



RECIPE

ROYAL CITY

PURE JAMS

There are many varieties which may be used in a host of different ways. Delightful additions to custards, junkets, blane manges, and so tasty in tarts, rolls, layer cakes, turnovers, waffles and sandwiches.

LOCAL NEWS NOTES

Judge W. E. Fisher left on last evening's train for Smithers to conduct a session of County Court.

Tonight's train, due from the East at 11 o'clock, was reported this morning to be running on time.

Rev. Oliver Thorne of Kincolth is a visitor in the city, having arrived from the Naas River village on the Catala this morning.

Mrs. H. Halliday of this city after a visit at Stewart, went around from there to Anyox on the Catala yesterday.

LIBERALS IN MEET

T. H. Payne Re-elected President Of Alice Arm Association

The annual meeting of the Alice Arm Liberal Association was held on Saturday, T. H. Payne in the chair.

The following officers were elected:

Honorary President, Rt. Hon. W. L. Mackenzie King.

Honorary Vice-Presidents—Hon. T. D. Pattullo, Olof Hanson, M. P. and Hon. W. J. Asselstine.

President, T. H. Payne.

Vice-President, J. Fliva.

Secretary, J. Wells.

Executive—A. D. Phail, S. Davis, M. Granley and W. B. Bowers.

Hugh McDonald, road superintendent for Atlin district with headquarters at Stewart, was a passenger from Stewart to Alice Arm aboard the Catala yesterday the trip being on official duties.

A Skinner, who recently underwent an operation at the Prince Rupert General Hospital, is reported to be making satisfactory progress toward recovery and is expected to return home this week.

Hotel Arrivals

Central
Oscar Backlin, S. Grodem and P. Davis, city; A. A. McCrea, Bill Mor; O. Hunt, C.N.R.; Lois Sandberg, Port Edward.

Knox
Mrs. Manlove, city; D. Roche, C.N.R.; Ernie Dorreen, Vancouver.

Prince Rupert
Dan Matheson, Anyox; F. Mastell, Telegraph Cove.

Royal
A. Wennberg, Vancouver; A. Brown, Anyox.

Savoy
William Jones, Port Essington; John Howard and J. A. McIsaac, city; R. Howard, Vancouver.

Bernice Palmer says . . .

We are in the middle of another strike and this time it is very close to home.

Pickets have been walking up and down in front of Hagstrom's Store No. 1 for over a week now and the shelves are becoming a bit depleted as the warehousemen refuse to fill any orders assigned to this store.

According to Oakland's picketing law crowds cannot gather in front of a place of business but must keep moving and so the strikers just walk up and down the block covered by this store and seem to be making a circle. As this perpetual human chain seems to be constantly moving, they must be good and tired by closing time. They are on the job around 7 a.m. Frankly, I'd rather put in a good day's work than walk aimlessly up and down and round and round all day! However, I guess there's no accounting for other people's tastes.

Oakland. CHEERIO!

Sliced Bread

We are now in a position to supply wrapped sliced bread, all varieties at **10c a Loaf**

Sold by all grocers or to out of town customers by express

Sliced bread is economical, convenient, makes neat sandwiches, good toast and is sanitary.

Housewives Are Asking For it

Van's Bakery

Prince Rupert, B. C.

MARKETS AFFECTED

Lettuce Prices Are Up Owing to Flood in California—Citrus Fruits Firming

Recent floods in California are already beginning to affect the local retail market. One result is that the wholesale price of lettuce has almost doubled although the retail price has not gone up in proportion as yet. Hail and rain in California have also damaged the orange crop extensively and prices are already beginning to firm up as a result.

Jamaica grapefruit, a fine fruit, are just about cleaned up now.

Apple prices are lower due to heavy stocks in storage.

The first new potatoes of the season are in from Florida and are selling at the fancy price of three pounds for 25c.

Retail prices current here today are as follows:

Eggs
B.C. Fresh Extras, Grade A
Large, cartoned, doz. 32
Local, new laid, doz. 38

Apples
Yellow Newtons, fancy wrapped \$2.50
Rome Beauties \$2.25
Winesaps, fancy wrapped \$2.50

Fruit
Lemons, Doz. 25c to 40
Oranges, doz. 12c to 40
Grapefruit, Cal., 3 for 16
Bananas, lb. 12 1/2
Avacados, each 2
Rhubarb, lb. 06

Butter
Fancy, cartoned, lb. 50
No. 2 Creamery, lb. 44
No. 1 Creamery, lb. 45

Lard
Pure, lb. 20

Vegetables
Sweet Potatoes, 3 lbs. 25
B. C. Potatoes, 10 lbs. 25
New Potatoes, 3 lbs. 25
B. C. Onions, 5 lbs. 25
Garlic, imported, per lb. 35
Cauliflower, Cal., 15c to 30
Parsley, bunch, .07
B.C. Carrots, 6 lbs. 25
Bunch Carrots, 2 for 15

B. C. Beets, 6 lbs. 25
Mexican Tomatoes, lb. 20
Cal. Lettuce, head 12
Green Cabbage, lb. 07
Celery, head, 10c to 25
Spinach, Texas, lb. 10

Feed
Hay, Bulkley Valley Timothy 100 lbs. 1.35
Wheat 2.65
Bran 2.45
Middlings 2.75
Shorts 2.50
Oats 2.70
Fine Oat Chops 2.60
Barley 2.60
Laying Mash 2.95
Oyster Shell 1.35

Meats
Fowl, No. 1, lb. 25
Roasting Chicken, lb. 35
Ham, first grade, lb. 35
Bacon, side, sliced, best grade 50
Pork, shoulder, lb. 20
Pork, loin, lb. 30
Pork, leg, lb. 25
Pork, dry salt, lb. 25
Veal, loin, lb. 25
Veal, shoulder, lb. 15c to 18
Beef, pot roast, lb. 12c to 15
Beef, boiling, lb. 8c to 10
Beef, roast prime rib, lb. 25
Beef Steak, lb. 25c to 30
Lamb, shoulder, lb. 20
Lamb, leg, lb. 30
Lamb chops, lb. 30

Fish
Halibut, lb. 15
Smoked Kippers, lb. 15c and 20
Salmon, red spring, fresh, lb. 30

Flour
Flour, 49's, No. 1 hard wheat 2.60
Second Patent 2.40
Pastry Flour, 10 lbs. .60

Nuts
Walnuts, broken shelled 40
Walnuts, shelled halves, lb. 45
Almonds, shelled, lb. 65

Dried Fruits
White Figs, lb. 12 1/2
Black Cooking Figs, lb. 10
Dates, bulk, lb. 8c to 15
Lemon and Orange Peel 27
Citron peel 35
Prunes, 30-40, lb. 15
Prunes, 40-50, 2 lbs. 25
Prunes, 60-70, lb. 11
Raisins, Australian seedless, lb. 14
Raisins, Cal., seedless lb. 15 and 16
Jurrants, lb. 15
Apricots, lb. 25
Apples, dried 18
Peaches, peeled, 16c to 20
Smyrna Figs, 2 lbs. 25

Sugar
White, 100 lbs. 6.35
Yellow, 100 lbs. 5.85

Honey
Extracted Honey, per jar 22c to 30
Comb Honey 25

Cheese
Ontario solids, new, lb. 25
Edam, lb. 50
Ontario, mature, lb. 35
Stilton, lb. 35
Roquefort, lb. 80
Gorgonzola, lb. 60



Typist's Remarkable Reformation

MARRIAGE AS SEQUEL

"If I did not know from first-hand experience the wonderful effects of Kruschen Salts, I would not believe you to be the same young woman that stood before me in the dock three months ago accused of headaches."

"I am not, my lord. I have changed my name." (She smilingly shows her wedding ring).

"I congratulate you heartily."

"Thank you, my lord. And may I thank you, too, for that timely advice which I look back upon as the cause of all the happiness which has come to me lately. The little daily dose—it has worked wonders. I have forgotten what a headache feels like."

"And never again shall you remember. You have found good health for less than 1c a day. Stick to it!"

KRUSCHEN SALTS

relieve constipation and rheumatism

Kruschen is a combination of abundant exercise and fresh salts every day; hence the importance of the "little daily dose". Every drug counter sells ten generally toned up, but which you can't get in Nature's own way without *It's the little daily dose that does it.*

RESTORING OF ISRAEL

British-Israelites Reconcile Present Day Happenings With God's Plan

At the semi-monthly meeting of the local British-Israel Society last evening in the Toe H Rooms under the leadership of President P. H. Linzey, a study was made of the 38th and 39th chapters of Ezekiel. These chapters show God's judgment on Gog—acknowledged by all expositors of the Bible to be Russia. According to the interpretation, there was no secret about Gog and his aspirations for Gog himself has glorified in broadcasting them and has openly declared war on the Almighty. President day happenings showed that the world was rapidly approaching the end of the Christian Dispensation when Israel would be restored in accordance with the Divine plan—are united nation as in the days of Solomon—and all nations shall see the glory of the Lord, "the Holy One in Israel."

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If convenient please purchase tickets at office
Further Information Regarding Reservations and Tickets From
A. W. NEWMAN, Prince Rupert Agent, Third Ave. Phone 568

Announcements

All advertisements in this column will be charged for a full month at 25c a word.

St. Patrick's tea and social evening, Catholic Hall, March 17.

S. O. N. Fishermen's Farewell Dance, March 17. Members and escorts.

C. Y. S. Dance, Oddfellows, March 18.

Band Parents' Association Tea March 23.

Anglican Tea, Mrs. S. C. Thomson, March 24.

Orange Spring Sale March 25.

March 25 and 26, CIRCUS, United Church.

S.O.N. Masquerade, March 28.

Basketball Dance, April 1, Boston Hall.

Presbyterian Easter Sale, April 6.

Salvation Army Sale April 13.

Queen Mary Daffodil Tea April 18.

Prince Rupert Operatic Society present the "Pirates of Penzance"—Capitol Theatre, April 27 and 28.

United Sale, May 5.

St. Peter's Bazaar, May 5.

Phones 18 and 84 P.O. Box 575

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EIGHT-ROOM house and lot \$500, half cash. Capitol Shop. (62)

FOR SALE—Lots 1 and 2, block 20, section 6. Attractive building site (6th Ave. East) all cleared and basement dug to rock. Will sell 1, 1 1/2 or 2 lots on terms to suit purchaser. You cannot find anything to equal this so investigate quickly. Apply 608 6th Ave. East (adjoining lots). (63)

UPRIGHT Piano for sale. Cheap. Also 8 volumes of "Elson Music and Musicians." Apply Mrs. De Carlo. Phone 567. (65)

WANTED TO TRADE

WILL TRADE two-room house for boat. Capitol Shop. (62)

WANTED

WANTED—Small furnished house or apartment. Apply City Commissioner. (61)

PERSONAL

MEN! To get vigor, vitality, try raw oyster invigorators and other stimulants in New OSTREX Tonic Tablets. Tone up worn, exhausted, weakened system. If not delighted with results, make refund price, \$1.25. You risk nothing. Sold by all good drug stores. (64)

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