

## BUILDS SUCCESS ON CLEAN SEED

NIPAWIN, Sask. — An Alger story entitled "success with seeds" would be a fitting biography for H. G. Neufeld, 49-year-old farmer-businessman of this Carrot River country about 120 miles northeast of Saskatoon.

The secret of his success is "clean" seed which he says is fundamental for good agricultural production anywhere.

In 1918, following his father's death, Mr. Neufeld borrowed enough money to farm 40 acres in this district, dig a well, build a shack and buy a binder for \$15. He sold it 10 years later for \$25 in better shape than when he had purchased it.

In his first attempt he planted two bushels of Marquis wheat and similar amounts of registered Hennehen barley and registered Victory oats.

But at harvest time he discovered that varieties other than those he had sown showed in the grain which was in bad condition. He decided then to do his own purifying.

**Two-Year Task**

He selected 100 head of grain, planted it in special rows and after two years of slow, back-breaking work, weeding out the off-grains, he was granted top status for his grain seed.

At exhibits in following years he won provincial and Dominion championships for wheat, oats and barley and in Chicago in 1937 he won a championship for his oats.

One year previously he had purchased 10 pounds of registered peas and in 1938 he shipped out 21 carloads of peas grown from the original 10 pounds.

Today, he has seed-cleaning

## Tool Shortages Plague Industry

LONDON — Shortages of skilled labor, iron castings electric motors and various components is causing a reduction in output of the machine tools industry, vital to reconversion and modernization of industry.

Production in the second quarter of this year was at an annual rate of £16,500,000 compared with £18,250,000 in the first quarter and £21,600,000 last year.

Orders are coming in faster than deliveries are leaving the plants and some manufacturers do not promise delivery within a year.

plants in Nipawin and nearby Codette. Last year he handled 140 carloads of seed, 40 of which were shipped through UNRRA to bolster Europe's grain growing. In addition, last year, he shipped 1,100 less-than-carload lots to points throughout western Canada.

He calls this district the "Garden of Canada" and claims that in no other place in the Dominion do farmers grow such a variety of seeds. He mentions sweet clover, brome grass, crester wheat grass, timothy, rape seed, red clover, and five varieties of peas.

## The Experts Say - -

With so many luscious fruits this year, every sealer in pantry or cellar should be filled. To most homemakers the catch in this plan seems to be that sugar is rationed. Even those who can vegetables successfully cling to the idea that sugar is necessary in canning fruit.

The Agriculture Department home economists say that the keeping quality of canned fruit does not depend on the addition of sugar but rather on sufficient processing and the use of airtight sealers.

They suggest two methods for canning the late fruits without sugar.

For peaches, pear and large plums the fruit is prepared and packed cold in sealers just as for cold pack canning when sugar is used but the filled, uncovered sealers are placed on the rack in the water bath canner with only about two inches of water in the bottom of the canner.

The cover is put on the canner and the fruit steamed until the juice flows, then the sealers are removed and the fruit from one or two used to fill the others up to within 1/2 inch of the top. The rubber rings and lids are then put in place and the sealers partially sealed

and returned to the boiling water bath which meanwhile has been filled with water enough to reach two inches over the sealers. Peaches and plums require 15-minute processing and pears being a harder fruit are given 20 minutes.

Plums that are very juicy or larger ones that have been pitted or cut in pieces or sliced juicy peaches may be done by another method. A small amount of the fruit is crushed in the bottom of a preserving kettle, the remaining fruit added and heated slowly until the juice flows.

The hot fruit is then packed in sealers to within 1/2 inch of the top, the rubber rings and lids are put in place and the sealers partially sealed and processed 15 minutes in the water bath or 25 minutes in the oven at 275 degrees Fahrenheit.

Fruit done by either of these methods may be used just as fresh fruit would be used in pies or puddings. If it is to be used for desserts, as canned fruit, the juice may be drained off and enough water added to make two cups of liquid for each quart sealer. This juice is sweetened to taste, brought to the boil and poured over the fruit. If allowed to stand several hours to absorb the sweetness it will have a better flavor.

## MASS COOKING IS SCIENCE

REGINA, — Cook books are the biggest headache to Mrs. W. H. Horner, instructor in cooking at the Canadian Vocational Training scheme's chef school here.

Measurements in most cook books on the market today follow United States' customs and that is where the trouble comes in.

Americans put 128 ounces into a gallon while Canadians generously make it 160 ounces.

"Small quantity cooking does not reveal the same problem," Mrs. Horner said, and she knows. She is a bachelor of household science and holds a certificate of education for Saskatchewan. Previously she did dietetic work in Montreal.

"Gone is the day when cooking was done haphazardly," she said. "Cooking for institutional purposes is coming into its own as a recognized science."

As proof she cites the case of baking powders. In old-fashioned quick-acting powders carbon dioxide is given off before the batter is put in the oven.

Today there are both double action and slow powders which allow the batter to set for several hours without loss of action.

## TODAY 'TIL SATURDAY

*Judy Garland*  
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**BLACKPOOL, England** —  
Bus Driver Percy Lee, 42, died  
when a fish bone stuck in his  
throat.

With apples coming into their  
own again after last year's lean  
crop, a treat for the family is  
Apple and Salmon Salad, made  
with two tart apples, diced; two  
cups of flaked salmon; one cup  
diced celery; 1/2 cup grated raw  
carrot, and about 1/2 cup of  
salad dressing.

Mix the ingredients lightly  
and pile in nests of crisp let-  
tuce. This makes six servings.

**PRAMS FOR RENT**  
TOWNSVILLE, Australia —  
Perambulators with number  
plates attached are seen in the  
streets of this north Queensland  
town. They are from Townsville  
council's fleet of 19 strollers kept  
for the use of shopping mothers  
and lent, free of charge, against  
32 cents deposit.

**VAIN BOAST**  
MAIDSTONE, England —  
Solicitor Ronald Littlewood-  
Clarke, 39, who said he could  
drink a bottle of whisky and still  
be sober, was fined \$400 and dis-  
qualified from driving for three  
years on a drunken driving  
charge.



SCIENCE has proved there are  
certain food elements everyone  
needs for health. There aren't  
enough of them in a child's food,  
serious things can happen—such as  
stunted growth, soft bones, poor  
teeth, faulty nerves, loss of appetite,  
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In addition it provides the basic  
food substances—complete proteins  
to build muscle, nerve and body cells  
—high-energy foods for vitality and  
endurance. It thus acts as an insurance  
against food deficiencies that retard  
normal growth.

So if your child eats poorly, is thin,  
underpar, perhaps nervous, why not  
try delicious Ovaltine for normal  
growth and better appetite.

**OVALTINE** 29

## EARLY NEWS IS WELCOME

Local news items, to ensure  
publication, should be in the  
office by 10 a.m. Contributors  
are asked to bear this in mind.  
Items of social and personal  
interest are always welcome.

**SHORTHAND AND  
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PHONE RED 284

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