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ADVENTURE TALK

(Continued From Page One)

but was constrained to admit that he knew less about it at the end than when he started. It was essential, the inspector felt, that the baffling community system be broken up. The fanatical devotion to leadership also presented difficulties. They were a rapidly breeding people. The seriousness of the problem could be estimated when it was considered that $3,750,000 damage had been done by Doukhobor burnings and, although the government had spent thousands of dollars trying to solve the trouble and prevent further, only three arrests had been made.

Members of the Junior Chamber expressed their appreciation of Inspector Barber's address by their applause and thanks were tendered by the president on behalf of the gathering.

Guests at the dinner, in addition to the speaker, were F. A. MacCallum, W. H. Tobey, Harold Singleton (Vancouver) and H. M. Stevenson (Vancouver).

The Daily News is an A. B. C paper.

FLAVELLE PROMINENT

(Continued from Page One)

Board of License Commissioners; Councillor of the Canadian Branch of the British Red Cross Society; member of the International Commission on Bovine Tuberculosis; Governor of the University of Toronto; Chairman of the Royal Commission appointed in 1906 to recommend a plan to erorganize the University of Toronto; Chairman of the Board of Trustees of the Toronto General Hospital; Director of the Working Boys' Home, Toronto, and Honorary President of the Peterboro Old Boys' Association.

Strong Prohibitionist

A strong prohibitionist, Sir Joseph Flavelle was Vice-President of the Dominion Alliance in 1900. He gave generously to a number of public institutions. He endowed a chair in Hebrew in Victoria University, (Methodist) with a subscription of $25,000 and he and his wife in 1889 gave $25,000 to the Victoria University fund. He founded a travelling fellowship in classics, $750 a year, in the University of Toronto, and subscribed handsomely towards the erection of new residences for students of the University of Toronto.

Sir Joseph was a prominent member of the Methodist Church and was a member of the Board of Missions of that denomination. In politics he was an Independent Conservative. He was married to Clara Ellsworth in 1882, one son and two daughters being born to him.

The Flavelle home, "Holwood," Queen's Park, is one of Toronto's attractive residences. Lord Byng, when Governor-General was entertained there on the occasion of his first visit to Toronto in his official capacity, the Lieutenant-Governor of Ontario, the late Lionel H. Clarke, then being critically ill at Government House.

Whifflets
From The Waterfront

C. N. R. steamer Prince John, Capt. Edward Mabbs, arrived in port at 3 o'clock this morning from Vancouver via the Queen Charlotte Islands and, following the arrival of the Prince Rupert this morning from Vancouver, sailed on a special voyage back to Moresby Island logging camps with a large party of loggers. The Prince John will be back here in time to take her regular sailing for Vancouver via the Islands Friday night. Coming north from Vancouver, the Prince John brought 85 loggers to the Islands. She took 116 from here today.

C. N. R. steamer Prince George, Capt. H. E. Nedden, arrived in port at 10 o'clock this morning from Vancouver, Powell River and Ocean Falls and will sail at 4 o'clock this afternoon for Anyox and Stewart whence she will return here tomorrow evening when she will be withdrawn from service for annual overhaul in the local dry dock. The Prince Rupert, which has completed her overhaul, will be going back into service with the sailing from here tomorrow night for Vancouver.

TERRACE

The Ladies' Guild of the United Church arranged a concert in the Oddfellows' Hall on Friday which was very well patronized and which presented some pleasing local talent. There was a play, an operetta and musical turns.

Miss Enid Waite left on Monday for Ribstone, Alberta, for a visit with her parents.

BURNS LAKE

A. Gresser of Tatalrose has returned from Chicago where he took a deisel course.

Ed VanTine of Ootsa Lake and his son Merle have returned after spending several months in Iowa, visiting in Chicago and other cities enroute.

Mrs. B. Scott of Prince George is the guest of her brother and sister-in-law, Mr. and Mrs. R. Munger.

Dick O'Hara is being welcomed back after a three months' visit in Vancouver.

Miss A. Copithorne left on Tuesday's train via Jasper for her home in Vancouver. From there she will leave for Toronto for a two months' preparatory course before sailing via England for foreign mission work. She will be missed by those who knew her on a previous stay here as acting matron and by new friends she has made. She was entertained prior to her departure by Mesdames J. H. MacDonald, J. Gowans, W. Wilson, F. Bushfield and others.

E. Lee of Vanderhoof and daughters, the Misses Lee, were week-end visitors at the home of Mr. and Mrs. G. Hadden. Mrs. Hadden, who is Mr. Lee's daughter, with her small daughter Betty, returned with them by car to her old home at Vanderhoof for a week's visit.

Some callers in the afternoon and a family dinner party with an attractive birthday cake, etc., made the eighty-third birthday of J. M. Gowans Sr. a happy one. The two sons, James and John, with their families, joined Mr. and Mrs. Gowans on this festive occasion.

Mrs. R. Commons, with her small daughter, Colleen, left on Tuesday's train to spend a week at the home of her parents, Mr. and Mrs. J. R. McIntyre of Smithers.

"The World Day of Prayer" was observed in the United Church here The meeting was well attended and representative. Those assisting in the service were Misses Campbell and Copithorne. Mesdames R. Commons, J. A. Clark and F. Bushfield. Mrs. W. Wilson was at the piano.

The third court whist party of the season was held under the auspices of St. John's Women's Auxiliary recently when a pleasant and amusing evening was spent. High score prize winners were F. Trousdall and Mrs. J. Berg. Consolation prizes went to W. Wilson and Mrs. W. McKenna.

KING'S ESCORT

(Continued From Page One)

but is now living in quiet retirement.

Earlier Ships

A romantic episode befell the second "Southampton," built in 1757.

Late in July, 1780, a convoy of cargo-laden ships left England for the East and West Indies under the care of Capt. John Moutray in H.M. S. Ramillies. With him went the Southampton and Thetis.

On August 8, strange sails were sighted on the rim of the horizon. Moutray signalled the convoy to alter course and follow him close to the wind. The cargo ships paid no attention to his orders and by daylight found themselves surrounded by the combined fleets of France and Spain, then at war with Britain.

Eight of the convoy, along with the three warships were all that escaped. The remaining 55 merchantmen, 2865 prisoners and a cargo valued at £15,000,000 fell into the hands of the enemy.

The merchants at home were so enraged over their loss that Moutray was dismissed from his ship. His qualities as a commander, however, were known and he was back at the helm of a man-o'-war a few months later.

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TOMATOES— Malkin's Best. Choice quality. 2's squt. Per tin 10c

2½'s. Per tin 12c

BLUE LABEL TEA— Malkin's Best. Per lb 49c

DUTCH MAID SANDWICH SPREAD— 8-oz. jar 22c

FOUR STAR DRESSING—16-oz jar 33c
Glass Fruit Nappie FREE with Each Purchase

You Are Invited to Attend a Demonstration of Malkin's Best Food Products in Our Store Thursday, Friday and Saturday of This Week. Malkin's Best Quality Will be Sure to Please You.

MACARONI and SPAGHETTI 16-oz. pkg. 2 for 19c

RED PLUMS—Aylmer, Choice quality, 17-oz. tin 10c

SHELLED WALNUTS—Pieces Fresh stock. Per lb. 25c

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***Baked Fish Cakes**

2 Cupfuls of flaked fish (cooked or canned)
2 Cupfuls of bread crumbs
½ Teaspoonful of salt
¼ Teaspoonful of pepper
½ Green pepper, chopped
1 Tablespoonful of lemon juice
2 Eggs
¼ Cupful of milk

Combine the flaked fish, the bread crumbs, seasonings, green pepper and lemon juice. Beat the eggs, combine with the milk and mix with the fish. Press into greased custard cups and bake in a moderate oven (350 deg. Fahr.) for about ½ hour. 6 to 8 servings. Serve unmoulded with egg sauce to which onion has been added. Garnish with parsley or watercress.

● The lady is right! There *is* wonderful nourishment in Fish. It contains proteins that build strength and energy, Vitamins A and D, (the sunshine vitamin) that help general health, and the mineral elements, including iodine, that promote that grand feeling of well-being.

And there's such infinite variety in Fish. There are over 60 different kinds of Canadian Food Fish and Shellfish from which to choose. They are always available and each can be served in a great many appetizing ways.

Serve Fish to the family often. No matter whether you prefer it fresh, frozen, smoked, dried, canned or pickled, you will find it full of flavour, and delicious. Mealtime has new interest when you serve Fish.

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