Seasonable Ideas for Housekeepers

RASPBERRIES TRADITIONAL JULY DESSERT; INTERESTING RECIPES

Raspberries are one of the most delicate of the small fruits. They are soft in texture and break down or mould quickly. The mild flavor is easily lost. So raspberries should be kept cool and in a well ventilated place until used.

Raspberries are a traditional July dessert. With or without cream they are always good. They also lend themselves to combination with other foods.

Home economists suggest several ways in which raspberries may be used. The Glamor Cake is an elegant party dessert. The Raspberry Sauce served on plain cottage or bread pudding or on blanc mange, junket or ice cream dresses them up into special desserts too.

And for those who want a really delicious jam, raspberry and red currants together make a good combination.

Raspberry Sauce

1 egg white
Pinch of salt
½ cup of sugar
1½ cups raspberries
½ teaspoon vinegar

Beat eggs white until stiff, add salt and sugar. Crush berries, add vinegar, and mix into egg. Beat well. Chill and serve on pudding. Yield about 2 cups.

Raspberry and Red Currant Jam

8 cups raspberries
1½ cups red currants
¾ cup water
3½ cups sugar

Combine raspberries, red currants and water. Bring to boil and simmer covered, for 10 minutes. Add sugar, bring to boil and boil uncovered for 20 minutes, stirring frequently. Pour into hot sterilized jars, cool and seal. Yield about 5 cups.

Raspberry Glamor Cake

4 eggs
¾ cup fine granulated sugar
¾ cup all-purpose flour OR
1 cup less 2 tablespoons pastry flour
Pinch of salt
1 teaspoon lemon juice

Separate eggs. Beat yolks until thick and light. Add ½ the sugar and beat 5 minutes. Sift flour with salt and fold into the egg yolks. Beat egg whites until stiff. Add remaining ½ of sugar and the salt, fold whites into yolg mixture. Add lemon juice. Pour into two 9-inch layer cake pans. Bake in a moderately slow oven, 325 degrees F., for 35 minutes.

FILLING:

1 cup milk
⅓ cup sugar
3 tablespoons flour
2 egg yolks
½ teaspoon vanilla
Salt
2 cups raspberries

Heat milk in a double boiler. Mix flour and sugar, add slowly to hot milk. Stir until thickened. Beat egg yolks until light, pour hot mixture over eggs, return to double boiler. Cook 5 minutes. Add vanilla and salt. Cool. Add raspberries.

MERINGUE:

2 egg whites
2 tablespoons sugar

Beat egg white until stiff. Gradually add sugar, beating until mixture holds in peaks. Spread one cooled cake with custard-berry mixture. Place other layer on top. Spread meringue over top and bake in a moderately slow oven, 325 degrees F., until meringue is brown—about 12 to 15 minutes. Garnish cake with whole berries. Eight servings.

HOW CAN I ? ? ?

By ANNE ASHLEY

Q. What can I use for cleaning bric-a-brac?

A. When washing bric-a-brac, use an old shaving brush which will get into the crevices. It is also excellent for dishes with handles, carved woodwork, and cut glass. Dry with a Turkish towel, as this leaves no lint.

Q. How can I make the garbage can last longer?

A. It will last longer and be much easier to clean if a piece of pitch is placed in the can and allowed to melt enough to cover the bottom of the can.

Q. How can I clean spinach or kale satisfactorily

A. Add a handful of salt to the second water and all the sand will sink to the bottom of the pan. Another rinsing will then make them thoroughly clean.

WEEKLY RATION FASHION for a twosome

SUN.	MON.	TUE.	WED.	THUR.	FRI.	SAT.
Meat Loaf	Cold Meat	Fish	Sausages	Lamb Chops	Cheese Souffle	Boiled Tongue
Group G	left-over	unrationed	Group D 1 lb.	C Group ½ lb.	unrationed	unrationed
1½ lbs 3 tokens			3 tokens	2 tokens		

5 tokens left over

For easy Sunday loafing is suggested a combine of ground meat, subtle seasonings, egg and crumbs, baked and served hot to week-end guests and sliced cold for Monday's dinner. Tuesday is for fish. The mid-week sausage purchase will take care of Wednesday's dinner and be an addition to Thursday's lamb chops or a breakfast menu. A cheese souffle is an airsome and satisfying dish for summer eating. For the week's finale is a boiled tongue, served hot with an orange-raisin sauce on Saturday, and cold for Sunday's picnic or porch supper.

Sugar-preserve coupons S 17 to S 21 inclusive, valid on July 4th, meant the last of the ten coupons allotted in each ration book for home canning. In addition, two regular sugar-preserve coupons, S 22 and S 23 become valid on July 18, and of course all thees might be exchanged for sugar. This can provide a modest amount for regular useage, plus a substantial quantity for canning purposes. By preserving as much of our perishable foods as possible for our own use, more vital foods can be shipped to the hunger areas which are in such desperate need. Furthermore, fruits, dewy-fresh and appetite-teasing in gardens and on markets, are the answer to perfect summertime desserts, which can help to spare more sugar for canning.

20 YEARS AGO

Meetings of both the Liberal and Conservative parties were called during the week to name delegates to the forthcoming party conventions. Fred Stork was rumored to be the Liberals' choice for candidate, but no Conservative standard bearer was in sight. The name of G. W. Nickerson was mentioned as a possible independent candidate.

The Fair Board held a meeting to lay initial plans for a big exhibition in September. A parachuter proposed to come here to make jumps during the fair week, but the board could see no way in which such a display could produce revenue.

A ball given by the local naval reserve unit in honor of the officers of H.M.S. Curlew was an enjoyable affair.

IN THE SUPREME COURT OF BRITISH COLUMBIA
IN PROBATE
IN THE MATTER OF THE "ADMINISTRATION ACT"
and
IN THE MATTER OF THE ESTATE OF ELMER HAROLD RICE, DECEASED

TAKE NOTICE that by Order of His Honour Judge W. E. Fisher, Local Judge of the Supreme Court of British Columbia, I was on the 10th day of July, 1946, appointed Administrator of the Estate of Elmer Harold Rice, deceased, limited to his estate within the Province of British Columbia, and all parties having claims against the said estate are hereby required to furnish same, properly verified to me on or before the 31st day of August, 1946, after which claims filed may be paid without reference to any claims of which I then had no knowledge.

AND all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

DATED this 12th day of July, A.D. 1946.

GORDON FRASER FORBES,
Official Administrator,
Prince Rupert, B.C. —174

NOTICE OF CANCELLATION OF RESERVE

NOTICE is hereby given that the Reserve established under authority of Order-in-Council No. 1653, approved December 9th, 1943, notice of which was published in the British Columbia Gazette of December 16th, 1943, is cancelled in so far as it relates to an individed half interest of and in (a) the southwest quarter of Section 2, and (b) the southwest quarter of Section 21, both of Township 21, Range 5, Coast District, containing respectively 159 and 155 acres.

H. CATHCART,
Deputy Minister of Lands.
Department of
Lands and Forests,
Victoria, B.C.,
June 25th, 1946.

PRESENT FOR THE PONTIFF—Pope Pius is inspecting the gift of books brought him by a group of Italian publishers who visited the Vatican recently. The volumes all deal with historical subjects, and will be added to the Vatican library, in which his holiness takes a deep interest.

TERRACE HAS AUTO ASS'N

Prince Rupert Motorists Attended Inaugural—O. T. Sundal President

TERRACE—Visitors to Terrace on Friday included a delegation of Prince Rupert motorists who, together with about a dozen Terrace car owners, held a meeting to inaugurate the formation of an Auto Association here. The meeting was preceded by a dinner and results appear satisfactory in the fact that the new association got away to a good start with O. T. Sundal as president and nine or ten members. A further meeting is to be held in the near future.

Hugo Kraupner and J. H. Black drove up from Prince Rupert on Friday in connection with the new auto association. Mr. Krauppner may show his color films in Terrace at the time of the forthcoming convention of the Associated Boards of Trade.

C. M. Adam has consented to put on a show appropriate to the same occasion.

GREEK INVENTION

Acron, a Greek physician, is reputed to have originated fumigation in 47 B.C., when he halted a plague in Athens by burning aromatics in great fires.

Returning Service Personnel Records Are Being Sought

The Daily News is anxious to completely record the arrival of all service men and women returning home from the war. Accordingly, it is requested that information be made available to this office regarding the date of arrival home, the service with which the veteran has been identified, in what theatres of war, if wounded, ill, etc. If inconvenient to call at the office, the information may be written or telephoned in. Pictures would be particularly welcome. Street and Postal addresses and telephone numbers are also requested.

VANDERHOOF

Rev. J. Miller McCormick, Anglican rural dean, visited Fort Fraser on Sunday morning last to conduct services. He was in Holy Trinity Church here in the evening.

Mrs. Emily Goldsmith Lamb, wife of Robert Edwin Lamb of Vanderhoof, died at the home of her daughter, Miss Bessie Lamb, in Vancouver recently following a lengthy illness. Mrs. Goldsmith for many years lived with her family in the Ellisby district. She was 76 years of age.

Miss Gertrude Strangebye has returned to Prince Rupert to resume her duties at the post office after a visit here with Mrs. Frank Reid.

Mr. and Mrs. John I. Jarrett, who motored north from their home at Portland, have been visiting at Engen with Mr. Jarrett's sister, Mrs. T. Kells.

Robert Howe, Indian Agent, and Dr. V. I. Gottormson have been paying a visit by airplane to Indian settlements in the Takla Lake district.

Maynard G. Kerr returned home by air from a business trip to Calgary.

FROM BLONDS TO BONDS

Wall Street, now the financial centre of the United States, once was New York's fashion centre.

Legion Football Players Named

The following team has been tentatively selected from Veterans of World War II to represent the Canadian Legion football to play H.M.C.S. Uganda for the Hanson Cup at Roosevelt Park on Friday evening. There may be some changes to be made before the game.

Goal-keeper, Spiro Gurvich (Army).

Fullbacks—(right) W. H. Murray (Navy, Captain. (left) Robt. McKay (Navy).

Half-backs — (left) Allan D. Vance (Army). (right) R. D. Armstrong (Navy. (centre) Darrow Gomez (Army).

Forwards—Outside (left) R. K. Cameron (Navy). Inside (left) D. S. Christison (Navy). Centre Forward, J. K. Murray (Army). Inside (right) Allan E. Smith (R.C.A.F.). Outside (right) N. A. Pavlikis (Army).

Spares: J. S. Greer (Navy), R. P. Smith (Navy), S. W. Dickens (Navy).

It is expected that team members for the soft ball and basketball games to be played on Wednesday evening will be announced tomorrow.

TERRACE

George Little is spending a few days in Terrace, having recently arrived from a tour of the Yellowknife country.

Mrs. Ted Moore of Prince Rupert is a holiday visitor at the home of Mr. and Mrs. C. J. Norrington.

"Wait till I've had breakfast, dear. I just can't miss my Fort Garry Coffee!"

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