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SHREDDED WHEAT wakes up morning appetite. It's made of whole wheat and brings you vitamins, carbohydrates, minerals, proteins and iron. With milk and fruits in season, it's a well-balanced, nourishing food. Serve Shredded Wheat regularly—order a package today.

The Canadian Shredded Wheat Company, Ltd.
Niagara Falls, Canada

SHREDDED WHEAT

MADE IN CANADA - OF CANADIAN WHEAT

Whifflets From The Waterfront

At the C.P.R. steamer Princess Alice, Capt. John Williams, steamed into the harbor at 3:30 yesterday afternoon from Skagway after a regularly scheduled summer tour of voyage to Skagway and other Alaska ports her flag was flying at half mast out of respect to the memory of her former purser, Arthur G. Bird, known for many years on the Alaska route, who passed away on Monday in Victoria and whose funeral took place yesterday.

Mr. Bird had returned from the sea last year. The Princess Alice which sailed in 1938 last evening on continuation of her voyage to Vancouver, had on board 189 passengers, the large majority of whom were round trip tourists returning south. Six disembarked from the vessel at Prince Rupert and five went aboard here. Among the notable round trippers on the Alice were Louis S. Cummings, prominent Sydney, Australia, lumberman, and Mrs. Cummings and Miss Eleanor Nagle, prominent American newspaperwoman who is identified with the staff of the Chicago Tribune.

CRAWFORD'S NEW ROLE

Popular Screen Actress Seen As Dancer and Skater—Double Bill Presented

"Ice Follies" of 1939 starring Joan Crawford in a singing and skating role and "Return of the Scarlet Pimpernel" a British picture with fast plot and picturesque background, are double-billed tonight and tomorrow on the screen of the Capitol Theatre here.

The problem of career vs. marriage finds an answer against the glamour of backstage romance of Hollywood in spectacular "Ice Follies." Miss Crawford is a singing skater who marries James Stewart only to find that she cannot acknowledge the union because of a "no marriage" clause in her contract. The couple separate when Stewart realizes that he is proving a hindrance to her career. She soars rapidly to stardom and Stewart, working with Lew Ayres, her teammate, works on the staging of a great ice spectacle. Complications of an unexpected nature arise culminating in a happy climax. Lew Stone is another important member of the cast.

"The Return of the Scarlet Pimpernel" is the picture dramatization of another Baronesse Grey story, ably portrayed by a cast of British stars headed by Barry K. Barnes.

CAPITOL

A NEW GLORY FOR THE SCREEN!
A Brand New Entertainment Idea For You!

1939's Dazzling Show of Shows!

Hot off the script into your heart! A girl who became a Hollywood star overnight! A boy who became the "biggest" of the ice-creams! A new heart-thrill and wailing, swirling surprise in this amazing star-packed revue!

Ice Follies OF 1939

with **JOAN CRAWFORD** - James Stewart
(they were made for each other!)
LEW AYRES - Lewis STONE
Stars and Skating Beauties of "INTERNATIONAL ICE FOLLIES"
"Gorgeous" TECHNICOLOR Ballet!

EXTRA ADDED
Barry Barnes, Sophie Stewart in "THE RETURN OF THE SCARLET PIMPERNEL"
WORLD NEWS

TONIGHT and FRIDAY "ICE FOLLIES" at 7:00 and 9:30 NEWS at 8:22. Once only "Scarlet Pimpernel" 8:24. Once only

Stonewall Jackson Further Convicted

Fined \$200. With Option of Two Months' Imprisonment, For Infractions of Fisheries Regulations

Aubrey Mark (Stonewall) Jackson has been found guilty on two more charges of violations of the fisheries regulations in the Lowe Inlet area. For fishing during the weekly close season, he was fined \$50 and on a second charge of obstructing a fisheries officer in the course of his duties he was fined \$75. In all total fines of \$200 were imposed upon Jackson with option of spending two months in jail. He was still in jail up to this morning.

Mail Schedule

For one hour—	
Monday, Wednesday and Friday	5 p.m.
From the East—	
Tuesday, Thursday and Sunday	11:00 p.m.
For Vancouver—	
Monday	2 p.m.
Tuesday	12:30 noon
Wednesday	4 p.m.
Friday	9:30 p.m.
Saturday	4 p.m.
From Vancouver—	
Sunday	4 p.m.
Monday	2 a.m.
Wednesday	10 a.m.
Friday	10 p.m.
For Anzac and Stewart—	
Sunday	7 p.m.
Friday	2 p.m.
From Anzac and Stewart—	
Tuesday	10:30 a.m.
Saturday	5 p.m.
For Naas River and Fort Simpson—	
Sunday	7 p.m.

Hotel Arrivals

Royal	
A. Milchin, Winnipeg; William S. M. Allan, Terrace; E. A. J. Little, E. A. Simons and S. Kristiansen, Vancouver; W. Bourke, Claxton.	
Prince Rupert	
Mrs. E. W. Sinclair, Inverness; George R. Wyer and Miss E. Clark, Vancouver.	
General	
Ernest Melnot, Sunnyside; J. O. German, A. Dahl and A. Hadland, Prince Rupert; C. Closter, Billmer.	

No boats being in with catches, there was no sale of halibut on the local Fish Exchange today.

Indian Department power steamer Naskeena returned to port on Tuesday after a ten-day trip down the coast to various villages as far south as Bella Coola and Rivers Inlet with Indian Agent James Gillett on board.

Yesterday's reports on gillnetting in the Skeena River showed an average of 25 sockeye and 100 pink to the boat.

C.N.R. steamer Prince Charles, Capt. George Gole, is due in port at 6 o'clock this evening from Vancouver via the Queen Charlotte Islands and will be here until 10:30 Saturday night when she will sail on her return south over the same route.

LOCALS

Earl Benker of the Fire Hall staff has purchased the summer cottage of E. T. J. Rose at the Salt Lake.

Fred McLeod called yesterday afternoon on the Princess Alice for a trip to Vancouver.

Miss Jennette McRae, after a visit to the city left on last evening's train for Calgary.

Mrs. Jack Joy returned to the city on Tuesday night's train after spending the week-end with her uncle at Quik.

Don Brown left on last evening's train for Vanderhoof enroute to the Omineca mining district on a prospecting trip.

Mr. and Mrs. Bud Barrie and little daughter have returned to the city after spending a pleasant couple of weeks holidaying at Frizelle Hot Springs on the Skeena River.

Don MacKenzie and George Burnett, Vancouver contractors, who have been on a brief trip to Uist in connection with tendering on road construction work there, called by the Princess Alice yesterday afternoon on their return to Vancouver.

WUN LUNG



The musician with a soul and all his money one-string fiddles playing at the Moose Hall Friday night.

NOW..AN EASY WAY TO CHANGE PING TO PURR

-by cleaning out carbon as you drive!



Get freedom from carbon troubles plus the finest type of lubrication money can buy!

Due to Triton's special Propane solvent refining process it is so PURE that it forms almost no new carbon. Actually allows your motor to burn away the excess carbon deposited by other oils. The motor generally loses its carbon ping within 2 to 3 thousand miles! In addition, it gets the protection of a 100% PURE PARAFFIN-BASE OIL—the finest type of lubrication money can buy.

When knots go you have a smoother, more enjoyable car to drive. You get better gas mileage, increased power, and you save on repairs and operating costs.

Ask for Triton next time you refill.

UNION OIL COMPANY OF CANADA, Ltd.



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"I have a 1933 Chevrolet that I have been driving for ten months. Since I started using Triton, I had the car's performance considerably improved. The motor runs quieter, and I am certain that its power has increased!"

JOHN ALDER, Vancouver, B.C.



Triton Stands Up Under Toughest Trucking

"Hauling mine supplies and concentrates on the 72-mile run between Kamloops, Savona and Valente Mine is probably the toughest trucking operation in the country. I run daily, all seasons, all weather, and at times the temperature at the mine is as low as 40 below. Yet I have never had any trouble, having used Triton since it came on the market. I have tried many oils but never found one equal to Triton."

F. J. WILSON, Kamloops, B.C.

"Of course it's Rainier!"



When Ordering Beer Ask for "Rainier Beer"

A toast made with Rainier Beer is always appreciated. You know you can't go wrong by serving Rainier... a favorite beverage wherever friends foregather.

COAST BREWERIES LTD.
Vancouver - New Westminster - Victoria

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MUSSALLEN'S CONFECTIONERY

The Pioneer Store in town carrying a large and up-to-date stock of Box Chocolates, Chocolate Bars—Candies—Ice Cream—Soft Drinks and Mixers—Fresh Milk and Cream—Cakes and Cookies—all kinds. Fresh Fruits in season—Serving Coffee—Tea—Toasts—Sandwiches and Fancy Ice Cream Dishes—Sodas and Milk Shakes. Open 8:00 a.m. to 11:00 p.m.

B.C. FURNITURE CO.

USED FURNITURE

- 1 Large Size Lawn Mower—At \$6.50
- 2-piece Chesterfield—in tapestry and velour \$39.00
- 1 Reconditioned Kitchen Range—With hot water jacket \$22.50
- 3 Vacuum Cleaners—From up \$9.00
- 2 Sewing Machines—From up \$7.50
- 10 Large Sized Dressers—From up \$8.00
- 8 Steel Beds and Springs—in walnut finish at \$11.50

NEW FURNITURE

- 4 Rugs—4x6. Wonderful value \$8.00
- 6 Chesterfields—in tapestries and velours. \$69.00 to \$89.00

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S.S. PRINCESS ADELAIDE Every Friday 10 p.m.
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S.S. PRINCESS LOUISE Aug. 31st, 16th, 29th, Sept. 6th
S.S. PRINCESS ALICE Aug. 9th, 19th
S.S. PRINCESS CHARLOTTE—Aug. 2nd, 12th, 23rd, Sept. 2nd
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