### THE DAILY NEWS

PRINCE RUPERT, BRITISH COLUMBIA

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## De We Need Immigrants? . . .

Our political and social thinking is in danger of setting in certain definite molds. Sometimes it may be a good thing to have it shaken up a bit by unfamiliar patterns of thought and suggestions.

Commander Stephen King-Hall, Independent Na- with a dash each of pepper and dissapear in a cloud of steam. tional Government member of the British House of nutmeg and two teaspoons fine- Peeling the vegetables and mainly concerned with the or- Toronto and from there spread Commons, has just returned home from an extended visit to this country which took him to many quarters of the land. He is a noted student of public affairs and conducts a News-Letter which is supposed to provide specialized information on national and international relations. Accordingly his views are worth studying.

Many of his impressions, as presented in The London Sunday Observer, fit into the familiar picture of resources, industry, U.S.-British relations and aviation. But he makes one observation which may appear commonplace in Britain, but which is full of political dynamite here. He points out that without a rapid increase of our population our rich soon as it appears; reinforce thin places with machine stitchresources "cannot be exploited for the benefit of ing; cut very large bath towels mankind, and the Canadian people in particular." in half to make two smaller was raised from 2,500,000 tons from around fifty to one hun- Marine. Furthermore he declares that Canada will have to ones: make one usable towel in 1938 to nearly 4,000,000 tons dred and thirty. look to Central Europe for increased manpower, because, he hopes, Britain will be such a good place to agonal lines of machine stitchlive in after the war that few Britons will want to ing make new wash cloths out migrate.

Now this runs counter to our accepted ideas. Many Canadians recognize the need of increased population. There is no agreement on how many peo- cakes and mincemeat, suet has ple Canada can support—just as in Australia esti- been brought under definite mates of the possible population run all the way from the present 7,000,000 to figures like 20,000,000 or 40,000,000 or even 60,000,000. Several groups of Canadians are decidedly opposed to large increases in population. Labor organizations feel that wages might be forced down, and French Canadians feel that the racial balance of the country might be disturbed by floods of immigrants.

Even those who support immigration usually would restrict it, rightly or wrongly, to British peoples possibly with the addition of Scandinavians and Dutch. But Commander King-Hall bluntly states that we have to have more people and the only people we are likely to get will be Central Europeans. Does this means that we will have to revise our thinking about immigration? Is it possible that the question may be taken out of our hands by some of the international organizations being set up to deal with the post-war world?

## MUSSALLEM'S ECONOMY STORE

"Where dollars have more cents"

We have a complete variety of available Groceries, Fresh Fruits and Vegetables, Tobaccos and Confectionery

FREE DELIVERY throughout the city three times weekly (Tuesdays, Thursdays and Saturdays) Opposite Canadian Legion



#### WE HAVE TRICKS UP OUR SLEEVES!

In order that this coming holiday may be the finest ever for you, we have had gifts arriving for our Christmas Gift Counters . . . that have just been transformed into a vast sparkling Holiday Gift Shop. Lavish gifts, lovely gifts, gifts that are in such glorious array that you will want to begin shopping at once. If you are smart you will shop now in November when the cream of the gift selection is so readily available.

# The Variety Store

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## The Experts Say - - -

an easy-to-make, easy-to-eat mas cooking. good at home too.

in two tablespoons farina and reaches the table. cook one minute. Gradually add until carrot is tender. Rub the live vitamin in vegetables:

ing point before putting in the C dissolve away.

to office and hairdresser:

Darn the smallest hole as meet clothing demands. out of two badly worn ones by in 1941. quilting them together with diof the best parts of worn bath

Important Ingredient in the traditional Christmas puddings. ceiling prices in each of the 15

Hot soups are always welcome zones in Canada. The Consumer in the lunch box now that cold- Branch of the Prices Board ers days are here. Laura Pep- urges housewives to familiarper, chief of the Consumer Sec- ize themselves with the maxition of the Department of Agri- mum prices in their zone beculture, gave us this recipe for fore starting on their Christ-

cream soup that is a sure-fire Vitamin C - the vanishing lunch box hit. It tastes just as vitamin—is the trickiest of all the vitamin family when Golden Soup-melt one table- comes to keeping him where he spoon fat in a saucepan, stir belongs-in the food until

Until the end of the mon two cups water or vegetable when the new orange crop will some prizes under the sponsorstock, add 12 teaspoon salt and begin reaching us with quanticook slowly until thickened. lies of vitamin C, Marion Harstirring frequently. Grate two low of Nutrition Services gives cups raw carrot, add and cook these tips on keeping the elus-

an curs hot milk. Season the vegetables lets vitamin C Canada almost since its incep- as for good citizenship.

PRODUCTION UP

J. M. S. Loubser D.C., B.A. Chiropractor Wallace Block Phone 640

# FOR NAVY IN RUPERT

Navy Week in Prince Rupert

This is Navy Week in Canada generally, British Columbia particularly and quite enthusiastically so in Prince Rupert as opportunity to win some handship of the British Columbia Division of the Navy League of Canada under authority of the War charities Act.

Prince Rupert has been rep-

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years from 1200 to 15,00. Some 4000 former Cadets are now serving in the Navy not to mention the Mercantile Marine. Thirty former Prince Rupert Cadets are known to have joined the Navy some of whom are quite capable officers.

tion. Local efforts have been The League was founded in ette is just one more way to until the last month or so, very and operating some twenty hossuitable training quarters. In meals, clean beds, attractive rec-

> keeping their chins up under have been donated. The value of trying circumstances and are these donations have run well worthy every support possible. into six figures in a year. A par-The Sea Cadets in Canada ticular highlight of the value of ave grown during the last four the women's work was the for-

The present drive for membership in the Navy League anticipates a very great increase in Pacific coast requirments for all branches of marine services. It is so much better to be prepared.

The Navy League of Canada it marks the opening of the came into being some twenty odd drive for new members and the years ago with the objects of education in matters pertaining to the Navy and Mercantile Marine the relief of distressed seamen and their families, the support of sailors' homes and institutes and the training of Sea Cadets for service in the Navy mixture through a sieve and Forgetting to put the lid on resented in the Navy League of and Mercantile Marine as well

ly chopped parsley. Heat to boil- letting them soak lets vitamin ganization and maintenance of to the Atlantic and the Pacific a Sea Cadet Corps which has coasts taking in all the larger thermos. This makes four sev- Cutting up the salad greens been financed and directed centres inland. The entire orahead of time lets the vitamin through the good offices of a ganization was carried on by Towel Saving - With an disappear into thin air. Over- very few but ever willing cit- voluntary donations until the nouncement by J. H. F. Turner | cook or keep the vegetables hot izens. Some years have been present war needs increased administrator of cottons and and the same thing happens. very lean and discouraging. Not their activities to such magnicotton products for the Prices | Sweet Sentiment was charming withstanding many difficulties tude that general public support Board, that towel and sheet in times past when mothers laid the Corps has been kept intact was required to meet present sizes are now being curtailed, away little shoes and garments by unselfish officership and a calls and finance on a definite ery Canadian housewife can in lavender, but in these days it certain doggedness among the budget basis ever increasing ac- mation in Quebec City something ery Canadian housewife can in lavender, but in these days it certain doggedness among the budget basis ever increasing acprofit by these hints on towel is essential that every statem to boys themselves which has been tivities. The expenditure of Navy over a year ago of a Sea Cadet All Illiterate conservation from England, baby's clothes be kept in cir- and continues to be admirable. League last year ran to the milwhere you carry your own towel culation. Passing along a lay- Since 1941 the Cadets have been lion dollar mark in maintaining that is an achievement. much handicapped by lack of tels and clubs where healthy spite of hardships the Corps has reation and other comforts were British vegetable production steadily increased in strength made available to our Merchant Mason, 21-year old member of

The Women's Auxiliary to the in a national essay competition licence, evidence broght Last years inspection placed Navy League has done a tre- a gantzed by the Acas a Saviet that no one in the g them second in the province mendous amount of work for Youth Friendship Alliance. Ma. could read or write The B which indicates a considerable the men of the sea. Thousands son, who lives here, described are are travelling hawken increase in efficiency along with of ditty bags, socks, mufflers. his thoughts on Rusia as he the additional numbers. Prince libraries and many items which arrived at Murmansk in a con-Rupert has a grand lot of boys only women can capably supply voy.

READY CUT MACARON EASY TO PREPARE

Corps three hundred strong.

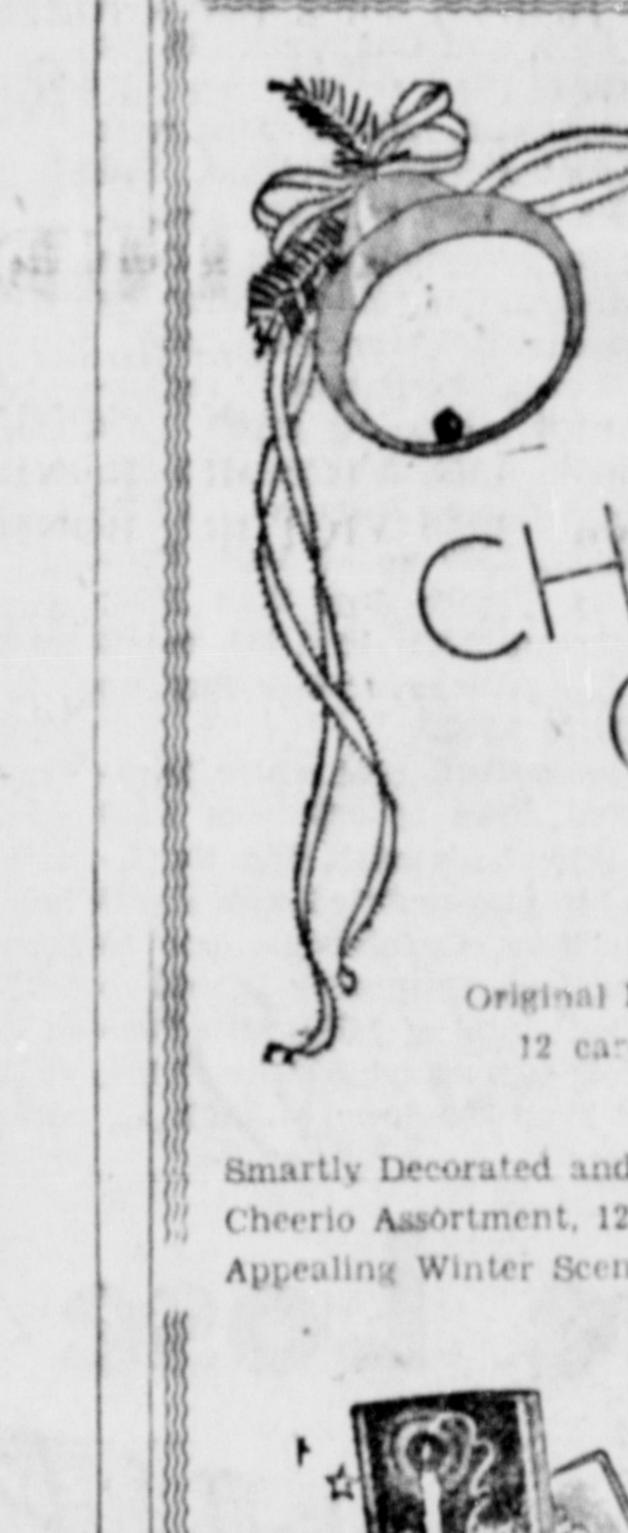
#### ESSAY ON RUSSIA

WORCESTER PARY, Surrey: LONDON, Nov. 25 1. Eng., C Sub-Lieut, Kenneth A John Hunter, 17 arress the Royal Navy, won first prize wrong name to obtain 16

FEWER GLAD RAGS

Clothes rationing in England has switched some dustry into war plant jobs.

Results



Smartly Decorated and Colorful, 36 cards Cheerio Assortment, 12 cards, six different designs Appealing Winter Scenes, 12 cards



Box Selections

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