SWIFT'S WEEKLY FOOD HINTS

Martha Logan, Swift's famed home economist, whose weekly, wartime cooking column is a regular feature of this page. Look for these valuable hints each Monday

by Martha Logan

Carving a Leg of Lamb

Proper carving helps you get extra servings from the roast

We watched a demonstration of this modern method of carving a leg of lamb recently and were amazed by the extra slices it obtained. Try it yourself next time.

FIRST . . . be sure your knife is really sharp. The leg of lamb is placed as in the photograph. The thick bone is on the right, the meaty part farthest away from the carver.

NEXT . . . carve two or three large slices from the near thin side. This enables you to turn the roast so it lies on the near thin side, with the shank pointing up from the platter.

NOW . . . slice down to the leg bone, starting at the shank end, till you have as many slices as you need to serve everyone; ¼-inch thick slices are best.

MARTHA LOGAN'S MINT SAUCE

Mint Sauce with lamb is practically a must.

4 tbsps. chopped fresh mint
2 tbsps. sugar
1 cup vinegar

Place the ingredients together in sauce boat or bowl two or three hours before serving. Allow to steep. If dried mint is used, allow to stand in hot water to cover before adding vinegar and sugar.

Martha Logan

LAST . . . run the knife along the leg bone releasing the slices you have cut. Serve.

SWIFT CANADIAN CO. LIMITED

A Dominion-wide organization devoted to the conservation and efficient distribution of Canada's food resources

Wartime Housing Social Evening

The Wartime Housing Entertainment Club held its third successful social evening on Saturday in No. 1 Dining Hall. About 110 persons attended and a very enjoyable evening was spent by all. The committee is planning to hold these gatherings each Saturday night.

The committee in charge consists of J. Flewin, chairman, R. Smigelski, F. Either, J. "Mac" McKenzie.

Prize winners for whist were: ladies' first, Mrs. R. Smigelski; men's first, B. Lewis; ladies consolation, Mrs. D. Johnston; men's consolation, Mr. J. Hamelin.

There was a spectacular flow of water for a while about five o'clock yesterday afternoon when a United States army truck ran into a hydrant at the corner of Second Avenue and Fifth Street and broke it off. It was not long, however, before the flow was capped.

Closed

Until March 1 when we will re-open, bringing with us the latest in hair styles from the south.

ANNETTE POWELL'S BEAUTY SHOPPE

4th Street (Across from Post Office). Phone Blue 917

FOR . . .

Thrifty Housewives

WE FEATURE . . .

A full line of Swift's Premium Meats at all times.

A complete and Fresh stock of Fruit and Vegetables.

You can get everything you want at this Community Shopping Centre—Prices Right.

SEVENTH AVE. MARKET

LOCAL NEWS NOTES

▲ Valentine cards, splendid assortment, Dibb Printing Co. Ltd. (23)

NOTICE

We wish to announce that our annual Inventory will be taken next week and that the store will be closed from Monday the 24th and will reopen on Monday the 31st.

H. S. WALLACE CO. LTD.

Ladies don't forget the Burns Tea at the home of Mrs. George Mitchell, 333 5th Ave. East. Wednesday. Come and have a good cup of tea and don't forget the home-cooking.

L.O.L. Orance Dance, Sat. Feb. 12, 9:30 sharp. Oddfellows' Hall. Jean de Carloss orchestra.

Mr. and Mrs. G. W. Johnstone returned to the city last night after visiting for the past few weeks in Vancouver and Victoria.

Mr. and Mrs. Kenneth Garland and child will leave Thursday night for Vancouver where they plan to take up future residence. Mr. Garland has been identified with the Daily News staff.

L.O.B.A. Social, Thurs. Jan. 27, 8 p.m. Members husbands and L.O.L. members and wives invited

P. M. Monckton, well known land surveyor, who is now with the Royal Canadian Air Force, was in the city at the week-end returning to Alliford Bay, Queen Charlotte Islands, after a months visit to his home in Victoria.

Leading Airwoman May Price, whose husband, Ted Price, is serving with the United States Army in the South Pacific, has arrived in the city to be stationed here with the Women's Division of the Royal Canadian Air Force. She is the daughter of John Campbell, well known pioneer of Stewart.

There were three cases before magistrate W. D. Vance in city police court yesterday morning. Violet Russell, Donald McLellan and Alma Murray appeared separately on charges of intoxication. Each was fined $25 with a option of seven days in jail.

An interesting CBC radio broadcast Sunday night narrated recent naval action in the Atlantic in which the former coastal passenger liner now H.M.C.S. Prince Robert took a prominent part in protecting a convoy against enemy air bomber attack.

▲ Moose meeting tonight, Eagles Hall, 8 o'clock. (1t)

Attention—Civic Labor Federation Delegates Annual Meeting, Sunday, Jan. 30, 7:30 p.m. Carpenters Hall.

Peter Solem left last night for a trip to Vancouver and Seattle on Booth Fisheries company business.

Mrs. J. C. Gilker left last night for a trip to Vancouver.

George Anderson and Barney Roald left last night for Seattle to attend a fisheries conference.

Mr. and Mrs. Howard Powell left this afternoon for a month's visit in Vancouver.

Capt. W. D. Rowlands, United States Army padre here, will be the speaker tomorrow at the regular weekly luncheon of the Prince Rupert Gyro Club.

Mr. and Mrs. David McLaughlin of Inverness left this afternoon on a holiday trip to Victoria.

Ald Norah Arnold will be the city's representative this year on the Union Board of Health, the annual meeting of which will be held on Thursday night of this week, it was decided by the city council last night. Permission was given by the council to hold the meeting in the city council chamber.

Announcements

All advertisements in this column will be charged for a full month at 25c a word.

Burns' Tea at the home of Mrs. George Mitchell, January 26th.

Valhalla Invitation Dance, Oddfellows' Hall, January 28th.

C.C.F. Dance, February 11, Oddfellows' Hall, DeCarlo's Orchestra.

Good Cheer Club Valentine Tea. Home cooking. Saturday, February 12. Club House 1.30 to 4.30.

Orange Ladies' Dance, Oddfellows' Hall, February 14.

Boilermaker's Ball, February 14th, Staff House Dining Hall.

C.W.L. Bridge, Whist and Cribbage, K.O.C. Hut, Feb. 17, 8 p.m. Everyone welcome.

25 YEARS AGO

(January 25, 1919)

About 130 bottles of whiskey were seized by police in a raid on a Chinese laundry on Ninth Ave. The bottles displayed whiskey labels and were stopped with corks marked "port wine."

At the nominations for candidates for civic office for 1919 nominees for mayor were Thomas McClymont, S. M. Newton and W. H. Montgomery.

A party of Denver capitalists, who are up the Skeena examining their timber limits, are reported to be contemplating the erection of a pulp mill on the Skeena.

A provincial employment bureau has been opened in Victoria, and it is expected that one will be opened later in Prince Rupert.

Tonight's train, due from the east at 10.45, was reported this afternoon to be forty minutes late. It is expected to arrive at 11:25 p.m.

Funeral Notice

Funeral services for the late Sivert Groden will take place at Grenville Court Funeral Chapel at 2 p.m. Wednesday, January 27. The Reverend Magnus Anderson officiating.

Help The Men In The Merchant Marine

— AND —

THE LOCAL CORPS OF SEA CADETS . .

Buy a Membership in the Navy League Today

$1.00

Membership entitles participation in a $20,000 Prize Draw

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Johnny's

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RETURNS SEE

R. E. MORTIMER

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GOLD SEAL

Fancy Red

Sockeye Salmon

— and —

Herring in Tomato Sauce

are both on active service but will be back on your grocer's shelf soon as conditions permit.

CLASSIFIED ADS

Classified Advertisements are payable in advance at the Office—No telephone orders — Rate 2c per word per insertion.

FOR SALE

FOR SALE—Welder's Suit, price $12. Apply Dail News. (22)

FOR SALE—Radio, small electric stove. 1433 Overlook St. (21)

FOR SALE — Two chesterfield chairs, rugs. 101 7th Ave. East. (20)

FOR SALE—Bed, coil spring and mattress in good shape 1333 Eighth Ave., East. (21)

FOR SALE.—4 h.p. Elto outboard motor. Apply 702 Eighth Ave. East. (24)

FOR SALE — Ladies' three-quarteh length grey Lapin fur coat. Size 16-18. Call evenings, Suite 9, Seaview Apartments. (21)

FOR SALE.—Bedroom suite and kitchen set, smokers' stand, coffee table, radio table, chesterfield suite, trilight lamp, axminster carpet with felt pad, leather hassock and dresser. 882 Sixth Ave. East.

FOR SALE—Farm, 40 acres, half mile from Terrace, 6 room house. Good buildings and implements. Apply Frank Morris, Terrace, B. C. (27)

FOR SALE—Cream Double bed and Mattress, 2 single mattresses, 2 cream dressers, book case 2 kitchen tables and chairs, Electric fireplace. Phone Red 192. (20)

FOR SALE.—1931 Model A Ford Spc. Coupe. Motor just overhauled. V-8 wheels. Body A-1 shape. Apply 882 Sixth Ave. E. By cash only. Evenings after 4.30. (20)

FOR SALE. — Chesterfield suite, Axminster carpet with felt pad, radio table, leather hassock. 882 Sixth Ave East. (20)

LOST

LOST—Man's wrist watch, Friday evening on 6th Street. Inscribed on back. Finder please return to Daily News. Reward (23)

LOST — Small white terrier, brown ears, brown spot near tail. Vicinity Postal Station "B" Saturday. Phone Navy 460 Local 5, Galbraith. (20)

FOUND

FOUND — Some good leather gloves, odd hands, have been left at the Daily News office. Owners may have same by paying for this advertisement. (tf)

FOUND — Upper set of false teeth. Owner may have same by calling at the Daily News office and paying for this advertisement. (tf)

FOR RENT

FOR RENT. — Two unfurnished rooms. Apply 649 Hays Cove Circle after 4.30 p.m. (20)

FOR RENT — Large office in Washington Bldg. on 2nd. Ave. Vacant February 1. Apply V. Peterson, No. 4 Wasnington Bldg. (20)

WANTED

WANTED — Furnished apartment for 2 young ladies. Apply Box 667 Daily News. (21)

WANTED. — Small wheel chair. Phone Black 509. (25)

UNFURNISHED house urgently needed by reliable party. Phone Home Oil, 743 or 744. (22)

WANTED. — Baby buggy Green 506. (25)

WANTED. — Furnished room, suite or small house for Airforce officer and wife. No children. Box 668, Daily News. (22)

WANTED TO RENT.—$25 for information and securing of small apartment within walking distance of town. M. J. Edwards, American Signal Corps extension 406. (25)

WANTED — Furnished or unfurnished house or apartment for family of three. Call Army 280 ask for R. D. McArthur. (25)

HELP WANTED

HELP WANTED—Bookkeeper for Retail store. Apply Selective Service office A.F. 104. (21)

WORK WANTED

WORK WANTED. — Part time evening work by two men. Labor or books. Box 670 Daily News. (20)

PERSONAL

Will party who borrowed track jack from Home Oil warehouse recently kindly return same immediately.

KWONG SANG HING HOP KEE

CHOP SUEY HOUSE

Next to King Tai

612 7th AVE. WEST

All your patronage welcome

Open 5 p.m. to 12 p.m.

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(Monday, Feb. 14th)

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Special Valentine sentiments for the girl friend or the boy friend—for sweethearts, husbands and wives.

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