Beans in Cucumber Rings

12 cucumber rings

Lettuce

French dressing

Cooked green or wax beans.

Radio Dial

1240 Kilocycles

(Subject to change)

SATURDAY-P.M.

4:00-Melodies and Memories

4:30—Polka Time

6:00—CBC News

6:30—Swing Low

6:45—Sports College

7:45—Torch Parade

7:30—Weekend Review

8:00—To be announced

8:30-Three Suns Trio

9:30-Old Time Rhythm

10:30—Sir Francis Drake

10:55—CBC News and Int.

10::00-Dal Richard's Orch.

Hotel Orchestra

11:00—Weather Forecast and

SUNDAY-A.M.

8:15—From Old Vienna

8:50—Time Signal

9:00-B. C. Gardener

10:03—Capitol Report

10:30—Religious Period

St. John

1:00-CBC News

11:00—To be announced—CBS

12:00-Light Concert Music

1:03—Music to Remember

1:30—To be announced

2 30—A Summer's Tale

Commentary

3:00—Vancouver Diamond

4:30—John Fisher Reports

6:30—Serenade for Strings

7:30—Ring Up the Curtain

5:30-Music in Three-Quarter

4:45—Week-end Review

2:45—BBC News and

Jubilee

4:00—Record Album

5:00—Drama—CBC

6:00—CBC News

6:15—Old Songs

7:00—BBC Newsreel

8:00—Organ Recital

9:15—Canadian Yarns

9:30—To be announced

10:00—Prelude to Midnight

11.70—Weather and Fishermen's

MONDAY—A.M.

10:55-CBC News and Int.

7:30—Musical Clock

8:15—Morning Song

8:45-Medley Time

8:59—Time Signal

9:00—Little Concert

8:30-Music for Moderns

9:15—Morning Devotions

9:30—A Miss and a Male

9:45—Transcriped Varieties

Fresh Local Raw and

Pasteurized MILK

VALENTIN DAIRY

PHONE 657

8:00—BBC News

8:30—Vesper Hour

9:00-CBC News

9:10-B. C. News

11:05-Silent

:00-Music for Sunday

9:30—Canadian Party

8:30-NBC Concert Orch.

Fishermen's News (local)

8:55—Interlude—CBC

9:00—CBC News

9:10-B.C. News

9:15—This Week

11:05-Silent

8:00-BBC News

9:15—Just Mary

10:00—CBC News

5:30—To be announced

6:05-Actuality Broadcast

6:15—Serenade in Rhythm

7:00-Red River Barn Dance

5:00—La Plaza

Il stimulate the appetite made with the two egg yolks and and at the same time poured cold on the cherry whip o prepare, for the cook just before serving. ider herself also. salads, either fruit, meat or cottage o not require much preparation and can be crective. Meat loaves are n easy hot weather dish.

fruit desserts or ice with fruit sauce. les are also plentiful. -plates, raw or cooked, erved as a main dish. vegetables may be cooksame kettle, thus using burner and reducing in the kitchen.

esserts may be simpli-

consist of raw fruits or

use the oven for more dish at the same time for supper, to may be cooked at me as the main dinpreventing heating the vice in a day. lowing recipes have

d by home economists Cherry Whip our cherry pulp (about

pitted cherries)

of salt and pit cherries

CANI?? ANNE ASHLEY

can I be sure that not get in a fur coat ng it away?

re putting away fur he season, hang on the day and comb with a nb. Then place in an muslin bag, tied seoths dislike muslin. can I make short-

hat it can be opened placing half the a pan, spread melted it, and then place maining dough. When

e cake can be opened 12:30—Church of the Air, can I remove a tight

the finger? the hand for a short

ery cold water. ILDINGS AT ALICE ARM ll be received by the up to 12 o'clock noon ock 1 of Lot 931.

"B" of Lot 14. of Lot 931, Cassiar lock 3 of Lot 931, listrict, Plan 1515 lock 3 of Lot 931. istrict, Plan 1515 Block 8 of Lot 931. istrict, Plan 1515 lock 1 of Lot 1074.

lock 4 of Lot 1074, Lot 1079, Cassiar Plan 1451 except the westerly hereof) of Lot 1079. istrict, Plan 1451 Lot 1079, Cassiar

Plan 1451 Lot 1079, Cassiar ked "Tender for purchase

set forth in the list above

the undersigned or the nt of Lands, Parliament Victoria, BC. G. F. FORBES. Government Agent, Prince Rupert, B.C.

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zabeth Arden Treasure Chest

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FIRES FIG. The Dioneer Druggists

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seems, in the warm | Force through a sieve or crush | allowing two rings for each servmmer, that the mem- to a fine pulp. Drain. Beat egg ing. Arrange on lettuce leaves ne family lose part of whites with salt until suff and and garnish with carrot curls or husiasm for food. In gradually add the sugar. Add radish roses. Serve with addithe children this may cherry pulp to the egg mixture tional salad dressing. Six serv-

> Moulded Egg Salad 1 tablespoon unflavored gela-

1/4 cup cold water

11/2 cups boiling water 2 tablespoons vinegar

l teaspoon salt

4 hard cooked eggs, sliced 1 tablespoon chopped parsley

3 tablespoons chopped pickle 1 tablespoon grated onion

SUN. MON. TUE.

Veal

left-

over

South Africa and Australia find

boratories near Pretoria are con-

ducting investigations with a

view to their extermination,

Graaf-Reinet farmers are plan-

a fur industry which will make

Modern Etiquette

By ROBERTA LEE

Q. Should a banana be skin-

ned and eaten with the fingers

A. No; the banana is not

finger food. Strip off the skin,

place the banana on the dessert

Q. Is it necessary for a wom-

an to say "please" and "thank

A. It is not exactly neces-

sary, but this courtesy should

not be omitted when speaking to

persons who are working for her

Q. Is it proper to seat a hus-

A. No; it is customary to

band and his wife side by side

you" to her servants?

plate and cut, one bite at a time

when it is served whole?

the dassie as remunerative

ning to use the skins to develop

Salad

Plate

unrat-

ioned

Beef

Loaf

Group

tokens

There is no rationing of eating enjoyment, and a

veal cutlet dipped in milk, rolled in well-seasoned

crumbs and given a slow oven bake should be a

happy choice for Sunday dinner. Veal takes kindly

to braising too, and from your half-pound purchase

you should have sufficient, augmented with vege-

tables, for Monday's top-o'-the-stove meal. A crisp

salad plate with devilled egg and cheese wedge

is a quick trick for a summer night when the mer-

cury bespeaks freedom from kitchen drudgery.

Wednesday's meat loaf will provide for a guest,

plus a left-over for Thursday's meal. Friday's fish

will bring you all the goodness of the sea. And a

fine finish to a week of good eating (which, inci-

dentally, spares you a token) would be a lamb

chop with fresh mint sauce as its flavour partner.

token left-over

Breaded Braised

Veal

Cutlet

Group

WED. THUR. FRI.

Cold

Meat

Loaf

over

Fish

unrat-

ioned

CURTAIL MEETINGS

sociation in July and August,

meeting Thursday night. The

on August 7 at the home of Mrs.

estant Children's Home.. Plans

for a picnic on July 13 were can-

celled. Orange Degree initiations

are planned for the August 8

SAILINGS FOR VANCOUVER

and Way Points

Tuesday—SS Catala, 1:30 p.m.

(Daylight Saving Time-

12:30 Prince Rupert Time)

Friday-SS Cardena, 10 p.m.

(Daylight Saving Time-

9 p.m. Prince Rupert Time)

Islands every fortnight.

and Reservations

FRANK J. SKINNER

Prince Rupert Agent

Phone 568

P. Moller in aid of the Prot-

Lamb

Chop

Group

4 oz.

1 tablespoon chopped

pimiento Soften the gelatine in the cold water. Add boiling water, vine-Carrot curls or radish roses | gar and selt. When the gelatine abundance of fresh Allow 12 to 16 beans per serv- begins to stiffen, add the reing. Marinate in French dressing | maining ingredients. Pour into for 10 minutes. To make cucum- wat moulds and chill until firm. ber rings, cut cucumber into Serve on crisp lettuce or other slices and remove pulpy centres. salad greens and garnish with Fill rings with the whole beans, mayonnaise.

#### FUR COATS IN SEASON

TORONTO (P)-Fur coats within the reach of the average women's pocketbook will become more of a reality as manufacturers offer moulton coats for sale. And it is predicted that shades will range through reds, blues and yellows never found on any fur-bearing animal be-

Made from South African and a new aspect to an already Australian sheepskins, the mou- profitable industry. Sheepskins ton coats have advantages now are imported to Canada, the which appeal to thrifty buyers. nited States and Britain where Popularly priced at \$200 in Can- new processing techniques are ada, they are difficult to dis- being developed continually. tinguish from beaver and seal South African rock-rabbitscoats. A further selling point is dassies-may now come into their invulnerability from moths. their own too. They have over- 8. The group plans to hold a tea for the plastic molecules of the fun the country for years and, skin are armor-plate as far as while experts at government lainsects are concerned.

Converting sheepskin into fur coats is a complicated process. First the skins are gradedabout 40 per cent are suitable for coats. They are soaked to soften the hide and loosen dirt. then are thoroughly washed. Next comes the tanning in which a special preparation is applied to the skin to enable it to withstand later boiling temperature. The skin is then greased, dried and placed in a revolving drum partly filled with sawdust. This cleans the wool and softens the

skin further. Now the sheepskin is ready for its first shearing and combing after which comes the conver- with the side of the fork. sion process in which the wool is turned into hair.

Special chemicais, usually of aldehyde base, are brushed into the fibres of the skin by means of a hand-operated brush. Then the whole skin is fed into an electric ironer kept at high temperature and revolving at 900 r.p.m. This process is repeated until the molecules in the fibre became straight and stretched, at the dinner table? enabling the fibres to retain the straight process permanently, separate them. At the same time the plastic is baked onto the fibres.

The mouton-now possessing the characteristic of fur-undergoes a final shearing operation which leaves the top surface perfectly smooth and then is dyed

It prevents nipple collapse, one cause of colic. Milk flows steadily.

Baby feeds easier . . . gains weekly.

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to any shade desired. In view of mouton's beauty,

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FOR TEEN-AGERS Junior Miss Headgear

Top Milliners Work On

NEW YORK (P)-Strongminded teen-agers who refuse to wear hats may be swayed from their course by some of the casual, youthful styles that will be on the market in the late summer and fall.

Open-crowned rollers, sleek, little berets, light-weight and light-hearted, are the milliners' answer to the girls who like to let their hair show. Most of the new styles slated for fall in the junior class are simple, uncluttered felts that fit the back of the head and leave the forehead bare. Many hug the ears, few need any elastic bands or clips to stay on even in a high wind and crowns range from childish rounded head-huggers to high pointed or squared lines—or no crown at all .

Colors favor the neutral range of beige and gray first, and then go into rich fall tones such as deep red, bronze, pine-tree green and cedar.

The cloche is still tops for the young, with modified forms of the postillion, the bonnet, the breton and the beret definitely in the running.

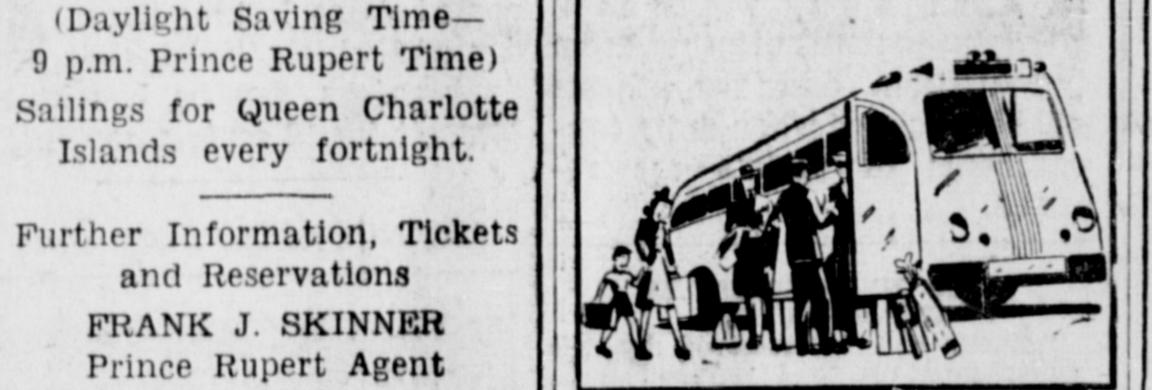
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SUMMER.

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