

The Experts Say - -

FRUITS AND VEGETABLES—September abundance of fruits and vegetables means a well-stocked larder for the coming winter. Many homemakers will include pickles and relishes in their late preservation program and there will be no sense of hoarding as there would have been during the war years.

First quality pickles are attained only by the use of first quality vegetables or fruits, good vinegar and fine spices. Wilted vegetables make pickles of poor texture and flat flavor. The need for freshness is particularly true if the vegetables are cucumbers, which should be pickled within 24 hours of gathering, while they are still firm and crisp. Too long standing makes hollow, rubbery pickles.

Shriveled pickles may be caused by over-strong brine, too much sugar or too strong vinegar. With the careful use of sugar and salt at the present time, there should be no need to emphasize this point, but a brine that is too weak will make soft pickles. One type of pickle that is usually a success is the chopped mixed variety. Whether it is called chutney, picallili or chow chow, there is still the necessity for good vegetables with the right amount of salt, vinegar and spices.

Chutneys of vegetables and fruits simmered a long time until reduced to the consistency of jam and seasoned with vinegar and a subtle blend of spices are always popular.

Mixtures of two or three fruits and vegetables make good chutneys and as many as six are often combined. Apples, plums, peaches, pears, rhubarb, tomatoes, vegetable marrow, turnips, beets may be used. To these, onions and celery are usually added.

Mixed pickle spice, nutmeg and cinnamon give a delicious

flavor milder than the high seasoning usual in tropical countries.

Fruit Pickle

Here is a recipe for a fruit pickle of chutney type:
Fruit Tamale: eight large or 12 medium ripe tomatoes (three pounds); three peaches (1½ cups, chopped); three pears (1½ cups, chopped); three apples (two cups, chopped); three medium onions (1½ cups, chopped); one cup of celery, chopped; one small hot red pepper (two tablespoons, chopped); or six small dried chili peppers; two tablespoons whole mixed pickling spice, 1½ cups of brown sugar; two teaspoons of salt, one cup of vinegar.

Blanch, peel and chop tomatoes and peaches. Peel, core and chop pears and apples. Peel and chop celery. Remove stem and seeds from pepper and cut finely.

The spices (including dried chili peppers if used) loosely in a cheesecloth bag. Add spice bag, sugar and salt to vinegar, bring to boiling point and add other ingredients. Cook uncovered until thickened—about 45 minutes, stirring occasionally. Remove spice bag; pack pickles in clean hot jars and seal. Yield is about four pints.

OFFICERS OF TERRACE P.T.

TERRACE—Election of officers took place Wednesday evening at a meeting of the Terrace Parent-Teacher Association held in the Orange Hall. The following were elected:

President, Mrs. R. de Kergomneaux.

Vice-Presidents, Mrs. Kennedy and Miss Annie Lips.

Secretary - Treasurer, Mrs. F. Gavan.

Conveners—H. F. Noakes, Mrs. F. Frank, Mrs. Woid, Mrs. Farquhan and Miss James.

It was arranged that the meetings should be held on the first Thursday of every month.

Plans were made for a membership drive.

Miss Lips, elementary school principal, stressed the need for more books in the school and it

TERRACE

Mrs. Nellie Yeomans of Port Essington is visiting with her sister, Mrs. G. Lambly.

During the past few days, the power crew have been busy along the Frank Road putting into place the poles to be used for the electric light wires.

It was decided that the supplying of these would be a major project for the year.

Mrs. C. G. McColl of Vancouver, corresponding secretary for the B.C. Parent-Teacher Federation, who will be attending the annual convention of the B.C. Trustees Association being held next week in Prince George, will be visiting P.T.A. branches in Vanderhoof, Terrace and Prince Rupert upon her return. As she will be in Terrace on Friday and Saturday of next week, plans were made to have a tea and meeting in the Skeena Restaurant Friday afternoon in order to extend a welcome to her.

-- Classified Advertising --

Classified: 2c per word per insertion, minimum charge, 50c. Birth Notices, 50c; Cards of Thanks, Death Notices, Funeral Notices, Marriage and Engagement Announcements: 4c.

FOR SALE

FOR SALE—Oil-burning kitchen range. Apply 1525 Pigott Ave. (222)

FOR SALE—30-ft. trolley Betty. Cheap. 6 h.p. Vivian engine. Phone 582. (222)

FOR SALE—16-ft. Turner-built speed boat, like new. Phone Blue 365, after 6 p.m. (222)

FOR SALE—Stove, bed, water tank, mirror, tent. Apply Enterprise Fruit Store. Phone 343. (224)

FOR SALE—200 special-mated New Hampshire chickens, six months old. \$2.00 each. Shipping charges extra. Leroy's Ranch, Kitwanga, B.C. (tf)

FOR SALE—Sawmill with two-and-a-half million feet of timber; camp and kitchen utensils; equipment, tools, 4 horses, good condition. Price \$5000. Apply Lee Jim, Hazelton, B.C. (tf)

WE BUY and Sell new and used Furniture and Hardware. Used hassocks from \$2.50. Dressers \$14.50. Chest of Drawers \$9. Stoves for coal and wood \$35. Smoking stands \$1.25. Dining room sets from \$30. Rug 6x10½ now \$18. 3-piece chesterfield in very good condition \$69.50. New coal and wood stoves, heaters. Scatter rugs from \$1.65. Fancy mirrors from \$2. See us first, it will pay you B.C. Furniture Co. Phone Black 324. (tf)

FOR SALE—Petters 5 h.p. Diesel engine and generator, with reostat and all equipment, in good condition; also 2 h.p. gas engine. Buyer must take both. For particulars apply P.O. Box 162, Terrace, B.C. (222)

FOR SALE—16" Turner-built speed boat, like new. Phone Blue 365 after 6 p.m. (222)

N/V L. STASSEN JUNIOR. Bulb growers Hillegon. Holland accept orders for individual shipment direct from Holland to you on orders received before September 30. For price lists write P.O. Box 520, Vancouver, B.C.

FOR SALE—6-hole McClary range, enamel front, 2 wick burner, copper hot water coils. Phone 746 after 6 o'clock. (223)

FOR SALE—4 spools second hand trolling gurdies. Phone Blue 191. (222)

FOR SALE—White Leghorn pullets, R.O.P. ready to lay \$2. 30 acres of land on highway, school on place, \$500. Lee Poultry Farm, Kitwanga, B.C. (222)

UNCLAIMED bicycles, watches and wallets accumulating at Police Office. Please call. (221)

VIOLIN TUITION. For appointments phone Black 120. Mrs. Ellen M. Anderson. (s22)

GREY HAIR HANDICAPS YOU. Use Angellique Grey Hair Restorer to regain natural color-life. \$1 at Ormes Ltd. (222)

BANQUET OF MEMORIAL

Gathering at Kitzequcla in Honor of Late George Sankey

KITZEGUCLA—Many guests were in attendance when a banquet was held last Sunday at the home of Mr. and Mrs. Moses W. Jones in honor of the memory of the late George Sankey of Port Simpson. The table was skilfully and attractively arranged for the occasion by Mrs. Jones who was assisted by Mrs. Jonathan W. Brown and Miss Phyllis Jones.

Arthur Howard opened the banquet with prayer and Moses Jones, in a speech, expressed the sympathy which was widespread for members of deceased's family who were here for the affair.

Others who spoke in keeping with the theme of the evening were Arthur McDames, Peter Milton, Chief Malkan, Joseph

Wesley, Samuel Wesley, Fanny Milton and Arthur Howard. The guests included John Sankey, Chief Herbert Russell, Joseph Brown, Alfred McDames, Moses L. Brown, Douglas Wesley and Jonathan Brown.

LOTS OF COAL
SYDNEY, Australia—Australia's coal resources are believed to be sufficient to last mated to possess 13,700,000,000 800 years. The country is estimated to possess 38,500,000,000 tons of lignite.

BRISTOL, Eng.—The first consignment of port wine to reach Bristol since the war has been unloaded.



Sour Stomach, Headache, Indigestion, too!

Sakes alive, good lady! Here's the thing to do—

Take a sparkling, cleansing dash of Abbey's Salt first thing tomorrow morning. See how the gentle, regulating action of Abbey's helps to "clean you up inside". It acts to neutralize the acid excess that is so often the cause of stomach upset, sick headache, biliousness and other digestive disorders. When nature needs a little help try a dash of Abbey's...

WANTED—Second-hand safe, 14x16 inside capacity. Write Skidegate Inlet Credit Union, Queen Charlotte City. (221)

HELP WANTED—Two mechanics for interior garage. References required. State experience and wages wanted. Interviews arranged. Only first class men need apply. Reply Box 155 Daily News. (tf)

HELP WANTED—Reliable housekeeper for family of 2 adults and 2 children. No heavy laundry or waxing. Large private room. \$60 a month. Phone Red 879. (tf)

HELP WANTED—Girl or woman to assist with housework afternoons. 109 5th Ave. West. (3t)

HELP WANTED—Mother's helper from about 2 to 8. Five days a week. Phone Red 879. (tf)

HELP WANTED—Girl to mind two year old child, afternoons. 949 3rd Ave. West. (222)

MACHINERY
TO SAW better lumber more economically, use the modern and up-to-date type National Portable Sawmills, manufactured by National Machinery Company Limited, Vancouver B.C.

LOST
READING Glasses in brown case Saturday evening. Please phone 355. (tf)

LOST—Person who returned lost wallet to Daily News is requested to return gold earring it contained. (223)

MONEY TO LOAN
PERSONAL LOANS at the lowest rates
½ of 1% interest per month
No Other Charges
You repay by Monthly Instalments
6 9 12 18 24
Cash pay- pay- pay- pay- pay- you m't's m't's m't's m't's m't's get INCLUDING INTEREST

\$ 50'S 8.48'S 5.69'S 4.30
75 12.72 8.54 6.45
100 16.96 11.39 8.60
150 25.44 17.08 12.90 8.73
200 30.88 31.17 25.81 17.46 13.28
300 47.79 56.94 43.02 29.10 22.14
400 64.12 75.42 61.53 43.65 33.20
500 80.00 95.89 86.04 58.19 44.27

Larger loans at proportionate cost. Endorsers are not necessarily required. See the manager or accountant of your nearest B. of M. branch.

BANK OF MONTREAL C20

The Quality Tea
"SALADA"
ORANGE PEKOE

Stratford...
Two-Tone Pens
\$1.70
THE DEPENDABLE PEN FOR SCHOOL
DIBB PRINTING COMPANY
BESNER BLOCK THIRD AVENUE

QUALITY FOODS
We are here to serve you and guarantee you will be pleased.
FREE DELIVERY OF ALL ORDERS
BLAIN BROTHERS
"HOUSE OF FINE FOODS"
PHONE 547 P.O. Box 174

Phone Red 319 P.O. Box 1464
Green & Kermod
Builders and Painters
All Interior and Exterior Work
Free Estimates and Prompt Service

Box 1308 — Phone 108
PRINCE RUPERT PLUMBING & HEATING
J. H. Schuman - S. Julian
Night Calls: Blue 170 — Green 787
Cor. 2nd Ave. and 7th St.
LING THE TAILOR
We are taking cleaning and pressing and steam pressing while you wait.
PHONE 649 — 220 Sixth Street

A. MacKenzie Furniture
LIMITED
"A GOOD PLACE TO BUY"
You Could Go Wrong...
But not with the genuine La-Z-Boy Chair. Ideas can be copied but La-Z-Boy principles simply can't be imitated.
THERE IS ONLY ONE LA-Z-BOY
Exclusive Features:
Self-adjusting and automatic. Stays put at the required COMFORT ANGLE. Seat comes forward as back reclines. Quiet, smooth and noiseless operation. Quality-built throughout.
LA-Z-BOY with STOOL \$78.50 and up
Phone 775 327 Third Ave.

UNDER NEW MANAGEMENT !!
Pall Mall Cafe
AND CHOP SUEY
at CENTRAL HOTEL
HAS REOPENED
We specialize in tender, juicy steaks and Chinese dishes.
WE EXTEND A HEARTY INVITATION TO COME AND ENJOY OUR FINE FOOD

Hollywood Cafe
PRINCE RUPERT'S NEWEST AND MOST UP-TO-DATE RESTAURANT
FULL-COURSE MEALS FROM 11 A.M. TO 6 A.M.
Special Dinner Every Sunday - 5 p.m. to 8 p.m.
CHINESE DISHES A SPECIALTY
WE CATER TO PARTIES
CHOP SUEY CHOW MEIN
FOR OUTSIDE ORDERS PHONE 133
735 THIRD AVENUE WEST

Radio Dial 1240 Kilocycles (subject to change)
FRIDAY—P.M.
Summer Concert
Hollywood Radio City Orchestra
In the March
B.A.
Sammy Dorsey's Orch.
Upper Serenade
BC News
BC News Roundup
Marie Schooner
Frank Bogart
Suffic Time
George Kent and Two Tenors
Heritage of Music
BC News
C. News
Music by Shrednik
Astro Garden's Orch.
Smooth and Sentimental
Alton Charles
BC News's Orch.
BC News and Int.
Weather Forecast and on Off Ann.
ent
SATURDAY—A.M.
Musical Clock
BC News
Rhodes for Juniors
Morning Devotions
Suffic Time
Signal
Series in Music
Musical Program
The Teen Beat
The Live
BC News
Weather Forecast
Sunday Showcase
Personal Album
Message Period
Recorded Interlude
P.M.
B.A.
B.A.
B.A.
Sunday Concert
Ritmo Tropical
BC News
Serenade
BC News and
Elementary
Swail Calls
Sing Down to Rio
Sing Time
in the Daily News.

When out of Milk remember
"You've no excuse", insists Elsie the Borden Cow, "for doing without health-building whole milk."
"Make your own milk for drinking or cooking... simply add Klim Powdered Whole Milk to water. Beat briskly... MMMM! There you have it... delicious, creamy milk in a jiffy!"
Klim is whole milk—only the natural moisture removed. Gives you all the cream, minerals, proteins and vitamins of pasteurized whole milk.
Milk made from Klim keeps like fresh fluid it as needed... make Have Klim handy at all times.
It's Pasteurized THE BORDEN COMPANY LIMITED
KLIM Creamy MILK
"IN HANDY POWDERED FORM"

That Party...
PARAMOUNT CAFE
at Port Edward, B.C.
CHOP SUEY • CHOW MEIN
7:00 a.m. to 11:00 p.m.

GUNNAR SELVIG
General Contractor
We do basements, reshingling, build fences, sidewalks, remodel your kitchen. Demolish or move buildings.
100% SATISFACTION GUARANTEED
CALL BLUE 610
and we will give an estimate.
PRINCE RUPERT

Drive out ACHES
JUST RUB IN
MINARD'S LINIMENT
"KING OF PAIN"
35c

NEW ROYAL HOTEL
A Home Away From Home
Rates 75c up
50 Rooms, Hot and Cold water
PRINCE RUPERT, B.C.
Phone 281 P.O. Box 196

UNION STEAMSHIPS
SAILINGS FOR VANCOUVER and Way Points
Tuesday—SS Catala 1:30 p.m. (Daylight Saving Time—12:30 Prince Rupert Time)
Friday—SS Cardena, 10 p.m. (Daylight Saving Time—9 p.m. Prince Rupert Time)
Sailings for Queen Charlotte Islands every fortnight.
Further Information, Tickets and Reservations
FRANK J. SKINNER
Prince Rupert Agent
Third Ave. Phone 588

MOTT ELECTRIC
(Prince Rupert) LIMITED
ELECTRICAL CONTRACTORS
Commercial - Industrial Marine Electricians
Home Wiring and Repairs
Phone Black 307
236 Second Avenue West

NEW ROYAL HOTEL
A Home Away From Home
Rates 75c up
50 Rooms, Hot and Cold water
PRINCE RUPERT, B.C.
Phone 281 P.O. Box 196

UNION STEAMSHIPS
SAILINGS FOR VANCOUVER and Way Points
Tuesday—SS Catala 1:30 p.m. (Daylight Saving Time—12:30 Prince Rupert Time)
Friday—SS Cardena, 10 p.m. (Daylight Saving Time—9 p.m. Prince Rupert Time)
Sailings for Queen Charlotte Islands every fortnight.
Further Information, Tickets and Reservations
FRANK J. SKINNER
Prince Rupert Agent
Third Ave. Phone 588

MOTT ELECTRIC
(Prince Rupert) LIMITED
ELECTRICAL CONTRACTORS
Commercial - Industrial Marine Electricians
Home Wiring and Repairs
Phone Black 307
236 Second Avenue West

NEW ROYAL HOTEL
A Home Away From Home
Rates 75c up
50 Rooms, Hot and Cold water
PRINCE RUPERT, B.C.
Phone 281 P.O. Box 196

UNION STEAMSHIPS
SAILINGS FOR VANCOUVER and Way Points
Tuesday—SS Catala 1:30 p.m. (Daylight Saving Time—12:30 Prince Rupert Time)
Friday—SS Cardena, 10 p.m. (Daylight Saving Time—9 p.m. Prince Rupert Time)
Sailings for Queen Charlotte Islands every fortnight.
Further Information, Tickets and Reservations
FRANK J. SKINNER
Prince Rupert Agent
Third Ave. Phone 588

MOTT ELECTRIC
(Prince Rupert) LIMITED
ELECTRICAL CONTRACTORS
Commercial - Industrial Marine Electricians
Home Wiring and Repairs
Phone Black 307
236 Second Avenue West

NEW ROYAL HOTEL
A Home Away From Home
Rates 75c up
50 Rooms, Hot and Cold water
PRINCE RUPERT, B.C.
Phone 281 P.O. Box 196

UNION STEAMSHIPS
SAILINGS FOR VANCOUVER and Way Points
Tuesday—SS Catala 1:30 p.m. (Daylight Saving Time—12:30 Prince Rupert Time)
Friday—SS Cardena, 10 p.m. (Daylight Saving Time—9 p.m. Prince Rupert Time)
Sailings for Queen Charlotte Islands every fortnight.
Further Information, Tickets and Reservations
FRANK J. SKINNER
Prince Rupert Agent
Third Ave. Phone 588

MOTT ELECTRIC
(Prince Rupert) LIMITED
ELECTRICAL CONTRACTORS
Commercial - Industrial Marine Electricians
Home Wiring and Repairs
Phone Black 307
236 Second Avenue West

UNDER NEW MANAGEMENT !!
Pall Mall Cafe
AND CHOP SUEY
at CENTRAL HOTEL
HAS REOPENED
We specialize in tender, juicy steaks and Chinese dishes.
WE EXTEND A HEARTY INVITATION TO COME AND ENJOY OUR FINE FOOD

Hollywood Cafe
PRINCE RUPERT'S NEWEST AND MOST UP-TO-DATE RESTAURANT
FULL-COURSE MEALS FROM 11 A.M. TO 6 A.M.
Special Dinner Every Sunday - 5 p.m. to 8 p.m.
CHINESE DISHES A SPECIALTY
WE CATER TO PARTIES
CHOP SUEY CHOW MEIN
FOR OUTSIDE ORDERS PHONE 133
735 THIRD AVENUE WEST