

THE THRIFT CASH & CARRY
OUTSTANDING VALUES
In Effect All This Week

Rinso—Large Package 22c

Aylmer Pure Jams—32-oz. Glass Jar 29c

Strawberry, Raspberry, Peach

Pearl Barley—Fresh stock, 2-lb. cello pkg. 15c

Jelly Powders—Nabob. All flavors, 2 packets 9c

Eggs—Grade 'A' Large Scott's or Brookfield doz 29c

Crabmeat—Big Bay Brand's From the local Cannery 22c

Chateau Cheese—Spreads or slices, 1/2-lb. 17c

1 lb. 32c

Small White Beans—3-lb. cello package 16c

Peanut Butter—In the Mickey Mouse tumblers 19c

Carload Sale of Oranges Family size, 17c

Doz. 49c

3 dozen 22c

Medium size, 22c

3 dozen 62c

Large size, 30c

Doz. 85c

3 dozen

Juicy Sunkist Lemons—Large size, 29c

Doz.

Tomato Soup—Campbell's 25c

3 tins

Rolled Oats—Quaker, Victor Brand, 35c

6-lb. sack

Fry's Cocoa—21c

1/2-lb. tins

Thrifty Cash and Carry
Special Attention to
Out-of-Town Customers

Glory Of Defeat Is Sermon Subject
Impressive Address by Rev. J. C. Jackson in First United Church

Taking as his subject "The Glory of the Defeated," Rev. J. C. Jackson gave another interesting address last evening at the regular service of the First United Church.

There are many with defeated hopes these days as there have been in the past and there are many nations too with defeated hopes. But there were people in the past whom their contemporaries considered defeated and yet, in the course of time these defeats were shown as mere incidents. Christ's life seemed to be a series of defeats but Calvary, the greatest of all "defeats," has been the salvation of the world. Even His disciples seemed to be defeated. Nowadays there are many scoffers who ask if there was an Almighty. To the mind of every hungry person, every unemployed the strife and despair of the world were defeats.

But people, like nations, were not always responsible for their seeming defeats. Environment had been too much for an individual. But as long as defeat was not admitted there was no defeat. It was but an incident. Admission of defeat was defeatism and this attitude was real defeat. So the question was how to stand up to this apparent defeat.

The victory of Judas was a greater defeat than the betrayal of Christ. Paul, defeated, was a greater conqueror than Pilate victorious. Christ crucified was the greatest victor of all for He was the Saviour of the world.

The special musical number was the duet, "At Even, Ere the Sun Was Set," arrangement by W. H. Jude, which was impressively given by Mrs. H. T. Lock and J. S. Wilson.

LOCAL NEWS

Indian Agent W. E. Collison is at Metlakatla today conducting the annual election of a native council.

Mrs. C. Nelson returned to the city on the Catala last evening from a trip to Vancouver.

Miss N. Roma, who has been on a trip south, returned to the city from Vancouver on the Catala last evening.

Mr. and Mrs. George Kustras of Stewart, who have been on a trip to Vancouver, were passengers returning north on the Catala last evening.

Annual Special! Until February 12 any garment dry-cleaned for 65c or 2 for \$1.25 and one-third off other articles. Pioneer-Canadian Laundry. (19-24)

Tony Christian sailed last night on the Catala for Port Simpson where he will be for the next week or so engaged in work on the new school which is nearing completion.

William Stone, after a brief trip to Vancouver, returned from the south on the Catala last evening and proceeded through to Stewart on business.

Capt. Dan Archie, who has been in ill health for some time, was removed from his home on Ambrose Avenue to the Prince Rupert General Hospital in the ambulance yesterday morning.

The regular fortnightly meeting of the local British Israel Society, which was to have been held this evening, has been postponed for a week on account of the unfavorable weather.

DON'T BULLY CONSTIPATION

If you suffer from common constipation, due to lack of bulk in the diet, harsh cathartics don't get at the cause of your trouble. You can avoid this kind of constipation by eating Kellogg's All-Bran. This tasty cereal not only contains the intestinal tonic vitamin B, but also provides the bulk you need. It absorbs moisture... softens like a sponge into a water-solvent mass that encourages and aids natural elimination.

Use Kellogg's All-Bran in muffins. Or as a breakfast cereal. But eat All-Bran every day and drink plenty of water. Made by Kellogg in London, Ont.

Bernice Palmer says . . .

I have been doing so much chatting lately, recipes have been relegated to the background. We will again discuss fish. In California meat prices are soaring every day and, until the harrassed housewife discovered that fish offered a solution to her problem, what to have for supper took on the magnitude of a nightmare. Fish is Prince Rupert's main industry. There you have delicious salmon, halibut and other fish in season, straight from the waters to the markets and, if you are not yet confirmed boosters for this grand produce, start serving fish as a patriotic duty and you will soon be eating it for your own pleasure. Fish, like meat, is a complete protein food and there are just as many different ways to prepare fish as meat. You will be delighted with the way it will help solve the budget problem. Here is another variation of the fish loaf and one that is easy to make and good to eat:

Salmon Molds

Rub fire with a wooden spoon one and one-half cups of cooked salmon. Beat into this one cupful of soft bread crumbs cooked to a smooth paste in one cupful of milk; add half a cup of cream (canned milk will do nicely), salt, a few grains of cayenne and three eggs beaten light. Pour into buttered custard cups or muffin tins and bake in a pan of hot water until light. Add three egg yolks, one at a time, beating thoroughly. Season with salt, cayenne, and a tablespoon of lemon juice; add one-third cup of boiling water and cook over boiling water until thick. Turn the salmon molds onto hot plates, pour the sauce around, garnish with parsley and serve.

Finely chopped parsley or chives added to the sauce give it an interesting color as well as flavor. CHEERIO!

Anniversary Is Honored
Mr. and Mrs. Alexander Guyan Given Party Saturday Night

A delightful party was held at the home of Mr. and Mrs. Alex. Guyan, Ninth Avenue East, on Saturday night, it being the occasion of their thirtieth wedding anniversary.

The evening was started off with bridge, the prize winners being: ladies' first, Mrs. J. McGreish; ladies' consolation, Mrs. Jack Munro; men's first, John McLeod; men's consolation, W. E. Deming.

Dainty refreshments were served and afterwards Oscar Smith on behalf of the guests assembled, presented Mr. and Mrs. Guyan with a beautiful silver casserole the bride and groom of thirty years ago responding suitably.

Community singing, dancing, and games were played, bringing to a close a very enjoyable evening.

Those present were Mr. and Mrs. R. Duncan, Mr. and Mrs. J. McGreish, Mr. and Mrs. Jack Munro, Mr. and Mrs. W. B. Cook, Mr. and Mrs. W. E. Denning, Mr. and Mrs. Oscar Smith, Mr. and Mrs. Ole Strand, Mr. and Mrs. R. R. Strachan, Mr. and Mrs. A. Guyan, Victor Pick, Pete Guyan, John McLeod, Mr. and Mrs. Henry Doiron and Miss Agnes Guyan.

HANSON TO OTTAWA

SMITHERS, Jan. 24.—Olof Hanson M.P. left Smithers on Saturday morning's train to attend the session of parliament which opens in Ottawa on January 27.

Synopses of Mining Laws

MINERAL ACT

Free Miners' Certificate

Any person over the age of eighteen, and any joint stock company is entitled to enter upon any waste lands of the Crown and upon any other lands whereof the minerals other than coal are reserved to the Crown and its licensees with specific reservations for the purpose of prospecting for minerals, locating claims, and mining. The fee to an individual for a Free Miners' Certificate is \$5.00 for one year. To a joint stock company having a capital of \$100,000.00 or less the fee for a year is \$50.00; if capitalized beyond this the fee is \$100.00. The Free Miners' Certificate runs from date of issue to the 31st of May next after its date or some subsequent 31st of May. Certificates may be obtained for any part of a year terminating on 31st of May for a proportionately less fee. (Free Miners' Certificate Act.)

Mineral Claims

Size: 51.65 acres.
Recording fee: \$2.50 per claim.
Representation: Assessment work to the extent of \$100.00 must be done each year and recorded on or before the anniversary date of record of the claim. Cash in the sum of \$100.00 may be paid in lieu of such assessment work. Fee for recording assessment work: \$2.50. The assessment work has been performed within the year, but not recorded within that time, a free miner may within thirty days hereafter record such assessment work upon payment of an additional fee of \$10.00. The actual cost of the survey of a mineral claim to an amount not exceeding \$100.00 may also be recorded as assessment work. As soon as assessment work to the extent of \$500.00 for cash paid of a like amount is recorded and a survey made of the claim, the owner of such claim is entitled to a Crown Grant on payment of \$25.00, and giving the necessary notices required by the Act.

PLACER MINING ACT

Four types of placer claims:
Creek diggings, bar diggings, dry diggings, and precious stone diggings. (For details see Part II, Placer Mining Act.)
Representation: A placer claim must be worked by the owner or someone on his behalf continuously as far as practicable during working hours. Lay-over leaves of absence may be declared by the Gold Commissioner under certain conditions. To hold a placer claim for more than one year it must be re-recorded before the expiration of the record or record.

Placer Mining Leases

Site and method of staking, etc.
Rightly staked in actual, staked along a "location line" not more than one-half mile in length. In this line one bend or change of direction is permitted. Where a straight line is followed two posts only are necessary, i.e., an "initial post" and a "final post." Where there is a change of direction a legal post must be placed to mark the point of the said change. The leasehold is allowed a width not in excess of one-quarter mile. The locator is required within thirty days after the date of the location to post a notice in the office of the Mining Recorder setting out the name of the applicant; the number of his free miner's certificate; the date of location; the number of feet lying to the right and left of the location line; and the approximate area or size of the ground.

Dredging leases on rivers for five miles below low-water mark are also granted. Fee: Annual rental on placer mining lease, \$30.00; annual development work required to be expended, \$20.00. Annual rental on dredging lease, \$25.00 per mile; annual development work required to be expended, \$1,000.00 per mile. The value of any new plant or machinery employed to extend a lease is \$50.00. Fee for recording assessment of work, \$2.50. Lease fee, \$5.00.

Provisional Free Miners' Certificates.


Department of Mines Act

Among other things, these Acts provide for the staking and representing of placer claims without payment of fees and assistance to prospectors by free assays, etc.

A detailed synopsis of the above Acts: also the "Mineral Development Act"; "Mineral Survey and Development Act"; "Time and Boundaries Act"; and "Phosphate-Mining Act". Are available at the Department of Mines, Victoria. Complete copies of the Acts may be obtained from the King's Printer, Victoria.

"Build B.C. Payrolls"

A Good Cook's Choice



One of the writers in the contest speaks of her reputation as a cook. Her dishes receive spontaneous praise. But in all the nice soups and desserts that stir the enthusiasm of her friends, she says she uses Pacific Milk and says frankly if she knew of a better milk she would use it.

Pacific Milk
Irradiated of Course

Father Of Mrs. Cheesman Dies

William Washington Passes Away, In Victoria at Age of Seventy-Three Years

VICTORIA, Jan. 24. (CP)—William Washington, aged 73, who lived in Victoria for seventeen years and in Canada since he was two years of age, died Saturday. Mrs. G. Cheesman of Prince Rupert is a daughter.

Navy Takes Over Own Air Force

LONDON, Jan. 24.—The Royal Navy today took over administration of the British naval air force which had previously been operated under direction of the Royal Air Force.

Announcements

All advertisements in this column will be charged for a full month at 25c a word.

Presbyterian Burt's Banquet January 25.

Catholic Tea, Mrs. McCaffery Jan. 27.

Baptist Supper, February 3.

Women's Hospital Auxiliary Ball, February 4.

United Missionary Tea, February 8.

Ridley Home Sale, February 10.

Valentine Cabaret, Benefit Boys' Band, February 11.

Cambrai Valentine Dance, February 14.

Masonic Ball, Thursday, February 17.

February 17 and 18, "One Delirious Night," United Church.

C. N. R. A. Annual Dance, March 4.

Cathedral Easter sale, April 21.

Fresh Local Raw And Pasteurized Milk

VALENTIN DAIRY
PHONE—657

Be Extra Careful about STUBBORN COLDS

Relieve Their Misery this PROVED Way

Too often, the cold that "hangs on" is a result of neglect... and neglect is always risky. Be extra careful of a stubborn cold, of course. But the safest course is to be careful of all colds. Don't experiment. Relieve their misery this doubly proved way.

Here's What To Do: It's best to stay in bed and get lots of rest. Eat lightly, drink plenty of water, and keep elimination regular. And use Vicks VapoRub without delay.

VapoRub has been proved by everyday use in more homes than any other medication of its kind—further proved by the largest clinical tests ever made on colds. (Full details in every VapoRub package.) Only Vicks give you proof like this.

No Long Waiting for Relief to Begin... VapoRub is direct external treatment. No "dosing"—no stomach upsets. Just massage it on throat, chest, and back. Then—to make its long-continued double action last even longer—spread a thick layer on the chest and cover with a warm cloth.

Relief starts almost at once. You begin to feel warm and comfortable as VapoRub goes to work directly through the skin like a poultice. At the same time its medicated vapors, released by body warmth, are carried direct to the irritated air-passages with every breath.

This double-action loosens phlegm, eases irritation and coughing, helps break local congestion. And long after restful sleep comes, VapoRub keeps right on working.

NOTE: If there is much irritation and coughing, or the air-passages feel clogged with heavy mucus or phlegm, even stronger vapor action is helpful. Pour boiling water in a bowl, melt a teaspoonful of VapoRub in it, and inhale the steaming vapors for several minutes.

VICKS VAPORUB
Now WHITE—STAINLESS—

"Demers" Closing Out SALE

Shoe Specials
Priced at \$2.95, \$2.50, \$1.95

UNION STEAMSHIPS

SPECIAL WINTER EXCURSION RATES TO VANCOUVER

FROM PRINCE RUPERT \$32.00 RETURN. All meals and berth included.

FROM PORT SIMPSON \$35.00 RETURN. Berth included.

Reduced Rates to Vancouver also apply from intermediate points. Special Tickets on Sale Between November 1st, 1937 and February 28th, 1938, inclusive—Good to Return up to March 31, 1938. Children Half Fare.

Steamers: Leave Prince Rupert: Ar. Vancouver
S.S. CATALA Tuesday, 1:30 p.m. Thursday, a.m.
S.S. CARDENA Friday, 9:00 p.m. Sun., Midnight

Tickets and Reservations from
Prince Rupert Agent—A. W. NEWMAN—Third Ave., Phone 568
If Convenient Please Purchase Tickets at Office

MacKENZIE'S FURNITURE

Simmons Felt Mattresses

30 FELT MATTRESSES—All sizes. While they last, for one week, each \$8.50

Phone 775 327 THIRD AVENUE

THE CONSOLIDATED MINING & SMELTING COMPANY OF CANADA, LIMITED

TRAIL—BRITISH COLUMBIA

Manufacturers of Elephant Brand Chemical Fertilizer

Ammonium Phosphates, Sulphate of Ammonia, Superphosphates, Complete Fertilizers

Producers & Refiners of Tadanac Brand Metals
Gold, Silver, Electrolytic Lead, Zinc, Cadmium, Bismuth.

Free Pants!

During January
The House of Hobberlin

Is making a Special Offer for this month only of a free extra pair of pants with each suit.

Make a deposit when ordering and have the suit delivered at any time you wish up to as late as Easter.

Ling The Tailor
SECOND AVENUE Phone 649

Nobody Knocks The KNOX

The Food Is Good
The Rooms Are Clean
The House Is Warm
The Service Friendly
The Rates Are Reasonable

KNOX HOTEL
R. Brasell N. M. Brasell

The Daily News has an audited circulation. Play safe!

CLASSIFIED

FOR SALE

50 Piece Layettes, complete for baby, \$25 up prepaid. Also Shopping Service, charge 20¢. P. O. Box 381, Victoria, B.C. (20)

PIANO For Sale. In good condition, \$75 cash. McLean, Rupert Butchers. (18)

FOR RENT

MODERN Apartment for rent. Close in. Phone Green 698. (21)

CLEAN, well-furnished modern apartments. Phone Red 444. (19)

FOR RENT—5 room modern flat. Apply Jos. Garon, 1203 2nd. Ave. (23)

FOR RENT for six weeks during owner's absence, new furnished house. Phone 14. Evening Red 514. (19)

TIMBER SALE X23050

Sealed tenders will be received by the Minister of Lands at Victoria, B.C., not later than noon on the 21st day of February, 1938, for the purchase of Licence X23050, to 603 3,111,000 feet of Spruce, Cedar, Hemlock, and feet of Spruce, Cedar, Hemlock, and Balsam, on an area situated on Neelike River and adjoining Timber Licence 27109, Range 2, Coast Land District.

Three (3) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.