

# For Service Anywhere

From East . . . West . . . North . . . South . . . the war calls women to adventure - to a stirring part in the world struggle, beside which even the life of our pioneer mothers must seem drab.

They worked, those women . . . they faced danger ... they even shouldered muskets - but theirs was a world bound to their own hearthsides.

The world has changed for women. A new picture is painted in dashing colours . . . in navy blue ... air force blue ... khaki. It is a world- of change, of new places . . . new experiences . . . new friendships . . . new responsibilities. That is the world of our women's forces today . . . ready for service anywhere!

Canada must use all her human resources. Today the call rings out for women. They are needed in the women's forces . . . NOW! . . . So our men can fight.

## The NAVY - The ARMY - The AIR FORCE of the DOMINION of CANADA

y Kecipes

ND MACARONI

> it 1-3 package) celery

h cucumber

LIE THE TOILER

11/2 tablespoons parsley) 2 cups flaked cooked fish

Thick salad dressing Salt and pepper as required

Break macaroni in 1-inch pieces; boil in a large pot of salted water Toss ingredients together lightly, lifeboat. with thick salad dressing to moistfinely chopped en nicely. Taste mixture, and season as desired. hopped pickle (or Serve the salad in crisp lettuce fishes are known.

cups, or a lettuce-lined bowl. Gar-GIRLS FOR to sections. Serves six generously.

LIVED ON CABBAGE

LIVERPOOL, June 18 (P) Able until tender. Drain, rinse with Seaman Henry Heinson of London Eleven Young Women in Training cold water, and again drain. Chill. who has been awarded the B. E. M.. Combine macaroni, celery, cu- lived for 18 days on one cabbage cumber, chives, pickle and fish. while adrift in the Atlantic in a WINNINPEG, June 18 - Eleven couver.

> SOME NEVER BITE More than 20,000 species of true

At Winnipeg

young women from seven cities make up the seventh personnel line duty after a course lasting untraining school of the Trans-Can- til July 15. ada Air Lines' passenger service department now in session here.

Sovereign, Sheila Hope, Anita Bur- popular in the North than in the ford and E. Halstead; from Winnipeg two-Audrey Hiram and Joan weight. Also the heavier and more Reid, Olive Trenouth is from Re- manual work carried on by the ingina, Arleen Tanner from Leth- dustrial work carried on by the inbridge, Ada Bradley from Edmonton, Jean Nelson from Cardstone, muscles. Alta., and Graeme Small from Van-

The girls will be assigned to air

T. W. Kirkham, supervisor passenger agents, is instructor.

THE SHOWER QUESTION

By Westover









#### THE EXPERTS SAY . . .

Wartime Conservation Hints for Busy Housewives (By the Canadian Press)

COME ON IN-A wool bathing HELP YOUR HOSE-Hoses used suit, a wardrobe hangover from by victory gardeners and others pre-war days, now is a mighty cannot easily be replaced, and precious item, since it can no lon- merit coddling in consequence. ger be replaced. If you can't get When not in use they should be matching wool for the odd hole stored on a reel or coiled on a flat, which develops, you might mend it dry surface, away from sunlight in black of brown. Wilted shoulder and oil. The greatest wear occurs straps or the flowered cotton suits near the faucet. If the rubber becan be replaced with colorful, in- comes worn the worn section expensive bandanas, suggests Mrs. should be cut-off and new coup-Kate Aitken, director of conserva- ling put on the cut end. Damaged tion for the Prices Board's consu- parts should be removed if the mer branch.

weight of all the halibut they buy firmly to the pipe. or receive in any other way. This SUGARLESS CANNING - All budget-stretcher.

make sure these are maintained. of syrup.

hose wears out anywhere else and HALIBUT FREEZE — Housewives couplings placed on both cut ends should take advantage of the or- to join them. Cut ends also many der which requires fish processors be joined by putting a short pipe, in British Columbia to freeze for if one is available, inside the hose. use in Canada 50 per cent by The hose then should be clamped

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will assure the housewife a work- fruits, says the consumer section ing margin with her meat ration, of the Agriculture Department can and will be an additional source of be successfully canned without protein for the family. Maximum sugar, so when the fruit outruns prices on frozen halibut for the the sugar stock this method should Canadian market make it a natural be followed. The jars should be plainly marked "No Sugar" and TENANT TENDENCIES - War the fruit used, sweetened to taste. workers placed in home surround- whenever the family ration can ings through the housing registries best spare the sugar during the of the Prices Board are advised not winter. Strawberries, raspberries, to monopolize the laundry, tele-blueberries, cherries, currants, phone or shower facilities provided plums and rhubarb can be packed for them. They are all privileges in sterilized sealers and crushed and should be treated as such. until the juice overflows, then par-Hostesses, for their part, are urged tially sealed and sterilized. An alto live up to their bargain. If they ternative method which is used for contracted to supply stated essen- peaches, pears and apricots is to tials such as clean linen, hot water and laundering conveniences, including use of an iron, they should then fill with boiling water instead

### WOMEN NOT STANDARD

In North and Midlands They Are Bigger Than in the South

> By DENISE DALTROFF Canadian Press Staff Writer

LONDON, June 18 (P) — If anybody is going out on a search for Britain's "standard" type woman, they can stop now. Authorities say at the home of Miss Kay Stangethere isn't such a thing.

Women in Britain's north are bigger than women in the Mid- freshments the honoree was preslarger than women in Southern decorated basket. England. That is what clothes

manufacturers say. every year referred to a case in court which concerned women's dresses returned because they did

Some Exceptions

alike and that there are no fat directions. women in the south, but generally \_\_\_ speaking this is the case," she said. "In the north we could not | Sweep Chimneys Now sell on any scale the American 14 size, the hips of which are at least three sizes smaller than the requirements of the north. Yet an American 14 is the average size for the south."

Food experts say that Northerners eat heavier meals than people in the South. Starchy foods like From Toronto come four-Edith dumplings and puddings are more South. These foods tend to put on and Midlands develop women's

A man who handled the evacuation into Birmingham and the outskirts, of many thousands of young children and their mothers from the South and the Southeast coast said, "People from the south seemed to devote more attention to themselves. Care invariably gives a neater appearance and makes look smaller. Girls from the south are a lot more particular about their clothes and make sure that they fit."

TO PUBLICISE RELIGION

LONDON, June 18 (P-A Ministry of Information for Christianity has been suggested by Lord Hankey. who said "I should like to see some board, with representatives of the churches, which are co-operating are both on active service so well in many matters, to spread but will be back on your existing ways and find new ones to grocer's shelf soon as condibring religious thought into our national life."

#### Miss Myra Watson Shower Honoree

Delightful Affair at Home of Miss Kay Stangebye

In honor of Miss Myra Watson, whose marriage is to take place shortly, a delightful miscellaneous shower was held yesterday afternoon by her friends of the graduating class of St. Joseph's Academy

After the serving of dainty relands. Women in the Midlands are ented with gifts from a prettily

Those present were Mrs. Alex McRae, Mrs. Gordon Bryant, and The matter came up when a pro- the Misses Kay Strangebye, Joan duction manageress of a clothes Miller, Betty McGinnes, Lorraine manufacturer who produces tens Gillis, Lillian Carlson, Merle Shovof thousands of women's garments ar, Nancy Owens and Jean Smith.

FIRE IN THE HOLD

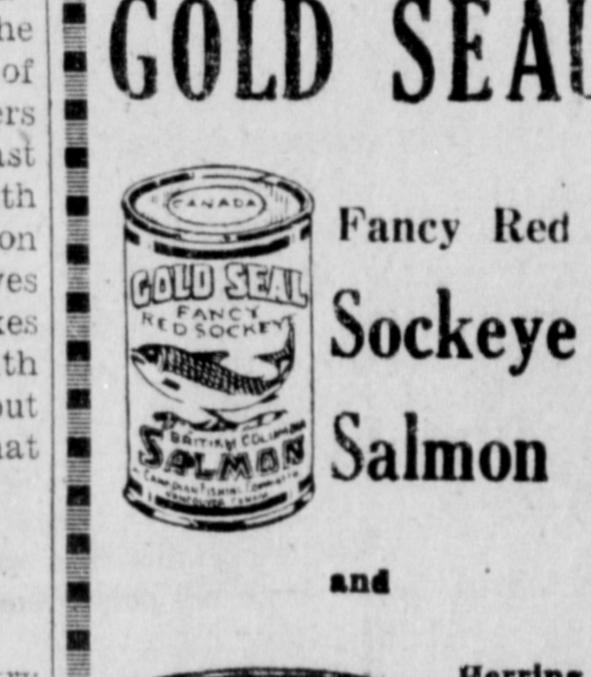
ALGIERS, June 18 (P)-Two Brinot fit. The manageress explained tish seamen saved the steamship that on the whole women are two "Benedict" when fire broke out sizes larger in the north than in deep in the hold during a journey the Midlands and about one size from Britain. For more than three larger in the Midlands than in the hours they fought a grim struggle with the blaze as the ship rolled and tossed in heavy seas and ex-"That does not mean they are all ploding ammunition flashed in all

> No Sweeping done in wet weather.

Oil burners also cleaned and serviced Phone Black 735 HANDYMAN HOME SERVICE

J. L. Curry (Late of Yukon)

Chiropractor Westholme Rooms





Herring n Tomato Sauce

ditions permit.