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DELICIOUS HOT QUAKER OATS BREAKFASTS COST SO LITTLE... GIVE SO MANY HEALTH BENEFITS... I SAVE MONEY WITH QUAKER!

Give your family the great health benefits this outstanding whole grain breakfast food provides. See for yourself how delicious, Thiamin rich, hot breakfasts of Quaker Oats give extra energy, extra strength--to every member of your family... and save you money too! Remember to order from your grocer today!

QUAKER OATS
The Vitalizing Breakfast

Canada At War 25 Years Ago

November 23, 1914-- British defeated Turks at Sial-el-Arab at the head of the Persian Gulf but a British column in German East Africa was forced to retire from superior force in an attack on a railroad centre. German submarine U-18 rammed and sunk off Scottish coast.

Yule Puddings Less Luscious

Will Not Be So Full of "Goodies" This Year

LONDON, Nov. 23: (CP)-- The traditional Christmas pudding and cake will not be so full of "goodies" this year, since, due to war hold-ups, dried fruits for Christmas trade have been delayed. However, ample supplies of raisins, currants and sultanas are at hand so the Yuletide baking will go on.

ALERT IN WARTIME

Grey Readiness In Busy Harbors Of Silent Ships

By GLADYS M. ARNOLD
Canadian Press Correspondent
SOUTHAMPTON, Nov. 23: (CP)-- Canadians know this busy seaport city receives so many travellers first setting foot on the Old Land.

Its low skyline, twisted streets and noisy popular quarters full of the smells of age, fish and chip and centuries of foreign commerce; its beautiful crumbling Bay Gate and slim-spired churches with sudden vistas of green park--an English welcome. (Bay Gate is a landmark of medieval walls, Southampton).

That was Southampton. A different Southampton greets you today in wartime--a grim, sober quiet, alert but steady Southampton which shocks realization into the eyes fresh from Canadian scenes. In the air above floatin silver "sausages"--the "ears" of an British cities today, ready to give instant and insistent warning of approaching danger.

I left this great port three months ago. It was gay with flags of many nations; gleaming white-decks and red funnels; the German Bremen docked ahead, the Aurania to one side. The Berengaria about to sail, another great white sea queen on the skyline--off to the Orient.

Silently To Sea

Today everything is grey. Dark troopships line the quays, end to end. Their portholes are sealed up. Billows of canvas conceal the snouts of guns pointed skyward. The troopships slip out silently one by one. Cargo boats are dull grey also, from funnel to waterline. The only touch of color is the flutter of Australian blue at the masthead.

On the wharves sandbags wall up windows and from sandbag igloos peep anti-aircraft guns. Everybody carries a small square box. They are strapped on backs, slung over shoulders or carried like parcels. The newsie has his stuffed in his bag with the papers. The women carry theirs in a basket along with the knitting, baby's bottle and groceries; the cyclists have theirs strapped behind the seat and many are to be seen in the wheeling "prams." At four o'clock dozens of children are encountered, each with his box slung where he used to carry his school-bag.

Mostly Women

Southampton is now a city of women, children and old people. The young men are in uniform. In not more than one shop in 10 are men to be found. Women behind the counters, bars, cash registers, and account books. There are some strange sights. Women moving furniture with a baby-carriage. Even a chesterfield can be balanced and transported.

Bus conductors are old, white-haired and their uniforms are a little rusty and shapeless. Traffic signals at the corner have been painted over leaving only a tiny cross through which the light may shine. There are fewer private cars about and all of them have a comical, ghostly air with their white bumpers and running boards.

Business is good and the war has provided new advertising slogans in the papers, "Defend" (in large letters) "your feet with... shoes;" "Beware of strange brands of shoes, always buy...;" "Protect your teeth with...;" "Black-out" paper, 30 inches wide, sells in

PROMINENT ONTARIAN

William Foster Cockshutt Was Leading Merchant and Manufacturer--Long Member of Parliament

BRANTFORD, Ontario, Nov. 23: (CP)-- William Foster Cockshutt, former head of the plough manufacturing concern bearing his name, who is dead here, was in his day one of Ontario's best known and prominent merchants and manufacturers, having also taken a part in public life.

The late Mr. Cockshutt was born eighty-four years ago in Brantford, the same city in which he lived all his life and died. He was educated in Brantford and Galt Collegiate Institutes and at an early age went into business. Among other lines, he became prominent in the manufacturing of roofing materials and farm implements.

He was a member of the Ontario Power Commission and in 1903 was appointed a commissioner to investigate the development and distribution of electric power from Niagara Falls. He was a delegate to the Commercial Congress of the Empire in 1906 and to the British Imperial Council of Commerce in '11. He travelled throughout the Empire lecturing on Empire unity and preferential trade. He was a member of the executive and councillor of the Toronto Board of Trade for fifteen years and was formerly president of the Brantford Board of Trade.

First elected for Brantford in 1904, Mr. Cockshutt was for years Member of Parliament. A Conservative, he did effective work in debate and otherwise for his party. He was presented to King Edward in 1906 and represented Brantford at the funeral of that monarch in London in 1910. He was a former chairman of the Laycock Orphanage, president of the Bell Telephone Memorial Association and member of the executive of the Bible Society of Canada. He was an active member of the Anglican Church.

In 1891, Mr. Cockshutt married the daughter of Rev. Robert Ashton of Brantford. They had four sons, three of whom served as officers in the First Great War, and two daughters.

CITY HONEY PRAISED

LONDON, November 23: (CP)-- Two hives of bees are hibernating on a Drury Lane rooftop after a summer gathering honey in the heart of London. Their product, from the flowers of Russell Square and Lincoln's Inn Fields, was judged good.

RABBIT WAR NOW

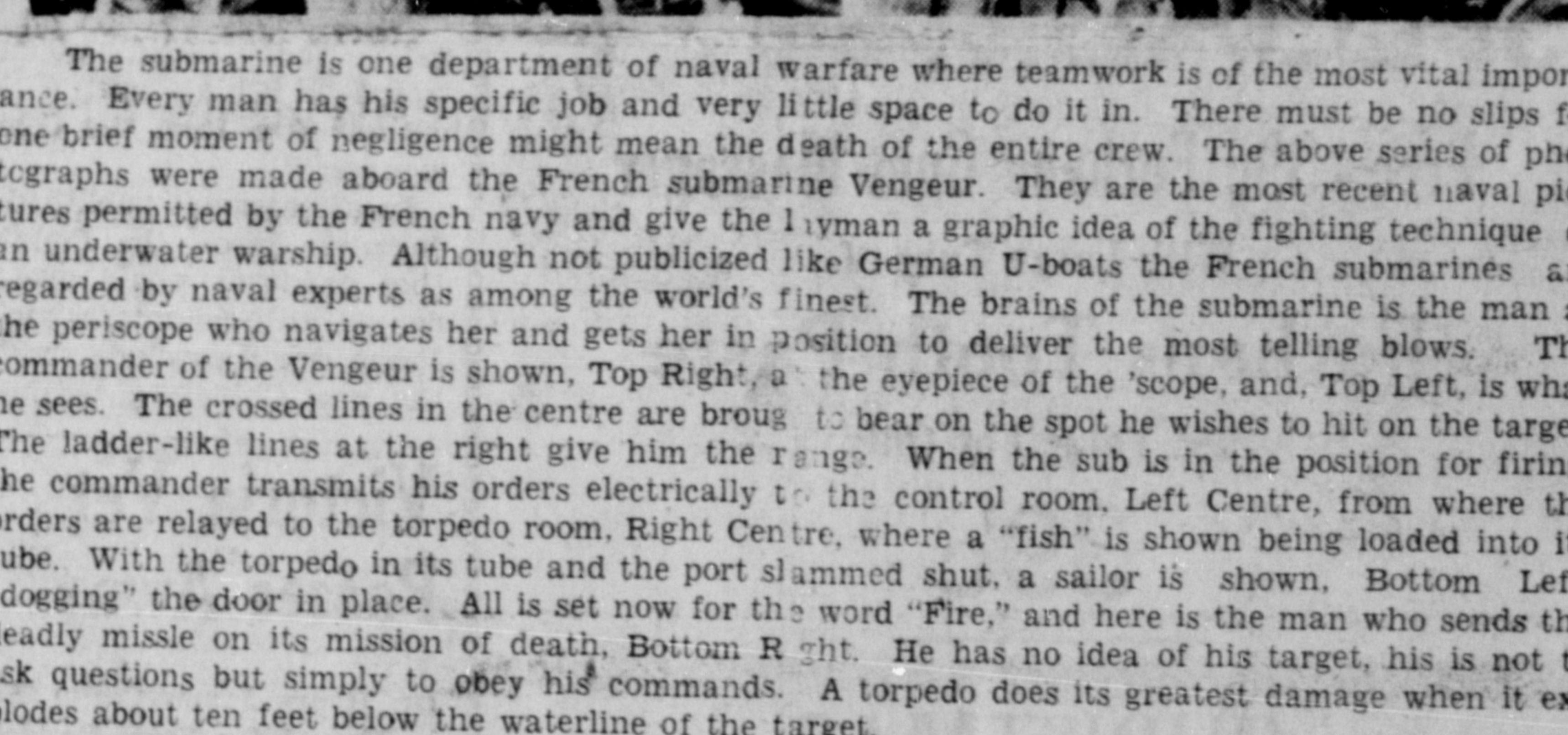
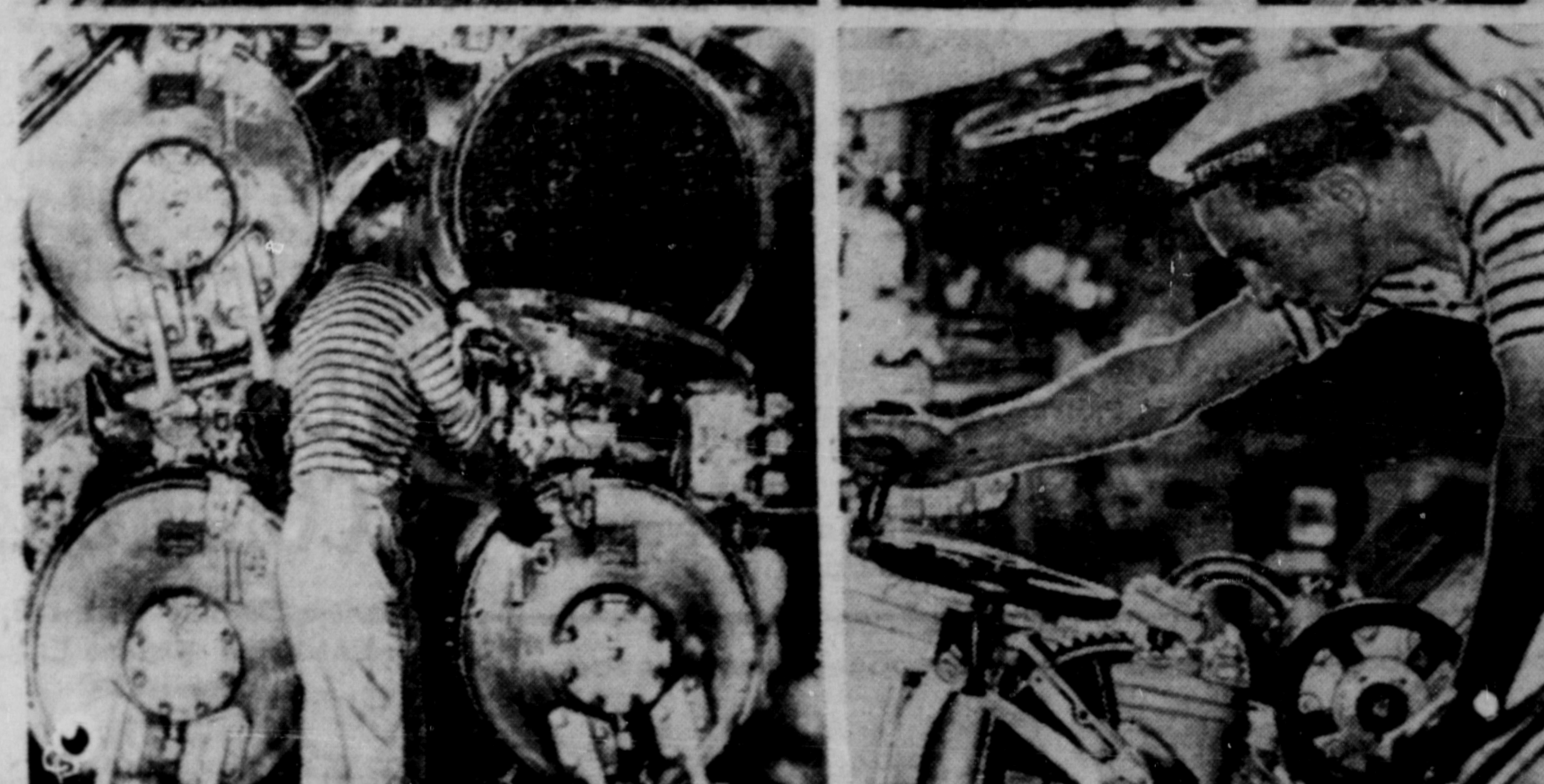
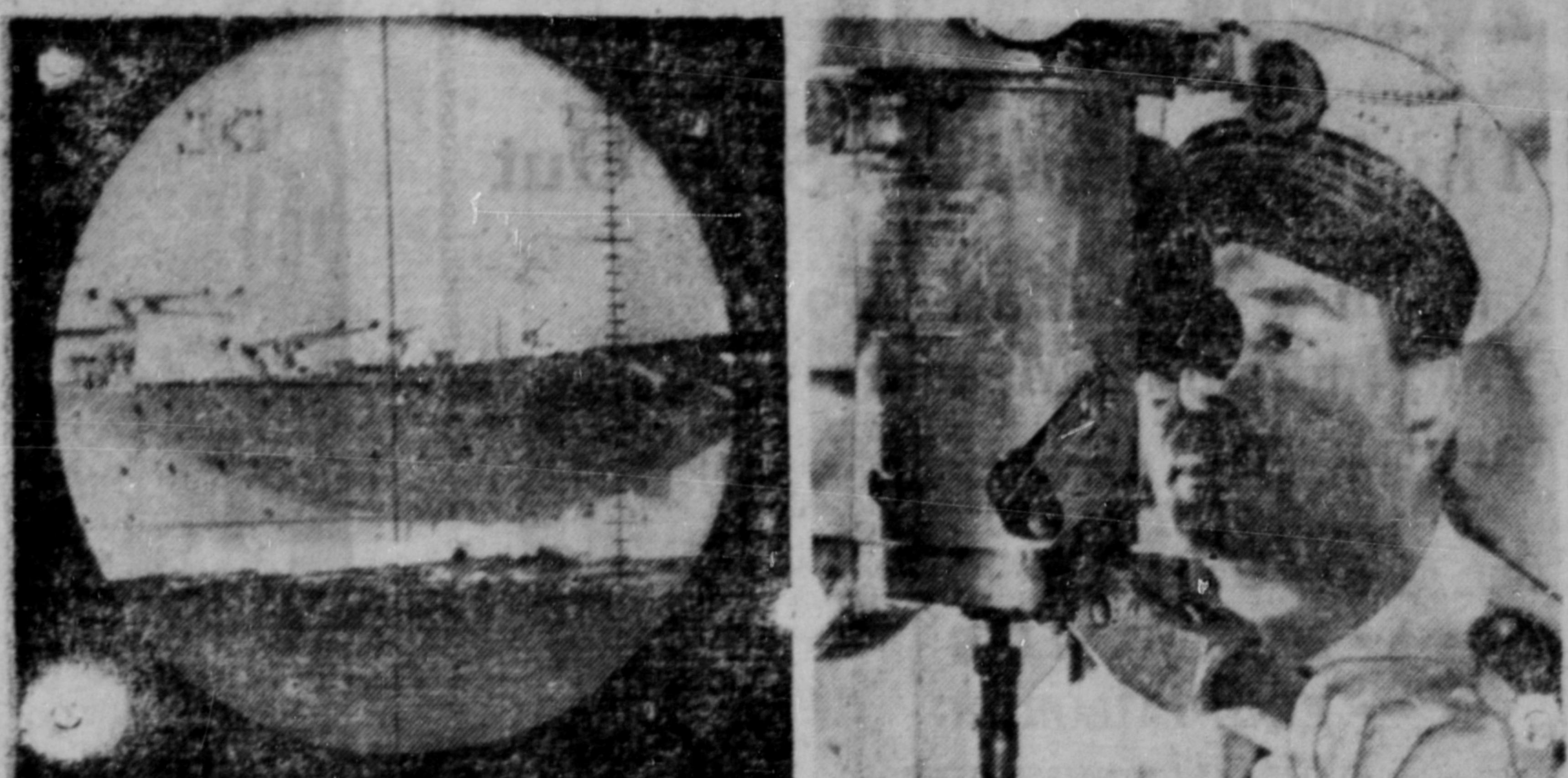
READING, Eng., Nov. 23: (CP)-- Unless thousands of Berkshire rabbits are exterminated, crops will suffer severely, says a report of the county council. A committee will ask for more power to deal with the menace.

CUT DOWN THEIR BEER

RICHMOND, Eng., Nov. 23: (CP)-- Among the first to feel the effects of the new war were disabled soldiers at the Star and Garter Home here whose daily beer ration was cut. The veterans are "making light of the blow."

many stores. Gas masks are a new line from drugstore to hardware shop. They come in all prices and fashions. There are those in fine "gold" cloth to be worn with evening dresses at "eleven and six" (\$2.53), and those for bicycles and motorcycles.

FRANCE, TOO, HAS UNDERWATER FIGHTERS



Vote On Peace When It Comes

Labor Leader Suggests Electors Should Have Direct Say On Question

LONDON, Nov. 23: (CP)-- Arthur Greenwood, deputy leader of the Labor opposition in the House of Commons, has declared the British electorate must be given an opportunity of expressing its views on the lines peace terms shall take as soon as possible after an armistice.

The House was arguing a bill which included suspension of publication of the register of Parli-

mentary voters possibly for even longer than the end of the war.

Greenwood admitted if war continued and a general Parliamentary election became impracticable it might be that the government would ask for a prolongation of its life. While that was not a prospect Labor regarded with enthusiasm it might be secured.

But, he declared, whatever the nature of the government which had conducted the war and brought it to a successful armis-

... there must be a general election. "It is of vital importance for the future of the world that when the thunder of war has died away and we with other nations have to face the gigantic task of making peace permanent the voice of the men and women of this country shall be heard."

Five thousand people read the Daily News. It pays to let them know what you have to sell.

Love in a Casserole

by Mary Blake

A vegetable casserole doesn't sound very romantic. But a vegetable casserole made my way (using the rich smoothness of Carnation Milk) is something to make any hungry man's eyes brighten. (Read the recipe below).

on the pantry shelf indefinitely; homogenized to give every drop equal creamy smoothness; irradiated for extra "sunshine" vitamin D.

For bottle-fed babies, Carnation is the most widely used evaporated milk. It is very digestible, always the same, always pure and safe. Babies need its extra vitamin D.

"Vegetable Casserole" is one of the recipes in the beautifully illustrated Carnation Cook Book. A host of ideas and recipes for 15c (postpaid).

RADIO--listen to the "Contented Hour" every Monday night. See your local newspaper for stations and time.

VEGETABLE CASSEROLE
5 cups cooked mixed vegetables; 3 tablespoons flour; 3 tablespoons butter; 1 cup Carnation Milk diluted with 1/2 cup water; seasonings to taste. If canned vegetables are used, they need only be heated. Make a white sauce of butter, flour and milk. Add seasonings. Combine with vegetables and turn into buttered casserole. Bake in a slow oven (300°) 1/2 hour.

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