

YOU'LL LIKE 'EM



Yes, you'll like the crisp freshness of the new patterns—the feeling of comfort that a well-cut shirt gives—the smartness that's tailored into the shirts we sell.

Wed like you to see our range—made by Arrow and Forsyth—in prints and woven broadcloths, Velvets and Lustrenes.

\$2.00 TO \$3.00

Watts & Nickerson

Successors to Bryant Co. Ltd.
Open till 9 p.m. Saturdays

When Conscripted When Gas Fails

LONDON, July 10: (CP)—St. Bartholomew's Hospital received the gift of a set of eggs. It was suggested when the chickens were hatched they should be sent the

nurses' country home to provide eggs for the winter. The eggs were put in a gas incubator in the pathological laboratory. Then bombs cut off the gas supply. The eggs were in danger of going cold. A resourceful hospital official appeared with a hen in the sidecar of his motorcycle and the newsmen proceeded to hatch out the eggs.

GIVE MORE THOUGHT TO YOUR BREAKFAST

Wholesome Energy Food

THE **WHEAT GERM** IS RETAINED IN **Cubs**

THE NEW WHOLE WHEAT CEREAL

Here's an energy breakfast that has nourishment to last the forenoon through—CUBS. Cubs are whole wheat—the bran, the minerals, the precious vitamins. And Cubs make a delicious breakfast. Youngsters love their nut-like flavor. They're crisp, crunchy, toasted a golden brown. Get a package of Cubs from your grocer today.

SPOON-SIZE... READY-TO-EAT CEREAL

Product of The Canadian Shredded Wheat Company Limited

Donnacona Insulating Boards WALLBOARDS

We have on hand large stocks of coal to suit every requirement. All our coal is carefully screened and prepared. Also a complete line of lumber for every type of building. Our shingles are from the Queen Charlotte Islands, they are not kiln dried and have all of the natural oils so necessary to long life and durability.

SAND CEMENT GRAVEL LIME

Philpott Evitt & Co. Ltd.

PHONE 651 PHONE 652

LOCAL NEWS NOTES

Miss Barbeau left on the train last night to visit her sister Mrs. Sargent of Hazelton.

Nels Wasing was fined \$75 in the City Police Court yesterday for reckless driving.

Adjutant Brunson of the Salvation Army and Mrs. Brunson left on the train last night for Giscome.

Cyril Orme has been elected treasurer of the Rotary Club of Victoria and also a member of the board of directors.

Second Lieutenant F. Turner, T. Sergeant G. Howard, and Private R. V. Walsh of the American bomber which landed here left on the Prince George yesterday for Juneau.

The Prince Rupert Rod & Gun Club held their semi-monthly shoot at the C.N.R. indoor range last night. No more shoots will be held until September.

Mrs. Robert Halliday and Miss Janet Richardson of Montreal are at present visiting in Prince Rupert, the guests of J. M. Walker and family. Mrs. Halliday is a sister of the late Mrs. J. M. Walker and John Currie of the firm of Mitchell & Currie, Prince Rupert.

Equal in Quality To Any Imported Ales

and only 20¢ MORE PER CASE THAN BEER!

NOTE: 25¢ DOZEN PAID FOR BURTON type ALE EMPTIES

PHONE for FREE HOME DELIVERY 654

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Ottawa Hostess Lauds Courage Of London Folk

By Gladys Arnold
Canadian Press Staff Writer

OTTAWA, July 10: (CP)—Sheila MacDonald, youngest daughter of the late Prime Minister Ramsay MacDonald, was born in London "within the sound of Bow Bells" and today she takes pride in calling herself a "cockney."

"They are among the pluckiest of Britain's heroic people in facing the dangerous days of this war," she told the Canadian Press.

It is hard to credit the 30 years she claims for she has an out-of-doors, streamlined look which, with her hair hanging loosely on her shoulders, makes her look many years younger.

"Being the youngest of five children hasn't helped because it's always difficult to convince older

Annual Camp Educational Council Next Month

The annual camp of the Religious Education Council will be held at Sangar River Camp, near Massett on the Queen Charlotte Islands. Boys leave Prince Rupert Saturday, August 9 and girls leave Prince Rupert on Tuesday, August 19.

Both camps will be for about ten days' duration (between steamers), and the fee will be \$12.00, which includes boat fare but not meals or berth on steamer. All applications to attend the camps must be accompanied by a two dollar deposit, which will be forfeited if the boy or girl does not attend after making application to do so. It will be impossible to consider any application received after July 15. The balance of \$10.00 must be paid before August 1.

The camps will be under the direction of a Camp Director. The very strictest precautions will be taken with regard to swimming and other exercises.

Each boy or girl will require one blanket, rubbers and gumboots, two sweaters, pair of running shoes and one extra pair of shoes, an extra pair of shorts or slacks, bathing suit or trunks, two shirts or middies, handkerchiefs, comb, etc., tooth-brush and paste, soap, face cloth and two towels, books, bible, notebook and pencil, dress for Chapel service (girls). Extras—flashlight, camera, small musical instrument, badminton or tennis racket.

Announcements

All advertisements in this column will be charged for a full month at 25c a word.

Rebekah Canteen Fund Tea Mrs. J. E. Boddie, July 10th.

Searchlight Auxiliary Tea, July 17, Mrs. W. L. Armstrong's.

Midsummer Dance, Oddfellows' Hall July 18, benefit Oddfellows' War Contingent Fund. De Carlo's Orchestra.

Cambrai Tea, Aug. 9. Canadian Legion Hall

Catholic Bazaar, October 1 and 2.

YES!

We Repair Water Pipes, Roofs, Woodwork, Stoves Connected, Etc.

Oil Burners Cleaned \$1.50
Chimneys Swept \$2.50

HANDY MAN HOME SERVICE
Phone BLACK 735

Fresh Local Raw and Pasteurized Milk

VALENTIN DAIRY

PHONE 657

VEGETABLES In Season

Kept Garden-Fresh and Crisp Under Vapor Sprays at Reasonable Prices.

MUSSALLEM'S ECONOMY STORE
Phones 18 & 19 P.O. Box 575

J. H. BULGER
Optometrist
Royal Bank Bldg.

"We voted QUAKER CORN FLAKES our Favourite Breakfast"

says Mrs. F. C. LAWRENCE, Toronto, Ont.

YOU'RE RIGHT MOTHER - THESE MALTED CORN FLAKES TASTE THE BEST EVER. LET'S HAVE THEM OFTEN.

M-M-M! MORE DADDY-THEY'RE CRISPY AS TOAST!

YOUR FAMILY IS SURE TO ENJOY QUAKER CORN FLAKES TOO!

Take this sensational opportunity to try Quaker Corn Flakes. Taste the delicious difference malt makes. We are so sure your whole family will like them that we say: Buy Quaker Corn Flakes now. Then, put them to every taste test... compare them for crispness, freshness, flavour—with any corn flakes you've ever eaten. Then, if you don't agree they're the most delicious corn flakes you've ever eaten, just return the partly-used package and you will get double your money back. Join the millions of happy families who enjoy Quaker Corn Flakes as a daily treat. Remember—they're malted. Buy several packages from your grocer today.

They're Malted

brothers and sisters that you've really grown up," she said in an interview at Earncliffe where she is hostess for her brother, Rt. Hon. Malcolm MacDonald, British High Commissioner to Canada.

The other four children of the late Ramsay MacDonald are Ailsa, a London architect, Malcolm, said. "I was struck by the virility and qualities of originality." After the outbreak of war Miss Joan, a doctor whose married name is Mrs. A. MacKinnon.

"One would gather from our names that we might be Scots," she laughed. "The others were born at Lossiemouth, our place in north-west Scotland."

Miss MacDonald firmly believes that environment rather than heredity plays the most important part in formation of a child's character and is herself an example of her theories and the politico-social background which was her home.

As a child she went to the North London Collegiate, a large school for girls which is "public in the same sense as a Canadian "public" school. From there she went to Oxford where she studied economics, politics, philosophy and international affairs. She travelled on the continent where her interest led her to some investigation of social welfare and political problems.

"But there is no doubt that I was greatly influenced by my father and his interest in social questions," said Miss MacDonald. "Our house was one in which we all discussed and debated and had our own opinions."

Was Social Worker

Having finished school, Miss MacDonald became deeply interested in prison reform and the fate of boys and girls who were brought into the juvenile courts upon charges of delinquency. As a "probation officer" she found the work of advising these boys and girls a "fascinating" occupation.

"I visited their schools and homes and I am convinced that boys and girls who get into scrapes are in the vast majority of cases the victims of poverty, bad environment and unhappy homes," she said. "Their response to a little friendliness and confidence is wonderful."

Miss MacDonald plays tennis and golf and "was a fiend for field hockey" at college. Most of all she enjoys walking and cycling.

While she plays the piano she prefers pictures to any other ex-

Camp Furniture

FOLDING COT—Heavy 10-oz. khaki duck cover	\$5.50
FOLDING TABLE—Top 37x20, varnish finish	\$3.00
FOLDING DECK CHAIR—With full length arms, is made of birch, a strong canvas seat, attractive striped pattern	\$2.25
TRAPPER NELSON PACK SACK COMBINATION	\$7.50

Elio's Furniture Store
Store Hours 8:30 a.m. to 5:30 p.m.
MOOSE BUILDING THIRD AVENUE

ICE

Just Completed!

New Ice Storage Method

Ensuring only low temperature ice throughout the fishing season

Fishermen are Invited to Inspect Our Reconstructed Ice Storage

Low Temperature Dry Ice Now on Sale by

Canadian Fish & Cold Storage Co. Ltd.

Prince Rupert British Columbia

KISS YOUR TIRED FEELING GOODBYE!

Pepples Many Suffer Low Blood Count—And Don't Know It.

The baffling thing about low blood count is that you can work as hard as you ever did—even look healthy and strong, yet you can feel as if you had lead in your legs, doped, tired and peevish.

Low blood count means you haven't got enough red blood corpuscles. It is their vital job to carry life-giving oxygen from your lungs throughout your body. And just as it takes oxygen to explode gasoline in your car and make the power to turn the wheels, so you must have plenty of oxygen to explode the energy in your body and give you going power.

Get Dr. Williams' Pink Pills today. They are world-noted for the help they give in increasing the number and strength of red corpuscles. Then with your blood count up, you'll feel like bounding up the stairs as if you were floating on air. Ask your druggist for Dr. Williams' Pink Pills today.