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Perhaps Many Suffer Low Blood Count—And Don't Know It.

The baffling thing about low blood count is that you can weigh about as much as you ever did — even look healthy and strong, yet — you can feel as if you had lead in your bones, dopey, tired and pepless.

Low blood count means you haven't got enough red-blood corpuscles. It is their vital job to carry life-giving oxygen from your lungs throughout your body. And just as it takes oxygen to explode gasoline in your car and make the power to turn the wheels, so you must have plenty of oxygen to explode the energy in your body and give you going power.

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Bowling Standing

	W.	L.	Pts.
Maple Leafs	7	2	7
Rangers	7	2	7
Annettes	7	2	7
Knox Hotel	5	4	5
Merchantettes	3	6	3
Blue Birds	3	6	3
Be	3	6	3
Big Sisters	1	8	1

Hockey Standings

National League

	W	D	L	F	A	P
Rangers	27	9	11	136	77	63
Boston	30	4	12	143	96	64
Toronto	23	6	16	116	95	52
Chicago	21	6	19	105	116	48
Detroit	16	6	24	86	119	38
Americans	14	4	28	95	130	32
Canadiens	10	5	31	84	132	25

If you have something to swap try a Classified Ad.

BASKETBALL AT SIMPSON

Senior and Intermediate Y.P.E.A. Teams Win Over Visitors From Greenville Tuesday Night

Port Simpson Young People's Educational Association senior and intermediate basketball teams defeated visiting teams from Greenville in games played at Port Simpson Tuesday night. The score of the Senior game was 44 to 35 in favor of Simpson and that of the Intermediate game 25 to 23. Both were lively and spirited contests.

The Senior game was a particularly fine display with a fast and clean brand of basketball. Greenville found it difficult to penetrate the Simpson defence due to small playing space. However, they made it interesting for the home team. As a matter of fact they were ahead 20 to 15 at half time but a rally by Simpson in the second half gave the home team the victory.

Individual scoring was as follows:

Port Simpson—H. Sampson, 5; R. Bankey, 2; McKay, 18; R. Johnson, 13; H. Ryan, 4; E. Scott, 2; total, 44.

Greenville—R. Calder; D. Venn, 12; W. Azak, 4; A. Robinson, 2; A. Stevens, 2; C. Calder, 10; C. Alexander; R. McNeil, 2; Russ, 2; A. Calder, 2; total, 35.

The Intermediate game broke up in a dispute with three-and-a-half minutes to go, Port Simpson being on the long end of a 25 to 23 count. The score at half time had been 16 to 11 in favor of Port Simpson.

Referees of the games were P. McKay of Greenville and J. Lawson of Port Simpson. Scorekeepers were A. Angus and R. Sampson. Timekeepers were H. Gray and H. Ballou.

Hartley Bay Hoop Winner

Took Measure of Local Picked High School Team by Score of 44 to 28

The visiting Hartley Bay basketball team took a well contested game last night at Exhibition Hall from a local select High School team by a score of 44 to 28. It was a fast contest with the native visitors having the lead all the way although the local juniors were a constant threat. The half time score was 26 to 18. Arney starred for High School and G. Clifton for Hartley Bay. Although there was no advance announcement, there were quite a few spectators on hand.

The teams:

Hartley Bay—G. Clifton, 18; H. Clifton, 12; J. Clifton, 3; C. Robinson, 4; Charles Robinson, 27; total, 44.

High School—Macdonald, 2; Arney, 18; Santerbane; Simundsen, 6; Pavlikis; Bussey, 12; total, 38.

Arthur Murray refereed.

"I Had a Great Dad"

"*I WAS only a youngster when Dad died quite suddenly.*

"It was a big shock to me, for Dad and I had always been real pals. He often told me that he wanted me to have a university education to give me a better start in life. It looked then as though I would never go to college.

"Imagine my surprise when I learned that Dad had taken out life insurance which guarantees the money needed for my education. This pays me $500 each year while I am at university.

"I'll never forget what a great Dad I had. He made sure that I would receive a university education, and he taught me the value of life insurance in providing for the future."

• • • •

This is only one example of "life insurance in action". But similar true stories could be furnished by thousands of homes throughout Canada. In these homes, life insurance provides families with food, clothing and other necessities of life—and ensures a proper start in life for the children.

Last year, Life Insurance paid out to policyholders and beneficiaries in Canada more than $150,000,000—an average of $500,000 every working day. L-4IX

A TRUE STORY OF LIFE INSURANCE IN ACTION

One of a series of messages sponsored by Life Insurance Companies operating in Canada

SPORT CHAT

Arrangements for the Ocean Falls-Prince Rupert Northern British Columbia basketball series are now up in the air. It had been originally planned to have the Ocean Falls team here for games last night and tonight but a change had to be made in this arrangement owing to other local activities. Now it is not known when the games will be played, if at all, although hoop fans are pulling for them. Possibly something may yet be done about it.

Tonight at New York, Boston Bruins and New York Rangers will meet in another crucial National Hockey League game involving the position of first place. The Bruins are now on top by a margin of one point or half a game. It will be the final scheduled game of the season for the Rangers while Boston has one more—at home Sunday night with the Montreal Canadiens. Next week the play-offs will commence. A second fixture scheduled for tonight brings Toronto Maple Leafs and Canadiens together at Montreal.

The Royal Victoria Yacht Club International Challenge Cup, held at various times by King Edward VII and the former Kaiser Wilhelm II., has been sold to a London bullion merchant as old gold at a reported price of $2,225. The cup, weighing 6½ pounds, had been out of competition since 1936, reposing in the club's cellar and there appeared little likelihood of its reappearance in wartime sailing. First race for the cup was held in 1893 when the New York Yacht Club challenged for it. The New York club was represented by R. Phelps Carroll's "Naahoe." The successful defender was "Britannia," owned by King Edward VIII., then Prince of Wales. The Kaiser won it in 1911 with his yacht "Meteor." Last holder was T. O. M. Sopwith, who won it in 1935 with "Endeavor" and again in 1936 with "Endeavor II."

MALKINS IN LEAD

Results in Last Night's Play in Five Pin Bowling League

Malkin's assumed leadership of the Five Pin Bowling League last night by defeating Bankers two games to one while Home Oil won over D. D. S. and T. O. by a similar margin in the second fixture of the evening. High average scorer was Pearson of the Bankers with 223.

Individual scoring was as follows:

D. D. S. & T. O.			
Comadina	202	183	209
Dungate	179	159	135
Brind	205	136	209
Morrison	158	221	220
Low Score	132	161	117
Handicap	23	23	23
Total	899	903	963
Home Oil			
Kinslor	176	177	151
Tobey	132	265	154
Sloan	201	181	117
Cripps	243	161	171
Kellett	161	180	181
Handicaps	84	84	84
Totals	997	1043	853
Bankers			
Hume	135	122	139
Tyler	127	266	145
Conrad	101	169	144
Pearson	316	157	196
Moe	164	125	165
Handicaps	105	105	105
Totals	948	944	899
Malkins			
Withers	118	112	154
Skinner	130	192	201
Montesano	123	137	196
Landels	155	170	137
Stegavig	158	217	136
Handicaps	145	145	145
Totals	829	973	964

The standing for the final third of the season to date is as follows:

	W	L	Pts.
Malkins	4	2	4
D.D.S and T.O.	3	3	3
Home Oil	3	3	3
Bankers	2	4	2

LAUNDRY STAYS UP

No Change in Standings as Result of Last Night's Mixed Bowling League Play

Pioneer Laundry continued its winning ways in the Mixed Bowling League last night by winning a two games to one victory over Mowopies while Franks took the measure of Alley Cats, also by a two to one score. There was no change in the standing of teams for the final third of the season as a result of the play.

Individual scoring was as follows:

Pioneer Laundry—	1	2	3
Fred Wesch	157	174	283
H. Schaffer	123	169	109
Norman Kinslor	162	269	178
Frances Yaeger	11	137	138
Ted Dungate	157	180	185
Lil Crawford	188	197	214
Handicap	54	54	54
Totals	952	1180	1161
Mowopies—	1	2	3
C. Wren	230	134	187
Mrs. Wren	99	49	
Sid Woodside	160	132	172
Mrs. Woodside	155	123	157
H. Martell	144	95	126
Frank Morrison	201	144	198
Mrs. Morrison			104
Handicap	63	63	63
Totals	1056	740	1007
Alley Cats—	1	2	3
C. Brind	149	197	215
Mrs. Brind	169	170	144
G. Wharton	130	111	174
Curth	138	130	197
Mrs. Asemiesen	147	83	177
Max Asemiesen	159	234	235
Handicap	122	122	122
Totals	1019	1049	1264
Franks—	1	2	3
Mrs. Johnson	123	152	142
Elvin Johnson	181	106	206
Mrs. Madill	127	134	137
George Franklin	171	182	232
Dot Ballinger	123	186	194
Sam Jurmain	180	179	125
Handicap	140	140	140
Totals	1045	1061	1176

The league standing:

Pioneer Laundry	18	12	18
Franks	14	13	14
Mowopies	12	12	12
Alley Cats	10	17	10

Rangers And Motherwell In Cup Wins

GLASGOW, March 14 (Canadian Press)— Rangers defeated Falkirk 3 to 2 and Motherwell beat Morton 5 to 2 in replays from last Saturday in the second round of the Scottish Football Cup.

Lions Win In Second Game

VANCOUVER, March 14 (Canadian Press)—Vancouver Lions scored their second straight victory over Portland Buckaroos last night in the best out of seven game series of the Pacific Coast Hockey League playoffs series.

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