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ANNOUNCEMENT

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PRINCE RUPERT — BRITISH COLUMBIA

If you lose anything, advertise for it.

RELIEVE SUFFERING QUICKLY WITH KELLOGG'S ASTHMA RELIEF

New Red Cross Branch Formed

The lady tenants of Wartime Housing held a meeting yesterday in St. Peter's Church Hall, and formed a "Wartime Housing Unit" of the Prince Rupert branch, Canadian Red Cross Society. The following officers were elected:

President, Mrs. Robert Cameron.

First Vice-President, Mrs. N. McLean.

Second Vice-President, Mrs. G. E. Meuffels.

Secretary-Treasurer, Mrs. A. J. Lamontagne.

Mrs. W. F. Eve is acting in an advisory capacity for the unit and will form groups as they become necessary.

Mr. Arnold Flaten, treasurer of the Prince Rupert branch, occupied the chair, gave the ladies a "pep talk" on Red Cross work, and explained the rules and regulations as required by the Red Cross Society.

Meetings of Group I will be held for the time being in private homes, but the administrator of Wartime Housing Limited assured the ladies that a club house will be provided in the near future and every possible assistance given to Red Cross and similar activities.

The next meeting will be held on Thursday, August 13, at 1:30 p.m. in the home of Mrs. D. Corbett, 1464 6th Avenue East.

Baseball Standings

National League

	W.	L.	Pct.
Brooklyn	72	30	.706
St. Louis	61	40	.604
Cincinnati	55	46	.545
New York	55	48	.534
Pittsburgh	46	53	.465
Chicago	48	58	.453
Boston	43	64	.402
Philadelphia	30	70	.300

American League

	W.	L.	Pct.
New York	70	34	.673
Cleveland	59	47	.557
Boston	57	47	.548
St. Louis	54	53	.505
Detroit	51	56	.477
Chicago	44	55	.444
Washington	42	61	.403
Philadelphia	43	67	.391

FREE LAW FOR TROOPS

LONDON, August 5 (CP)—The British army's plan to provide free legal advice for men in the ranks will include overseas troops, Canadians as well as Americans.

Britain Wants Lost Vitamins

LONDON, August 5: (CP)— Food Ministry scientists are out hunting these days for vitamins lost in British cooking and the results of their search may bring an educational campaign to get the housewife to prepare meals less traditionally and more scientifically.

The 1,500 British restaurants (government owned) and 7,500 factory canteens are being used in this research. Chemists visit them, taking away samples of cooking to analyze and test the meals and see what proportion of vitamins is lost in the preparation.

Laboratories in Glasgow, Edinburgh, Dundee, London, Manchester and other cities are co-operating in the vitamin hunt. Scientists say a whole new field of dietetics was opened up by discovery of new vitamins and the splitting up of Vitamin B into B1 and others up to B6 before the war began. The more war may make it necessary to curtail the British diet the greater the importance of any new vitamin discoveries.

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High Grade CHESTERFIELDS. Regular Price $225. Brand New. Now $145

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DAY AND NIGHT

FURNITURE

Chesterfield Suites, Dinette Suites, Bedroom Suites, Cedar Chests, Tea Wagons, Living Room Tables, Coffee Tables, End Tables, Radio Tables, Occasional Chairs, Smoking Stands, Clothes Hampers, Mirrors, Medicine Cabinets.

FLOOR COVERING

Battleship Linoleum, Inlaid Linoleum, Printed Linoleum, Rexoleum Linoleum, Congoleum Rugs all sizes, Seamless Axminster Carpets all sizes, Underfelt Carpets, Nonslip Bath Mats, and Bedroom Mats.

BEDDING

Point Blankets, Grey Blankets, White Blankets, Bedthrows, Comforters, Chenille Bedspreads, Sheets, Pillows, Window Shades.

WHITE WOOD FURNITURE

Chests of Drawers, Book Shelves, Hall Tree, Night Tables, Step Stools, Ladder Stool, Folding Steps, Step Ladder, Ceiling Dryers, Folding Ironing Boards, Sleeve Boards, Chairs, Eastern Hardwood, Kitchen Tables, Dropleaf Tables.

CAMP FURNITURE

Folding Camp Cots, Folding Chairs, 6x8 Tent, Pack Sacks, Pack Boards, Yukon Elderdown, Sleeping Robes, Mountaineer Down-Filled Sleeping Robes, Hikers' Sleeping Bags (wool filled).

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WORLD NEWS

Today CAPITOL

Complete Shows at 1:00, 3:01, 5:02, 7:05, 9:10
Feature at 1:40, 3:41, 5:42, 7:43, 9:44

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J. & J. BABY TALCUM	30c
J. & J. BABY SOAP, per cake	15c
J. & J. BABY CREAM	55c
PABLUM, 1-lb. pkge.	45c
DEXTRI MALTOSE, 1 lb.	65c
5 lbs.	$3.00
PURETEST COD LIVER OIL, 8 ozs.	75c
16 ozs.	$1.25
PURETEST 10D COD LIVER OIL, 4 ozs.	$1.00
MEAD'S OLEUM PERCOMORPHUM, 10 c.c. 75c 50 c.c.	$3.00
DRISDOL, 5 c.c.	65c
PYREX NURSERS	25c
BOTTLE BRUSHES	25c

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The Pioneer Druggists

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The Veterans' Guard mobile recruiting party will visit the following towns on the dates shown:

Party No. 2—Capt. A. J. Shipley, V.G. of C.

Terrace	Aug. 5	Smithers	Aug. 9-11
Ritchie	Aug. 6	Burns Lake	Aug. 12-15
Hazelton	Aug. 7-8	Vanderhoof	Aug. 16-19
Cedarvale	Aug. 7-8	Prince George	Aug. 20-22
		Quesnel	Aug. 23-25

Or enlist at the Recruiting Offices at Prince Rupert, Vancouver, Victoria, Vernon, Kamloops, New Westminster, Trail, Cranbrook.

For further information mail the coupon from this ad or consult the Chairman of the Civilian Recruiting Committee, Prince Rupert, Mr. A. MacKenzie;

Or apply to the Recruiting Officer at Prince Rupert.

Information Gladly Given—Open 9 a.m. to 9 p.m.

Mail this for information re Veterans' Guard of Canada to District Recruiting Officer, H.Q. M.D. 11, Vancouver, B.C.

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It is important that you should lay in your coal supply this summer as it is almost certain that the dealers will not be able to cope satisfactorily with the demand next winter.

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If you have something to sell, a classified advertisement in this paper will soon let you know if there is a buyer in the city.