

HERE'S BALANCED NOURISHMENT THAT EVERY FAMILY NEEDS

TWO SHREDDED WHEAT . . . A CUPFUL OF MILK . . . FRESH STRAWBERRIES
This meal contains eight vital food values: Three Vitamins (A, B, and C), Proteins, Iron, Calcium, Phosphorus and Carbohydrates. You get all these precious elements in one delicious dishful. Give the family this Shredded Wheat treat for breakfast, while strawberries are at their best.

THE CANADIAN SHREDDED WHEAT COMPANY, LTD.,
Niagara Falls, Canada



The Prince Rupert Gyro Club, at its regular monthly business luncheon yesterday, decided that next week, instead of the usual luncheon, there will be an evening gathering in the form of a farewell to Lieut. Orme Stuart, a popular member

and one of the executive, who is leaving the city soon for England. Business at yesterday's Gyro luncheon included decision to participate with other organizations in a community centre carnival late in August.

LOCAL NEWS NOTES

Mrs. Roy Hardman is sailing tonight on the Prince Rupert for Vancouver.

Leslie Parks is sailing tonight on the Prince Rupert for a holiday trip to Vancouver.

Miss I. Irwin will arrive in the city on tonight's train from Hazelton and sail on the Prince Rupert for Vancouver.

Mrs. E. G. Osborne and daughter, Mrs. W. R. Love, are sailing tonight on the Prince Rupert for a trip to Vancouver and elsewhere in the south.

Mrs. E. C. Brown of Nelson, who has been visiting here for the past few weeks with her parents, Mr. and Mrs. Robert Wilson, is sailing tonight by the Prince Rupert on her return south.

VOLUNTARY REGISTRATION FOR NATIONAL SERVICE will continue at the Canadian Legion Hall tonight, also **FRIDAY, MONDAY, and TUESDAY**—8 to 10 p.m. Males only, ages 16 to 60.

Mrs. Annie Unger, formerly of this city and now residing in Vancouver, arrived in the city yesterday from the south. She will visit here for the next two or three weeks as the guest of Mrs. Robert McCarthy, Fifth Avenue East.

Tonight's train, due from the East at 11 o'clock, was reported this afternoon to be on time.

Lieut. W. R. Ruffel is sailing tonight on the Prince Rupert for Victoria.

Fred Conrad, accountant of the local branch of the Canadian Bank of Commerce, is sailing tonight on the Prince Rupert for a vacation trip to Vancouver.

W. H. Manuel, C. N. R. traveling auditor, after having been in town for several days on official duties, left on last evening's train for the interior.

Miss E. D. Priestly R. N., public health nurse here, and her mother, Mrs. Priestly, left on last evening's train for a holiday visit to Yorkton, Saskatchewan.

ANNUAL PICNIC, Canadian Legion, B. E. S. L. Sunday, Digby Island. Boats leave Cow Bay 10:30 till 1:30. Adults 50c. Children accompanying adults free. (139, 141)

Miss Kay Watson has returned to the city from a vacation trip to Vancouver and Vancouver Island. At Chemainus she visited with Rev. Dr. and Mrs. F. W. Daffoe, formerly of this city.

BASEBALL SCORES

Yesterday's Big League scores:
National League
Philadelphia 1, Cincinnati 2.
Brooklyn 5, Pittsburgh 4.
American League
Detroit 5, New York 7.
Cleveland 5, Boston 9.
Chicago 2, Philadelphia 3.
St. Louis 2, Washington 3.

Baseball Standings

The league standings to date:

National League		
Brooklyn	30	13 698
Cincinnati	32	15 681
New York	28	15 651
Chicago	26	24 520
Philadelphia	16	26 381
Pittsburgh	15	26 306
St. Louis	17	28 341
Boston	12	29 293
American League		
Boston	27	16 628
Detroit	26	19 578
Cleveland	28	21 571
New York	25	22 532
St. Louis	21	27 438
Chicago	22	26 458
Washington	21	30 412
Philadelphia	19	28 404

Preliminary work for the establishment of a Dry Canteen for His Majesty's Forces having now been completed, a general organization meeting of all those interested will be held on **FRIDAY, June 14**, at 8 p.m., in the Canteen quarters, Stork Block, Second Ave. (140)

The second picture in Canada's war effort series entitled "A Letter from Aldershot" is booked for showing at the Capitol Theatre here next Monday, Tuesday and Wednesday nights. It deals with the activities of the Canadian Active Service Force in England both on and off parade. Originally it was temporarily titled, "Private Lives."

SAN FRANCISCO FAIR
Expense-paid Tours
The perfect vacation for the limited budget. A 6-day tour for \$36.70 which includes transportation, hotel, accommodation, fair admission, sight-seeing, lunch, etc., and makes the summer trip memorable. Go to see and see.

6 DAYS \$36.70
VANCOUVER

PACIFIC STAGES

Announcements

All advertisements in this column will be charged for a full month at 25c a word

Lutheran Sewing Circle Tea and Sale, Mrs. Murvold's, June 13.

Anglican Tea, Mrs. J. W. Nicholls, Friday, June 14.

A Navy Auxiliary Tea and sale of home cooking will be held in the R.C.N.V.R. Barracks, June 15, 3-6.

Canadian Legion Picnic, June 16

102nd Auxiliary tea, Mrs. S. D. Johnston's, June 20.

Cambrai June Frolic, Moose Hall, June 21.

Valhalla Picnic June 23.

Presbyterian Tea, Mrs. J. R. Mitchell's June 25.

Red Cross Tea, Mrs. Sid Thomson, June 26. Raffle off tealoch.

United Strawberry Tea, Mrs. Clark's, Pacific Place, June 26.

Catholic Tea, Mrs. DeJong's, June 27.

Dominion Day Sports Celebration, July 1. Big Dance in the evening.

C. N. R. A. Excursion to Terrace, July First. Fare \$2.75.

Queen Mary dance Oddfellows' Hall July 5.

Catholic Bazaar, October 2 and 3.

Anglican Fall Bazaar, November 7.

Another Lucky Strike

THE CHAMPAGNE OF BEERS
LUCKY STRIKE LAGER

When the big fellows are biting, and a full basket is your reward . . . then's the time to relax and refresh with a bottle of **LUCKY LAGER**.

Other famous malt beverages:
BURTON type ALE
SILVER SPRING STOUT

Coast Breweries Limited
Vancouver - New Westminster - Victoria

This advertisement is not published or displayed by the Liquor Control Board or by the Government of British Columbia.

Fresh Local Raw and Pasteurized Milk
VALENTIN DAJRY
PHONE 657

IDORA Roller Rink
Mondays and Tuesdays Open for Private Parties
Wed, Thurs, Fri, 7-11
2-4:30, 6-11 on Sat.

Before you say **SCOTCH** . . . Say **DEWAR'S**
26 1/2 oz. \$3.75 40 oz. \$5.60

This advertisement is not published, or displayed by the Liquor Control Board or by the Government of British Columbia

Cherub Baby Oil

Excellent for Chafing, Chapping and Diaper Rash. A Baby Feeding Bottle Free with each purchase Both for **40c**

Ormes Ltd.
The Pioneer Druggists
The Retail Store Phones 81 & 82
Open Daily from 8 a.m. till 10 p.m.
Sundays and Holidays from 12 to 2 p.m. and 7 to 9 p.m.

B. C. Furniture Co.
Outstanding Values In **FURNITURE**

10 End Tables—Each	\$2.45
16 Coffee Tables—In all styles of fine walnut. From	\$6.95 to \$9.50
22 Table Lamps—Latest in shades and colors. From	\$1.95 to \$3.95
6 Couches and Pads—Can be made in a double bed, has very comfortable springs	\$18.75
10 Studio Couches—All new colors. Can be made into double or two single beds. Very finest quality. Regular \$45.00, now	\$36.00
4 3-piece Studio Sets—In rust, green, very modernistic. Reg. \$100, now	\$75.00
4 Chesterfield Tables—In fine walnut. Special	\$10.50
4-piece Bedroom Suite—Consisting of bed, vanity, stool, chiffonier. In waterfall design. At	\$72.50
4 3-piece Chesterfield Sets—In rust, green and brown. Strong durable frame and long lasting life. Reg. \$100. Now	\$75.00

Phone **BLACK 324** Next Door to B.C. Clothiers **THIRD AVENUE**

MacKenzie's Furniture
BEAUTYREST MATTRESS
Containing over 800 small individual coil springs, covered in white cotton. Built for sound refreshing sleep. **\$42.50**
All sizes
Slumber King Spring—There is no better. **\$15.00**
All sizes
Phone 775 **327 THIRD AVENUE**

When You Send MONEY by MAIL



You don't mail actual money, of course—you go to our nearest branch and purchase a Money Order, which you can safely post as a present to someone, or to pay a bill. Our Money Orders are constantly circulating all over the continent and in the British Isles too, travelling with the mail by air, land and sea. They are a safe and convenient way of sending money and they are not expensive.

Ask our nearest branch manager about Money Orders, Travellers Cheques, Safety Deposit Boxes and other modern banking conveniences.

BANK OF MONTREAL

ESTABLISHED 1817

"A bank where small accounts are welcome"

Buy WAR SAVINGS CERTIFICATES

Prince Rupert Branch
F. A. MACCALLUM, Manager
Stewart Branch
H. V. LITTLER, Manager

A Gift with BIG 5

Here's a token of appreciation for users of **BIG FIVE CLEANSER**. Send for one of these cute little sparkling glass "Salt-and-Pepper" sets on glass tray—Enclose three Blue-Disc tags from Big Five Cleanser tin, and 10c to cover packing and postage, mail to United Chemical Co., Ltd., Montreal. Act quick, make sure of yours now!

BIG FIVE CLEANSER
—gives most value for your money— It's a better Cleanser—Scientifically made of finest ingredients—Won't scratch—No smell—and it is kind to your hands because it contains all the natural soap Glycerine.

UNITED CHEMICAL CO. LTD.
3830 St. Ambrose St. Montreal

SOUTH TO VANCOUVER!

calling at OCEAN FALLS and POWELL RIVER

Steamer leaves Prince Rupert every **THURSDAY, 11.15 p.m.**
Trains leave Prince Rupert for the East **Monday, Wednesday, Friday, 6 p.m.**
Steamer for Ketchikan and Stewart every **WEDNESDAY, 2 p.m.**
For fares, etc., call or write City Ticket Office, 528 3rd Ave.

CANADIAN NATIONAL RAILWAYS

V-9-40

IN THE SUPREME COURT OF BRITISH COLUMBIA
IN PROBATE
In the Matter of the "Administration Act" and
In the Matter of the Estate of Benjamin Ferguson.
TAKE NOTICE that by Order of His Honor Judge Fisher dated May 15th I was appointed Administrator with the Will annexed of the Estate of the late Benjamin Ferguson, Deceased, late of the City of Prince Rupert, Province of British Columbia, Merchant, and that all persons indebted to the said Estate are required to pay their claims to me forthwith and that all persons having claims against the said Estate are required to file them properly verified in writing with me on or before the 30th day of June 1940 falling which I shall make distribution of such Estate having regard only to claims then in my hands.
DATED at Prince Rupert, B. C., this 10th day of May A. D. 1940.
NORMAN A. WATT,
Official Administrator.