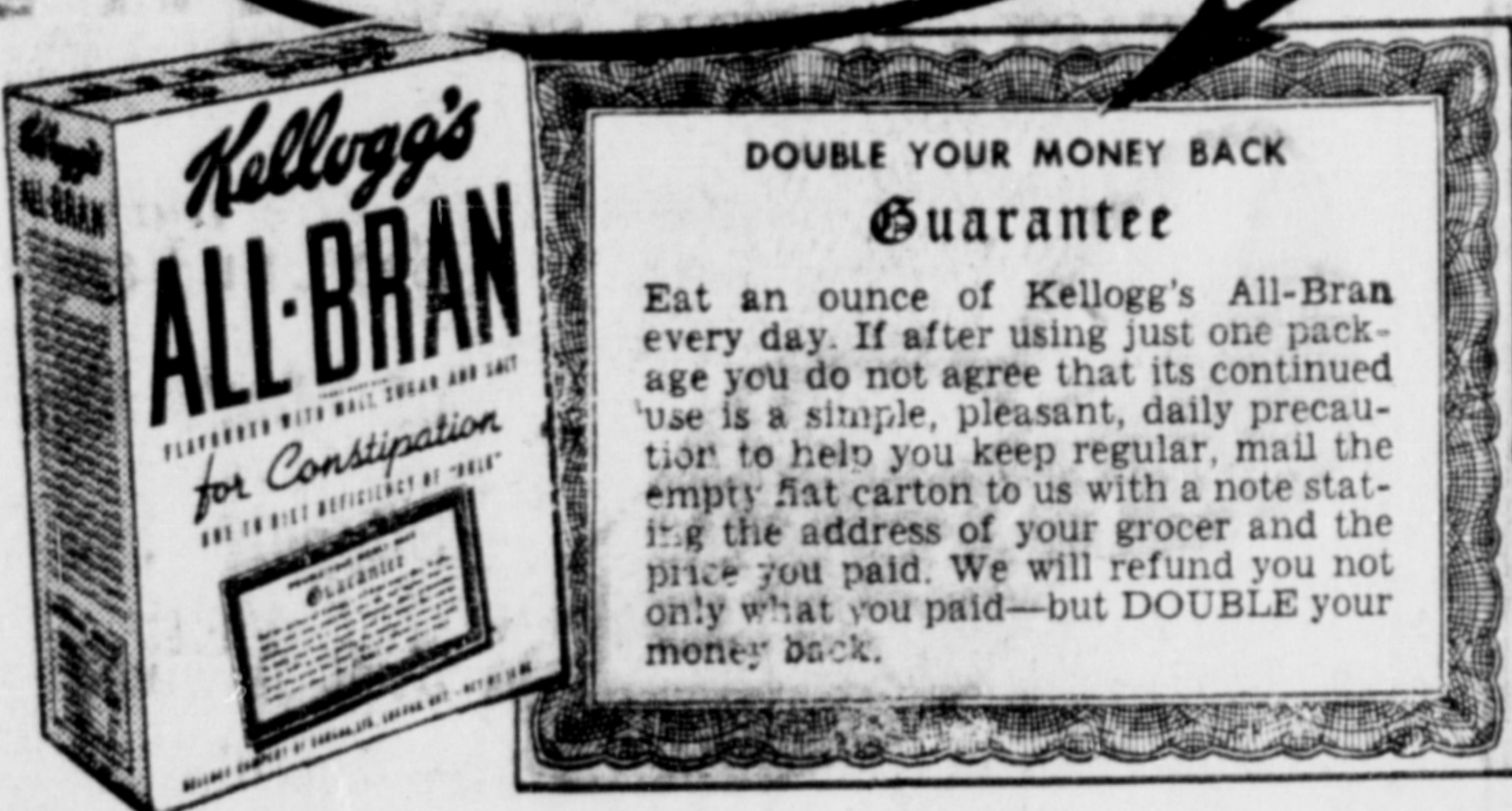


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TERRACE P.T.'S NOVEL MEETING

TERRACE—With the largest crowd yet in attendance, the monthly meeting of the Terrace Parent-Teacher Association was held in the Legion Hall Thursday evening. At one side of this hall, which serves during the day as the Grade I classroom, were two bulletin boards filled with clippings relative to P.T.A. work. Through the efforts of the teacher and her pupils the room had been made colorful and attractive. At the top of the blackboard was a border of flaming northern lights with white polar bears in the foreground. An Eskimo landscape was in the process of development on the sand table and pictures of Eskimo life were to be seen around the room. With the present winter conditions in Terrace, vivid conceptions of

Eskimo land must be forming in the minds of the children. The president, Mrs. Floyd Frank, was in the chair and the meeting opened with the singing of "O Canada." Reports of conveners were submitted. A discussion as to what could be done to aid the schools most effectively developed and Mrs. J. McLeod, Mrs. Loveless and Mrs. B. Smith volunteered to organize local talent for the benefit of the schools. To commemorate "Founder's Day" Vic Imhoff read an appropriate selection. This was followed by a silver collection the proceeds of which will be sent to headquarters. The evening was brought to a pleasant conclusion with the serving of refreshments prepared by the social committee.

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Seasonable Ideas for Housekeepers

POETRY IS ACCLAIMED

"Grey Ship Moving" Second Book of Verse by Newspaperman Charles Bruce

TORONTO — Charles Bruce, Canadian newspaperman who was well known as a Nova Scotia poet before he came to Toronto 11 years ago to direct newsdevelopment for The Canadian Press, has just come out with a second book of verse. He calls it "Grey Ship Moving." (Ryerson).

Its 15 poems done over the last dozen years include "Personal Note," a tightly-written column and a half in verse which set down in 1941 Bruce's "statement of belief" at a time when the world was in turmoil, many of his friends were overseas, and he was in Toronto. Within three years he was CP's London Superintendent overseas and as a war correspondent crash-landed safely in Belgium with a flak-bomber crew.

This working Canadian newspaperman's verse is acclaimed in Britain, where "Grey Ship Moving" is published simultaneously. An introduction by the well-known English poet, Wilfred Gibson, says Bruce's work, "like that of Walt Whitman and Robert Frost, is vital with the very stuff of life, and never merely a rehash of literary reminiscences."

In his 20 years as a newspaperman, Bruce never went literary. Now general superintendent of The Canadian Press, he started out to be a reporter and wound up handling other men's copy. He explains his leisure-time poetry thus:

"It is perhaps only natural that a desk man, who rarely gets a chance to go out on a big story, should sometimes feel like having his say. Under the circumstances, it is not unusual if the form in which he says it differs radically from that of the writing he turns out or handles every day. At that, a study of poetry may come almost unconsciously to the aid of the newsreader seeking to picture people and actions as he sees them; and a few years writing or editing news would tighten up and make more effective the work of many poets."

Among the many distinguished public figures who started out as newspaper carrier boys were two prominent governors of New York State, Thomas Dewey and A. E. Smith.

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JOHN BULGER
JEWELLER

Bread Making Is Really Fun And Source Of Pride

"Baking day" is no longer on most homemaker's calendar, since a variety of fresh bread and rolls are readily obtainable from the bakery or grocery store. However, there are still times when we get that creative urge to make our own bread or rolls, but fear of working with a yeast mixture prevents many from satisfying this desire.

Breadmaking is fun and the results afford the homemaker a source of real pride. It is similar to gardening; we plant the yeast seeds in the flour mixture. These grow under favorable conditions, but require careful attention. The growing yeast plants produce the gas, which leavens the dough. During the rising periods the bread dough should be kept warm, preferably 80 to 85 degrees Fahrenheit. It should be stiff enough to be elastic, but still as soft and pliable as putty. An excess of heat kills the yeast plants. All liquids should be no more than lukewarm. In very cool weather the flour should be warmed.

In grandfather's time, the whiter and lighter the loaf of bread, the more desirable it was. For this reason millers proceeded to remove the bran coats. Today we know that no edible part of wheat or other grain kernels should be thrown away. Would you use the white of an egg only, and throw away the yolk? Of course not.

Home economists offer the following reliable recipes, not exactly new, but tried and proven for success.

Special Brown Bread
1 yeast cake
1/4 cup lukewarm water
2 cups milk
1 tablespoon fat
1 teaspoon salt
4 tablespoons molasses
1 cup cornmeal
2 cups cold oatmeal porridge
2 cups whole wheat flour
4 1/2 cups white flour
Dissolve yeast in lukewarm water. Heat milk to boiling, add fat, salt and molasses. Pour over cornmeal and let stand until

lukewarm. Add porridge, whole wheat flour and dissolved yeast. Blend thoroughly. Let rise until light and double in bulk. Add white flour and knead until smooth. Shape into loaves, place in greased pans and let rise until double in bulk, about 1 1/2 hour. Bake in a hot oven, 400 degrees Fahrenheit, for one hour. Yield: 2 loaves.

Sweet Raisin Ring
1/2 yeast cake
1 tablespoon lukewarm water
1/2 cup scalded milk
2 tablespoons shortening
1/2 teaspoon salt
2 tablespoon sugar
1 egg
2 cups sifted all-purpose flour

Filling:
1 tablespoon melted butter
1/2 cup brown sugar
1/2 teaspoon cinnamon
1/4 cup seedless raisins

Topping:
2 tablespoons confesatory sugar
1 teaspoon warm water
Chopped nuts (optional)

Soften yeast in lukewarm water. Scald milk. Add shortening, salt and sugar. Cool to lukewarm. Add yeast, beaten egg and blend well. Add enough flour to make a soft dough. Turn out on a lightly floured board and knead until smooth. Place in a greased bowl, cover and let rise until double in bulk, about two hours. Roll into a rectangular shape about 1/2 inch thick. Brush with melted butter and sprinkle with brown sugar, cinnamon and raisins. Roll up as for jelly roll and shape into a ring. Place on greased baking sheet and cut with scissors at one-inch intervals, almost through ring. Turn each slice slightly on its side. Blend confesatory sugar with water and brush over the top. Sprinkle with a few chopped nuts if desired. Cover and let rise until double in size. Bake in moderately hot oven, 375 degrees Fahrenheit, for 25 to 30 minutes.

HOW CAN I ???

By ANNE ASHLEY

Q. How can I remove postage stamps from envelopes?
A. To remove them from envelopes or when they are stuck together, place the stamp under a sheet of thin paper and run a hot iron gently over the paper. The stamps can be easily removed.

Q. How can I dust upholstered furniture properly?
A. Place a wet cloth over the piece to be dusted and beat it. Change the cloth frequently. This beats out the dust, which clings to the cloth.

Q. How can I make use of lemon rinds?
A. Save and dry all lemon rinds. A handful thrown on a dying fire will revive it.

Whifflets From The Waterfront

Northbound from Vancouver to Skagway on a regularly scheduled Alaska voyage, C.P.R. steamer Princess Norah, Capt. Thomas Cliff, arrived in port at 9 o'clock yesterday morning and sailed at 10:30 a.m. in continuation of the trip. She is due back here Thursday afternoon southbound. There were 89 passengers aboard the Norah. One disembarked at this port and five went north from here aboard her.

Midnight and early morning hours today saw two coastal liners of Union Steamships Ltd. in port. At 12 o'clock the steamer Venture, Capt. H. E. McLean, arrived from the south and sailed several hours later for Stewart and other northern points whence she will return here tomorrow afternoon southbound. At 2:30 a.m. the steamer Cassiar, Capt. Lorne Godfrey, arrived from Massett Inlet points, sailing a short time later for Vancouver, via south end of Queen Charlotte Islands.

Weekly Ration Fashion for a family of four



SUN.	MON.	TUES.	WED.	THU.	FRI.
Boiled Tongue	Meat Patties	Baked Beans	Stuffed Meat Loaf	Lamb Stew	Fish Dish
unrationed	Group B	unrationed	Group C	Group D	unrationed
	1 lb. 5 tokens		1 1/2 lbs. 6 tokens	2 lbs. 6 tokens	
7 tokens left over.					

The focal point of Sunday's dinner can be fresh or pickled tongue, simmered until tender and served hot with an orange-raisin sauce. Whipped potatoes and green beans will complete a top-of-the-stove meal. And you should be able to calculate on left-over tongue for week-day lunch servings. The first inroads on your week's ration will be made on Monday, with 5 tokens for one pound of round steak, the basis of well-seasoned, crisp browned meat cakes. Now that the dried bean family is making a more plentiful appearance at most markets, Tuesday's meatless main dish will be a casserole of limas or navies. Fresh from the oven whole wheat muffins and a mixed salad should assure a meal of nutritious and appetizing goodness. Minced beef and veal make a pleasant combination for a meat loaf. For variation, line the bottom and sides of a loaf pan with your favorite meat mixture, fill the centre with a good bean dressing, and cover with the meat mixture. On Wednesday's dinner, you should have on hand the solution to a luncheon problem. Thursday's stew, topped with dumplings, is toothsome fare for six tokens. And by Friday the wheel of good eating revolves to fish. With almost half your ration makes Saturday an opportune time to satisfy the family's penchant for a juicy steak. Even so, you have to your credit seven tokens to augment your purchases if you have a guest night, or to help out with next week's roast day.

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ON CALL NIGHT AND DAY

The Abbot ordered Coffee before Prayers!

An early coffee legend tells about a Mohammedan abbot who was troubled by drowsiness during prayers. He found that, after trying the newly-discovered coffee drink, he was able to attend properly to his religious duties. Believing this to be a revelation from Mohammed, he ordered his monks to drink coffee together before services in the mosque.

Coffee at its Very Best

If you want to enjoy coffee at its delicious, aromatic best be sure you get Maxwell House Coffee. Its friendly stimulation buoy you up... helps you over the rough spots. And there's a wealth of enjoyment in its delicious flavor and rich, satisfying body.

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