. . . if it's to

It's a proven fact: if you don't eat with appetite.

your system can't handle efficiently what you eat.

Flakes do the three vital things every breakfast

should. (1) Proven first in *flavour, they tempt your ...

sleepy appetite. (2) Crammed full of "carbohydrate".

energy fuel, they start you quick. (3) They help

keep you going through hours of work. Ready in 30

seconds and never a pot or pan to clean! Get several

packages tomorrow . . . or, if you're a breakfast.

outer, insist on the wax-wrapped individual

package. Made by Kellogg's in London, Canada.

Just a few pennies for the fam

ly's breakfast when you serve Car

Kelloggi

So, it's well to remember that Kellogg's Corn

give you that

extra fast start!

Gracia Shoes

Three Reasons Why You Should Wear Them

1st.—Classy styles, plus comfortable lasts.

2nd.—Durability and built-in arch rests.

3rd.—Priced lower per quality than any similar make on the market.

Stocked in Sizes and Widths From A to EEE.

FAMILY SHOE STORE LTD.

The Home of Good Shoes

WEDDED AT

of some thirty or so friends, the proposed by Dean Gibson and the marriage took place at 4 o'clock groom responded. drew's Anglican Cathedral, the for the wedding were the bride's dean, Very Rev. James B. Gibson father and the groom's mother. D. D., officiating, of Miss Cecily father and mother, the groom's Eveline Holmes, daughter of Major | mother, Capt. and Mrs. Loudon and Mrs. H. C. Holmes of Victoria, Hamilton from Scotland, Eric Bent-Thomson, son of Mr. and Mrs. R. of Victoria and Mr. Williamson of G. O. Thomson of Brantford, On- | New Zealand. tario. Miss Elizabeth A. Chadwick! of Victoria was bridesmaid and Lieut, J. H. Ewart was groomsman. The bride was given in marriage by her father and there was wed- be a precedent in the British army, ding music by Peter Lien at the a private of the Royal Army Servpipe organ.

The bride wore the same silk bro- | courts-martial, asked for registracade wedding gown which had been tion as a "conscientious objector"worn by her grandmother, Mrs. and was.

You tee off well

into the sun—

And feel that that's

a good job done,

Then find you've made

When ordering beer

you want the best-

The beer that's better

than all the rest,

The most outstanding

in the West

That's "LUCKY".

Free Delivery

Phone 654 for

GET "LUCKY"

and STAY LUCKY

Let your own taste tell you

the difference between

LUCKY LAGER and or-

dinary beers-yet it costs

Other famous malt

beverages to choose from:

RAINIER BEER

BURTON type ALE

SILVER SPRING STOUT

COAST BREWERIES

LIMITED

New Westminster

Victoria

no more.

a hole in one-

That's lucky.

nampaque

OF BEERS

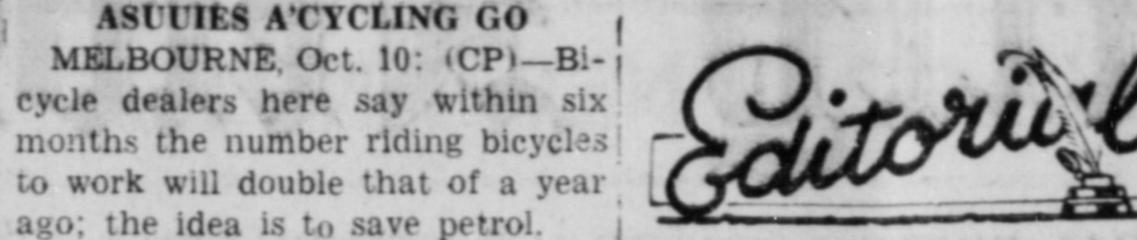
Fred Pemberton of Victoria.

Following the ceremony a reception was held at 149 Fourth Avenue East where Lieut, and Mrs. Thomson will reside. Delicious rewedding cake duly cut by the In the presence of a gathering bride. The toast to the bride was

Among those coming to the city Woodburn Stratford ley of Toronto, Miss Kay McIntyre

SEEMS A NEW ONE

LONDON, Oct. 10: (CP)-Said to ice Corps, serving ten months after



NOW HERE'S AN IDEA MELBOURNE, Oct. 10: (CP) - A

little dog here by the name of Conty Bright Heroic did its part during Australia's Comforts Fund Day, allowing itself to be patted 2500 times at a penny a pat.



and other Booklets FREE.

send to: Canada Starch Home Service Dept. D. Box 129, Montreal.

THE CANADA STARCH COMPANY LIMITED



FOR SALE

FOR SALE-One Safe, Typewriter Desk, Office Desk. Collart & McCaffery Ltd.

FOR SALE-Steel lined heater electric stove and annex. Buffet, chairs, dining table, kitchen furniture, desk, dressing table, etc. by appointment, Black 712.

\$2000 cash. \$2200 terms. Phone thus assumed exclusive possession proud father to his hammock. Blue 326, 1137 7th Ave. East.

MOTORVESSEL "ODD" 32 length. 9.6 beam, 2.6 darft, 15 h.p. 6 cyl engine. Cabin, pilothouse and galley. Sleep 3 comfortably, 5 if necessary. Real offshore boat in A-1 cond. Large enough to live on board. Moored at Lipsett's. Cheap for cash, Terms to reliable party. Phone 118 from 8-5 or Green 802 Evenings.

LOST

LOST-Bunch of keys between Cow Bay and Savoy Hotel. Box 27. Daily News.

LOST-Half grown black and white male cat. Mrs. Brown, Currie

HOUSES FOR SALE

FOR SALE-420 Dunsmuir Street. 5 room house in excellent condition. 2 bedrooms. Fully modern, concrete piles. Good basement. \$2500. \$1000 cash-balance monthly. Immediate possession.

221 6th Ave. East. 5 room house. Fully modern. Good condition, 2 bedrooms, large pantry and back verandah. New foundations. fenced garden. Taxes \$34. \$2000 cash. \$2200 terms with \$1000 cash. Immediae possession. Owner leaving town.

343 8th Ave. East. Modern 7 room house on 2 lots. Solid concrete foundations. Full basement, fuinace, fireplace in living room. 4 bedrooms. \$3000 cash or \$3500 terms-\$2500 cash with balance \$40 per month at 5%.

2 Houses on 1 Lot. 416 and 418 6th Ave. East. 2 storey-7 room house. 4 bedrooms, furnace. Fully modern. Immediate possession

3 rooms and attic, bath. Whole property for \$4000. Half cashbalance monthly. Taxes \$50 per year.

H. G. HELGERSON LTD. 6th Street

WANTED

WANTED-Woman who can cook. No other. Phone Blue 503, 610 6th Avenue West.



THE DOMINATING FORCE Almost every day we hear of raids on London, on the Thames estuary and on other British points but we hear little of the ships that continue to sail into and out of the port of London, almost daily, carrying food and munitions for the British and taking out manufactured goods with which to pay for the im-

In spite of the fact that the Germans have guns mounted along the French coast and that German planes are ever ready to neunce on passing ships and bomb them or that submarines and torpedo boats shoot their deadly under-water weapons at the convoved vessels, there are comparatively few casualties. Trade soes on in snite of the Germans, Sometimes German mines are laid along the routes taken hut a mine sweeper precedes the convoy and insures safety from that source.

When you hear people tell of the pounding Britain is getting, de not fail to remind them of this sea trade that goes on day after day, week after week month after month, bringing not only necescities of life to the British but also many of the luxuries.

HITLER'S GUARANTEE Chancellor Hitler put up a guarantee that he would deliver German goods to South America this fall after he had smashed Great Britain. He has not yet made good and seems as far from it as ever. It is too late to make delivery this year even if, by some catastrophe he should overcome the British. It is clear that Hitler has received his first great setback and this will be followed by others.

IN LEAD

Defeated Annette's With Clean Sweep Victory in Ladies' Bowling League Tuesday Night

FOR SALE-7-room house. 2 lots. Bowling League Tuesday night and followed. Shipmates helped the

of first place in the standing. Stylettes also had a clean sweep three games to nil victory over Knox Hotel. Big Sisters and Blue Birds won from Savoy Swingers and Lucky Strikes respectively two games to one. High average scorer for the evening was Rose Labelle of Savoy Swingers with 182.

*Family vote endorses experts

"What ready-to-eat cereal is the favourite in

your family?" This question was put to 2000

housewives right across Canada. Five times

as many said Kellogg's as said any other

brand of corn flakes! Why? It's their flavour!

Mr. F. G. Baillie, Superintendent of Vernor's

Ginger Ale, and developer of Cleco Flavours,

says: "I was happy to join the distinguished

group of flavour-experts who had already

taste-tested corn flakes in an impartial blind-

fold test. You can certainly quote me as saying

Kellogg's Corn Flakes are first for flavour!

Your breakfast

ought to make you say:

The individual scoring was as

ENOUGH IS PLENTY

BREMERTON, Wash., Oct. 10: (CP)-Sailor Jack Smooth of the U.S.S. Idaho was passing out cigars celebrating the arrival of a son Rangers defeated Annette's three when another telegram said it was games to nothing in the Ladies' triplets now-two baby girls had



ATTENTION

We have discarded the meters. We run for the same rates as others.

13 TAXI

DAY AND NIGHT SERVICE

Optometrist Royal Bank Bldg.

Fresh Local Raw and Pasteurized Milk VALENTIN DAJRY PHONE 657

B. C. Furniture Co.

New and Used FIRNITHRE

7 HEATERS-In perfect condition.

5 RECONDITIONED KITCHEN RANGES AT VERY REASONABLE PRICES. 12 RECONDITIONED TYPEWRITERS-

In perfect order. From 1 ELECTRIC WASHING MACHINE-In good shaps. Special

\$22 to \$45 \$22.50

KITCHEN RANGES - All 2-tone enamel for Made of highest quality material. THREE-QUARTER SIZE BEDS-Complete. Special price 20 SPRING-FILLED MATTRESSES-In all sizes

fine materials and patterns. Special 6 STUDIO COUCHES-All spring-filled, in all n colors including green, red and brown. Can \$36.50 double bed or single bed. Regular \$45.

18 THREE-PIECE CHESTERFIELDS-In the finest materials. Very durable construction

Phone BLACK 324 Next Door to B.C. Clothiers

THIRD AVENUE.

"RUPERT BRAND"

Smoked BLACK COD

Smoked Daily

Canadian Fish & Cold Storage

Prince Rupert

British Columbia

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