

Do This
If Your Child Has a Cold
 Relieve Misery
 Improved Vicks VapoRub
 Mothers, you will welcome the relief from misery that comes with a "VapoRub Massage."
 With this more thorough treatment, the poultice-and-vapor action of Vicks VapoRub more effectively penetrates irritated air passages with soothing medicinal vapors... STIMULATES chest and back like a warming poultice or plaster... STARTS RELIEVING misery right away! Results delight even old friends of VapoRub.
 TO GET a "VapoRub Massage" with all its benefits - massage VapoRub for 3 minutes on IMPORTANT RIB-AREA OF BACK as well as throat and chest - spread a thick layer on chest, cover with a warm cloth. BE SURE to use genuine, time-tested VICKS VAPORUB.

MRS. BARBER IS PRESIDENT

Annual Meeting of Women's Auxiliary to Canadian Legion

On Thursday evening the Women's Auxiliary of the Canadian Legion held its annual meeting with election of officers. Despite unfavorable weather there was a fair attendance of members. Mrs. William Rothwell, retiring president, was in the chair for the first part of the proceedings, being later replaced by the new president, Mrs. F. Barber.

A report from provincial command on Poppy Day showed results far exceeding other years by many thousands of poppies sold, this for British Columbia alone, which was most gratifying.

Mrs. E. Dickens reported on the Legion Christmas tree which had been carried out successfully.

Routine business matters were disposed of and the nomination and election of officers proceeded with, resulting as follows:

President—Mrs. F. Barber.

First Vice-president — Mr. D. Parent.

Second Vice-president — Mrs. F. Ellison.

Secretary—Mrs. C. Michaeloff.

Treasurer—Mrs. Hugh Killin.

Sergeant-at-Arms—Mrs. E. Garlick.

Executive—Mrs. Rothwell, Mrs. R. Murray, Mrs. H. Smith and Mrs. Croxford.

Sick Committee—East: Mrs. W. Rothwell and Mrs. C. Michaeloff.

West: Mrs. Boulter, Sr., and Mrs. H. Smith, Sr.

Entertainment—Mrs. E. Dickens (chairman), Mrs. R. Murray, Mrs. S. V. Cox, Mrs. Boulter, Sr., Mrs. F. Ellison, Mrs. McNeill and Mrs. W. Bussey.

Sewing Club — Mrs. Rothwell (chairman), Mrs. Croxford (treasurer).

Investigations Committee — Mrs. S. V. Cox and Mrs. S. Bird.

Press Correspondent — Mrs. W. Brass.

C.N.R. Trains

For the East—
 Mondays, Wednesdays and Fridays 6:00 p.m.
 Wednesdays and Fridays 10:30 a.m.
 From the East—
 Sundays, Tuesdays and Fridays 11:00 p.m.
 Thursday and Saturdays 7:00 p.m.

LOCAL NEWS NOTES

Henry Dickens left last night for Vancouver.

Miss Hazel Fisher and Miss D. Falkenberg left last night for a trip to Vancouver.

▲ First Aid mixed class starts Monday, Jan. 11, 8 p.m. at Seal Cove School. (8)

Sergeant Mike McCaffery left last night on his return to Vancouver after a visit to his home here.

John Wardlaw Stewart of Stewart has been appointed registrar of voters, E. T. Applewhite having resigned.

Mrs. F. S. Walton and daughter, Ruth, returned to the city this morning after spending the Christmas and New Year holiday season visiting in Vancouver and on Vancouver Island.

Prince Rupert Chapter No. 211, Women of the Moose, held its regular meeting in the Oddfellows' Hall Wednesday, the business consisting of the reading of the reports of the membership, publicity, war work, Mooseheart, Moosehaven and library committees and the affairs of the chapter in general. Following the business session there was a ritualistic practise for the officers and escorts in anticipation of the class initiation to be held in honor of the Loyal Order of Moose and their friends.

John Good returned to the city this morning from a trip to Vancouver.

Mr. and Mrs. William McLeod returned to the city this morning from a visit to Vancouver.

Henry Friesen returned to the city this morning from a month's visit in Vancouver with his family which is doing nicely.

Mr. and Mrs. George Hill and daughter returned to the city this morning from a trip to Vancouver.

T. A. Bryant returned to the city this morning from a holiday visit to Vancouver.

F. W. Lockyer, well known insurance man, who has been away from the city for some time in Prince George and Vancouver, returned from the south this morning.

Don Boyce of the local dry dock drafting staff returned to the city this morning from a Christmas and New Year visit to his home in Vancouver.

Arrangements have been made for subscriptions for the Prince Rupert branch of the Canadian Aid to Russia Fund to be received at the local banks and newspaper offices.



▲ FREEMASONS — Tsimpsan Lodge will attend Divine Service at St. Andrew's Cathedral Sunday evening next. Tye Lodge and visiting brethren invited. Assemble in Church Hall at 7:15 p.m.

Don't let 1943 put you "In the Red!"
 Shop at
THE Variety Store
 Where your dimes are little dollars

RHEUMATIC STIFFNESS
DR. THOMAS' ELECTRIC OIL

Our Delivery Schedule
 3 DELIVERIES WEEKLY
TUESDAY, THURSDAY, SATURDAY
 Please co-operate by placing your order as early as possible. To ensure delivery, orders must be in by 4 p.m. the day preceding delivery.

MUSSALLEM'S Economy Store
 "Where Dollars Have More Cents"
 Phones 18-19 P.O. Box 575

SAVOY HOTEL
 Carl Zarelli, Prop.
 Phone 37 P.O. Box 544
FRASER STREET PRINCE RUPERT

NEW ROYAL HOTEL
 J. ZARELLI, PROP.
 "A Home Away From Home"
 Rates 75c up
 50 Rooms Hot & Cold Water
 Prince Rupert, B.C.
 Phone 281 P.O. Box 196

WE CARRY Everything For THE WORKING MAN
 It will pay you to come in and look over our large stock of Woollen Goods.
B.C. Clothiers
 PHONE BLACK 324
 Third Avenue

The Wise-birds Cry:



you can fly high but there's no better buy than **3 STAR RYE**



13-oz. 25-oz. 40-oz.
 \$1.45 \$2.70 \$4.15

B. C. Distillery Co. Ltd.
 SAVE THE BOTTLE! Glass is sorely needed. Save all bottles and glassware and have your Salvage Committee collect.

This advertisement is not published or displayed by the Liquor Control Board or by the Government of British Columbia

GLIDERS OF WOOD
 Gliders are generally of wood frame construction.

GOLD SEAL
 Fancy Red Sockeye Salmon
 and Herring in Tomato Sauce

are both on active service but will be back on your grocer's shelf soon as conditions permit.

THE EXPERTS SAY . . .

SANDWICH SPREAD—This recipe from Laura Pepper, chief of the consumer section, Department of Agriculture, for a veal kidney sandwich spread should be good news for housewives cutting down on the butter. Take one cup cooked, chopped veal kidney, 1/2 teaspoon grated onion, 1/4 cup mayonnaise, 1/2 teaspoon salt, and a few grains of pepper. Combine ingredients and blend together lightly. Makes two cups of filling, enough for eight hearty sandwiches. Covered and kept cool, this filling will keep for several days.

FOOD YARDSTICK — Keep an eye open for Canada's official food rules, which are appearing in the press, in advertisements, magazines and elsewhere, says Marion Harlow of Nutrition Service. Their regular use as a yardstick in planning meals will pay dividends in better health.

MAKE-DOS — "Make-dos" and "make-overs" will be as smart as any Paris creation by the 1943 standard, in the opinion of Byrne Sanders, "Mrs. Consumer" of the Prices Board. She says its the correct thing to make-over dad's shiny suit into a coat for four-year-old Betty or to take big brother's sports trousers and fashion them into a jumper for little Mary. In other words, it's smart to be resourceful and it's smart to be thrifty.

SHADES—The consumer section of the Prices Board has some up-to-the-minute hints on preserving your blinds. Protect them by keeping windows closed against the rain, and don't allow them to flap—don't jerk them or allow them to go up with a bang—remove dust with a dry, clean cloth — soiled spots can be usually removed while the spot is still fresh by a soft eraser or a wallpaper cleaner.

SAFETY — Exerybody is "fire conscious" these days after the series of fires that has been sweep-

ing the continent. Here are some safety tips to put into effect at home:

- 1—Keep matches away from children.
- 2—Never use inflammable fluids for dry-cleaning.
- 3—Never leave irons on unless in use and cool before putting away.
- 4—Don't hang electric cords on radiators or other metal objects.
- 5—Don't empty ash trays into wastebaskets.
- 6—Use no inflammable insect sprays indoors.
- 7—Leave the vacuum cleaner out of the closet for 10 minutes after using.
- 8—Don't hunt for gas leaks with a match—if you brush soap lather on suspected joints bubbles will come up if there is a leak.
- 9—Keep dusty cloths in a metal box or can.

HEAT MARKS — If you have some small heat marks on your dining room table or coffee table here are a few tips on removing them: Pour not more than one or two drops of methylated spirits on to a pad of cotton-wool or soft absorbent material — cover with a double layer of muslin or thin fabric and rub over and around the marks—this should remove sufficient stain and polish from the undamaged part of the wood to mask the discoloration. For larger marks the furniture will have to be repolished professionally.

Canada at War 25 Years Ago

Jan 8, 1918—President Wilson in message to United States Congress laid down his 14 points for world peace. Prime Minister W. M. Hughes tendered resignation of Australian cabinet following defeat of conscription proposals.

THESE MAKE GOOD READING

When you join our RENTAL LIBRARY One book at a time — 75c per month

- | | |
|-------------------------------|-----------|
| SERGEANT NIKOLA | Tamas |
| LITTLE MAN | Sallans |
| THE SPECTRAL BRIDE | Shearing |
| NIGHT OF FLAME | Carter |
| THE JUST AND THE UNJUST | Cozzens |
| FRONTIER PASSAGE | Bridge |
| UNTIL THE DAY BREAK | Bromfield |
| WESTWARD THE SUN | Knight |
| THE BLUE HILLS | Goudge |
| TIME OF PEACE | Williams |
| THE EDGE OF THE SWORD | Pozner |
| GOLDEN HORDE | Gilman |
| IMMORTAL SERGEANT | Brophy |
| CALLING ALL SUSPECTS | Wells |
| THE TAPESTRY MEN | Buchan |
| VALLEY OF NIGHT | Farnol |
| THE CUP AND THE SWORD | Hobart |
| THE TWELVE DISGUISES | Beeding |

Join Now — For Pleasant Reading
 RENTAL LIBRARY SECTION

McRae Bros. Ltd

ELECTRIC SERVICE

Appliances, Ranges, etc., serviced and repaired by competent electrician. Plugs installed.

Day and Night Service. PHONE BLUE 884

Wanted -- Raw Furs

HIGHEST MARKET PRICES PAID

Representing — HUDSON'S BAY COMPANY
 Ship to J. E. ORMHEIM, Cow Bay, Prince Rupert, B.C.

TILLIE THE TOILER

By WESTOVER

