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IN COMMAND AT KAMLOOPS

Col. Frank Barber of Smithers Joins Rockey Mountain Rangers

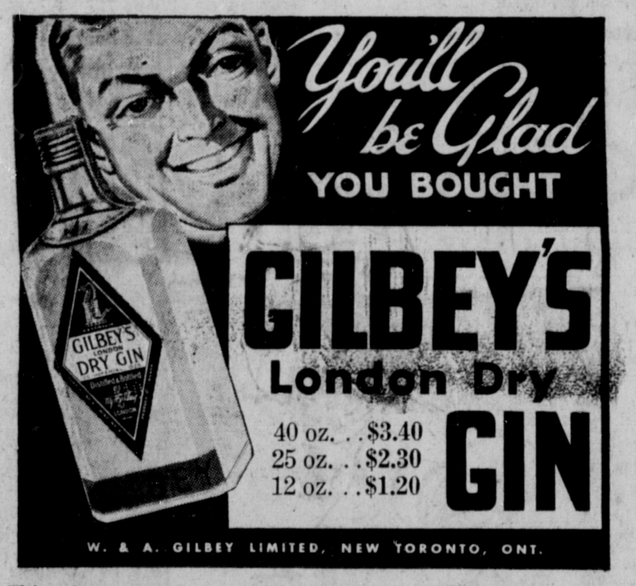
SMITHERS, July 19.—Col. Frank Barber, the local representative of the Soldier Settlement Board for this district, will leave Smithers next Tuesday for Kamloops where he will immediately assume command of headquarters company of the Rocky Mountain Rangers Battalion.

Mr. Barber has been in Smithers in the Soldiers' Settlement Board work for about two years and, when war started last September, he was called to Victoria to serve as staff major on the staff of Military District No. 11.

He returned to Smithers about two months ago to look after the interests of the Board again as there had been no representative in the district during his absence but he has been anxious to get on the staff of some regiment that was recruiting for overseas service and has been fortunate, he considers, in getting a post in the Rocky Mountain Rangers. This regiment is now being recruited up to full strength and very nearly has its full number.

Capt. A. E. Parlow, who was formerly district forester at Prince Rupert and was transferred to Kamloops, is commanding "D" Company in the same regiment.

Daily News Classified Ads bring results.



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MEAT DIET EXPERIMENT

Dr. Basil Bailey Tells How The Explorer Stefansson Lived For Years On Nothing But Fish Or Seal

When the Arctic explorer, Vilhjalmur Stefansson, found himself deserted in the Arctic on his first expedition, he was forced to live with the Eskimos in order to preserve his own life. After the first few weeks he got to like it and remained for two years, proving that a white man could live on a strict meat diet and yet be perfectly healthy and well. This was told to the Prince Rupert Rotary Club yesterday at its regular weekly luncheon by Dr. Basil Bailey of the Prince Rupert Fisheries Experimental Station staff.

Since Dr. Bailey left Prince Rupert he met Stefansson and heard him lecture and became interested in his work. He told the Rotary Club about the life of the explorer, how he had made two trips to Iceland while a student at Harvard University making anthropological studies. Then he joined an expedition to the mouth of the Mackenzie River. He told how the explorer had been forced to eat fish, cooked at first, but gradually he learned to eat it raw like the Eskimos. The people lived in tents made of skins. Not many Eskimos lived in snow igloos. The time was spent fishing for food and, when the fish was brought in and hung up in the centre of the tent, they gathered around, cut slices from it and ate it without any cooking.

At first Stefanseen said he had no appetite for fish three or four times a day but gradually he became hungry and could eat his share just the same as the others. Finding that he continued in good health he lost his old prejudices against a flesh diet. He found himself looking forward to his meals.

On a later expedition they soon ate up all their canned goods and other supplies and gradually adapted themselves to a diet of seal meat. To save the groceries proved only a tantalizer and served no good purpose. Occasionally they got a bear for food but mostly they lived on seal. They got to like the flesh diet so well that when they arrived home, the old time meals of civilization did not taste very good. For five years he lived on a flesh diet and there were no ill effects.

Years later Stefansson offered to prove that a flesh diet was possible in a more southerly climate. Getting one of his former associates to join him, he lived under supervision of famous scientists for a year, eating nothing but meats and drinking water. Both were perfectly well, suffering none of the ill-effects prophesied for them. The mony for this experiment was put up by the Meat Packers' Association.

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SMITHERS

Mr. and Mrs. Thomas Woods will leave Smithers tonight to take up residence in Edson where Mr. Woods has been transferred in his work as lineman for the Canadian National Railways. Mr. and Mrs. Woods have resided in Smithers for a long time and have many friends in Smithers who will be sorry to see them go. Mr. Woods has been active in several fraternal societies in town while Mrs. Woods has always been an active worker in the Rebekah Lodge and the United Church. Mr. Woods was selected to travel on the Royal train in his capacity as lineman during the visit of Their Majesties to Canada a year ago and travelled from Vancouver to Winnipeg on the train.

Dave Ross, conductor on the Canadian National Railways, has established his family in Smithers for the summer holidays and has taken up residence on Alfred Street temporarily.

Daily advertising in the Daily News is sure to bring daily results

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SANGAN RIVER HOLIDAY CAMP
Now
Also for Full Particulars Write
MRS. DUNN
Massett, Queen Charlotte Is. B.C.

FOR SALE
LICENSED STEEL BOAT
Built at Atlas Boiler Works. New, 33'x 9' 10"x 5'. Engine 90 h.p. International truck engine. Coventry & Reynolds reduction gear.
Atlas Boiler Works

CHANCE OF RECOVERY

Many Important Changes in Surgery Since First Great War

LONDON, July 19: (CP)—Advances in medical science since the First Great War have assured the wounded of a far better chance of recovery. A quarter of a century has seen new discoveries helping doctors and nurses in their struggle against suffering and death.

In the last war much more suffering was due to illness following exposure of wounded men rather than to wounds themselves. Pneumonia took heavy toll of patients whose wounds alone would not have proved fatal. Two years ago research workers evolved a synthetic chemical, popularly known as M and B 693, which proved a powerful weapon against pneumonia.

The technique of blood transfusion has been revolutionized. Supplies of blood are available at dressing stations and casualty hospitals at and near the fighting zones.

Infection in fractured limbs during the First Great War meant weeks of hospital treatment. During the Spanish civil war a Barcelona doctor, Dr. Trueta, evolved a new treatment. He closed the whole wound and limb in a plaster cast, leaving the body itself to heal the wound, instead of using antiseptics. In this way recovery from serious wounds was more complete and faster.

By 1918 the worst of the war diseases caused by dirt of trenches, such as typhus, had been conquered. Greater attention to the soldier's food means better general health which proves its value in making for quicker recovery from wounds.

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Terrace Gardens In Fine Shape

Calm and Warm Weather With Rain Too Heavy for Haying

TERRACE, July 19:—Weather has been calm and very warm the past week with rather too much rain for the hay harvest which is now in full swing. On Sunday night there was a thunderstorm which brought a heavy downpour. Other crops are looking very well, the gardens have never been better than this year. The winter was mild and the spring started weeks earlier than is usually the case. There is a great crop of cherries and stone fruits but not many apples.

Five thousand Prince Rupert people read the Daily News. It pays to let them know what you have to sell

CAPITOL
LAST TIMES TONIGHT
2 Shows, 7:00 & 9:10
IN TECHNICOLOR
The Story of Stephen Foster
"Swanee River"
With ANDREA LEEDS, DON AMECHE, AL JOLSON
(At 7:41 and 9:51)
Also
News, March of Time, Cartoon
COMING SAT. ONLY
Lana Turner
"THE DANCING CO-ED"

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CLEARANCE SALE
MILLINERY
Women's Hat Clearance
2 Price Groups
$1.19 and $1.79
CHOICE OF 50 HATS
Rather than wait till the end of the summer, we're offering these hats for sale at a time when summer is not half gone. Of course most of these hats you'll wear well into the fall.
WHILE THEY LAST — VALUES TO $4
Mail Orders Promptly Filled—Open Saturday Night
RUPERT PEOPLES STORE
"In the Heart of Prince Rupert"
THIRD AVE. — Next to Heilbroner's — Phone BLUE 907

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