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THE DAILY NEWS



GEO. J. DAWES AUCTIONEER AUCTIONEER BAUATOR AAUATOR AAUATOR SALES CONDUCTED TO SUIT VOUR CONVENIENCE FURNITURE AND HOUSE- HOLD EFFECTS PACKED AND SHIPPED Stimates Phone for Appointment Appointment RED 127	Phone Black 735 HOME SERVICE	Improved and a small amount of meat goes farther in satisfying the family. For small familias cook meat loaf mixtures in standard size muffin pans to save time and cooking fuel. Learn to braise cuts such as chuck, round, flank and short ribs, which can be cooked to delicious flavor and texture by this method. Braising, in case you are not familiar with the word, is similar to stewing in that you add a little liquid, cover and simmer as you do stew. The braising may be done on top of the stove in a heavy covered skillet or Dutch oven- type pan, or in a covered cas- serole or roaster in the oven. Pot roasts, Swiss steak and meats baked in sauces or gravy are all good examples of braising. If your family turns up its nose at stew dress it up and you'll find it will be more popu- lar. Serve it with fluffy dump- lings, in rice or noodle rings, or as a pot pie with mashed potatoes, biscuit or pastry crust. Tender cuts are cooked by fry- ing, broiling and roasting. The rules for roasting meats have been revised. We no longer cover	meaning of the word "freedom" meant enfranchisement. Natives who were willing to fight to pre- serve the national freedom of Canada deserved equality as cit- izens which meant the right to vote and to have representation in the government, he contend- ed. Speaking on honor and co- operation, Harold Sinclair said that Andrew Derrick had achiev- ed honor by his willingness to sacrifice himself for his coun- try but his willingness alone would not have been enough had erate with others in the same cause. Similar co-operation, he	
THE REX CAFE	HANDYMAN	a roast and we've discovered that searing isn't necessary. Searing does not keep in the juice—on the contrary, it tends to dry out the surface.	he not been willing to co-op-	

After strenuous exertion, whether as a part of the daily task or for relaxation during leisure hours, tea the great reviver is universally enjoyed. Men of action and women too, in every walk of life throughout the length and breadth of Canada look forward to their refreshing cup of Nabob Tea when the task at hand is done-Nabob Tea and Nabob de Luxe blended from selected leaves of the world's finest tea crops.

