he Daily News.

AFRICAN GIRLS.TAKE UP NURSING

Johannesburg, S.A., ()-There adequate medical care for Afri are more applications for non- cans. European girls to enter nursing The syllabus is the same as colleges than there are facilities that for European nurses and to train them, states a special covers 31/2 years. Nurses are paid article in the Johannesburg Star (£20 (\$90) during the first year, Overcrowded hospitals and a £28 in the second, £36 in the shortage of trained staff are the third and £48 in the last year, main difficulties in providing

and are eligible for benefits such

as holiday pay and maintenance. Miss J. McLarty, matron of the Johannesburg Non-European Hospital, gives good reports of student nurses under her care. They are interested, hard workers and shine particularly in the practical side of the training. They find the theory difficuit because examinations have to be written in English, which to

many is a foreign language. Eleven candiates at this hospital wrote their final examinations at the end of 1945. Three failed in the oral and theoretical *examinations. There have never been failures in the practical tests. Of the 25 probationers who took the preliminary examination last November, only one

Probationers come to Johannesourg to train not only from the Transvaal, but from the Cape Province, Basutoland, Swaziland and the Transkei. Natal has a large training centre in the King Edward VIII Non-European

Posts in rural districts, where urses are so urgently needed. re not popular. Girls prefer the amenities of the towns.

AIDS DISASTER FUND BOLTON, Eng., O-The Mayor of Bolton's football disaster fund received \$16,020 from a theatre performance in London organ ized by Jack Hylton.

LAND REGISTRY ACT Re: Certificate of Title No. 22598-I to Lot Thirteen (13). Block Fourteen (14), Townsite of Atlin, Map

WHEREAS satisfactory proof of loss of the above Certificate of Title issued has been filed in this office, notice is hereby given that I shall, at the a provisional Certificate of Title in the meantime valid objection be DATED at the Land Registry Office Prince Rupert. B.C. this 9th day April, 1946 A.D.

ANDREW THOMPSON Deputy Registrar of Titles. IN THE SUPREME COURT OF

BRITISH COLUMBIA IN THE MATTER OF THE "ADMINISTRATION ACT"

IN THE MATTER OF THE ESTAT OF GEORGE TUTTLE. DECEASED

INTESTATE TAKE NOTICE that by Order of His Honor Judge W. E. Fisher, Local Judge of the Supreme Court of Brittrator of the estate of George Tuttle. who died on or about the 7th day of January. 1946. All persons indebted May. 1946, failing which distribution Engineer A. E. Phillips. claims of which I shall have DATED at Prince Rupert, B.C., this

18th day of April, A.D. 1946. GORDON F. FORBES.

Acting Official Administrator. Prince Rupert, B.C.

Seasonable Ideas for Housekeepers

position will do very well. The

thinly sliced raw in a salad.

Tangy Cheese Sauce

3 tablespoons fat

11/2 cups milk

sauce

1/3 teaspoon salt

Dash of pepper

over them. Six servings.

Spring Salad

11/2 cups sliced raw asparagus

2 cups shreeded, green, leaf

1/2 cup sliced radishes (lettuce

Use tender stalks of asparagus

(reserving tougher ends for

soup). Cut in thin cross-wise

should however, still be crisp.

Have all ingredients well chilled

and crisp. Toss lightly together

Asparagus Shorteake

NEURALGIA

Are NEURALGIA and the Hammering

Headaches it causes blinding you with

have, with Templeton's T-R-C's. Do

cruel pain? Get fast, safe relief as others

delay another day. Start now to relieve

1 lb. fresh asparagus Or 2 cups

with dressing. Six servings.

slices. If desired the asparagus

nay be partially cooked'

Green onions to garnish.

1 cup sliced raw carrots

3 tablespoonfuls flour

1/2 cup grated cheese.

1/3 teaspoon dry mustard

3/4 teaspoon Worcestershire

Asparagus In Favour These Spring Days; Some Timely Recipes Here

On the market asparagus is | hold the asparagus in an upright often shortened to "grass."

At this time of the year meals coffee pot and the upper part of may resemble spring bouquets, the double-boiler are most suitgay and colorful with a touch of able. Like all vegetables, asparafresh greens. Tender asparagus gus, to be at its best, should be tips are enjoyed by most people, cooked and eaten as soon as poswhether they come direct from sible after picking or purchasthe garden or by way of the ing. If keeping it in the crisper, and stir in the pieces of asparagrocery store.

The early Romans wrote about moisture clings to the tips, they asparagus with much enthusi- will very quickly become slimy. asm, it has been highly valued Asparagus does not always down through the ages, first as a medicine, like a spring tonic, then later as a vegetable. The women of today welcome this first spring vegetable and try to serve it on the very first day it appears. They make the most of its short season and appreci ate new ways to serve it.

Here are suggestions and recipes for this aristocrat of vegetables.

When asparagus is to be served in pieces; cut off the tips and reserve them. Cook the lower ends of the stalks for 10 minutes. then add the tips and cook five minutes longer. This cut asparagus may be served in cream

If the stalks are to be served whole, they should be cooked in an upright position, in a small amount of boiling salted water so that the tips will be above the water and will be steamed rather than boiled as they require very five minutes. Then add cheese, little cooking. Any narrow and mustard blended with the Worrather tall container that will cestershire sauce, salt and pen-

CONTROL DEFENDED (Continued from Page 1)

cipal people had to deal were very real to people, differing in hat respect from the academic issues which occupied the federal and provincial legislators.

Mayor H. M. Daggett presided at the civic dinner and guests included a number of out-oftown visitors who had been here in connection with the sittings of the Royal Commission.

Those present were Mr. and Mrs. Goldenberg, Mayor and Mrs. Daggett, A. C. Desbrisay, commission counsel; C. E. Brown secretary; Mr. Morrison, stenographer: R. R. F. Sewell, secretary of the Union of B.C. Municipalities; Mr. and Mrs. S. Gould Smithers; Emil Haugland, T. H. Walsh and Nigel Sherwood, Terrace: Ald. and Mrs. Alex Sinclair, Ald. and Mrs. S. D. Johnto the said estate are required to pay ston, Ald. and Mrs. Robert Mcthe amount of their indebtedness to Kay, Ald. T. N. Youngs, Ald claims against the said estate are re- George Hills and Ald. C. G. Ham, that pain with T-R-C's—the remedy enthusiastically praised by thousands. At all druggists—50c. T-22 quired to file them with me properly Mr. and Mrs. H. D. Thain, City verified on or before the 31st day of Engineer A. F. Philling

cooked asparagus, cut in inch pieces

2 cups sifted pastry flour OR 13/4 cups sifted all-purpose flour

3 teaspoons baking powder

teaspoon salt l egg, beaten

cup milk 3 tablespoons fat, melted

Drain asparagus thoroughly. Sift together the dry ingredients wash and dry the stalks, for if gus. To the beaten egg add the milk and melted fat. Add liquid to dry ingredients, stirring only enough to blend. Turn into a need to be cooked, it is delicious greased 8-inch square cake pan or greased muffin tins and bake One pound of asparagus will in a hot oven. 400 degrees F., for serve four people, allowing about | 25 to 30 minutes. Serve hot topseven medium stalks each. But- ped with hard-cooked eggs in er or Hollandaise sauce; which cream sauce. Garnish with papis also extravagant to the ration rika. Six servings.



CCIENCE has proved there are certain food elements everyone needs for health. If there aren't enough of them in a child's food, serious things can happen—such as stunted growth, soft bones, poor teeth, faulty nerves, loss of appetite, defective eyesight.

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So if your child eats poorly, is thin. underpar, perhaps nervous, why not try delicious Ovaltine for normal growth and better appetite.

YUGOSLAVIA

A former Portland Canal man, who re-visited his native Yugoslavia in 1938 and fought the war with the British Army which he joined in Greece, has returned to the west coast. He is Yanky Gjuratovich, a cousin of John Gurvich of Prince Rupert, who arrived here yesterday. He expects to return to Premier where

he worked before the war. Caught in Yugoslavia by the war, Mr. Gjuratovich joined the

British Army in Greece in 1940. Captured by the Germans, he escaped and returned to Yugoslavia, where he rejoined the British Army. He was wounded three times.

TOO LATE TO CLASSIFY

FOR RENT - Large 2-roomed furnished suite for rent. 537 8th West.

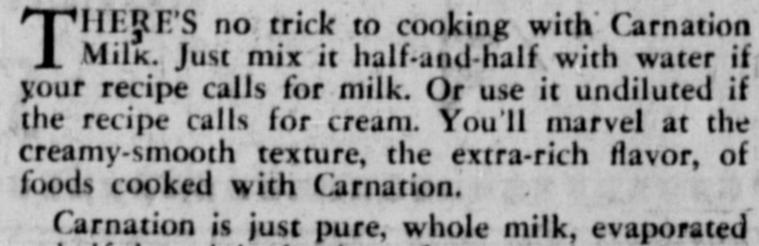
leaving tonight on the Prince Rupert on a trip to Vancouver



Prince Rupert Daily Mews

Thursday, April 25, 1946

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