

HOW TO GET RID OF RHEUMATISM

"Fruit-a-lives" Point the Way to Quick Relief

VERONA, ONT.
"I suffered for a number of years with Rheumatism and severe Pains in my Side and Back, caused by strains and heavy lifting. When I had given up hope of ever being well again, a friend recommended 'Fruit-a-lives' to me and after using the first box I felt so much better that I continued to take them; and now I am enjoying the best of health, thanks to your wonderful fruit medicine."

W. M. LAMPSON.
"Fruit-a-lives" are sold by all dealers at 50c. a box, 6 for \$2.50, trial size 25c., or sent postpaid by Fruit-a-lives Limited, Ottawa.

LOCAL MARKET PRICES RULE STILL STRONG

Apples and Oranges Tend to Go Higher—Onions Dear Here; Eggs Steady.

The coffee market is very strong, the price not having advanced since the war, except in one-pound tins, on account of the price of tins. The average price of coffee now in one-pound tins is 60c.

The egg market is still steady. The onion market is firming up for good onions. The retail price for onions in Vancouver is 12 lbs. for 25c, here it is 6 lbs. for 25c. The reason is that Okanagan onions are of a very inferior quality, and cost a great deal to ship, while the good onions are very expensive.

The apple market is fine—good apples will soon be \$4 per box. The price of oranges is advancing in the southern markets, but the market here has still quite a large amount of cheap stock on hand yet.

Lettuce is very scarce, wholesaling in Vancouver at \$6 per crate of 36 heads, and arriving here in a very poor condition at that. Lettuce is in the million-acre class at the present time.

The Viking Creamery butter is selling like hot-cakes. Cauliflower is off the market for the present, also Jap oranges.

The following are current prices:

Fresh salmon	25c
Cod, salt, Alaska	15c
Cod, 2 lbs.	25c
Cod fillets	15c
Fresh black cod, 2 lbs.	25c
Finnan haddie, lb.	18c
Halibut, lb.	25c
Herring kippered, lb.	15c
Soles, lb.	10c
Skate, 2 lbs.	25c
Oolichans, salt	10c
Salt Acadia Cod, 2-lb. boxes	50c
Crabs, large	20c to 25c

Fruits and Vegetables.

Onions, dry	4c
Lettuce	20c; 2 for 35c
Brussels Sprouts, per lb.	25c
Bananas	60c
Grapefruit (California)	10c
Grapefruit (Florida)	2 for 35c
Apples, per lb.	6c to 12 1/2c
Celery	15c
Grapes, per lb.	40c
Carrots, per lb.	3c
Parsnips, per lb.	4 1/2c
Sweet potatoes	40c
Lemons	40c
English walnuts	50c
Australian Currants	30c
Comb honey	50c
Figs, per pkt.	20c and 40c
Cranberries	40c
Oranges (navel)	50c to 75c
Dates, per box	30c

Meats.

Beef, pot roasts, lb.	30c
Beef, check roast, lb.	32c to 35c
Beef, rib roast, lb.	37 1/2c
Beef, boiling, lb.	25c and 30c
Hamburger, lb.	30c
Stewing, lb.	30c
Lamb, leg	50c
Lamb, loin	50c
Mutton	45c
Pork sausages	30c
Tomato sausages	35c
Pork, leg	45c
Pork, chops	45c to 55c
Pork, shoulder	40c
Ayrshire bacon, lb. sliced	60c
Bacon, piece	60
Bacon, sliced	60c to 70c



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Ham, Smoked	50c
Ham, sliced	55c
Salt backs	45c
Turkeys, per lb.	50c
Chicken, per lb.	50c
Fowl, per lb.	45c

Butter, lb.	60c
Butter (cooking) lb.	50c
Cheese, lb.	35c
Eggs (case)	75c
Strictly new-laid eggs	90c
Margarine	45c

Salvation Army.

Public meetings, Tuesdays, Thursdays and Saturdays at 8 p. m. Sundays at 7:30 p. m.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT" — and —
N THE MATTER OF THE ESTATE OF JOHN BUNTING, DECEASED; INTERSTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 4th day of January, A.D. 1919, I was appointed Administrator to the estate of John Bunting, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 8th day of February, A.D. 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN,
Official Administrator.
DATED this 8th day of January, 1919.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT" — and —
N THE MATTER OF THE ESTATE OF H. R. CHRISTENSEN, DECEASED; INTERSTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 4th day of January, A.D. 1919, I was appointed Administrator to the estate of H. R. Christensen, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 8th day of February, A.D. 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN,
Official Administrator.
DATED this 8th day of January, 1919.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT" — and —
N THE MATTER OF THE ESTATE OF STANLEY WOZNEY, DECEASED; INTERSTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 4th day of January, A.D. 1919, I was appointed Administrator to the estate of Stanley Wozney, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 8th day of February, A.D. 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN,
Official Administrator.
DATED this 8th day of January, 1919.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT" — and —
N THE MATTER OF THE ESTATE OF GUSTAV WICK, DECEASED; INTERSTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 3rd day of January, A.D. 1919, I was appointed Administrator to the estate of Gustav Wick, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 6th day of February, A.D. 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN,
Official Administrator.
DATED this 6th day of January, 1919.

of January, A.D. 1919, I, the undersigned, Anna Wick, was appointed Administratrix to the estate of Gustav Wick, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 7th day of February, A.D. 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

ANNA WICK, Administratrix.
DATED this 7th day of January, 1919.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT" — and —
N THE MATTER OF THE ESTATE OF WILLIAM SUNBERG, DECEASED; INTERSTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 4th day of January, A.D. 1919, I was appointed Administrator to the estate of William Sunberg, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 8th day of February, A.D. 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN,
Official Administrator.
DATED this 6th day of January, 1919.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT" — and —
N THE MATTER OF THE ESTATE OF MALCOLM MCKAY, DECEASED; INTERSTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 31st day of December, A.D. 1918, I was appointed Administrator to the estate of Malcolm McKay, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 6th day of February, 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN,
Official Administrator.
DATED this 8th day of January, 1919.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT" — and —
N THE MATTER OF THE ESTATE OF CARL RICHARD CARLSON, DECEASED; INTERSTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 31st day of December, A.D. 1918, I was appointed Administrator to the estate of Carl Richard Carlson, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 6th day of February, A.D. 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.


JOHN H. McMULLIN,
Official Administrator.
DATED this 6th day of January, 1919.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

N THE MATTER OF THE "ADMINISTRATION ACT" — and —
N THE MATTER OF THE ESTATE OF TORSTEN TORSTENSEN, DECEASED; INTERSTATE.

TAKE NOTICE that in order of His Honour F. McB. Young, made the 31st day of December, A.D. 1918, I was appointed Administrator to the estate of Torsten Torstensen, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 6th day of February, A.D. 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

JOHN H. McMULLIN,
Official Administrator.
DATED this 6th day of January, 1919.



Westholme Theatre


The Week's Program

includes

SESSUE HAYAKAWA in the Paramount Picture, "The White Man's Law."

DOUGLAS FAIRBANKS in the Artcraft Picture, "Mr Fix It."

BILLIE LUKKE in the Paramount Picture, "Let's Get a Divorce."



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