RUP REC TOTS XMAS PARTY

Santa Claus Favors Fine Party at Civic Centre With Visit

Children of the Civic Centre's iny tots' Rup Rec class swarmed around Santa Claus at their Christmas party in the Civic Centre auditorium Friday morning and were rewarded with gifts and candy from that jovial character who held court (4 lbs. net). from a throne before a large,

> colorful Christmas tree. The children-more than 60 them, were lured into the auditorium from the gymnasium by the jingle of Christmas bells after they had spent a part of their regular training period singing Christmas songs in the

In the auditorium was a huge Thristmas tree which the youngsters admired until the arriva of Santa Claus who entered carving a huge bag of gifts. rief formal moment following he arrival of Santa was broken when the youngsters suddenly roke ranks and rushed to him with cries of delight. Santa then dispensed gifts to each of Lines. ne children and answered inumerable questions concerning

onditions in toyland. The atmosphere was eased onsiderably when Santa Claus assured the youngsters that the Party. present visit was only a preminary and that he would be back on Christmas Eve with nore toys and candies.

All the children were conient that this Santa Claus was enuine and that parental whispering which connected his dentity with that of R. E. Monlador had no relationship to

The party was arranged by idies of the Parents' Study roup, which is composed of mothers of the tiny tots who meet on Friday mornings in one year. the lounges while the chilfiren take their Rup Rec classes from instructor Neil Ross. Mr. Ross directed the children prior to Santa's arrival.

Ladies of the group, who assisted with the party were Mrs. Maurice Irving, convener, Mrs. Keith Dixon, Mrs. Alex Armgrong, Mrs. Don Forward, Mrs. A. J. Dominato, Mrs. Don Mac-Donald, Mrs. David Allen, Mrs. E. Mortimer, Mrs. H. A. Mc-Donald and Mrs. C. A. Brind.

As the children left the hall at the conclusion of the party, each was given a bag of candy at the door.

WAXING CLEANS CUPBOARDS Easy cleaning of kitchen cupboards is accomplished by waxing the shelves or covering them with an oil cloth. Then dirt and spots wipe off easily.

You saw it in The News!



MANSON'S **JEWELLERS**

"The Home of Better Jewellry"

REMINDER OF RATION COUPONS FOR PRESERVES

sugar-preserves coupon:

fluid ounces.

Cut comb honey-4 lbs. net. Extracted honey-48 fluid oz. (4 lbs. net). Extracted honey-48 fluid oz.

Honey butter-2 pounds. Maple syrup-48 fluid ounces Maple sugar-4 pounds. Molasses-80 fluid ounces (

Corn syrup, cane syrup, blended table syrup-30 fluid ounces. (containing 66% or more of

Briefs from Britain

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water soluble solids) 24 fluid oz.

BELFAST (P)—The refrigerat ed cargo liner Loch Avon, 9,200 tons, was launched by Mrs. Claude Barber, wife of the managing director of Royal Mai

Holmes, member for Harwich, fresh appearance. If they are has been elected chairman of the supposed to be crisp, be sure Liberal National Parliamentary they are crisp before serving.

SHEFFIELD, England (-Sheffield Repertory Company plans to build a new "people's theatre" to seat 1,000 persons, for stage plays and movies.

PERTH, Scotland (P-Lawors Mansion and farm at Comrie are being acquired by Perth and Kinross County Council for use as an agricultural school.

LONDON (P) - Anticipating a 'baby rush", London County Council is getting 25 more midwives, a total increase of 50 this

MANCHESTER, England (P) -Lord Crawford and Belcarres has been compelled by heavy taxation to break up Bibliotheca Lindesiana, one of the great private libraries of Europe start- RADISHES: ed four centuries ago.

cranberry sauce are no longer Garnishing is really an art. It and remove root ends and all thoroughly. Fill with colored complete the picture. Sprigs of rationed here is a reminder of does for food what framing does but one or two small leaves, not cream cheese, processed cheese parsley or green celery tops give the preserves obtainable for one for a picture. The frame is care- more than an inch long. With or peanut butter. Replace stalks color contrast, and remember fully chosen to accent the pic- a sharp knife cut uniform, thin as in original bunch. Wrap in parsley is edible. Jam, jelly, marmalade - 24 ture. In the same manner gar-strips of red skin almost down wax paper or a damp cloth and nishes should be chosen to com- to stem-end. Two rows of these pliment the food we serve. They petals may be cut if desired- slices.

that we eat with our eyes be- back. fore we eat with our mouths.

At no time of the year do garnishes play a more important role, than during the Yuletide season. With its gay, cherry color scheme of red and green, Fountain fruits, pie fillers many attractive garnishes can be used to create that holiday spirit for the occasion. It is the wish of every homemaker

to create those perfect "symphonies in food"-not too much of this or too little of that, but all in true balance. A few point- CARROTS: ers may help you to achieve

Let your standard be simplicity. Over-garnishing produces a very repelling effect. It is preferable to have too little rather than too much. Garnishes should LONDON (P) - Sir Stanley be edible and should have a Drain them well, if they have been made crisp by standing in

Colorful garnisnes should be used on dishes which are themselves lacking in color. However, be sure the colors do not clash. If the food is to be served hot, use garnishes that will stand up

-do not serve jellies with them. With these few suggestions on the uses of garnishes, home economists give the following instructions for the making of several varieties of garnishes. which will quickly and easily transform the simplest dish into one of holiday fare.

Garnishes for Salads and Cold or Hot Plates

These may be used singly or in combination.

PRACTICAL

Gift Suggestions

· MEN ·

Dressing Gowns

Roses-Select small, firm,

Seasonable Ideas for Housekeepers

GARNISHING, IMPORTANT AT XMAS, strips, almost to the centre. Chill SEASON IS REAL CULINARY ART

Now that canned fruits and THAT FINISHING TOUCH- evenly shaped radishes. Wash arate stalks of celery, wash additional touch of greenery to are indispensable in the attrac- one row from the middle of the tive presentation of food, add- radish down, the second from Celery leaves may be finely ing that eye appeal which is so the top to the middle. Chil in chopped to replace chopped which is so necessary. It has often been said | cold water until the petals curl | parsley.

Accordions - Prepare radishes as for roses, but remove all stem and leaves. Cut radishes crosswise in thin slices, about three- greased shallow pan to the depth quarters of the way through the of one-half inch. Cut with fancy radishes. Chill in cold water.

Fans—Prepare radishes as for lengthwise down to, but not in texture. through, the stem-end. Spread

Curls-Cut lengthwise paperthin shavings from cleaned, scraped or peeled carrots. This is easy to do with a small vegetable peeler. Curl around the finger and chill in cold water. Insert toothpicks to hold shape while crisping.

CELERY:

Slit ends in narrow parallel Form cranberries into clusters | Drop by teaspoons on a greased

in cold water until strips curl.

chill well. Slice in one-half-inch

Jellies to Garnish Cold Meats or Salads

Pour tomato or cranberry jelly into a moistened or lightly cutters into the desired shapes. Dice the left-over jelly and add to salad mixture to give added roses, but slice in thin slices color and a delightful contrast

> Red-skinned apples make thin wedges and dip in spiced 1-inch macaroons. vinegar from pickles. This prevents discoloration. These are very attractive when put together with cream cheese.

Helly Necklace for Christmas

Cut green pepper into 11/2-inch squares. Starting at one corner, using a sharp knife, notch to represent holly leaves. With Cream fat, add sugar and cream Curls-Separate stalks of cel- needle and thread string alter- | well together. Add egg and ery, wash thoroughly and cut nately a green pepper holly leaf, mincemeat. Add flour, sifted into two- or three-inch strips. then three raw cranberries. with baking powder and salt.

enough to extend loosely around 11/2-inch cookies. the bread of bird-from thigh to thigh. Fasten ends of neck-

lace to bird with toothpicks. These garnishes, although at-Stuffed Celery Flowers-Sep- tractive in themselves, need that

MANARA BERKERKERKERKERKERKER

Xmas Recipes

Cherry Macaroons

egg white Pinch of salt

1/4 cup sugar 11/2 cups wheat or cornflakes

½ cup maraschino OR canned cherries, cut in small pieces

Add salt to egg white and beat until stiff. Add sugar gradually, then fold in flakes and cherries. Drop by teaspoons on a greased baking sheet. Bake in a moderlately slow oven, 325 degrees F. very effective garnish. Cut in for 30 minutes. Makes 1 dozen

Mincemeat Cookies

1/4 cup mild-flavored fat

½ cup sugar 1 egg

1 cup mincemeat 11/4 cups pastry OR 1 cup plus

2 tablespoons all-purpose flour

1/4 teaspoon salt

by bringing needle back through | cookie sheet and bake in a mod- | MAKING CAUSTIC SODA the first cranberry of group. Re- erate oven, 350 degrees F., 12 to | Salt brine is treated electrically to produce a really to produce a lectrical salt brine is treated electrical salts. peat until necklace is long 15 minutes. Makes about 3 dozen cally to produce caustic soda and

> Make-Your-Own Sandwich Party

Tomato Juice Assorted Sandwich Fillings cheese, eggs, minced ham, liverwurst

Buttered Bread or Rolls Cookies, Christmas Cake, Coffee Christmas Eve Buffet Supper Christmas Wreath Sandwich Loaf garnished with

Carrot Sticks, Celery Radish Roses Cherry Olives, Pickles, Parsley Christmas Cake, Cookies

Coffee

liquid chlorine.

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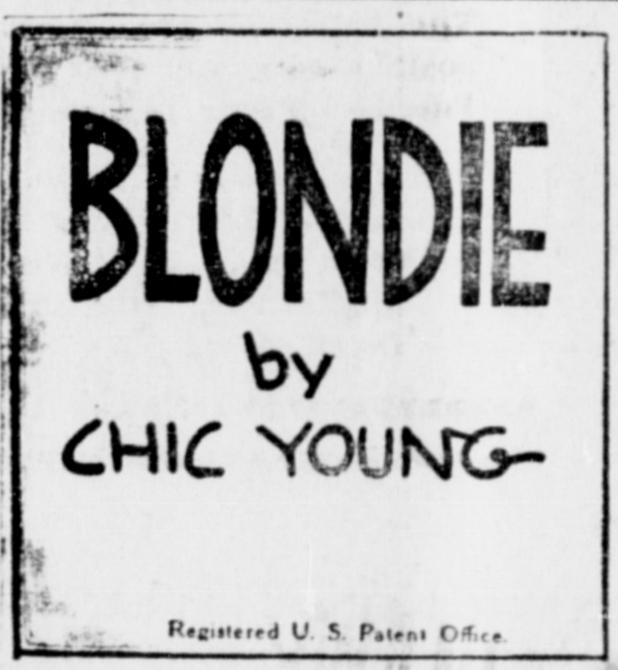
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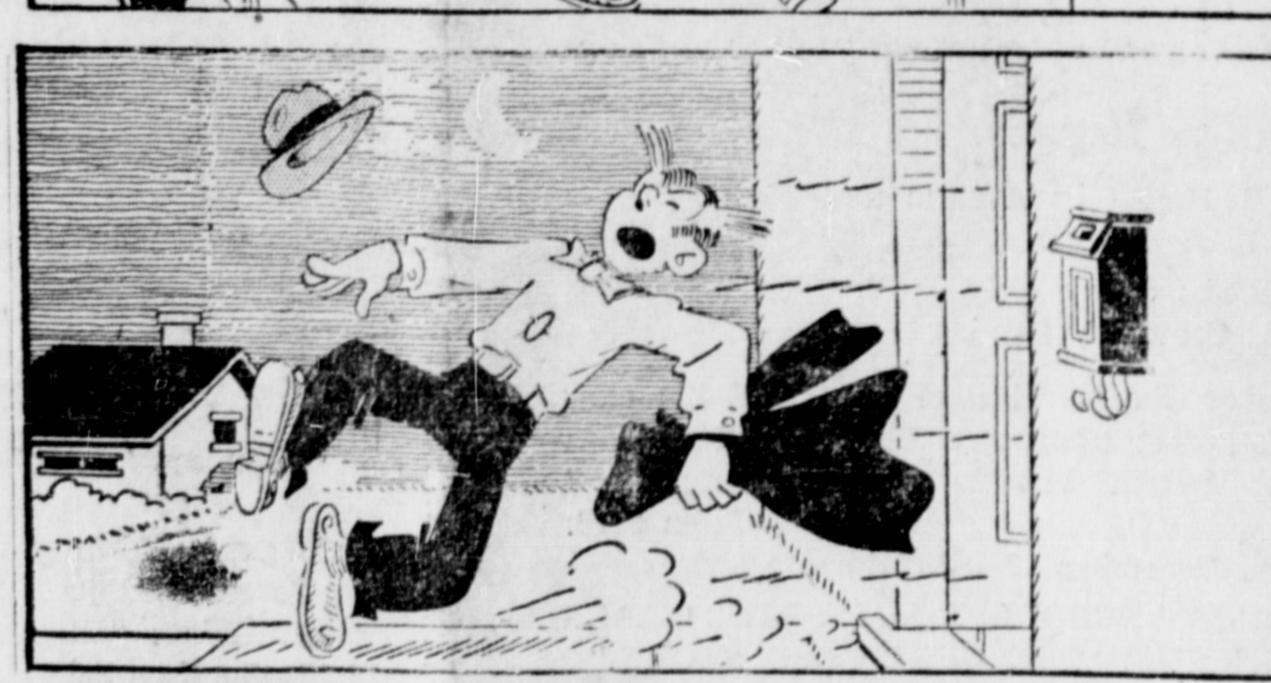










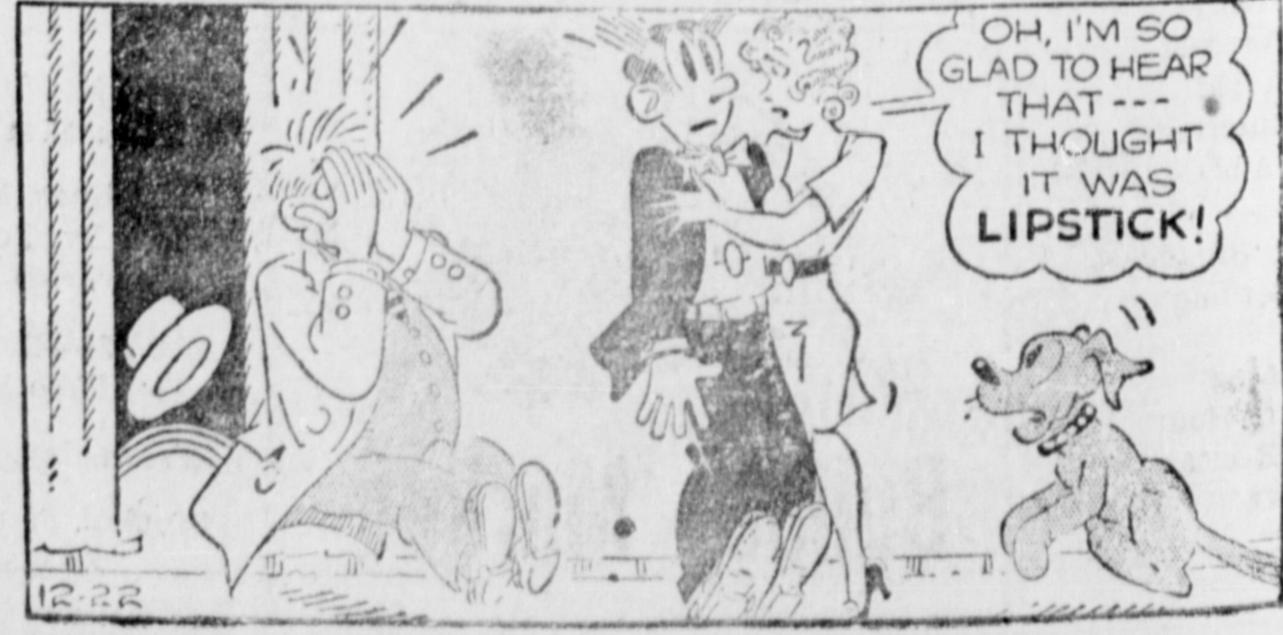


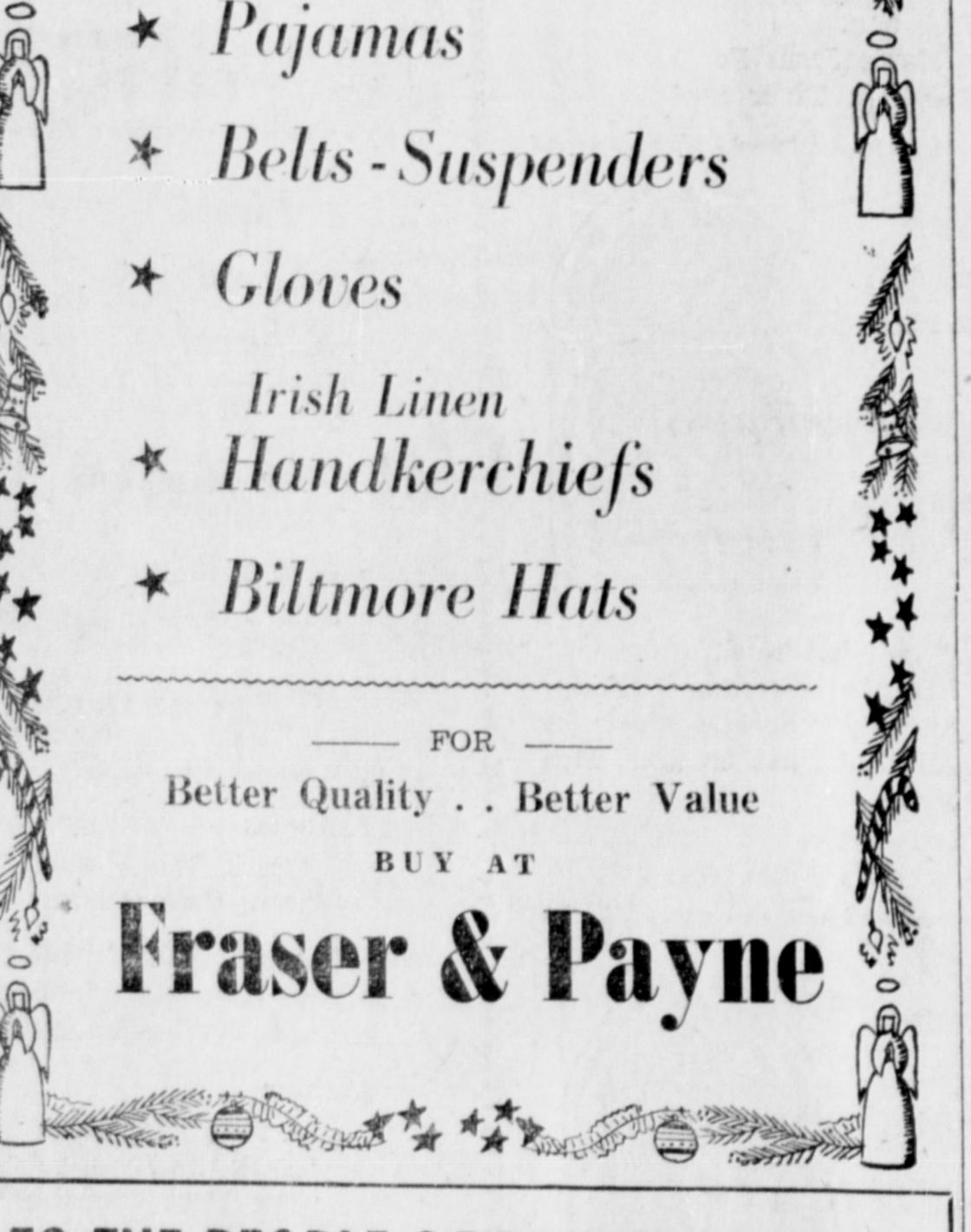












TO THE PEOPLE OF PRINCE RUPERT Who Suffer With Their Feet

You will be interested to know that there is a man in town who has had a wide experience in the correction of fallen arches, and can make Arch Supports that will relieve that painful and tired feeling that only foot sufferers can explain.

Mr. Bill Terry, with many years of study of foot ailments, is at Hill's Shoe Stort, and will be pleased to take an impression of your feet and let you know what can be done in your individual case.

Mr. Bill Terry is also in charge of the Shoe Repairing Dept. where your repairs are executed neatly and promptly. Call around and see him for either reason.