YOUR BANKS are more

xtensively regulated than any ther Canadian business.



Canada's ten Chartered Banks are subject, under the Bank Act, to the most thorough going regulation. For instance:

The annual audit—conducted by Chartered Accountants appointed by the banks' shareholdersis submitted to the Department of Finance. The Department may call for further special audits, and in addition maintains regular inspections of the banks' affairs through the Inspector-General of Banks, who is obliged by law to examine the banks' books at least once each year.

Then there are monthly returns to both the Department of Finance and to the Bank of Canada. The Minister may also call for special returns at any time.

All this in addition to the Bank Act's extensive regulations covering such phases of banking operation as reserve requirements, types of transactions permitted, interest rates and note issue,

These regulations are for the purpose of safeguarding your savings and guiding the operations of the banks as an essential element of our national life.

E CHARTERED BANKS OF CANADA

We want you to . . .

and we are sure we can please you with one of our lovely Permanents

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h Street (Across from Post Office).



Back our gallant fighters. They're smashing the pill boxes and clearing the way. Buy 5th Victory Loan Bonds to give them the tools to finish the job. They're counting on you: don't let them down. Buy and speed their Victory!



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"Largest Organization of

its kind in the World" Mutual Benefit Health and Accident

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D.C. B.A

Chiropractor Wallace Block Phone 641

DINING ROOM

Under new management. MEALS FROM 35c UP.

Breakfast 6:30 a.m. to 9 a.m. 12:00 to 2 p.m. Supper . 5:00 p.m. to 8 p.m.

WE AIM TO PLEASE

Meet Me At JOHNNY'S

Johnny's

SNACK BAR

(Our Coffee is Tops)

NOTICE

All citizens of Greenville should meet at their village not later than October 25 next, as agreed by the council and endorsed at the public meeting.

(Signed) HENRY McKAY, Secretary of Greenville Council.

lerrace

and Barbara Engelke returned to Prince Rupert on Sunday night's train after a brief week- Then back to England the end trip to Terrace.

E. T. Applewhaitea is on a brief business trip to Terrace, Though housands died, life did having arrived from Prince Rupert on Saturday night's train.

Et. L. Fox, well known Terrace Throughout the world his voice merchant, formerly of Stewart, has been discharged from hos- That all had gone but British pital at Edmonton after having been a patient there since August 1 with a serious illness, and is expected to arrive home this We accept the honor to fight week. Mrs. Fox had been called to Edmonton recently on account of his illness."

C. G. Muller, well known rancher and legging operator on the Lakelse side of the Skeena from Terrace, will be making a business trip to Prince Rupert Ev this week.

R D. Christy, formerly in the bakery business and a resident of Terrace for many years. leaves on Thursday of this week for a trip to Vancouver in the interests of his health which has not been of the best of late.

William Bagshaw returned to Terrace on Saturday night's train after a brief trip to Prince Rupert.

MIDLANDS

The changes that the times have brought about were indicated recently in juvenile court when four youths appeared charged with stealing a horse and buggy. They were caught by police after a chase on the Port Hope highway.

Lance-Corporal John Spiers of the Hastings and Prince Edward Regiment, Camp Bordon, gent a recent week-end with his wife and family.

Lobourg experienced a partial blackout recently when a oig highway transport overturned near the west-end public school, knocking over a hydro pole. Soap and tires, the cargo And of the truck, were scattered over considerable area.



MRS. J. H. LALIBERTE now wakes up feeling She never has headaches, backaches r constipation any more. "Fruit-a-tives" gave her the new health and pep of a healthy liver. Buck up your liver with "Fruit-a-tives", Canada's Largest Selling Liver Tablets.

office.

Victory Loan Song

and Mrs. Jens Munthe Nineteen Hundred and Forty and the Misses Randi Thorsen Was really the year the war France collapsed and Belgium

> British flew In planes and ships and with

Then the battle gong did Churchill ring,

and with that power we should fight on yet.

and die freedom's cause our fathers in soldlers' graves in every land D) Eriain on her word must

Her sons are free in every way with equal power possessed by

their power governments stand or fall. So when a better way of life you see me plant the seed in the land

of liberty. Critain's flag protects the thoughts of all Whether man be great or man

Her Allies now are, as you know, .. am and Uncle Joe. ittler said Russia would fall

Like ripened plums to autumn's But he guessed wrong as all

For Russia is sound as eternity. Her soul is forged by the Sons of Toil.

internal strife. now know her way of life.

uncle Sam is a good old friend. holning hand he'll always freedom's cause he stands

foursquare, In all our griefs he takes his His sons die too and there

proclaim in vain.

anada, our Homeland, the base of our pride! ommon with others our brave sons died. le debt we must honor in some

bond is a weapon each and all can supply.

the world will know its value in the sweet by and

-George B. Casey.

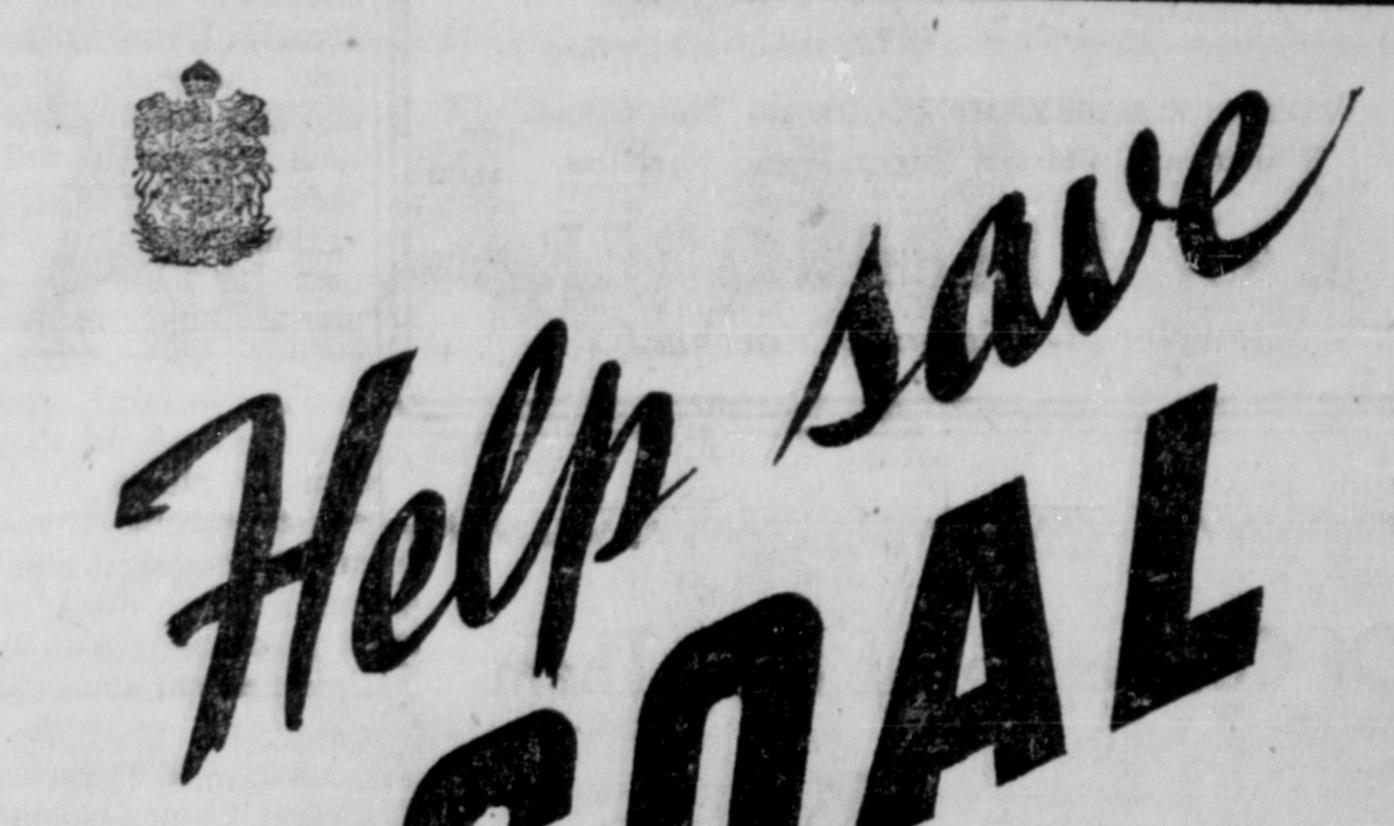
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• your last receipt.

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HERE ARE 12 CONSERVATION POINTS WHICH SHOULD BE CHECKED AT ONCE

- Clean your furnace and flue pipes thoroughly.
- Cement air leaks where flue pipe joins chimney.
- Putty loose window panes.
- Put up double windows early. Caulk window and door frames, and weatherstrip the sash.
- Insulate your roof, if possible. (This is a job you can do yourself at a small cost)
- Don't force the furnace for that hard-to-heat room; have the

heating system corrected before the fire is lit.

- Don't heat your garage; have the radiator drained and disconnected.
- Close unused rooms; it's best to have the radiator drained and disconnected.
- Caulk wall breaks both inside and out.
- Use your fireplace instead of your furnace in early Fall and Spring; in winter time close the fireplace off to prevent draughts.
- . PUT OFF STARTING YOUR FURNACE UNTIL ABSOLUTELY NECESSARY

Save one ton in five

MS-13

TROYAL.

HOTEL

A Home Away From Home

Kates 75c up

THE DEPARTMENT OF MUNITIONS AND SUPPLY HON. C. D. HOWE, Minister

ROYAL CHEESE SOUP

tablespoons mild-flavored

1 tablespoon grated onion 1/4 cup flour

½ teaspoon salt. 1/4 teaspoon paprika

4 teaspoon pepper Few grains cayenne pepper cups hot milk

1/2 cup seasoned, mashed potatoes

2 cups potato stock or water 1 cup grated cheese ½ teaspoon Worcestershire

sauce (optional) Meit fat, add grated onion nd heat thoroughly. Blend in lour, salt, paprika, pepper and avenne. Gadually add the hor milk and cook until sauce hick and smooth. Add potatoes and stock, blending thoroughly. Add 34 cup cheese and stir until cheese is melted. Serve pining hot with remaining cheese sprinkled on top of soup. Four

servings.



Cement Cracks and Openings

Banish drafts by blocking all cracks and openings in your house. Cement can be applied easily and it is effective for blocking holes.

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36 Mattresses— Sizes 3-3, 4-0, 11 6-4, at

6 Gold Seal Rugs 9x12.

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are both on active service

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TO THE HOLDERS OF DOMINION OF CANADA 5% BONDS DUE AND PAYABLE AT PAR OCTOBER 15, 1943 AND 4% BONDS DUE OCTOBER 15, 1945

(which have been called for payment at par on October 15, 1943)

Your holdings of these issues may be Bonds. This conversion may be arranged 1001/8% in payment for Fifth Victory details are available.

converted into Fifth Victory Loan Bonds during the Victory Loan with your dated November 1, 1943. Bonds of these Victory Loan salesman, with your Bank, issues will be accepted at a price of Trust or Loan Company from whom

DEPARTMENT OF PINANCE