

Prince Rupert, B. C.

CLASSIFIED

FOR SALE

FOR SALE—Lots 1 and 2, block 20, section 6. Attractive building site (6th Ave. East) all cleared and basement dug to rock. Will sell 1, 1½ or 2 lots on terms to suit purchaser. You cannot find anything to equal this so investigate quickly. Apply 608 6th Ave. East (adjoining lots). (63)

UPRIGHT Piano for sale. Cheap. Also 8 volumes of "Elson Music and Musicians." Apply Mrs. De Carlo. Phone 567. (65)

FOR RENT

MODERN House, 229 7th Ave. E. Apply Room 29, Inlander. (68)

WANTED

WANTED—Small furnished house or apartment. Apply City Commissioner. (tf)

PERSONAL

WOMEN—Address and mail advertising material for us at home. We supply everything. Good rate of pay. No selling. No experience necessary. Merchandise Mart, Box 523 Milwaukee, Wisconsin. (64)

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With the Fishing Season Opening in a Few Short Weeks

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We Carry a Complete Stock of First Aid Cabinets and Supplies

Call today and let us help you compute your requirements.

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