### New Low Price on 1-lb tin

# **5959**

Enjoy a Cup Today

80 NOURISHING CUPS TO THE POUND

#### Refugee Club Leeping Busy

s. D. C. Stuart Inspects Work and Expresses Appreciation-Mrs. Inch is Honored

e home of Mrs. M. M. Lamb on uesday night when Mrs. D. C. Sturt inspected the work which had

During the evening Mrs. Stuart, behalf of the girls, made the apressing the hope that she would ner H. L. Harris, Barrett Rock. arry on work similar to this in her

ew home.

is Chrissie Mackenzie and Miss the death of her mothefr. rene Nordan.

Alfred McDames and Arthur Mcames of Kitzegukla are visiting Terrace with their aged sister, is Agnes McDames. They arrived Terrace from Kitzegukla on urning home next Monday night

morning meal

good food values.

-regularly.

Nabisco Shredded Wheat,

with milk and fruit, supplies

leading Canadian health

authorities agree that "whole

grain cereals" are "protec-

tive" foods in wartime and

peacetime. Nabisco Shred-

ded Wheat is a "whole grain

cereal"-it is 100% pure

whole wheat, containing the

proteins, carbohydrates,

phosphorus and iron that are

present in sun-ripened wheat.

Serve this nourishing, low

cost breakfast to your family

THE CANADIAN SHREDDED WHEAT COMPANY, LTD., Niagara Falls, Canada

Woodbury, E. R. Melton, Lieut. H. W. Purcell, C. G. MacKenzie and Mrs. A. Frisby, Vancouver; Engineer Commander A. M. Curry. Capt. A. P. Wood and Major R. C. Gale, Esquimalt; G. W. F. Croix, Queen Mary Refugee Ciub met at Victoria; F. B. Jordan and J. Sinclair, Prince Rupert.

Centrai

een done by the girls and their N. S. McGlasnaa, L. Acute, J. successful. The Prince Rupert Gyriends, thanking warmly the club Anderson, J. J. B. Weber, Mrs. D. ro Club, at its regular monthly busnd the ladies who had helped in Hadland and Mr. and Mrs. Col- iness luncheon yesterday appointed aking the first shipment a suc- lins, Prince Rupert, M. Scanlon, the president, W. F. Stone, and Dr. Vancouver.

Walter H. Woe, C. J. Stewart and . W. Inch who is leaving the city, E. Arnett, Frederick Point; Gun-

Those present were Mrs. D. C. has been spending a vacation in to appoint a committee to handle J. H. Nordan, Miss the south, was a passenger aboard same. Miss Margaret the Princess Norah this morning amb, Miss Thelma Doiron, Miss going through to Skagway where ean Smith, Miss Cathie Coombs, she has been called on account of Feero is still in the south.



Here's a "GO-TO-IT"

NABISCO

Wartime Breakfast!

#### HOTEL ARRIVALS Carnival For J. V. Neill, F. H. Hedley, H. E. A. Civic Centre

Move is Already Under Foot to Hold Event Again This Year-Committee Being Formed

A move is on foot to hold another! civic centre carnival in Prince Rupert this year along lines similar to that of last fall which proved so R. G. Large to a committee on such a carnival.

To the campaign committee on the resentation of a small gift to Mrs. J. Rose, Vancouver; Bombardier H. impending Canadian War Services drive the president, W. F. Stone, and secretary, W. J. Scott, were appointed as Gyro representatives.

It was decided to hold a hoedown Mrs. F. N. Ferro of this city, who dance soon after Lent, the president

POUND STERLING

stronger at \$4.03% on the New York foreign exchange market to-

Mrs. R. Simpson, proprietor of the Nugget Shop at Juneau, was a passenger aboard the Princess Norah this morning returning to the Alaska Capital after a trip to Seattl and elsewhere in the south.

#### LOCAL NEWS NOTES

nittee and canvassers City Hall

city on the Prince Rupert yesterday couver. Ocean Falls.

cated at Stewart as medical practi- Apartments. tioner and for the past several years living in Victoria, was a passenger C. A. Brind, local agent of the Im-

A. S. Nickerson, Sergeant O. L. ess. Hall, Albert Dieldal and H. F. Rob-! President N. M. Carter was in the Stewart on recruiting duties. chair and there was a good attendance of members with a few guests.

FOR SUPERIOR

BAKING

RESULTS

Tonight's train, due from the East lat 11 o'clock, was reported this

Mrs. Pete Rescheide returned to the city on the Prince Rupert yes-Herman Engelcke returned to the terday morning from a trip to Van-

Mr. and Mrs. Henry Hansen are building a new residence on First Dr. H. A. Whillans, formerly lo- Avenue this side of the Besner

aboard the Prince Rupert yesterday perial Oil Co., sailed yesterday afgoing through to Stewart on relief. ternoon on the Prince Rupert for a trip to Stewart on company busin-

pins, latest new members of the Major T. W. Sutherland, Capt. A. Prince Rupert Rotary Club, gave au- G. Rix and Sergeant McFarlane tobiographical talks at the regular sailed yesterday afternoon on the weekly luncheon of the club today. Prince Rupert for a brief trip to

> Major R. C. Gale, district ordnance officer from Essuimalt, arpert yesterday from the south for a brief visit here on official business. He will be returning south on the Prince George tonight.

William Sutherland of the dry dock office staff left on last evening's train for Vancouver where he will enlist. James Robertson arrived yesterday from Vancouver to take his place at the dry dock.

Mr. and Mrs. B. E. Morgan of Bill- cluding White Pass and Yukon passenger aboard the Prince Rupert mor, who have been spending the Route shippard employees under yesterday returning north after a past couple of weeks in Vancouver, Foreman A. McIntosh bound for returned to the city from the south! on the Princess Norah this morn-

J. M. Griesbach, one of the well steamer Princess Norah, Capt. Wilknown pioneers of skagway, was a liam Palmer, arrived in port at 9 passenger aboard the Princess Nor-je'clock this morning from Vancouah this morning returning to Alaska, ver and sailed at 10:30 a.m. for after a trip to Seattle and elsewhere Skagway and other Alaska points in the south.

sailing tonight on the Prince George the Princess Norah here while one All organizations and individuals for Vancouver enroute to Nanaimo for the north. interested in providing essential to which city Capt. Harvey has been welfare services for troops are in- transferred in his military duties. Canadian Legion clubroom, Friday Lieut. and Mrs. H. G. Kennedy will evening at 8 to organize the local occupy the Harvey residence on effort in the National Drive of the Fourth Avenue East.

by the Liquor Control Board or by

Central Hotel

Central Hotel Annex

150 Heated Rooms

Dining Room in Connection

Mrs. C. E. Black, Proprietress

FRESH FRUITS

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Arriving Every Boat

"BUY RIGHT" Shop at

Tom Lee & Son

"HOUSE OF FINE FOODS"

We Repair Water Pipes, Roofs,

Woodwork, Stoves Connected,

HANDY MAN HOME

SERVICE

Phone BLACK 735

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Hot Water

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Steam Baths

2nd Ave. West

Reach ten thousand people with

#### Announcements

Canadian War Services Fund.

All advertisements in this column will be charged for a full month at 25c a word.

Presbylerian Tea. Mrs .Flaten's. March 13.

Second Searchlight Auxiliary Tea Legion, March 15.

Catholic Ladies' St. Patrick Tea, March 17.

March 18.

United Tea March 20th, Mrs. Large's

Varden's entertainment March 20.

March 22. Horticultural Dinner, March 24. Rebekah Tea and Sale, April 2.

Hill 60 Dance April 4.

L. O. B. A. Spring Sale, April 23.

Mayday Dance, Oddfellows' Hall.

St. Peter's Spring Sale, May 8.

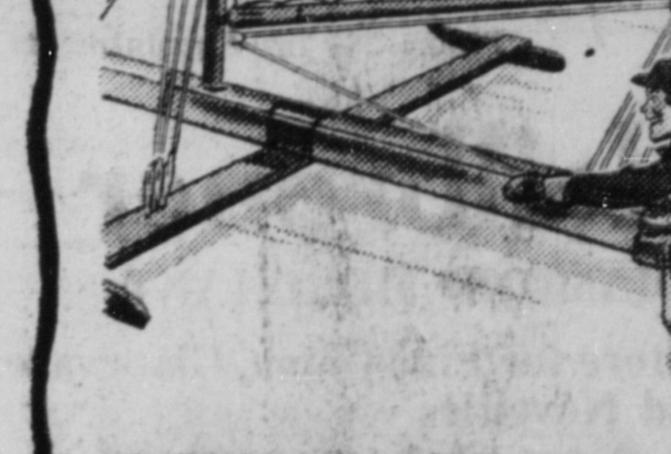
Fresh Local Raw and Pasteurized Milk VALENTIN DAIRY

PHONE 657

Phones 18 & 19 P.O. Box 575 ABSOLUTELY FREE!

Valuable Gift and Household Premiums are absolutely free to you when you save our Cash Coupons given for purchases of 25 cents or more. It is too good to pass up. Come in and let us explain the plan to you.

MUSSALLEM'S ECONOMY STORE Where Dollars Have More



Blue Gillette Blades are made of glass-hard steel. That's why they take a keener edge and hold it longer than other blades.



Photo-electric tester megsures edges so sharp they are invisible under a microscope,

MONEY CAN'T BUY AN EASIER-SHAVING RAZOR BLADE

You glide through whiskers like a breeze

Each time you shave with Blue Gillette -

-And find new comfort, speed and ease

That's why this blade is your best bet!

With a total of 122 passengers in-Whitehorse and a general list Yukoners returning north after spending the winter outside, C.P.R. whence she is due back here next Monday afternoon southbound. Mrs. J. T. Harvey and family are Three persons disembarked from took passage from Prince Rupert

Dr. E. O. Kvale of Stewart was a brief business trip to Vancouver.



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MADE IN CANADA - OF CANADIAN WHEAT

Trains leave PRINCE RUPERT for the EAST Monday, Wednesday, Friday, 6 p.m.

Air-Conditioned Sleeping and Dining Cars Steamer leaves PRINCE RUPERT for VANCOUVER on Thursday, 11:30 p.m. calling at Ocean Falls and Powell River For Full Information and Reservation, etc. Call or Write CITY TICKET OFFICE, 528 3rd Avenue

Phone 260 - Prince Rupert Agents for Trans-Canada Air Lines



#### CHIROPRACTOR

Stanley W. Colton, D.C.Ph.C. Wallace Block, Phone 646

CO-ED Beauty Salon

(Elsie Klohn) Exchange Bldg. BLACK 668

Cents"