

J. L. Curry (Late of Yukon)

Chiropractor Westholme Rooms

SUPREME COURT OF BRITISH OLUMBIA IN PROBATE Matter of the "Administration Matter of the Estate of Severin

NOTICE that by Order of His erin Sagen, formerly of Hunter Columbia, Deceased, while or about the 23rd, day of Nov-1942. All persons indebted to the g regard only to shch claims at Prince Rupert, B.C. this

NORMAN A. WATT Official Administrator Prince Rupert, B.C

SUPREME COURT OF BRITISH COLUMBIA IN PROBATE Matter of the "Administration

Matter of the Estate of George Mitchell Fraser, Deceased of Prince Rupert, British Colnce Rupert, B.C., this

> NORMAN A. WATT Official Administrator Prince Rupert, B.C.

Mrs. M. P. McCaffery left on Saturday night for a trip to Vancou-

Miss Nancy Rorie is leaving to- 5th Ave., Tuesday, April 13. night for a trip to Vancouver.

***************** FOR QUICK RESULTS TRY A NEWS WANT ADD

PHYSIO THERAPIST

STEAM ELECTRIC TREAT-MENTS for Lumbago, Arthritis, Rheu-

matism, Neuritis and Sciatica Hours 10 a.m. to 1 p.m., 6 p.m. to 8 p.m.

Room 38 NEW ROYAL HOTEL

NEW ROYAL HOTEL

J. ZARELLI, PROP.

'A Home Away From Home" Rates 75c up 50 Rooms Hot & Cold Water

Prince Rupert, B.C. Phone 281 P.O. Box 196

Carl Zarelli, Prop. P.O. Box 544 Phone 37 FRASER STREET PRINCE RUPERT

LOCAL NEWS NOTES

▲ Elio's Pay Cash for Furniture, R. McLean is leaving tomorrow Stoves, Tools, Musical Instruments, night or Queen Charlotte City.

Mrs. G. E. Moore left on Saturday night for a trip to Vancouver.

Jack Wearmouth, son of Mr. and Mrs. H. F. Wearmouth, has en-

listed in the army in Vancouver. Mrs. G. Oakey and Mrs. G. Shannon are leaving tomorrow night for

▲ Canadian Legion (B.E.S.L.) Executive Meeting tonight at

A Lecture, "Direct Legislation and the Facilities Necessary for Democracy in Fullest Form," Eagles' Hall,

Olof Hanson, M. P. for Skeena, returning home from Ottawa week before the adjournment Faster Recess, is due in Smither comorrow. He will spend a couple of weeks in the district, part of the time in Prince Rupert.

SPECIAL NOTICE! In fairness to my regular customers spit.

NO MORE UNIFORMS

until further notice.

All new models, very exclusive service.—Hawkinson's Laundry. styles. Annette's, next to C.N.R. Ticket Office.

********** "Build B.C. Payrolls"

60 2

A Supply Soon Of Pacific Milk

四田 EVAPORATED Pacific Milk was reported captured on the battle front and recovered by General Montgom- 20. ery. This explains why your grocer has been unable to supply the usual quantities. It has been and raffle April 21. required overseas. Soon there

will be an abundance here. In

your grocer has sufficient for

infant feeding. PACIFIC MILK Irradiated and Vacuum Packed

▲ Important—Special Meeting of the Trades and Labor Council will be held Tuesday, April 13, at 8 p.m. Full attendance is requested. (87)

A Housewives' League Meeting, Sergeant Pilot Harry Worsfold fortune Saturday to sustain a se-Tuesday, 8 p.m. East End Hall. (1t) has arrived safely in Britain, ac-vere fracture of the hip in her parents, Mr. and Mrs. H. Worsfold Evenson was removed to the Prince of Seal Cove.

> End Hall, April 15. Mrs. D. Gurvich left on Saturday

it in the interests of humanity? tificial leg. Hear lecture, Eagles' Hall, Tues-

day night.

▲ The Ladies' Bowling League will hold a party at the Knox Hotel on Wednesday night, April 14, at 9 o'clock, where the cups will be presented to the winners. All members are invited to attend with es-

Mr. and Mrs. F. Tillapaugh are leaving tomorrow night for Sand-

accepted for cleaning or pressing A Notice to Patrons — Owing to extreme pressure on our facilities FOR SALE—Wicker baby bassinet, EVENSON'S IDEAL CLEANERS | we are compelled to request our | child's crib, ping pong table and patrons not to bring in uniforms set. Phone Blue 833. A For your Easter Bonnet see until further notice. The laundry Annette's Millinery Department. work will be speeded up to weekly

Announcements

All advertisements in this column will be charged for full month at 25c a word.

Sonja Home Cooking Sale. April

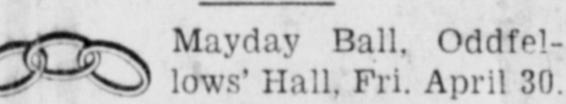
Presbyterian Spring Sale Apr. 15. Oddfellows' Hall.

Can. Legion W. A. Spring Sale

C.C.F. Bridge, Valhalla Hall, April

Queen Mary Easter Monday Tea,

the meantime we will try to see Mrs. Parkin. Cathedral Easter Sale, April 29. C.C.F. Invitation Dance Oddfellows' Hall, April 29,



Miss Noreen Gibson is leaving tonight for Vancouver.

Mr. and Mrs. W. L. Coates left at the end of the week for a trip

Sidney Davis, agent for the marine department and harbor master, returned to the city last night from a trip to Vancouver.

preparing to leave in a few hours with her husband on a vacation trip to Vancouver, had the miscording to word received by his home on McBride Street. Mrs Rupert General Hospital where she is reported to be resting as easily ASt. Peter's Evening Branch of as can be expected although it W.A. are holding a tea in the East will be a considerable time before (1t) she can hope to be around again.

PRETORIA, April 12 (P) - The night for a business trip to Van- South African Air Force's fourth D.S.O. in the present war has been awarded to Lieut. Douglas (Shorty) Fellow Citizens - why not de- Rogan, well known fighter pilot in velop that huge power and direct North Africa who flies with an ar-

CLASSIFIED

FOR SALE

'OR SALE-Kitchen stove, studio couch, gate-leg table, drop-leaf table, 4 chairs, baby carriage, chest of drawers. 1452 6th Ave.

FOR SALE-L C Smith typewriter.

FOR SALE - Oak dining room suite. Phone Blue 167.

(87) 8 ROOM House for sale, earning \$40.00 per month. Buyer would be able to occupy some of rooms that will shortly be vacant. Price \$3,250. Down payment \$1,000 balance easy. Dybhavn & Hanson,

> FOR SALE-Low English pram. Phone Green 885.

> > FOR SALE

1935 Plymouth 7-Passenger Sedan, in really good shape. Tires, upholstery and paint in first-class condition \$695.00

S.O.N. Dance, Friday, April 16, 1938 Plymouth 7-Passenger Sedan, with trunk. This car is being factory reconditioned in our 1939 Plymouth 7-Passenger Custom

Sedan. This car is just like new; all new upholstery, tires like new, complete new paint \$1150.00

Prices are F.O.B. Victoria Begg Motor Company Limited 865 Yates Street,

Victoria, B.C.

FOR SALE - Mirrors, all descriptions. Elio's Used Department.

WANTED

WANTED—Housekeeping room or flat for Naval officer and wife. Getting Active flat for Naval officer and wife. Apply Box 468 Daily News. (86)

WANTED-Party to care for child; cottage room and board plus salary. Apply Box 470 Daily News.

WANTED - Apartment or small house, furnished. \$25.00 reward. Box 471, Daily News.

WANTED- Housekeeping room or Apartment. \$15 reward. Phone Prince Rupert Hotel, Room 83. after 5.

WANTED - Urgently, light housekeeping furnished room, suite or apartment by married couple. Phone Red 617.

WANTED — Housekeeper for two adults. Phone Black 85 evenings.

WANTED - Capable housekeeper for small family, sleep in. Red

HELP WANTED

WANTED-Girl or woman for light house duties, good wages. Phone Green 596.

WANTED-Truck driver for Cartage Business; must be able to keep records. Apply Unemployment Commission AM 34. (tf)

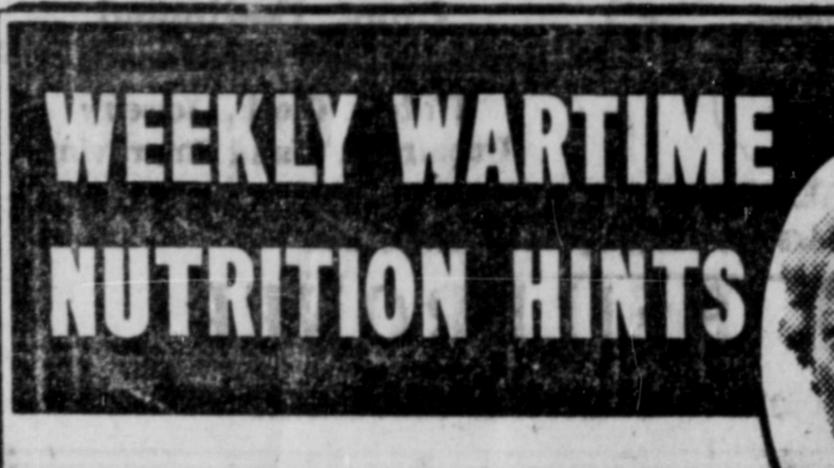
WANTED at once, for local shipyard, 25 youths ages 16 to 20 for rivet passers. Applications to be made to Unemployment Insurance Commission AM 33.

WORK WANTED

WORK WANTED-Young married man wants part time daily work. State full particulars, wages, etc. Box 469 Daily News.

ARTICLES WANTED

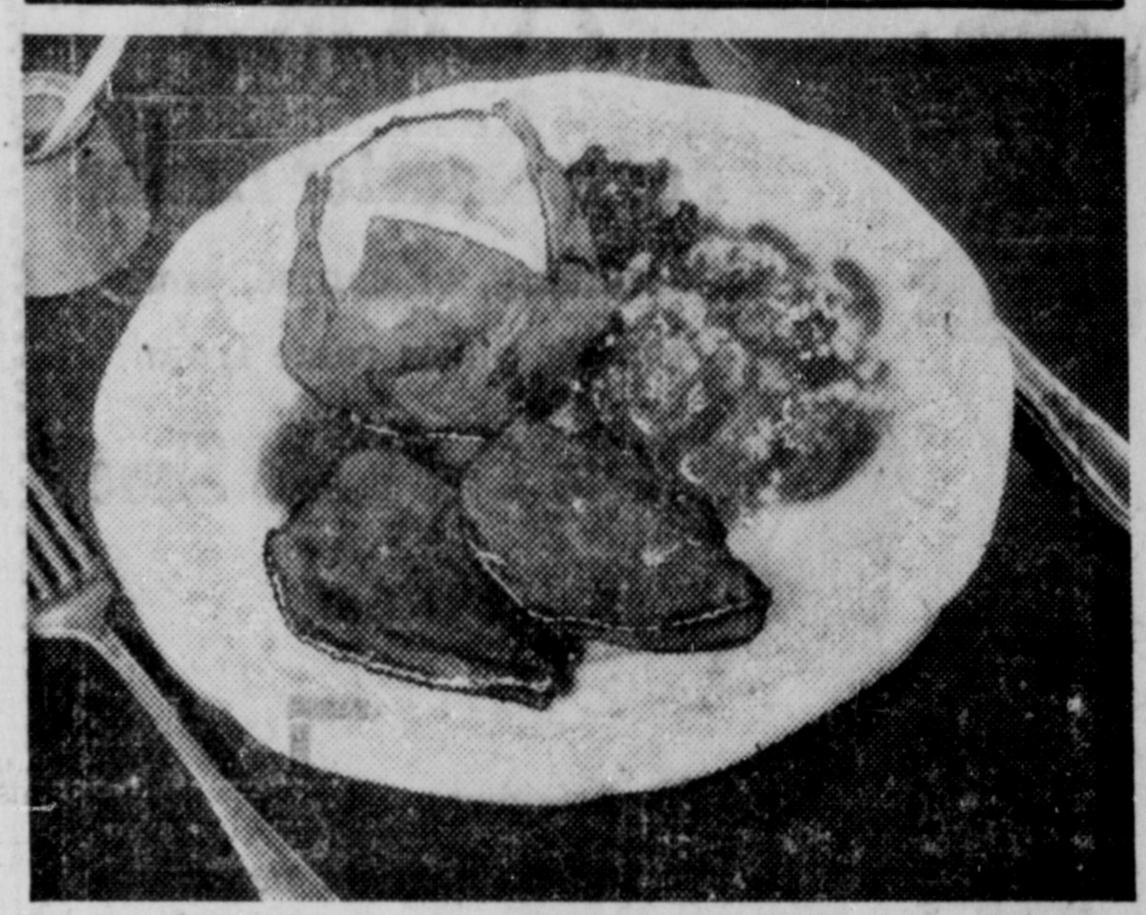
BAND and Orchestra Instruments not in use may be turned into ready cash. Send full particulars to Whaley Royce & Company, 310 Yonge St., Toronto, Ontario.



Martha Logan, Swift's famed home economist, whose weekly wartime cooking column is a regular feature of this page. Look for these valuable hints each Monday



by Martha Logan



Braised Pork Liver

With escalloped tomatoes and baked potatoes it makes an economical meal of splendid nutritional value.

Dredge 1 lb. of sliced liver with seasoned flour. Pour in 1/4 cup hot water combined with 2 tablespoons tomato catsup, cover closely, and simmer gently until liver is tender, about 20 minutes. (The liquid will be all taken up—the catsup and water may be doubled or tripled, to provide delicious gravy-thicken slightly, if necessary.) That's all there is to making a delicious main dish for four people-it's an easy way to

Braising is the method of cooking we recommend for tenderizing the thrifty but less tender cuts that may not always be so familiar as they [MEA] might be to the housekeeper.

give your family plus values in health.

This method of slow, moist-heat cooking insures tenderness, full flavour and all the food values. Any braised meat can be enhanced by the

addition of suitable vegetables to the liquid in which it is braised.

Remember, too, that in addition to meat, every adult should have 1/2 pint of milk (children more than a pint) every day. And we need, too, tomato or citrus juice, one other fruit, two servings of vegetables, particularly the green leafy and yellow. ones, potatoes, plus four to six slices of Canada Approved Bread and 3 to 4 eggs each week as a minimum diet.

SAVE SHRINKAGE

Make meat go farther and help conserve fuel by cooking at low, even temperatures.



The secret of planning delicious, economical, nutritious meals in wartime is in Martha Logan's new meat cook-book "Meat Complete." Send 10¢ for this indispensable 54-page book to Swift Canadian Co., Limited, Dept. NE13, Toronto.

SWIFT CANADIAN CO., LIMITED.. a Dominionwide organization devoted to the conservation and efficient distribution of Canada's food resources.

Moose Lodge Is

The local Moose Lodge,

the presidency of Fred Cameron, is taking on a new lease of life after having been inactive for about a year. There was a meeting last week when various matters of lodge business were taken up. The election of new officers is to under take place soon.

SHRIMPS

BOAT W.S.L. Fresh every day, 5:00 p.m. First Float West of Imperial Oil Co.

HAMBURGERS

6th St., Behind Royal Hotel PHONE BLACK 59

SHOES

SHOES SHOES

Closing out all Shoes from

The Annette Ladies Wear

— and —

The Style Shoppe

Some of these are New Shoes just received today. Beaumonts, Wilmonts, Debs, Graceline, etc., are among well known makes. All shoes to be sold at greatly reduced prices.

These For Sale

TUESDAY, 9 A.M., MARCH 31, 1943

"THE STYLE SHOPPE"

(Next Door Bulkley Market)

SEE OUR WINDOWS



without wings

VOU may not be required to fly a bomber and I risk your life in striking at enemy targets. Age and health may bar you from service on the fighting fronts.

But as a family man, you are a pilot on the

home front. You face unforeseen hazards. Your

family looks to you to chart a wise course for the safety of yourself and your loved ones. Fortunately you need not be alone at the controls-you have a reliable co-pilot in life insurance. It will help you to attain any definite financial object in life that you set for yourself.

It will safeguard the precious lives in your care. Guardianship of the people, by the peoplethat is the story of life insurance—a story of security for more than a million Canadian families. It's the romance of the people's dollars co-operating and circulating in a democracy we must fight to save. And to save that democracy, every Canadian should work, save and lend for victory to the limit

IT IS GOOD CITIZENSHIP TO OWN LIFE INSURANCE

of his ability.

This message is sponsored by Life Insurance Companies operating in Canada