PRINCE RUPERT, BRITISH COLUMBIA

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DAILY EDITION



287 Lines to Column.

Looks Like Invasion Soon . . .

8 Columns, 12 ems.

Unless it is just a great "war of nerves" which the Allies are staging to synchronize with the mighty angel I believe they call them air offensive which is rapidly softening up the war in the show business-to publish industries and communications of Nazi Europe from every angle, the land invasion of western Europe famous overnight. The question should soon be getting under way and may come any it's going to be all about our time now. The great campaigns of the last war came own dear Rupert during its very in spring or summer generally and, in spite of the recent boom days from the first great developments since those days in motorized day I hit the town and Mr. Kelly and heavily armored fighting equipment, spring may still be regarded as the most auspicious time to make day. progress in land fighting. So the invasion may come any time now. Certainly, many signs and statements point in that direction. One of these days we will probably wake up and find it has commenced.

War Boom Receding . . .

Even here in Prince Rupert the war stringency seems to be relaxing with a recssion in a measure at least of boom conditions. We are told by bankers, | daughters ... and in all the land business people and others that the population here is less than it was a while back. About the only thing A very appropriate derivation that seems to be little changed is the shortage of think, don't you? living accommodation.

Goods are beginning to loosen up. Help in some lines at least is said to be not so hard to obtain as it

Prince Rupert business people, perplexed so long sixth victory Loan. Northumwith the problems of obtaining goods and getting berland County's quota was set help, will welcome an easing up. It will help them in at \$1,600,000. a measure to give the service that the most of them really would like to give and the impossibility of which has been taxing their nerves.

Business in Prince Rupert is getting back in a degree to more "usual" conditions although it cannot by any means be suggested that it is back at the level of four or five years ago. Most likely it will never be anything like that again.

Finland Still Says No . . .

The way Russia has dealt with Finland over the Results. armistice question is at least worthy of a passing reference. Breakdowns have occurred and recurred in the negotiations, with Finland taking the daring position of rejecting Russian terms which most of the Allies had characterized as satisfactory and even moderate.

The world waits and watches. Will news of further raids on Helsinki darken the front pages because of the latest rejection of Russian peace offers? fers? The bad news does not come.

The excuse to visit terror on Finland to force acceptance of peace terms has not been seized. Finland's friends continue to hope that Russia will continue to hold those reasons valid.

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ACTIVITIES OF M.CA. and Y.W.C.A. (By DOROTHY GARBUTT)

I don't know how many of the commanding officers of troops in this area have written to the head office of Famous Players to express their appreciation of the Sunday shows .15 ite and worthwhile war service with the suggestion that the ad- easily digested fats. Eggs are the due to Mr. Borland and his as- istic qualification and the hous- ren. They resemble milk more \$4.00 sistant, Mr. Reid, for having ing problem would remain just nearly than does any other food. everything ready and the the- as acute here in post-war years. But in spite of eggs being such atre nice and warm for each Sunday afternoon.

Tomorrow night is the Ack-Ack unit dance I told the juni hostesses about and I shall remind them once again tomorrow as I really want their help and \$3.75 co-operation in these two dances this week.

Mrs. Martin of the R.C.A.F. Monday, April 24, 1944 and I are going to write a book. At least we're talking about and I imagine that is about as far as we'll get. She'll supply the inspiration and enthusiasm and quite a few of the anecdotes and I'll do the slugging. All we'll need will be a nice kind publisheris what night? Oh, forgot to say day. gratis and for nothing until to-

But then again, we mightn't.

Have you boys who have gone to the dances Job's Daughters have given ever wondered how they came by that name. I did and looked it up. In the very last chapter of the book of Job, after the Lord blessed the latter end of Job more than the beginning

He had seven sons and three fair as the daughters of Job

MIDLANDS

The town of Cobourg has been asked to lend \$400,000 in the

meningitis has made its appear- mate of the wartime increase the white and yolk run together. ance in Cobourg, the Medica. in the coast city's population It sometimes happens that an Health Officer reports. The dis- might be given. ease shows no indication of A survey of parallel condi- broken so that this membrane

has the heartfelt sponsorship of nitend to stay put after the war. yolk and white. If the egg white Cobourg citizens, is expected to If Portland figures may be taken is thick and clear and if the visit here about May 1 before go- as representative of coast cities, yolk is thick and yellow, the egg ing on operations.

By FRANK HINDS

Canadian Press Staff Writer

ated in the Yukon gold rush.

indicate that only a small per- than one egg per day. centage of the thousands of

Vancouver shipyards provided from 42 to 77c per dozen. employment for most of the maining on the coast.

cords in production and employ- food which is fed to the hen.

received 22,881 applications for fit to eat, place the egg in homes since it opened in Decem- | pan of salt water. Good eggs will ber, 1942. Multiplying by 3.25- sink. Spoiled eggs will float. The the average number of persons loss of water by evaporation in a Canadian family-the total makes them lighter. When the children who have sought ac- the materials change, with the

would remain.

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Nutrition Notes

By ELIZABETH YOUNG

Eggs and Egg Cookery Eggs are packed with food values. They contain most of the VANCOUVER, April 24 0 - A known vitamins, the highest given in this area for the boys new note has been injected into quality protein, important but I fancy most of them have. I discussion of wartime housing amounts of the minerals-Iron, certainly think it is a very defin- problems in crowded Vancouver copper and phosphorous- and and I think also that thanks are jective "wartime" is an optim- best source of protein for child-

Wartime industrial expansion a valuable food don't get too enon the west coast brought an in- thusiastic and serve them too flux of workers and technicians often! Your body can use only so from the east which compared much protein. If you eat more only with the push westward in than the required amount the the old boom days which culmin- protein will lie in your stomach and putrefy and give you a of Gloucester, governor- gener-Interviews by National Hous- headache and bad breath. The ing Registry officials with Van- ideal number of eggs to eat is to the Commonwealth to assume couver's new worker population four per week. Never eat more

newcomers intends to return to A1, A, B, C-and in three weights Air Force. whence it came when hostilities |-- large, medium and pullett. Local grocers usually stock only About 1,000 prairie farmers Grade A Large. This means that istry of Food is negotiating who came to Vancouver to work you are getting clean eggs, sound deal to buy dehydrated onlons in the slack winter season are in shell. These eggs are the top from Nigeria. already heading back home, but commercial quality and will be they represent only a small frac- found reliable for any use. To tion of the war workers who be marked "large" they must jam transportation facilities and weigh 2 ounces or over per dozhousing accommodation here to- en. At the present time the price of eggs in Prince Rupert ranges

To judge eggs for freshness male workers imported to the at the store look at the shells. city since the outbreak of war. They should be clean, tough and The success of efforts being dull. Pick up an egg an shake it. made to make permanent the In a strictly fresh egg you canshipyard boom which hit the not feel the inside of the egg west coast in 1940 would probab- move back and forth. The reasly result in these workers re- on for this is that as the egg lages, some of the water which it The aircraft industry in the contains will evaporate through city attracted thousands of the porous shell. The color of workers also and every indica- the shell has nothing to do with tion is that this industry far the quality or the food value of from falling off in the post-war the egg. The color is determined reams of suffering, it says "So years, is likely to reach new re- by the breed of hen or by the At home if you are in doubt

National Housing Registry has as to whether or not an egg pplicants since that date would | egg is broken open notice the be about 74,000 men, women and odor. When eggs spoil, some of commodation through the regis- result that a gas is found which has a disagreeable odor. Notice If the number of persons who whether or not the white and came to the city prior to the yolk are mixed together. In a opening of the registry and the fresh egg there is a membrane number who found accommoda- which separates the yolk from ion without its assistance could the white. When an egg spoils One isolated case of spinal be added to this figure, an esti- this membrane disappears and egg shell may be carelessly tions in Portland, Oregon, re- will break also. You can tell ports 21 percent of migrant whether such an egg is fit to The corvette Cobourg, which workers in that city definitely eat by looking carefully at the at least 5,000 families who have is probably good. The color of come here from other parts of the yolk, like the color of the Try a Want-Ad for Quick Canada since December, 1942, shell, has nothing to do with the quality of the egg.

Keep eggs in a coll, dry płace. Eggs should be washed only just before being broken. Washed eggs do not keep well.

Most people do not cook eggs correctly. Eggs should never be boiled. Boiling temperature toughens the protein of the egg and makes it less easy to digest. There are two methods of cooking soft cooked eggs. The first is to put the eggs in boiling water cover the pan and place it where he water will keep hot but not boil. Let the eggs remain in the hot water for five minutes. The second method is to stand the eggs in cold water, bring it slowly to the boiling point and remove the eggs at once. Always cook eggs or egg mixtures very

slowly. Eggs can become unpopular if you serve them the same way over and over again. Serve them in a variety of ways - softcooked, hard-cooked, scrambled, poached, baked, creamed, devilled. Serve them in salads, souffles, omelets, custards, sandwiches and sauces. Eggs are so adaptable that you can find many companions for them.

If you remember nothing else about eggs, remember the two "don'ts." Don't eat more than one egg per day! Don't boil eggs!

FOUR YEARS AGO IN THIS WAR

April 24, 1940-Royal Air Force planes raided Nazi bases in Norway and Denmark. British War Office indicated Allied front in Norway unbroken. Stockholm re-Steinkjer while Germans claimsouthern Norway from Oslo to Stavanger.

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LONDON (9)-When the Duke al designate of Australia, goes his new office he will take a gold cup of greeting from the Eggs are sold in four grades- R.A.F. to the Royal Australian

LONDON O-The British Min-

Joe Jacobs, popular boxing manager and promoter, died four years ago from a heart at-Jacobs was manager of Tony Galento although he had been better known as the manager of the German Max Schmeling who won the heavyweight title from Jack Sharkey in 1930.

Government and civic officials topped off a great Manitoba year in winter sport with a four-way banquet at Winnipeg 13 years ago. Elmwood Millionaires, Canadian junior hockey kings, linked a ms with Winnipegs, Dominion senior titlists. Also feted were Frank Stack of Winnipeg international indoor speedskating king and R. G. Gourlay's curling rinb, winner of the Macdonald Brier Trophy.

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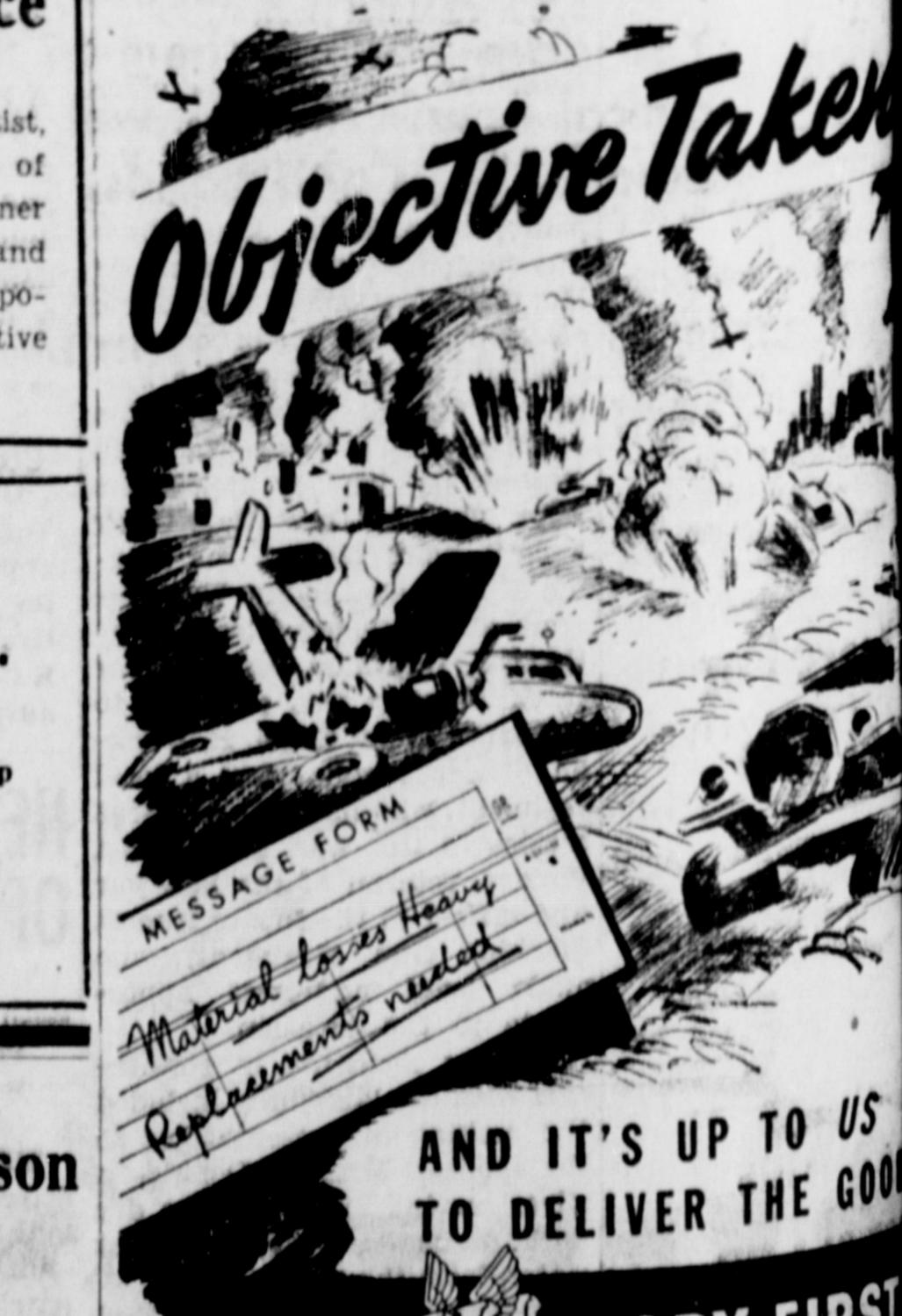


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