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CFPR
 (1240 Kilocycles)
SCHEDULE

Tuesday
 — P. M. —

4:00—With the World's Great Singers
 4:30—Shall We Dance?
 5:00—Blue Shadows
 5:30—MacMillan Club Quiz
 6:00—CBC News
 6:05—Two Kings and a Queen
 6:15—Katherine Hamilton
 6:30—Chuck Foster's Orchestra.
 7:00—Fibber McGee and Molly
 7:30—Hawaiian Echoes
 8:00—Fred Waring's Pennsylvanians
 8:15—Front Line Family
 8:30—Music from the Pacific
 9:00—Bob Hope
 9:30—The Latin-Americans
 10:00—CBC News Rebroadcast
 10:15—Stirling Young's Orchestra
 10:30—Silent

Wednesday
 — A. M. —

7:30—Strictly Informal
 7:45—CBC News
 7:50—Strictly Informal
 8:00—Musical Minutes
 8:30—Morning Meditations
 8:45—Composers' Corner
 9:00—Nelson Eddy
 9:15—Console Capers
 9:30—CBC News Rebroadcast
 9:35—Wayne King's Orchestra
 10:00—A Morning Visit
 10:15—Musical Americana
 10:30—Vocal Variations
 10:45—They Tell Me
 11:00—Scandinavian Melodies
 11:15—Broadcast of Messages
 11:17—The Concert Grand
 11:30—Let's Go Modern

— P. M. —

12:00—Mid-Day Melodies
 12:30—Jitterbug's Jitney
 12:50—CBC News
 12:55—Today's Program Highlights
 1:00—One o'Clock Musicale
 1:30—B.C. School Broadcast
 2:00—Silent

ACTIVITIES OF Y.M.C.A. AND Y.W.C.A.
 By DOROTHY GARBUTT
 The Hostess

I wonder why it is that music hall jokes at the expense of deaf persons are always thought so excruciatingly funny and yet we can't see any particular reason for going into hysterics over the blind or the lame? I just mention it because it cropped up again in a recent program, the same old joke that P.O. "Bob" Hope used to tell about the two hearing people who mistook each other for deaf while at a party. I am not amused.

Another letter from Les Page who is a Leading Torpedo Hand—I hope I have the rating correct—on a destroyer out of Halifax. He seems settled down nicely to life on the eastern seaboard and writes—

"Thanks for your letter and all the latest news of Rupert. There still seems to be lots of excitement in Prince Rupert. I'm glad the Hill-Tout's fire didn't materialize—I'm glad you enjoyed yourself at the Navy dance. They had one here, 300 couples, for Christmas. The canteen spent \$2500. From what I hear it was worth it too. Have you seen Cliff Perry, Sig., lately? If you do, tell him I'm still of this world, even though a little distant and can be reached by mail. Well, Ma, I must close now and get back to work. Les."

We have a number of Air Force boys visiting in town for a few days each week, boys from the outposts, and any hospitality given them would be most appreciated.

Welcome to our new Navy Chaplain to H.M.C.S. Chatham—"Padre" Ivan Edwards who arrived yesterday from the East. Aren't the Navy lads going to get all mixed up in the two Ivans, Ivan Mallett of the Y.M.C.A. who is supervisor for the Navy and Ivan Edwards? Quite a coincidence isn't it?

And we were all sorry to see Padre Ernie Foote leave. Ah well, it's always good-bye in this business.

THE EXPERTS SAY . . .

By ISABEL ALLAN
 Canadian Press Staff Writer

RUBBER — Keep your rubber "young" advises the consumer section of the Prices Board, especially those more - precious - than - gold foundation garments. Wash them with warm water and mild soap, handle gently and stretch as little as possible while wet. If the rubber is in good shape otherwise, try to mend small breaks or worn spots. Never fold nor crease rubber articles unless absolutely necessary and then if you must fold them use a little talcum or cornstarch to prevent them from sticking and keep in a cool dark place, away from heat, oil, grease and tar.

IRONING—If ironing is your pet peeve try these tips to make it easier and to save energy, the Consumer Section of the Prices Board suggests. Don't iron seersucker, knitted cotton or rayon; don't iron terry cloth—remember you also save electricity; wring your clothes evenly and hang them straight on the line and you will have fewer wrinkles to iron out; start your articles according to those which require a hot iron and a cooler iron, ironing those that need more heat first; sprinkle garments carefully so that you do not require more heat and energy to iron them; last but not least, use a well-padded ironing board at the right height.

FIGS—Turkish figs are a thing of the past thanks to Hitler, Mussolini and company, but there is a large supply of luscious California figs on the market and the Prices

"I wanta get goin' on growin'!"
 Is Quaker Oats a GOOD Food for Me?"

It sure is, chum! Science says that to grow normally and fill out, you must have Proteins, Food-Energy, Minerals and Vitamins. Listen to this! Rolled Oats leads many other whole-grain cereals in Proteins! It's "triple-rich" in Vitamin B1! High in Food-Energy! Contains useful amounts of Phosphorus and Iron, too! And is it ever delicious? M-m-m! Folks love it! And Quick Quaker Oats cooks in a jiffy! Try it today!

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GIVES YOU . . .
 267% MORE in Proteins • 100% MORE in Food-Energy • 150% MORE in Vitamin B1 • 95% MORE in Iron • 429% MORE in Phosphorus.

Delicious! Whole-Grain QUAKER OATS
 Truly Canada's Favourite Breakfast Food

Local Tides

Wednesday, February 10		
High	5:15	20.1 feet
	17:35	17.9 feet
Low	11:34	6.0 feet
	23:36	6.9 feet
Thursday, February 11		
High	6:05	19.1 feet
	18:40	16.2 feet
Low	12:31	6.9 feet
Friday, February 12		
High	7:05	18.2 feet
	20:00	15.3 feet
Low	0:25	8.4 feet
	13:39	7.5 feet
Saturday, February 13		
High	8:14	17.9 feet
	21:24	15.2 feet
Low	1:21	9.8 feet
	14:56	7.4 feet
Sunday, February 14		
High	9:21	17.9 feet
	22:31	15.9 feet
Low	2:35	10.5 feet
	16:10	7.0 feet
Monday, February 15		
High	10:19	18.2 feet
	23:24	16.8 feet
Low	4:00	10.5 feet
	17:09	6.1 feet
Tuesday, February 16		
High	11:00	18.9 feet
Low	5:09	9.9 feet
	17:55	5.1 feet

ACTION IN FUN FILM

Red Skelton in "Whistling in Dixie," Showing Tomorrow at Capitol Theatre

Tense action, suspense, thrills, mystery and screwball detective work are constituents of "Whistling in Dixie," which is the feature picture on the screen of the Capitol Theatre this Wednesday only. Red Skelton is the star of the piece.

In this story Skelton is awarded a badge and a commission as an honorary police commissioner for his part in breaking up a notorious gangster ring. His reputation as a detective reaches Georgia and he is soon enticed south to lend his hilarious aid in the solution of another baffling mystery. The presence of Ann Rutherford, as leading lady, and Rags Ragland in a dual role, add complications to Skelton's attempts to fathom the mystery.

The supporting players include Diana Lewis, George Bancroft, Guy Kibbee, Hobart Cavanaugh, Lucien Littlefield and Celia Travers.

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Red SKELTON is **WHISTLING in Dixie**

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 GEORGE BANCROFT

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