

FPR Radio Dial
1240 Kilocycles
(Subject to change)

THURSDAY—P.M.
10—Concert Time
10—Artie Shaw's Orch.
10—Vocal Varieties
10—Joe Reichman
10—Platter Parade
10—Supper Serenade
10—Perry Como
10—People Ask
10—All the World Sings
10—CBC News
10—CBC News Round-up
10—Panorama
10—Winnipeg Drama
10—Story of Music
10—Music to Remember
10—Designed for Listening
10—CBC News
10—The Frasers
10—Spotlight Bands
10—Silent

FRIDAY—A.M.
10—Musical Clock
10—CBC News
10—Fred Waring
10—Music for Moderns
10—Little Concert
10—CBC News
10—Morning Devotions
10—Kato Mendelssohn
10—Transcribed Varieties
10—Showtime
10—Round-up Time
10—Homemakers
10—Scandinavian Melodies
10—Thoughts for Today
10—Weather Forecast
10—Message Period
10—Recorded Interlude
10—Personal Album
P.M.
12:00—Downbeat
12:15—The Novochord
12:30—CBC News
12:45—Matinee Memories
1:00—Hit Review
1:15—Musical Memories
1:30—B.C. School Broadcast
2:00—Silent

PRACTICAL NURSING TRAINING

Manitoba Plans New Schools To Teach Professional Work

WINNIPEG — Practical nursing has come into its own in Manitoba. It is no longer a wide-open field but a qualified and licensed profession.

The Licensed Practical Nurses Act—the first of its kind in the Dominion—was passed by the Manitoba legislature in March, 1945. As a result, more than 200 women in the province who previously acted as practical nurses were required to pass tests and fill out application forms leading to licensing.

The provincial department of public health has, at present, two schools for training in the Winnipeg district. It is planned to open other training schools in rural Manitoba this fall.

The course requires a minimum of one year. It calls for 12 weeks of concentrated study, field trips, demonstration and practice in the classroom and approximately 34 weeks of clinical experience in hospital wards. A one-month holiday is granted. At the end of the three-month theoretical course, a provincial qualifying examination is held. Students must pass this examination before going on to their clinical training.

No tuition fee is charged. However, during the three months' theoretical work, students are required to maintain themselves and buy uniforms and books. This amounts to approximately \$130 and includes four uniforms and 12 bibs and aprons. When they reach clinical training, they are paid \$20 monthly for eight months.

Supervisor is Frances H. Waugh, a graduate of United College in Winnipeg and the Winnipeg General Hospital. Petite and blue-eyed, Miss Waugh, an employee of the public health department, teaches a ten-hour course.

Six ex-servicewomen are numbered among the students. Thirty-one-year-old Irene Sampson was a sick berth attendant in the Navy. Eileen McGrath, 23, was a driver in the Army. She says she always wanted to take nursing and finds it "strange but not hard." The other girls are Louise Toews, Marguerite Stewart, Connie MacGill and Gertrude Embury.

OCULAR OVERCOAT

Snakes have a protective storm window over their eyes—a transparent membrane which saves the organ from scratches and injuries.

The Experts Say - -

LIVER ONCE A WEEK — A serving of liver once a week is not only recommended by Canada's Food Rules, but it also a good meat coupon extender. It requires no tokens and is rich in flavor as well as nutritional value.

Beef, calf and pork livers are all good though they vary in flavor and price, say the agriculture department consumer section experts.

Beef and calf liver may be recognized by their size, being larger than pork and having a smooth, glossy surface. The pork liver has a pebbled-looking surface and is reddish brown in color while calf liver tends to be yellowish brown. Hog liver has four lobes, beef and calf have two.

In preparing liver of any kind wipe with a damp cloth if it is sliced or, if it is whole, wash in cold water and dry. Slice and remove the skin and any tough fibres. The liver may be scalded in boiling water for a minute or two before removing the skin and it will peel off more easily.

Liver should not be overcooked or the flavor and texture are apt to be impaired. Calf liver, because of its delicate flavor and tenderness may be broiled, but beef and pork should be braised or sauteed. Lamb liver may also be used, but because of its stronger flavor is not generally as well liked as the other livers. Many people like it braised in a savory sauce.

If liver is to be ground before

cooking, as when it is used in meat loaves or patties, it should be scalded in boiling water for several minutes first to make it easier to handle.

If the members of your family profess not to like liver, you can serve them Savory Spaghetti and have them ask for a second helping. Don't tell them it is a liver dish and the chances are they won't know it. The dish resembles Italian spaghetti with meat sauce.

For six servings you will need ¾ pound liver, ¼ cup chopped onion, two tablespoons of fat, one teaspoon salt, dash of pepper, one tablespoon of chopped parsley (optional), two cups tomato juice, eight ounces of spaghetti.

Scald liver in boiling water for five minutes; drain and grind. Brown onion in fat, add liver and seasonings and cook slowly 10 minutes. Add tomato juice, simmer 20 minutes. If sauce becomes too thick during cooking, thin with a little water. Meanwhile cook and drain spaghetti. Pile spaghetti on a deep platter and pour sauce over it.

In the good old days you might have been told you had spring fever due to the shortage of some necessary foods during the winter months. In this age of rapid transportation and food-processing methods you can get the right foods the year round but even so a lot of people show a springtime decrease in haemo-

globin with accompanying lassitude. The answer is to step up your intake of iron foods. Choose the darker green vegetables and dark cereal. If you have a choice eat potatoes rather than macaroni or spaghetti; green celery rather than white celery; cooked prunes rather than apple or other fruit sauce; oatmeal or cracked wheat rather than cream of wheat; whole wheat bread rather than white.

RE-EDUCATE NAZIS

LONDON, — Plans for the re-education of Nazi-trained Germans include the translation of British books for the German market. Several of the books now are in the hands of German publishers and others are being translated.

SEND MEDICAL AID

NEW DELHI, — The government of India has announced it will send medical aid and drugs for treatment of ailing Indians in Malaya, particularly Indian laborers who were employed on the Burma-Siam railway.

HOW CAN I ??? ?

By ANNE ASHLEY

Q. How can I avoid large pin holes in the material when fastening a paper pattern to silk goods?

A. When fastening a paper pattern on fine satin or silk use thin needles instead of pins.

Q. How can I remove the lettering from flour sacks that I wish to use for dish towels?

A. Rub the letters with lard, then roll the sack tightly and allow it to stand until washday.

Q. How can I make serviceable mats for flower pots?

A. Excellent mats can be made by cutting discs from pieces of old linoleum.

GIFT TO 1,000,000

LONDON, — The King has approved the gift to 1,000,000 ex-servicemen of 23 countries who served in the United Kingdom during the war, or free membership in the Travel Association of Great Britain.

Hotel...

arrivals

Prince Rupert
T. Stewart Brand, Vancouver;
G. V. Robinson, Vancouver;
George Milburn, Vancouver; W. N. Farrell, Vancouver; D. Candow, Vancouver; E. H. Drummond, Vancouver; Mr. and Mrs. H. E. A. Woodbury, Vancouver; P. Campbell, Vancouver, C. Duval, Queen Charlotte City; R. Robillard, Queen Charlotte City; Mrs. R. Davidson, Massett; J. R. Erickson, Foresdale.

NOTICE OF INTENTION TO APPLY TO LEASE LAND
In Land Recording District of Prince Rupert, B.C., and situate in part of Lots 5 and 6, portion of Lot 128, C.R. 5, Plan 1442, Dogie Cove, Prince Rupert Harbour.
Take notice that I, Ed. Wahl, of P.O. Box 248, Prince Rupert, B.C., section, East Builder, intends to apply for a lease of the following described lands:
Commencing at a post planted at the corner of Lot 1, portion of Lot 128, C.R. 5, Plan 1442, thence east 4 chains, thence north 6 1/2 chains, thence westerly 4 chains, thence westerly 6 1/2 chains, and containing about six acres, more or less.
ED. WAHL, Applicant.
Dated, February 26, 1946.

Yes! Sweeter, tastier bread

with FLEISCHMANN'S FRESH ACTIVE YEAST



● This active fresh yeast goes right to work, gives you full value because it's full strength. And bread made with Fleischmann's active fresh yeast tastes sweeter, is lighter, more tender.

IF YOU BAKE AT HOME — Get Fleischmann's active fresh yeast with the familiar yellow label — Canada's dependable yeast favorite for over three generations.

Always fresh — at your grocer's
MADE IN CANADA

Gordon's Hardware
McBride Street Phone 311

Thinking of Gardening? Then see us for your **GARDENING SUPPLIES**

Rennie's Seeds - Garden Tools
Hose and Fence Netting
Fertilizers—
Vigoro, Bone Meal, Sheep Manure, Sulphate of Ammonia, Sulphate of Potash, 4-8-12 Fertilizer.

Classified Advertising - -

Classified: 2c per word per insertion, minimum charge, 50c. Birth Notices: 50c. Cards of Thanks, Death Notices, Funeral Notices, Marriage and Engagement Announcements: 2c.

ENGAGEMENT NOTICE
Mr. and Mrs. G. R. Eburne, 1119 Water Street, announce the engagement of their only daughter, Shirley Elizabeth, to Mr. Howard Frederick Brown, son of Rev. and Mrs. W. H. Brown, Keota, Oklahoma. The wedding to take place in the near future in Vancouver.

MISSING
HANS MARTINSEN, last seen New Royal Hotel March 7, 1946. Will anyone who may have information please communicate with Iver Martinsen of 221 1st Street, Prince Rupert. (63)

FOR SALE
FOR SALE — General Electric console, perfect condition. Phone 313. (63)
FOR SALE — Trolling boat, New Floats, Pacific I, 32 feet long, 15 h.p. Vivian engine. Information 924 6th Ave. E. (63)

FOR SALE — One cook stove with Silent Glow oilburner. Apply Hawkinson's Laundry. (63)
FOR SALE — Practically new buggy, cheap. 733 5th Ave. W. Phone Black-503. (63)
FOR SALE — New 10-foot clinker built row boat. Phone Black 688. (64)

FOR SALE — 32-volt 850-watt Deleo light plant. Also one power dinghy. Apply Wilford Electric Co. (62)
FOR SALE — One thousand used bricks. Phone 547. (64)
FOR SALE — 6-room furnished house. 742 7th Ave. West. (75)

FOR SALE — Modern duplex apartment, stucco front, 327 2nd Ave. West. Phone Red 889. (64)
FOR SALE — Fully modern six-room house, with basement. H. E. Alton, 109 11th Street. (63)

FOR SALE — New and used furniture. Chestierfields in good condition; large stock to choose from. Three-quarter and double beds; easy chairs; office chairs of fine quality; new single hot plates, \$4.75; new press irons. Everything selling at low prices. Phone Black 324. B. C. Furniture. (65)

FOR SALE — 1929 model A Ford. Serial No. CA136484. Best offer takes it. Also bicycle. Green 703. (62)
FOR SALE — Medium office writing desk, good condition, \$15. Apply 1807 7th Ave. East. Phone Green 616. (63)

FOR SALE — Four-room house, near Seal Cove, on bus line. Completely furnished, with electric washing machine, chestierfield, oil stove, etc. \$1750.00. For cash. Apply Col-lart and McCaffery Ltd. (65)
FOR SALE — Kitchen range with oil burner. 987 6th Ave. East. (67)

FOR SALE — Drop-leaf table, 46x46, \$7.50. Dressing table with swing mirrors and stool. \$7.50. Phone Black 482. (64)
FOR SALE — Modern home in excellent condition on double corner, 4th Ave. West and Grant Place. Large concrete basement, hot water heating. Apply 401 4th Ave. West. Phone 344. (64)

SAVOY HOTEL
Carl Zarelli, Prop. Phone 37 P.O. Box 544
FRASER STREET
Prince Rupert

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WHOLE WHEAT BISCUIT FLAVORED

Golden wheat plus mellow malt—there's a flavor combination that's hard to beat.

Each crispy spoon-size morsel toasted a golden brown. Yes, and Shreddies* supplies nourishment too—for the whole wheat is used in making Shreddies—including its bran, protein, minerals and precious wheat germ. Make your breakfasts delicious and nourishing too—serve Shreddies often.

*Shreddies is a registered trade-mark owned in Canada by THE CANADIAN SHREDDED WHEAT COMPANY, LTD. NIAGARA FALLS, CANADA

WANTED
WANTED — Bookkeeper for temporary work, or qualified beginner with training in office accounting, general stenography, etc. Apply in writing, stating qualifications. Box 95 Daily News. (64)
WANTED — Skipper for 65-foot boat. Must have papers. Apply Box 548, City. (64)
WANTED — Man to work in small logging camp. Must be able to act as cook for four men. Apply Selective Service or Phone 651. (64)

FOR RENT
FOR RENT — Furnished 3 room fully modern bungalow near Seal Cove Cold Storage. Blue 825. (66)
FOR RENT — Seven-room house, with complete furnishings. \$300 cash. App. 549 9th Ave. West. (64)
FOR RENT — Three-room furnished suite. 616 6th Ave. West. Phone Green 698. (67)

FOR RENT — Unfurnished housekeeping room and one suite. 1142 Park Avenue. (64)
FOR RENT — Warm bedroom, close in. Apply 806 Fraser St. after 5 p.m. (65)

WANTED TO RENT — Four-room unfurnished house. Close in. Phone Red 328. (64)
WANTED — Home for high school girl as mother's help. Sleep in. Phone Black 991. (65)

WANTED
WANTED — Board, room and mother's care for infant daughter. \$25 month. Call after 6 o'clock. No. 1 Eugene Apartments. Urgent. (63)

MACHINERY
TO SAW better lumber more economically, use the modern and up-to-date type National Portable Sawmills, manufactured by National Machinery Company Limited, Vancouver, B.C. (64)

PERSONAL
A TREAT FOR YOUR FEET! Use Lloyd's Corn and Callous Salve for prompt relief. 50c at Ormes Ltd. (64)
RADIO SERVICE
RADIO SERVICE — For guaranteed radio satisfaction phone 6 and an Associated Radio Technician will call. McRae Bros. Ltd. (64)
LOST AND FOUND
FOUND — Two keys on string, Friday evening, front of Capitol Theatre. Owner may have same by calling the Daily News and paying for this advertisement. (64)
LOST — Springer spaniel female pup, brown and white. Phone Blue 986. (62)

"SALADA" TEA
Just try it!

RUNNERS
For Young and Old

CHILD'S—Sizes 5 to 10	95c
MISSSES'—Sizes 11 to 2	1.10
BOYS'—Sizes 1 to 5	1.35
YOUTHS'—11 to 13	1.25
LITTLE GENTS'—Sizes 6 to 10	1.15
MEN'S OXFORDS—Sizes 6 to 10	2.75

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BUY NOW WHILE THEY LAST
CUT RATE SHOE STORE

YOU SAVE WITH SAFETY AT YOUR REXALL STORE

Agave Plain or Compound, 16 oz.	\$1.90	Rexall Optine 1 oz.	.50
ASA Rex Tablets, 24's	.15	Bayer Aspirin, 24's	\$1.50
ASA Rex Tablets, 100's	.50	Bayer Aspirin, 100's	.75
Bism: Rex, 4 oz.	.25	Mellin's Powder, 4 oz.	1.00
Rexall Bronchial Syrup, 6 oz.	.50	Buckley's Mixture, 3 1/2 oz.	.75
Rexall Chest Rub, 3 oz.	.50	Vicks Vapo Rub, 1 1/2 oz.	.45
Jaynes Eczema Lotion, 2 oz.	.35	DDD, 2 oz.	.60
Jaynes Eczema Lotion, 6 oz.	1.00	DDD, 5 oz.	1.35
Fruit saline, English type, 12 oz.	.39	Fruit Salts, family size	1.00
Rexall Hypophosphites Compound, 16 oz.	1.00	Fruit Syrup, 14 oz.	1.39
Linacetic, 4 oz.	.50	Absorbine Junior, 4 oz.	.38
Linacetic, 16 oz.	1.35	Absorbine Junior, 12 oz.	1.95
Rexall Milk of Magnesia, 20 oz.	.50	Phillips Milk of Magnesia, 12 oz.	.45
Rexall Milk of Magnesia, 20 oz.	.50	Murine, 12 oz.	.60
Rexall Milk of Magnesia Tablets, 36's, 20's, 35's, 250's, 100		Phillips Milk of Magnesia Tablets, 20's, 35's, 75's, 50's, 200's, 100	

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The Pioneer Druggists

Boxed STATIONERY
for children and grown-ups

These make a lovely and very useful gift. Beautifully boxed in a wide assortment of sizes now on display at special prices. Make your selection NOW!

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We serve you nothing but the best—Special Red Brand Beef, Choicest fresh Vegetables and Fruits Complete line of Groceries

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Choicest Cooked Meats, Meat Pies, Roast Chickens, Fish and Chips daily. We are ready to serve you Chinese dishes—Chow Mein, Chop Suey, etc., to take out. Cooked with delicate taste and quick service.

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