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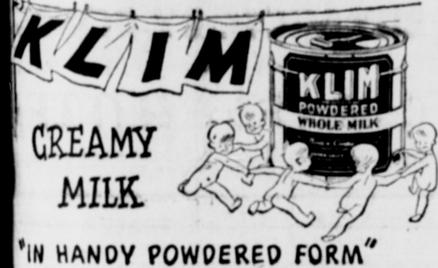
SAYS ELSIE: "Whether you're at home, visiting or travelling, baby needs plenty of milk to keep healthy. Just take some water, add KLIM Powdered Milk, and mix. Instantly you have pure nourishing milk! Consult your doctor about KLIM for your baby!"

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KLIM is a vital product required in large quantities for our fighting forces everywhere. Naturally the amount for civilian use is restricted. However-for infant feeding-if you have difficulty in getting a sufficient supply have your dealer get in touch with us.

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LOCAL NEWS NOTES

John Mitchell returned this morning from a brief trip to Vancouver.

S. H. Beek, assistant manager of Frank Waterhouse and Company, arrived in the city this morning on a business trip from Vancouver.

Meeting of Job's Daughters, Friday, May 5, at 7:30 p.m. Special service honoring Mother's Day. Silver March and Social, Bingo. (109)

The city fire department answered a call to put out a bush fire on Seventh Avenue near the Palmer apartments at 3 o'clock yesterday afternoon.

Mrs. Martin Miller will leave on next Monday's train for Terrace where she will join Mr. Miller and take up residence. They have purchased land about midway between Terrace and Lake-else.

You are invited to attend a public nominating convention of the Labor-Progressive Party to put a people's candidate in the field to contest the Skeena Riding in the next federal election. Deep Sea Fisherman's Hall (downstairs, Royal Hotel), Sunday evening, 8 o'clock. Guest speaker: Tom McEwen, provincial organizer, L.P.P. (107)

Robert M. McIntosh, who resided in Prince Rupert for seven years in the early days before the last war, and his son, Gordon McIntosh, who is in the Army, have been visiting in the city for a few days with Mr. McIntosh's brother, J. L. McIntosh. They will leave tomorrow night on their return to Sannich, Vancouver Island, their home. Mr. McIntosh served overseas in the last war since which he has resided at Sannich. He has been meeting many old friends who have given him a hearty welcome.

CANADA PAYS HALF

Canada is paying half the cost of the British Commonwealth Air Training Plan estimated at \$1,500,000,000; the United Kingdom pays the remainder less payments by New Zealand and Australia for the cost of training air crew.

HEMPEN DRUG

Hashish, a drug derived from hemp, was used as an anaesthetic by Hua, a Chinese physician, as early as 200 B.C.

GERMANS DIG DEEP

One German well in the Heide oil field is more than two miles down, reputedly the deepest in Europe.

Mrs. J. J. Gillis returned this morning from Victoria, where she attended the wedding of her daughter, Florence. Mrs. Gillis also spent a few days visiting friends in Vancouver.

Tom McEwen, provincial organizer of the Labor Progressive party, arrived in the city this morning from Vancouver. Mr. McEwen will make a series of speeches in the city and district.

Captain R. W. Murray, manager of the Canadian Pacific Coastal Service, and Captain E. Aikman, manager of the Canadian Pacific Ocean Service, passed through the city today on their way to Juneau.

Miss Elsie Margrete Roed, Norwegian newspaper woman who escaped from occupied Norway, and who is scheduled to speak in Prince Rupert on a lecture tour soon, passed through the city today on her way to Juneau, Alaska.

C. F. P. Faulkner, assistant district engineer for the federal department of public works, will be leaving Sunday night to make a brief trip to Stewart and thence back to Vancouver after having spent the past week in the city on official business.

Announcements

All advertisements in this column will be charged for a full month at 25c a word.

Women's Auxiliary Canadian Legion Dance, May 5, Oddfellows' Hall, Jean De Carlo's Orchestra. Refreshments.

Valhalla bridge, May 3, 8:30 p.m. sharp, Valhalla Hall. Everybody welcome. (108)

Cambria Tea, May 11, Mrs. Munthe's.

C.C.P. dance, Oddfellows' Hall May 12, De Carlo's Orchestra, 9:30 to 1:30 a.m.

Concert by Drydock Male Choir, May 15 and 16.

Hospital Auxiliary Tea, May 18.

Help Norway Tea, Lutheran Church, June 3.

BOMBING EFFECTIVE

LONDON, (AP)—Allied air raids have slowed down production in the German-controlled Fokker factories in the Netherlands. News reaching Vrij Nederland, Dutch newspaper published in London, confirms that workers have been forced to work a half-hour longer each day.

4 TIMES As Much Lather As Many Other Brands Tested! Gillette SHAVING CREAM Big, 3 ounce Tube—only 33c Made by the world's leading experts in shaving comfort—the makers of Blue Gillette Blades.

UNION STEAMSHIPS SERVICES TO Vancouver, Victoria and Waypoints, Stewart and North Queen Charlotte Islands Full Information, Tickets and Reservations FRANK J. SKINNER Prince Rupert Agent Third Ave. Phone 568 Advertise in The Daily News.

NOTICE TO OUR PATRONS Owing to the building which we now occupy having been sold, we shall be moving sometime in the future to the premises now occupied by the Over-waiter. For the present we are doing business at the same old stand. Date of moving will be announced later. RANCE & HARDY Pioneer Grocers Atlas Boiler Works Electric, Oxygen, Acetylene Welding, Blacksmith, General Repair. Phone Red 884

Legion Is In Session

Thursday evening saw a grand turnout of members at the regular monthly meeting of the Women's Auxiliary of the Canadian Legion at the Legion Rooms.

Mrs. Dan Parent, vice-president, was in the chair, in the absence of Mrs. A. J. Croxford, president.

Routine business disposed of the dance on May 5th at the Oddfellows' Hall was discussed and final arrangements made. Civic Centre Carnival was next on the list for discussion. The matter of the Eventide Home, which was held over for another meeting. Gifts of games, etc., had been supplied; a previous vessel launched at the local shipyard and a committee was formed for the purpose of supplying the same for the latest boat launched. Mrs. L. Wide, Mrs. Wm. Brass and Mrs. Guyan were instructed to take care of this. Mrs. Hugh Killin was appointed as delegate to the Annual Convention of Provincial Command in Vancouver in June.

KNEW CECIL RHODES

JOHANNESBURG, (AP)—R. A. Zeederberg, 92, last of "stage-coach Zeederbergs" whose name has been associated with the coaching service in South Africa since the days of Cecil Rhodes is dead. Lord Randolph Churchill was one of his first passengers.

APPROPRIATE NUMBER

ADELAIDE, Australia, (AP)—"Any requests?" asked entertainers making the rounds in a big military hospital near here. "Yes," shouted a wounded man. "Sing us 'Don't Get Around Much Any More.'"

The Experts Say - - -

ASPARAGUS is the aristocrat of vegetables but it can become a poor relation if it is not treated properly. Asparagus ages very rapidly after cutting. It ages as it lies in the market and it shows its age by spreading tips and woody stalks.

The Consumer Section of the Agriculture Department suggests that if you want flavorful asparagus see that the stalks are fresh, firm and green and that the tips are compact and tender. The sooner it is used after cutting the better the flavor—but if you must keep asparagus a day or so, loosen the bunch, wash each stalk thoroughly, cut off the tough ends, remove the little scales which may hold grains of sand and wrap the stalks in waxed paper or put them in a covered dish in the refrigerator until ready to cook.

The big problems in cooking asparagus is to get the thick ends cooked without overcooking the tender tips. There are two ways of doing this. The stalks may be tied in bunches and cooked upright in the bottom of a double boiler, covering the tips with the top of the double boiler turned upside down. Have about two inches of water or enough to allow the tougher portions to boil in the water while the tender tips steam. The other way is to cut each stalk in two and cook the tougher ends 10 minutes, then add the tips and cook for five minutes. For this method use a small amount of water. Salt added during the cooking preserves the color.

SOUR MILK: Most food-wise housewives know what a special-ity good flavor sour milk gives to ginger bread and muffins.

But according to Dr. L. B. Pett of Nutrition Services, what some of them don't know is that sour milk keeps most of the nutritive value of fresh milk. This makes it double important to use up any sour milk on hand—for good eating and good health.

CARAMEL PIE: A sweet dessert which doesn't use up much precious sugar is a boon any day and this one from the Nutrition Bureau makes a double appeal because it includes plenty of health-giving milk.

Heat one third of a cup of sugar in a heavy pan until melted and golden brown. Stir in one third of a cup of boiling water and cook until the sugar is dissolved and the syrup slightly thickened—about five minutes. Beat three eggs slightly, add a quarter teaspoon of salt and a teaspoon of vanilla and gradually stir in two and a quarter cups of hot milk. Add caramel syrup, strain and pour into a nine-inch pie pan lined with uncooked pastry. Bake in hot oven, 450 degrees Fahrenheit, for 15 minutes. Then reduce the heat to 325 degrees and bake until the custard is set, about 25 minutes.

VITAMIN A VEGETABLES: Marion Harlow of Nutrition Services says that housewives can make a sound health investment and delight their hungry families by taking advantage of the yellow and green vegetables which are so rich in essential vitamin A. Carrots, sweet potatoes, squash and turnip, among the yellow vegetables, and spinach, cabbage, brussels sprouts, broccoli among the green, are all rich in vitamin A, which, unlike most vitamins, can be stored up in the body. This vitamin A "bank" helps keep the membranes of the nose and throat healthy and so wards off colds and other infections which attack by way of the nose and throat.

HINT OF RICH GOLD

Many indications of rich gold deposits have been discovered in the Altai mountains of Sinkiang, province of China.



MAYBE IT'S YOUR KIDNEYS?

Take GIN PILLS—the "satisfaction or money back" kidney remedy. GIN PILLS help to soothe, and tone up your kidneys—aiding them in removing impurities causing aches and pains—disturbed rest.



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