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To Maintain Good Health

Everyone Should Take Vitamins Daily, the Year Round, Winter and Summer

Highest Potency Vitamin Products Will Supply Your Vitamin Need

HALIBUT LIVER OIL CAPSULES

250 Capsules

Talf-oz. bottle

HALIBUT LIVER OIL

A.B.D. Capsules

\$1.25

\$3.00

\$1.00

These Products are Manufactured from a Local Refined Oil

Support Home Industry

Ormes Itd. The Proneer Druggists

The Resall Store Phones 81 & 82 Open Daily from 8 a.m. till 10 p.m. Sundays and Holidays from 12 to 2 p.m. and

7 to 9 p.m.

DUE TO INCREASE IN PRICE OF

Nanaimo Wellington Coal

At the mine of one dollar per ton and the increase in freight rates, commencing January 1, 1940, our prices on Nanaimo Wellington Coal will be as follows-

Nanaimo Wellington Lump-Sacked, delivered. Per ton Nanaimo Wellington Mine Run-Sacked, del., Per ton Nanaimo Wellington Lump-Bulk, delivered. Per ton Nanaimo Wellington Mine Run-Bulk, delivered. Per ton

Albert and McCaffery Ltd

Phone 116 and 117

BULKLEY VALLEY COAL is EQUAL To any coal on this market

And The PRICE still REMAINS the SAME

- CLEAN

It's interesting to know when reading the Daily News hat the people of the whole district are doing the same.

LOCAL NEWS NOTES

Tonight's train, due from the East at 11 o'clock, was reported vice Phone 13 Taxi. this afternoon to be on time.

from a business trip to Vancouver.

Mrs. Alex McLean R.N. of Port city on the Prince Rupert yesterday after a trip to Vancouver.

City Commissioner W. J. Alder was elsewhere in the south. in session this morning to put through the usual bylaw providing for the payment of interest at the rate of five per cent per annum on city taxes paid this year in advance of the due date.

IMPROVE YOUR DIGESTION

Do as thousands do:-Help yourself to health with the delicious goodness that

is concentrated in

Scientific tests have definiteproved that Bovril aids digestion.

A daily cup for I month will help to make you stronger and more fit to enjoy life with zest.

MINERAL ACT 28 of the Mineral Act, R. 1936, Chapter 161, together with the registered owner of said Mineral Claims shall be forfeited and vested in the undersigned who nade the required expenditures. DATED at Prince Rupert, B C. this

IN THE SUPREME COURT OF BRITISH COLUMBIA

E S. BERNEY

In Probate of the "Administration

In the Matter of the Estate of Blanche Hart-Deceased

TAKE NOTICE that by order of His Hart Deceased, and all partie DATED the 3rd day of January, A.D.

WILLIAM O. FULTON. Executor. Prince Rupert, B. C.

Announcements

All advertisements in this column will be charged for a full month at 25c a word.

Eagles Bridge Jan. 10.

Anglican Tea, Mrs. Cripps', Jan-

Toc H Dance, Seal Cove, Jan. 19.

Eagles Bridge January 24.

Presbyterian Burns' Tea, Mrs. Lakie's Jan. 25. Burns' Day banquet Jan. 25,

Legion Hall.

Masonic Ball January 26.

Catholic Tea Mrs. McCaffery's February 1

Hospital Ball Feb. 2.

Legion Valentine Tea, Mrs. D. C. Schubert's, February 14.

Anglican Spring Sale, April 4.

For prompt and courteous ser-

Mrs. E. H. McCorriston of Stewart is a visitor in the city, having city on the Prince Rupert yesterday arrived from the north on the Catala Tuesday.

A charge of speeding against Pat

Mrs. A. R. Nichols will sail on the Prince Rupert tonight for a visit of The city council in the person of several weeks in Vancouver and

> G. J. Dawes of this city has repartment of Transport as supervisor and vendor of radio licences in Prince Rupert.

> Rev. Father Anthony Meulenberg. parish priest of the Roman Catholic Church at Stewart, sailed yesterday afternoon on the Prince Rupert for Ketchikan.

G. A. Bryant will sail tonight on the Prince Rupert for Vancouver where he will join Mrs. Bryant and Mr. and Mrs. M. P. McCaffery for a LEGON HAS

Gavin Hume of the local Bank of Montreal staff returned to the city the Prince Rupert yesterday after spending the Christmas and New Year holiday season at his home in Victoria.

D. McN. Lowe has joined the staf of the city engineering department temporarily in connection with construction of the Hays Creek and Morse Creek bridges on which is expected the contractors, Bennett & White Construction Co., will shortly be starting work.

William K. Gwyer ir. arrived in e city on the Prince Rupert yesterday to assume duty as an engineer for the E. J. Ryan Contracting Co. in connection with air base construction at Seal Cove. He is a son of Mr. and Mrs. W. K. Gwyer, formerly of Prince Rupert, and, as a boy, attended the schools here.

TIRED FEELING GOODBYE!

Pepless Many Suffer Low Blood Count-And Don't Know It. The baffling thing about low blood count that you can weigh about as much as you ever did - even look healthy and strong, yet - you can feel as if you had lead in your legs, dopey, tired and pepless. od count means you haven't go enough red blood corpuscies. It is their vital job to carry life-giving oxygen from your lungs throughout your body. And just as it takes oxygen to explode gasoline in your car and make the power to turn the wheels, so you must have plenty of oxygen to explode the energy in your body and give you going

Get Dr. Williams Pink Pilis today. They increasing the number and strength of red corpuscles. Then with your blood count up you were floating on air. Ask your druggist

MISS YUKI

Dressmaker Ladies' and Children's

Alterations - Moderate Price Phone GREEN 880 727 FRASER ST.

NEW CENTRAL HOTEL ANNEX Second Avenue Housekeeping Apartments (Hot Water Heated) Mrs. C. E. Black, Proprietress (Central Hotel)

J. H. BULGER Optometrist

Royal Bank Bldg.

NEW ROYAL HOTEL

J. Zarelli Proprietor "A HOME AWAY FROM HOME"

Rates \$1.00 up 50 Rooms Hot & Cold Water Prince Rupert, B.C. P.O. Box 198 Phone 281

An interesting fact mentioned by Governor Ernest Gruening of Allaska, during a visit here a few days lago, was that cities of the territory cannot levy taxes at a rate of over twenty mills. The levy is on sev-

Mrs. R. J. German and family, after a visit at Trail and Nelson. were passengers aboard the Prince Rupert yesterday going through to Big Missouri where they will take up residence, joining Mr. German who was recently transferred from Anyox to Big Missouri as wireless operator for the Consolidated Mining & Smelting Co.

viding this is acceptable to the Neil Cameron, was in charge. present at the meeting, Dr. H. L. A. of the troops was excellent." Tarr, the president, taking the chair in his absence. It was mentioned I at the meeting that it was necessary Eagles' Lodge for any organizations putting on affairs in aid of the Red Cross to Bridge Series

Business Session Is Followed By Fine Smoker Entertainment

The Prince Rupert branch of the Canadian Legion held its regular monthly meeting last evening in the clubrooms with a good attendance of members including members of the various military units in town.

The first part of the meeting was the regular business session. Then there was an enjoyable

Three applications for regular membership from Charles F. Duke, Joseph Hawes and Edward Southby were approved.

the interesting circulars from Dominion Command was an outline of the work already done through the Legion for troops serving in Canada. Advance parties are already overseas making arrangements for sites and conferring with the authorities to plan various services. A Dominion wide appeal for funds is being organized with Brigadier General Alex. Ross, immediate past-president of the Legion, as chairman. appeal was considered some time ago but was held over to give the Canadian Red Cross a free field for their appeal.

m-naming the business meeting there was the usual issue S. R. D. which the troops dealt with satisfactorily An informal program included songs by George Holmes, George Murray. Private Harry Watkins, Canadian Scottish: Privote Albert Kvle. R. C. A. S. C. Harry Thrupp and a recitation by Jack Judge. Community singing included many of the popular songs of the last Great War and the South African War while new ones such as "The Handsome Territorial." "Run. Rabbit. Run" with the parody version "Run, Adolf,

IN THE SUPREME COURT OF BRITISH COLUMBIA In Probate "Administration

In the Matter of the Estate of Edward Ferguson Jones, Deceased

TAKE NOTICE that by order of His me properly verified on or before the 28th day of February 1940 and all per-

Official Administrator. Prince Rupert, B. C.

Fresh Local Raw and Pasteurized Milk VALENTIN DAJRY PHONE 657

IDORA Rink Roller

Daily Sessions 2:00 to 4:30 6:00 to 8:30 Children 8:30 to 11:00

Beginners Given Special Attention

Quality Is Superb

Run," and "Neath the Spreading Chestnut Tree" were practised and The executive of the Prince Ru- thoroughly enjoyed. Accompanists pert branch of the Canadian Red were H. T. Lock, who arranged the Cross Society, at a meeting Tues- program, and S. C. Thomson. ceived appointment from the De-|day night, set January 29 as the President Jack Preece, assisted by date for the annual meeting pro- vice-president W. J. Rance and

president, F. A. MacCallum, who Refreshments were much apwas unable, through illness, to be preciated and generally "the spirit

sumed its bridge series for the also won by William Rothwell. and dancing was enjoyed from Moller.

HOTEL ARRIVALS

Central

Larry Warner, Frederick Point; F. Parlett, Barrett Point.

Prince Rupert W. K. Gwyer and W. B. McGregor, Vancouver; Lance Bombardier Attree, Barrett Rock.

midnight until 2 a.m. with music by Mrs. J. S. Black's Orchestra.

The prize-winners at cards were: ladies' first, Mrs. A. Jacobsen; second, Mrs. J. West; third, Mrs. J. McLeod; men's first, J. D. McLeod; second, J. P. Moller; third, Wil-The Eagles' Lodge last night re- liam Rothwell. The door prize was

second half of the season fol- Andy Ronald was master of owing a suspension over the ceremonies for the evening and Christmas and New Year season. Frank Ellison and Henry Smith There was, as usual, a good at- presided at the door. In charge tendance. Following cards, deli- of the kitchen were J. Duff, I. C. cious refreshments were served Denis, Angelo Astori and J. P.



GOOD READING Time

Join Our Library for the Latest Books-75c Monthly Subscription (double \$1.25)

Some Recent Popular Titles—

WATCH FOR THE DAWN	Cloete
FOUR PART SETTING	
THE SACRED FALLS	Channing
THE TORGUTS	River
SANDRA O'MOORE	Willoughby
Brief Hour	Portbury
BLACK NARCISSUS	Godden
THE HAPPY RETURN	Farnol
ESCAPE	u Vance
PAPER PRISON	Wren
ANOTHER CYNTHIA	Leslie
MOMENT IN PEKING	Yutang
ROGUE MALE	Household
THE CITY OF GOLD	
ACROSS THE YEARS	Loring
Jungle Captive	Hull
THE DELECTABLE COUNTRY	Baldwin
ACROSS THE DARK RIVER	Mendelssohn

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