IN YOUR FAMILY'S PRAISE! PANCAKES, HERE Good for you . Digestible as toast!

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FOR DUST CONTROL Greater bulk means more for your money

PROMPT DELIVERY ON JANITOR SUPPLIES RINCE RUPERT SUPPLY HOUSE WHOLESALE

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Our Friends...

the district who shop in the city, you can get what you need in the following things at the VARIETY STORE . . .

MALL HARDWARE

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SEWING NEEDS

any other things. Make the VARIETY STORE your shopping centre when in the city.

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PHONE:

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ON CALL NIGHT AND DAY

atch for the New Ford

It's SMART -BIG — THRIFTY TO OPERATE - RELIABLE . . .

When you want the best in motoring pleasure look to FORD. Remember: "THERE'S A FORD IN YOUR FUTURE."

"The Home of Friendly Service"

170 E. 3rd Ave.

A. MacKenzie Furniture

LIMITED ----'A GOOD PLACE TO BUY" by Carriages-Made by Lloyds. Fully upholstered, stormof curtains. Carriages you will be proud to own. All .\$31.00 ther Carriages—Fully upholstered and stormproof cur-

.\$22.50 to \$28.50 hildren's Commode Chairs-With tray... \$5.50 hild's Bassinette-18"x36", with mattress... .\$9.50 fants' Baskets-From ut-of-Town Customers—Write us for your requirements.

e have a large stock from which to supply you. Goods can sent C.O.D. for your convenience. 7 Third Avenue West Phone 775

An Announcement

o the Motoring Public . . .

NEW HOURS FOR SALE OF GAS

LONG . MOTORS

WEEK DAYS -8 A.M. TO 9 P.M. SUNDAYS -1 P.M. TO 4 P.M.

his is a service for your convenience . . . you are invited to take advantage of it.

Operator—FRANK MORRISON

1st. (R) Bn. Prince Rupert Regt. (MG) by Capt. A. W. Burnip A/OC.

Parades_

parade on Friday, March 8, at trip to Vancouver. 2000 hours.

Bn. parade will be held on Monday night, March 11, at 1930

Subjects and instructors are as follows: Advanced Class: Drill - 8

C.M.S. Bond, P. Fieldcraft-1. Sgt. McRae, J. Grenades-1. C.S.M. Brechin, C. G.

Basic Class: Rifle-9. Capt. G. E. Moore. Fieldcraft-1, Sgt. Mc-Rae, J. Grenades-1. C.S.M. Brechin, C. G. Signal class as per arrangement.

first Recreational Shoot (minia- Met here by her husband, Staff Qualifying stages are as follows: 5 targets to be submitted of 75 and over for First Class; 10 targets to be submitted of 90 and over for Marksman; 10 targets to be submitted of 95 and over for Expert. hTose who qualify will receive a badge for each stage as they progress-First Class - green, Marksman - red, Expert—blue. Those attending parade at the Drill Hall.

J. J. Payne, who has been on a business trip to Vancouver, eturned to the city this morning from the south.

Announcements

Women of the Moose Dance, Oddfellows' Hall, March 6. Presbyterian Tea, March 14, Mrs. A. Flaten.

Junior Chamber of Commerca St. Patrick's Day Ball, Civic Centre Auditorium, March 15.

C.W.L. St. Patrick's Tea and Sale of Home Cooking, 2:30 to 6:00. Card Party, 8:00 p.m., K.C. Hut, March 16.

St. Patrick's Dance, Saturday, March 16, Oddfellows' Hall. Bobby Woods orchestra. Varden Singers Concert, Booth

Memorial Auditorium, Wednesday, March 20, 8:15 p.m. United W.A. Tea, Mrs. David Allan, 420 4th Ave. West, March

L.O.B.A. tea and sale, April 3, Oddfellows' Hall.

W.A. Canadian Legion Tea and Novelty Sale, May 10. Old Time Dance, I.O.D.E. Hall, every Saturday.

LIFE WITH "JUNIOR" by Elsie, the Borden Cow

FRANKLY, DOC, DON'T YOU GO FOR BORDEN'S EVAPORATED MILK FOR BABIES?"



Matural Content of Vitamin D EVAPORATED Increased by Irradiation. MILK

FOUR VETERANS PRINCE RUPERT DECORATORS

Specialists in Each Branch Paperhanging - Signs

KWONG SANG HING

HOP KEE

CHOP SUEY

HOUSE

612 7th AVE. WEST

(Next to King Tai)

All your patronage welcome

Open 5 p.m. to 2 a.m.

Outside Orders from 2 p.m.

to 2 a.m.

PHONE RED 247

Decorating Blue 285 - Box 1422 Stn. B.

Take invigorating steam baths and massage to relieve that tired feeling.

R. Y. WALKER Graduate Masseur

Reducing, Facial and General

Swedish Massage

Phone Green 507 evenings for appointment 937 THIRD AVENUE WEST

Military Orders | Local News Items...

▲ For a reliable taxi, Phone 32. Open Day and Night.

Mrs. M. P. McCaffery returned All officers and N.C.O.'s will to the city this morning from a

> A Basketball Dance, Friday, March 8, Oddfellows' Hall, 10:30, in honor of visiting teams. Everybody welcome.

Mrs. Lloyd Gale arrived in the city on the Prince Rupert this morning from Vancouver to pay Avenue East, and brother, An- ver. drew Blomberg.

Mrs. C. E. Mayo of Terrace, neapolis, arrived in the city on Prince Rupert this morning. To Shoot—There will be a the Prince Rupert this morning. ture range) on Saturday after- | Sergeant Mayo, she will proceed moon at 1330 hours, March 9. on tonight's train to her home

> tained in the city on account of this part of the coast. the illness of Mrs. Heatherington's father, J. Connery.

Miss Glenna Moore returned (tf) on the Prince Rupert this morning from a trip to Seattle.

> Allan Morgan returned to the city on the Prince Rupert this morning from a brief business trip to Vancouver.

Mrs. M. J. Keays returned a month's visit with her mother, home on the Prince Rupert this Mrs. A. Blomberg, 1144 Seventh | morning from a trip to Vancou-

Miss Irene Foote, who has Shirley. been on a holiday trip to Vansyllabus. Transport class as per | who has been on a trip to Min- | couver, returned home on the

The Prince Rupert Gyro Club was in regular monthly business session at its weekly luncheon today in the Boston Cafe. President W. D. Lambie was in the E. D. Heatherington left yes- chair over a good attendance of terday afternoon on the Ven- members. Next week the Gyro ture for Seattle to which city Club speaker will be Alex Munro, he has been transferred. Mrs. chief engineer of the steamer Heatherington and small daugh- | Prince Rupert, who will recall ter will join him later, being de- early steamboating days along

Buy more War Savings Stamps.

Uncle Joe was just back from the Boer War

cereal with the wonderfully different flavor-

malty-rich, sweet-as-a-nut Grape-Nuts. Jimmy

and we were celebrating with a day on

the pond, when somebody mentioned that new

couldn't resist running home for a dishful.

Two grains-wheat and malted

Posts

A Product of General Foods

10¢ to 25¢

49¢

- barley-specially blended, baked

and toasted, achieved that

one and only flavor

Jimmy and all of us were

so crazy about. Today you

find it also in that

honey-golden flake cereal

Post's GRAPE-NUTS

FLAKES.

Load up Junior's sleigh with

To some giant economy packages of Post's

Grape-Nuts Flakes next time you're down at

Flakes

the grocer's. They slide down easily!

SUNDRY SPECIALS . . .

we offer exceptional values from .

Plastic Soap Boxes

Pal Razor Blades-

all standard tooth brushes

Simms Shaving Brushes 50¢ — 75¢ — \$1.00 — \$1.50

Combs—We have a large stock of Ladies' and Gentlemen's

Dressing Combs of all types. Bought in large quantities,

Colgate's Three-Feature Tooth Brush - Guaranteed

Plastic Tooth Brush Holder-For Home and Travel-fits

1 for 10¢ - 10 for 25¢ - 25 for 59¢ - 50 for \$1.00

ORMES LTD.

Nylon, Cleans, Polishes, Massages

Gillette Tech Razor with Five Gillette Blades-

Post's Grape-Nuts Flakes have that up-and-at-'em

nourishment, too. Carbohydrates for energy;

proteins for muscle; phosphorus for teeth and bones;

iron for the blood; other food essentials.

That one-and-only flavor cuts a lot

- LITTLE JIMMY

Prince Rupert

arrivals

S. L. McGuire, Queen Charlotte City; J. S. Smith, Caspaco; W. T. Hickmore and F. J. Hickmore, Smithers; C. E. Mayo, Terrace; D. Rude, Juneau; E. T. King and B. F. Carr, Ketchikan; ▲ Sheardown's deliver daily. To- E. Crouzier, Prince Rupert; R. (58) day's orders delivered tomorrow. M. Hutton, Smithers; Mr. and We're as near as your phone. Mrs. N. F. Beach, Terrace; Mr. (tf) and Mrs. M. Nunn, Hamilton; Mr. and Mrs. F. Kirby, Terrace; W. R. O'Neill, Boston; Mrs. A. C. Kiesdlin and Mrs. S. March, Ketchikan; Mr. and Mrs. B. J. Rhyn and family, Houston; A. Eltz,

NOTICE

I will not be responsible for any debts incurred on and after this date unless authorized by

> Signed: MIKE ANDERSON Queen Charlotte City.

Parsnips have been cultivated since Roman times.

TOO LATE TO CLASSIFY

FOR SALE - Six-tube Philco radio. 221 4th Ave. East. Phone Black 633.



Watson's Cream Combinations-Spring needle knit. Wool and cotton. Per suit..... \$.500

Choose from these Ranges

now in stock.

fine underwear.

Mercury No. 98 Merino Combinations-75% wool.

Per suit \$5.00 Mercury Crusader Combinations-Natural shade pure wool. Per suit Mercury Cream Combinations-Light weight fine cotton.

Per suit P.D.Q. Buttonless Combinations-Medium weight cotton. Per suit

"THE MEN'S SHOP"

. & Nicherson

AUCTION SALE

Saturday, March 9th-2:30 p.m.

HOUSEHOLD EFFECTS - PROPERTY OF MRS. A. M. RIVERS

Consisting in part as follows:

ABC Electric Washing Machine; Heintzman Piano; Electrolux Vacuum Cleaner; Walnut Bed Room Suite; Trilight; End Tables, and numerous other articles, and in good condition. TERMS CASH.

> This sale will be held at the I.O.D.E. Hall, Fifth Ave. and McBride St.

> > J. H. MAIR

Auctioneer Saies Rooms-171 Third Ave. E.

Phone Black 156

Quality Repairs Prices

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PRINCE RUPERT SHOE REPAIR 3rd St. (Near the Post Office)

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JUST RECEIVED

Velour and Mohair Chesterfield Suites. Also Solid Hardwood Bedroom Suites.

TAFT & ODOWES FURNITURE NOVELTIES (Formerly J. H. Mair) OUR PRICES ARE RIGHT

REX CAFE

SECOND AVENUE, OPPOSITE PRINCE RUPERT HOTEL

Chop Suey — Chow Mein Chinese Dishes our specialty.

Open 6 a.m. to 2 a.m. PHONE 173

rappers

Highest Prices Paid for Your

SEE US BEFORE YOU SELL BILL SHRIABERG

B.C. FURNITURE

Phone Black 324

EMPIRE CAFE

(Formerly L.D.)

Completely Renovated and Redecorated

FULL MEALS, LUNCHES CHOW MEIN, CHOP SUEY

LING THE TAILOR

We are taking cleaning and pressing and steam pressing

while you wait.

11 a.m. to 1 a.m.

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