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Go to War!

SPECIALLY DESIGNED EDISON MAZDA LAMPS ARE BEING SUPPLIED TO ALL THE FIGHTING SERVICES

THE Navy, Army and Air Force all rely on Edison Mazda Lamps! Hundreds of types of NEW lamps have been specially developed at the Edison Mazda works, for war duty. Follow the lead of the fighting services—use dependable Edison Mazda Lamps. Light adequately but save power.

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CANADIAN GENERAL ELECTRIC CO. LIMITED

The Experts Say . . .

By ISABEL ALLAN
(Canadian Press Staff Writer)
Hints for wartime living from folk who ought to know

MENDING — Little bits of resourcefulness will make things go a lot farther and last a lot longer, says Byrne Hope Sanders, Mrs. Consumer of the Wartime Prices and Trade Board. Here are some of her suggestions . . . If you've got a hole in the lapel of your suit or Betty's sweater—embroider a flower to cover it. Are your boys just at the stage when they have grown out of everything—take your husband's old suit down from the closet and make it over for them.

MEXICAN RAREBIT — Looking for a meat substitute? Paste this in your cook book and use it for dinner tomorrow. It comes straight from the experimental kitchens of the Consumers' Section of the Department of Agriculture . . . Take three tablespoons of butter, one small onion, three tablespoons flour, two cups grated cheese, two cups canned tomatoes, one teaspoon Worcestershire sauce, salt and pepper . . . Cook chopped onion slowly in butter for five minutes, stir in flour, gradually add tomatoes and cook until the mixture thickens. Add grated cheese and seasonings and cook gently until the cheese melts . . . Serve at once on toast.

WHEAT—Marion Hatlow, Assistant Director of Nutrition Services, suggests taking advantage of Canada's bumper wheat crops by using more whole wheat products . . . She says it will help to overcome vitamin B deficiency that affects eight out of 10 Canadians. For a delicious and nourishing breakfast cereal she suggests — a combination of half rolled oats and half rolled wheat.

LARD—The next time you go to use butter in your cooking or baking, pause—then ask yourself if lard wouldn't do instead . . . Mrs. Phyllis Turner, oils and fats administrator of the Wartime Prices and Trade Board, asks you

to use it wherever possible instead of butter. She says there is a surplus of lard now as a large part of it is produced from the fat of hogs, and the number of hogs being raised is increasing every day.

PORK — Don't - buy - this and don't buy that slogans are increasing every day but the don't-buy-pork theme is considered by food authorities as one of the most important . . . However, Laura Pepper, chief of the consumer section, Department of Agriculture, while asking you to cut out bacon, ham and fresh pork, says tenderloins, feet and knuckles are not exported and you can buy them with a clear conscience . . . She adds that sausages and head cheese are still available.

COUGH DROPS — Sore throats are cropping up again and for those who resort to cough drops here is good advice. The customs and excise division of the department of national revenue says cough drops aren't candy and therefore don't come under the 30 per cent excise tax on candy.

THANKS ARE OFFERED UP

Special Seasonal Services Held In Various City Churches On Sunday

Special Thanksgiving services were held in Prince Rupert churches on Sunday with substantial sized congregations both morning and evening. Sermons appropriate to the occasion were delivered by the pastors and the church choirs featured music in keeping with the theme and season. The churches were beautifully decorated with autumn flowers and harvest products.

Declaring that it was fitting, war conditions notwithstanding, to celebrate the Thanksgiving season, Rev. A. F. MacSween, in First Presbyterian Church in the morning, felt that thanks should not only be given for the privileges and resources enjoyed by Canada but also for the type of her people who scorned self and self-interest in the sincerity of their purpose to work and sacrifice in advancing the common cause. It was fitting that, in expressing thanks to God for blessings given, appreciation should be shown in the way of Christian conduct.

GOLD MINE LOOKS GOOD

Promising Values Shown on Homestake Property in Alice Arm District

In the city at the week-end on the Queen Charlotte Islands for a visit, Arthur F. Smith, well known Alice Arm mining man, reports having had encouraging results in development during the past summer of the well known Homestake gold property in the upper Kit-sault Valley about eight miles beyond the Dolly Varden. Assays showed average values of \$45 per ton. This was in a new find of ore off the main Nyberg tunnel. Values as high as \$142 have been found in the past on the Homestake.

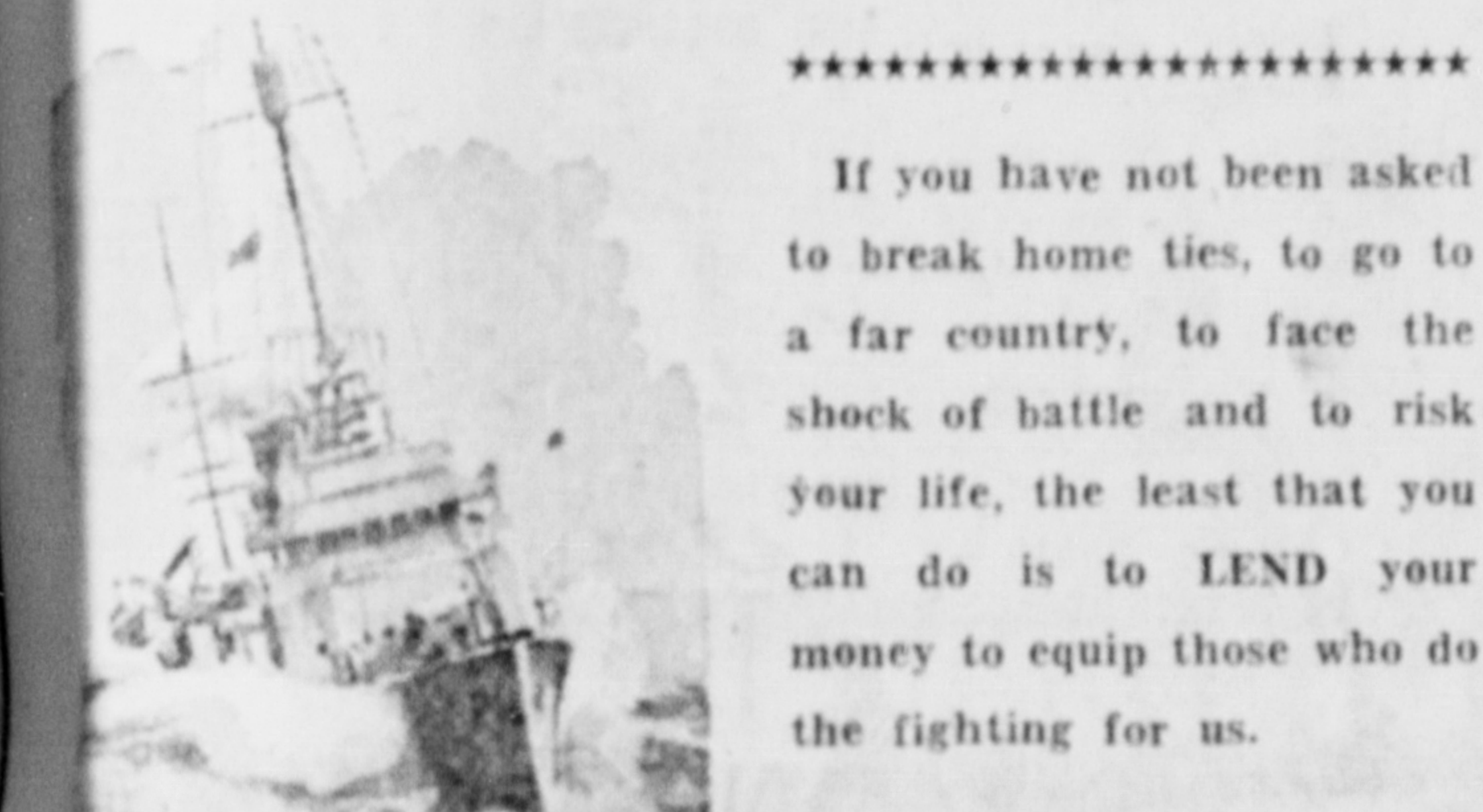
Already there have been some small shipments from this property through the local ore sampling plant, the value of which to the mining industry of this district is emphasized by Mr. Smith.

California Dim-Out Is Increased

LOS ANGELES, Oct. 13 — Dim-out regulations for the coast of California are being extended to reduce the volume of short glow and minimize the resultant light to submarines.



HE DIDN'T COUNT THE COST



If you have not been asked to break home ties, to go to a far country, to face the shock of battle and to risk your life, the least that you can do is to LEND your money to equip those who do the fighting for us.

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Support the Victory Loan

Many are paying the cost of victory in "blood, sweat, toil and tears." If you are not privileged to be a combatant, your job is to Work and LEND for Victory

ANNETTE'S LADIES' WEAR

We Lead . . . Others Follow

New Building Is Considered

Auxiliary Services Officials Are Paying Visit to Prince Rupert

On business in connection with the auxiliary war services in this area including the projected new Y.M.C.A. building at Prince Rupert, Col. James Lightbody D.S.O., auxiliary services officer for military district No. 11; Flight Lieutenant W. H. Molson, auxiliary services officer for the western air command; George Pfeiffer, director of voluntary and auxiliary services, Ottawa; Mrs. Neil West, director of women's voluntary services, Ottawa, and Allan M. Hurst, area secretary for Pacific area south, Young Men's Christian Association auxiliary war services, arrived here Sunday evening from Vancouver. Flight Lieutenant Molson and Mr. Hurst left this afternoon on their return to Vancouver while the rest of the party are proceeding to Terrace this afternoon.

CUT GRAIN WITH STONE
Stone sickles were used in Egypt 4,000 years ago.

WASHINGTONIAN RIGHTS

Not until April 20, 1940, did the French slang word "Boche," The United States never has re-named in the District of Columbia as a synonym for German, was cognized the Japanese-dominated state of Manchukuo, set up in states in Federal court law-suits.

HELP TO BOOST VICTORY BONDS

The National War Finance Committee, public relations section, has provided the Daily News with a number of attractive illustrations for use in connection with sponsored newspaper advertising for the Third Victory Loan campaign.

The co-operation of all business people in supporting the Victory Loan campaign by using newspaper space for sponsored advertisements is being enlisted.

The Daily News is also in possession of suitable texts for such advertising in case business people desirous of taking part have no particular ideas of their own.

We are ready to assist in suggesting both illustrations and messages but would suggest quick action. Already we have had several orders for space during the campaign.

Telephone or call at the Daily News Office.

The Daily News

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BY WESTOVER

THE PACIFIC CAFE
Third Avenue and Sixth Street
Wishes to Announce that it will be
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after being closed for renovation, on THURSDAY, OCTOBER 1, at 4 p.m. with a first class Chinese Cook.
Specialty—Chinese Dishes
The Management Invites the Public to try their Special CHOP SUEY.

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Victory
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A stamp's a bullet, a bond's a gun,
Buy them both till the war is won.
H. S. WALLACE LTD.