"They're Starting To Call My Boy "SKINNAY"! Is Quaker Oats a GOOD Food for Him?"

We believe so, sincerely. Scientists say if you want your boy to grow and fill out, he must have plenty of food-energy, proteins and B vitamins. Rolled oats actually leads many other whole-grain cereals in proteins! It's high in food-energy . . . and "triple-rich"* in Vitamin B_1. These and other advantages (see below) make this famous food truly Canada's FAVOURITE Breakfast Food. *In proportion to calories

1¢ INVESTED IN QUAKER OATS

Compared to the average of many other leading cereals

GIVES YOU . . .

267% MORE in Proteins • 100% MORE in Food-Energy • 150% MORE in Vitamin B_1 • 95% MORE in Iron • 429% MORE in Phosphorus.

Delicious! Whole-Grain

QUAKER OATS

Truly Canada's Favourite Breakfast Food

Skis are made of flat pieces of ash, oak, beech, birch, spruce or hickory. 14

Our Delivery Schedule

3 DELIVERIES WEEKLY

TUESDAY, THURSDAY, SATURDAY

Please co-operate by placing your order as early as possible. To ensure delivery, orders must be in by 4 p.m. the day preceding delivery.

MUSSALLEM'S

Economy Store

"Where Dollars Have More Cents"

Phones 18-19 P.O. Box 575

LOCAL NEWS NOTES

▲ Regular meeting of Order of Eastern Star, Friday, Dec. 11. Sojourning members welcome. (11)

Mr. and Mrs. Alfred Sankey and daughter are leaving tonight for Vancouver.

William Thorburn, J. H. Launsbury, M. J. Lillies, S. Rhabows and H. Gable are leaving for Vancouver.

Tonight's train, due to arrive from the East at 11 o'clock, was reported this morning to be five and one half hours late.

Dr. George Froom of Kamloops, district governor of the Gyro Club, will leave by tomorrow night's train on his return home after having come here to conduct the installation of officers of the local club last evening.

Gordon Charles Stewart, for his third offence on a charge of drunkenness, was sentenced to two months' imprisonment without option of fine in city police court yesterday. For drunkenness Hugh Munro was sentenced to seven days' imprisonment.

▲ We pay cash for furniture, stoves, tools, musical instruments. Call or write Ellis's, Prince Rupert.

Miss A. Snider, local school teacher, is leaving tomorrow for Vancouver.

Prosecution evidence was heard yesterday in city police court in a case in which John Kuruluk is charged with permitting a minor to consume liquor. Adjournment has been made until Tuesday. Staff Sergeant F. W. Gallagher is prosecuting with T. W. Brown acting as defence counsel.

Miss Snider, of the Department of Welfare for the Provincial Government left, on last night's train for Vanderhoof.

John Morse of Kamloops, who has been located here since last February with the YMCA war services, has been transferred to Vancouver or Victoria and will sail Saturday night for the south.

The County Court case of Helen Brooks vs. Robert Braun, in which plaintiff seeks specific performance of contract for sale of land, has been further set over until February in County Court. W. O. Fulton is acting as counsel for plaintiff and T. W. Brown for defendant.

Ira Dilworth, regional representative of the Canadian Broadcasting Corporation, was a speaker of outstanding interest at the weekly luncheon of the Prince Rupert Rotary Club today. President G. C. Mitchell was in the chair and there was a good attendance of members with several guests.

Announcements

All advertisements in this column will be charged for a full month at 25c a word.

Women of Moose invitational Christmas dancing party. Oddfellows' Hall December 16. Refreshments.

UNION STEAMSHIPS

SERVICES TO

Vancouver, Victoria and Way-points, Stewart and North, Queen Charlotte Islands.

Full Information, Tickets and Reservations

FRANK J. SKINNER

Prince Rupert Agent

Third Ave. Phone 568

Personalize Your Hospitality with

BURNETT'S London Dry GIN

Because Burnett's is an EXTRA DRY (unsweetened) Gin, you can add —or leave out—sweetness, when mixing drinks, and suit every individual taste.

Be a wise host— serve Burnett's.

12 oz. $1.40
25 oz. $2.70
40 oz. $4.05

Distilled and bottled by Distillers Corporation Limited, Montreal

PLEASE SAVE THE BOTTLE! Canada needs glass! Save all bottles. Your Salvage Committee will collect.

This advertisement is not published or displayed by the Liquor Control Board or by the Government of British Columbia

FOR HAPPY 50 YEARS

BUFFALO, N.Y., Dec. 10 (CP)—Two prescriptions for marital happiness are offered by Mr. and Mrs. Otto P. Nauth, who have tried them over 50 years of wedded life. "Never let the sun set on a quarrel," counsels Mrs. Nauth. "Don't try swivel-chair strategy in rearing children," advises her husband.

Women Chemists Find Substitutes

Working in "Hush-Hush" Plant They Save Money For Britain

LONDON, Dec. 10 (CP) — Five women scientists in one of the most secret of Britain's "hush-hush" laboratories, the Post Office Engineering Research Station in London, are saving quantities of money for the war effort. They are chemists and physicists whose job it is to test the substitutes for metals, rubber and silk now vitally needed for telephone and telegraphic communications.

They are Mrs. Joan Lock, 23; Mrs. Mary Ashton, Miss A. L. Peebles and Miss E. C. S. Faulkner. "By experiment we have found we can produce a satisfactory solder containing eight per cent less tin than was previously considered essential," said Mrs. Ashton.

FOR QUICK RESULTS TRY A NEWS WANT ADD.

3-PURPOSE MEDICINE Hits CATARRH Misery Fast!

When acute catarrh makes breathing difficult—causes stuffy head, watery eyes, nasal irritation and distress, put a few drops of Vicks Va-tro-nol in each nostril and enjoy the relief it brings.

Va-tro-nol is so successful because it does three very important things: (1) shrinks swollen membranes of the nose, (2) clears out discomfort-causing congestion and (3) soothes irritation. Many catarrh sufferers say it's the best relief they've found. Try it!

VICKS VA-TRO-NOL

CLASSIFIED

FOR SALE

FOR SALE — One good Simmons double cable-spring solid panel bed and mattress; complete. 345 Fifth Avenue East. (287)

FOR SALE—Two new rubber Loyalist double beds with springs, not used. Phone Green 837 or call 674 4th Avenue East. (287)

FOR SALE — '30 Chrysler Sedan. Good running order. $150 cash. Apply Room 51 Knox Hotel. (289)

FOR SALE—11 Goats. Write Sagen Estate, Box 639, Prince Rupert. (291)

FOR SALE—Roll-top desk, table with tray. 621 Fifth West. (287)

FOR SALE—Plymouth sedan 1936, 5 tires—one new; splendid condition. Box 404 Daily News. (289)

FOR SALE—Chesterfield suite. Apply 433 Fifth West after 5 p.m.

FOR SALE—1-3 H.P. electric bench saw. 215 Seventh Avenue West. (287)

FOR SALE — Electric Stove. 806 Borden Street. Black 187. (288)

PIANO for sale—Apply 318 Eighth West.

HELP WANTED

GOOD opportunity for right kind of man or woman to get into newspaper work in Prince Rupert. Ability to write and use typewriter desirable. Apply Unemployment Insurance Commission AM 16.

WANTED — Teacher wanted for Digby Island Rural School. Twenty minutes by boat from Prince Rupert. Salary $780. Apply Secretary, Digby Island School, Dodge Cove, via Prince Rupert, B.C. (294)

WANTED— Truck driver, male or female. Apply Unemployment Insurance Commission AM 15. (tf)

WANTED—Housekeeper for small rooming house. Apply Box 405 Daily News. (287)

WANTED

WANTED—Immediately by reliable party, 2 or 3-room house, furnished; or furnished bedroom with use of kitchen stove. Box 407 Daily News. (292)

WANTED— One or two rooms or small house. Box 399 Daily News. (289)

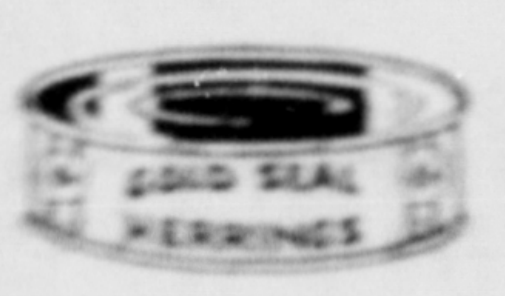
WANTED — Urgently, furnished room, price no consideration. Apply Box 406 Daily News. (286)

ROOM AND BOARD

BOARD and room for two men sharing. 1651 Herman Place. (288)

PERSONAL

DRESSMAKING Alterations. 737 Second Avenue. Apartment 2. (291)



GOLD SEAL

Fancy Red Sockeye Salmon

and

Herring in Tomato Sauce

are both on active service but will be back on your grocer's shelf soon as conditions permit.

J. M. S. Loubser

D.C., B.A.

CHIROPRACTOR

Wallace Block — Phone 644

KWONG SANG HING

HOP KEE

CHOP SUEY House

Next to King Tai

612 7th AVE. WEST

All your patronage welcome

Opens 5 p.m. to 2 a.m. Outside Orders from 2 p.m. to 2 a.m.

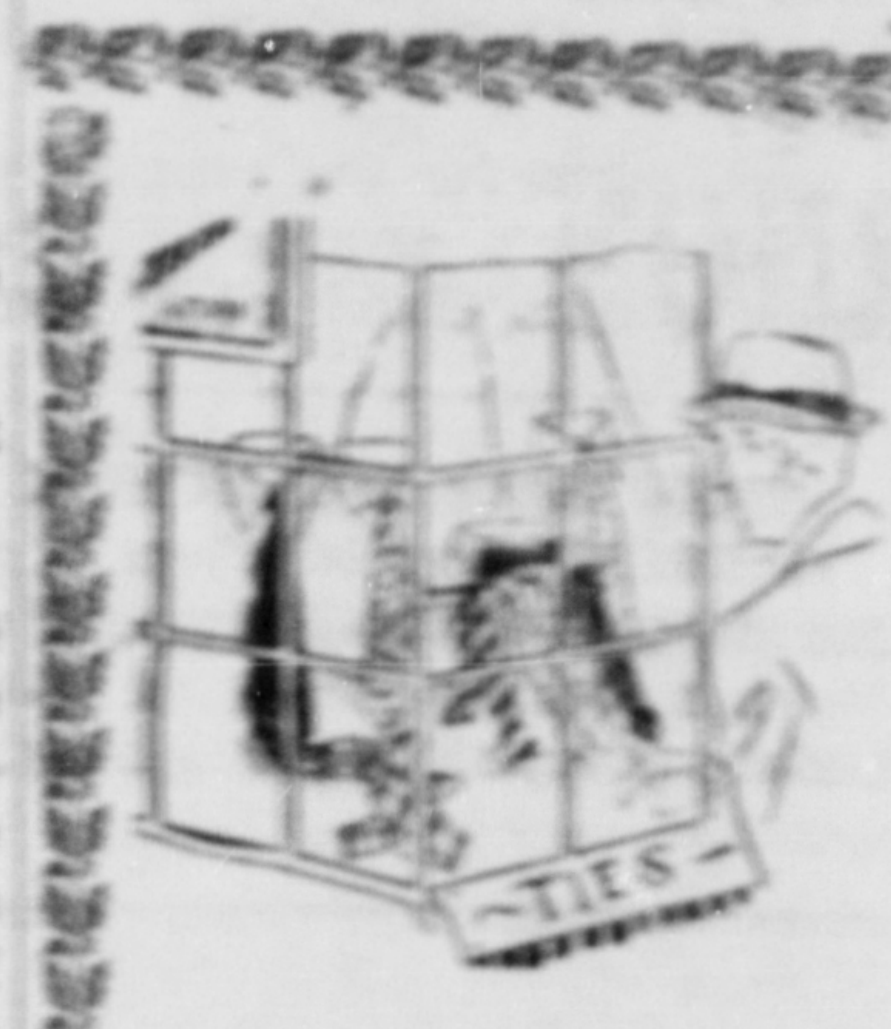
Phone Red 247

Don't let Xmas put you "In the Red!" Shop at

THE

Variety Store

Where your dimes are little dollars



More Life F

WINTER WARDROB

Yes, they'll liven up his winter suit, these new bright TIES that will stand the gaff.

Mogadors, Poplins, Foulards, Wool and Camel Hairs

$1.00

Full weight European Silk at

$1.50 and $2.00

Watts & Nickerson

MEN'S and BOYS' CLOTHING

PHONE 345 — FIVE-THREE-TWO THIRD AVEN

"Naught can compare with Gifts to Wear"

WAR SAVINGS STAMPS

For Xmas Giving

A special issue of Christmas Cards suitable for use in conjunction with War Savings Stamps—Eight Designs approved by the National War Finance Committee.

These Special Cards are bright and attractive in every way.

5c and 10c each

(including envelopes). Buy your War Saving Stamps here.

McRae Bros. Lt

The News For 'Xm

Once more the Daily News is pleased to offer as a Christmas Gift Suggestion a Year's Subscription to this paper.

Can you think of a gift that would be more appreciated by any person who has recently moved away or an old friend who has been away for a long time?

Special price on gift subscriptions by mail—$2.00 per year.

This special is good only between now and Christmas.

We will send an announcement of your gift to the person who is to receive it.

GIFT IDEAS ★★★ ★★★ ★★★ ★★★

Boxed Hankerchiefs — There is no daintier gift than Handkerchiefs.

Sportswear — For a really nice gift a Sweater, Jacket, Skirt or Suit will be just the ticket this year.

Gloves — She's proud of her hands, she'll appreciate Gloves and they'll add a dashing note to her costume.

Men's Ties — If you're in doubt about gifts, see our selection, boxed and displayed to help you buy.

Accessories — With only a limited number of shopping days until Christmas, be wise, choose your "just right" accessories now.

Hosiery — Hosiery will be much more appreciated this year than ever before.

Blouses — If you know she has a suit, she'll surely love a Blouse or two. Tailored and dressy which ever you choose.

What is more elegant than fine Toiletry. — Toiletries

We're ready with lovely New Lingerie to make Christmas dreams come true. — Lingerie

Dresses for gala evenings. Could anyone ask for a nicer gift. — Dresses

If you'd like a new Housecoat, a hint to Santa and a trip to our complete selection and you can choose it today. — Satin Housecoats

For your more collegiate friends, you'll find our lovely Sweater collection more than complete. — Sweaters

Nothing makes a lovelier gift than a Purse. — Handbags

WALLACE'S

THIRD AVENUE