With three average-good meals

including fruit juice plus 0

night and morning he's getting

extra vitamins and minerals her

besides quick good energy ele

and muscle building proteins.

Just follow this recipe for b

Get Ovaltine today at your dr

3 MEALS A DAY + OVALTINE

NIGHT AND MORNING

health-

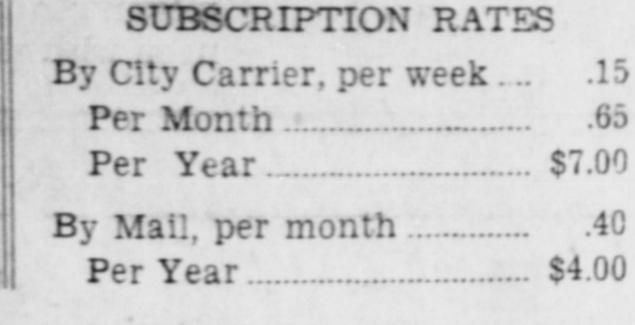
food store.

"Great way to get th

Published Every Afternoon Except Sunday by Prince

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Managing Editor



DAILY EDITION . . . Thursday, September 28, 1944



AIMEE SEMPLE McPHERSON . . .

Sensational episodes in her personal life which punctuated thirty-four years of spectacular preach- there will not be a two-year ing brought notoriey if not fame to Aimee Semple boom breaking into a period of McPherson, Canadian-born evangelist of the Four-depression." Square Gospel, who died unexpectedly at the age of How Construction fifty-three from a heart attack in Oakland, Cali- Came to Relief fornia, yesterday. Aimee's name in her day which covered a couple of decades, just before the present dustry had been by the last one, was a household word throughout this continent and possibly further afield. She claimed to have preached to more persons than any other evangelist of her time. The widespread publicity she received, and there was sufficient of the spicy type to sustain sensational interest, no doubt had much to do with building up her audiences. She had a magnetism of personality and an eloquent enthusiasm which attracted interest and built up a following. She may have done some good to some although she disgusted others.

Rain At Smithers But Crops Are In

The great amount of rain which fell in the Smithers dist. rict in the last few weeks will A Seattle publisher of two be of benefit to next year's crops Alaska newspapers, Charles E. because it will remain frozen into Heron, prophesied here that this the soil over the winter, Olof would be one of the greatest Hanson, M. P. who arrived in the mining districts of the world city last night from the in- and declared that a smelter terior town, commented today. | should be built at Prince Ru-

"Rain before the freeze-up is pert. even better than a heavy winter's A bi-weekly steamship service

Smithers district. Some field and the fall season. liable to damage.

a couple of days on business. two summer months.

TWENTY YEARS AGO

Sept. 28, 1919

snow because it cannot drain off by the Canadian National Steamwhen the thaw comes in the ships vessel Prince John was inspring," he said. stituted to supplement the semi-Mr. Hanson said that all grain | weekly service of the Prince Rucrops had been harvested in the pert and Prince George during

garden root crops still remain in Two Royal Canadian Air the ground but these are not very | Force planes engaged in fisherlies patrol duties in northern He will remain in the city for districts flew 10,000 miles in the

Make Your Own Chocolate Syrup

add % cup of boiling water, let cool. Keep this tasty choc-

with E E E COCOA

IDEAL FOR CHOCOLATE MILK, ICE CREAM AND DESSERTS

HOT OFF THE GRIDDLE

The One and Only Hit of World War II. The Song the Eighth Army Captured and Made Popular . . .

Yes, It's "LILI MARLENE"

Come in and hear this Sensational Hit!

Enquire Also About Storage Albums

10-inch size 12-inch size

MERael Bros. Ltd

Income Tax

Returns Prepared-See R. E. MORTIMER 324 2nd Ave. — Phone 88

PAINTING

Interior T Decorating Showcards and Signs LORNE CORNELL Phone Blue 142

Now Open for Business CHOP SUEY

CHOW MEIN

Opening Hours: 3 p.m. to 2 a.m.

2nd Avenue (Across from Prince Rupert Hotel) Phone 173

CHIMNEY SWEEPING OIL BURNERS CLEANED AND REPAIRED

New equipment and help assure you of a clean job.

Phone Black 735

HOME SERVICE HANDYMAN

IMPORTANT INDUSTRY (Continued from page 1)

finish regular apprenticeship. In fact, government approval having been given, Royal Can-Air Force training quarters were already being prepared as such schools and within a month everything would be organized to receive men returning from the services.

"We have asked the government," Mr. Nicholls disclosed, "to first permit free enterprise to do its own work in construction projects and prove its own ability to put men to work, the government keeping out until a slack period comes when it could come in to level out. We are hoping that this time

heavily hit the construction indepression. It had declined to five percent of normal business. A conference of architects, contractors, organized labor, enbeen held and a \$40,000,000 pub- and guests were Dr. O. E. Kvale in the Wartime Housing staff lic works program had been ar- of Ocean Falls and J. S. Thomp- house on October 11.

ranged, one of the projects having been the Prince Rupert post office. That had helped to break the back of the depression as the construction dollar stretched so far. The interest in the construction industry which had been taken by the Bennett government was continued by the King government and, at the suggestion the construction industry, the Dominion Housing Act had come into being. This had been most significant piece of legislation and the speaker believe that it might be extended from houses to the promotion commercial buildings, factori

Then had come the highly successful Home Improvement Plan which had demonstrated the safeness of the credit without collateral of the average man These things had had far-reach ing effects in the future economy of Canada. "Now we are all beginning to feel that the post-war period will be with us We have come out to Gyro. western Canada to see what we can do to help you."

churches and social structures.

NOTICE

Prince Rupert, B.C. Public Traffic Regulations effective 1st April, 1944

Mariners are advised that Public Traffic Regulations for the Port of Prince Rupert which became effective 1st April, 1944, are placed across Venn Passage at hereby amended in respect of the following paragraphs:-

Part I, Paragraph 20, is amended to read: "Metlakatla or Venn Passage-Fishing vessels. from first light to last light and other small craft will be per- only, provided the port has not mitted to use this Passage from | been closed by the Naval Officerfirst light to last light daily in in-Charge on account of fog or clear weather. All vessels enter- thick weather. (See also para. 1) ing Prince Rupert Harbor via of Public Traffic Regulations.)" Metlakatla Passage must contact

son of Vancouver.

An interesting document presented at the luncheon was a message from the Nanaimo Gyro Club, signed by all members, the unique feature being that it had been delivered here over the new highway by Capt. Andrew Johnstone, a Nanaimo

Past President W. J. Scott reported arrangements well under President Frank Skinner was way for the twenty-first birthneers and manufacturers had in the chair at the luncheon day party of the club to be held

the Guardship moored 358 deg. true 1185 feet from Auriol Point for identification or accept grave risk of being fired upon. Vessels leaving Prince Rupert Harbor via Metlakatla Passage need not

Part I, Paragraph 21 is amended to read: 'The obstruction right angles to the channel in the vicinity of Dundas Point will be open for the passage of fishing craft and other small craft daily



contact the Guardship.'

Two Glasses* of Ovaltine are equal to C. M. CREE, Commander, R.C.N.

VITAMIN A in 4 oz. average butter VITAMIN B1 in 6 slices whole wheat VITAMIN D in 1 teaspoon standard CALCIUM in 21/2 oz. Cheddar Cheese PHOSPHORUS in 21/2 oz. Cheddar *Made as directed with average milk.

Fresh Local Raw and Pasteurized MILK VALENTIN DAIRY PHONE 657

J. L. CURRY CHIROPRACTO* If pain—Chiropracts If nerves-doubly Smith Block

CANADA'S VETERANS Their Post-War Opportunities

This is the first of a series of advertisements to inform the people of Canada of plans to re-establish men and women of the armed forces. To get the full details save and read every advertisement.



For complete information write for the booklet "Back to Civil Life."

The Future After Discharge -A MESSAGE TO RELATIVES OF THOSE IN THE ARMED FORCES

When your boys and your girls come home, when they lay aside the uniform, when they go out into the world as normal peace-loving Canadians, what lies ahead? Can they pick up their lives as civilians, where they laid them down, months or long years ago? Are there plans to help them

do the things they wanted to do before the war? Will they have security? Can they continue education, or receive needed training? Will they be assisted in home owning, or to establish their own business, and will they be enabled to pick up their family life once again?

These are questions which concern all those Canadians who have leved ones in the services. They are questions which this series of advertisements is designed to answer.

OPPORTUNITY IS THE OBJECTIVE

Canada has been making plans for your boy's and your girl's return to civilian life since early in 1940. These plans are in effect and operating now. The aim is that every person who has served shall have opportunity. Thousands, already back in civilian life, have benefitted by training, by main tenance grants, by advice of departmental officials. and by the social security provisions. There is ample help for those men and women who want to help themselves.

ASSISTANCE ON DISCHARGE

When your boys and girls are discharged from the services, they will be given:

- 1. A clothing allowance of \$100.00 (if discharged after August 1, 1944).
- 2. Their pay to date of discharge.
- 3. One month's additional pay, if they have 183 days' continuous service, as a rehabilitation
- 4. A railway warrant home or to the place of enlistment.

Dependents will receive:

- 1. Their normal dependents' allowance to date of discharge, with assigned pay.
- 2. An additional month's dependents' allowance, with assigned pay, if there has been 183 days' continuous service.

Your boy or girl will be allowed to retain certain items of uniform. They will be given a complete medical and dental examination and will be eligible for free needed treatment for a year after discharge. Those discharged not physically fit, in need of continuing treatment and unable to work, will have their pay and allowances of rank continued for at least a year if necessary and, if the disability is pensionable, for as long as curative treatment is beneficial. All are interviewed by Veterans' Welfare Officers and told of the re-establishment programme.

WAR SERVICE GRATUITY

On discharge, those enlisted to serve outside Canada, or those who served in the Aleutian Islands, are eligible for a war service gratuity. It provides \$7.50 for each thirty days' service in Canada and the Western Hemisphere and \$15.00 for each thirty days' service overseas or in the Aleutian Islands. For those with overseas service or with service in the Aleutian Islands, there is an additional seven days' pay and allowances for each six months of such service. Payments will be made at the end of each month in the months follow ing discharge. Complete details of the war service gratuity will be given in a later advertisement.

RE-ESTABLISHMENT CREDIT

In addition to the war service gratuity, there is a re-establishment credit of \$7.50 for each thirty days' service in the Western Hemisphere and \$15.00 for each thirty days' service overseas. This is for things such as the purchase or repair of a home, the buying of furniture, a business, or government life insurance, and for certain other purposes which will assist your boy or your girl in becoming reestablished. This credit, which is reduced by grants given for training or education, or under the Veterans' Land Act, is primarily for those who do not wish assistance under these three plans.

RETURN TO FORMER JOBS

If your boy or girl held a civilian position before enlisting, and was not engaged to replace somebody already in the forces, and if the position still exists, and your boy or girl is capable of filling it, it is the employer's duty, under the law of Canada, to reinstate him or her in that position with seniority. Application for reinstatement must be made to the former employer within three months of discharge from the forces or from hospital.

Veterans' Welfare Officers are stationed in key centres throughout Canada. They are the friends of Ex-Service men and women. It is their duty to advise and assist all Ex-Service personnel with their re-establishment problems. If there is anything about the Rehabilitation programme which you do not understand, consult your nearest Veterans' Welfare Officer.

TRAINING AND EDUCATION

The surest way to permanent employment—the thing your boy or girl will want-is a skill to get and to hold a job. Canada's plans give opportunity to acquire needed skill either at university or in preparation for a business or industrial career. Fees are paid by the state, along with living allowances, while training or continuing education.

WHILE ILL OR UNEMPLOYED

There is protection against illness or unemployment by maintenance allowances which can be drawn against in the first eighteen months after discharge. There is also protection under the Unemployment Insurance Act for those who enter insured employment and remain in it fifteen weeks.

HOME OWNING AND FARMING

There is provision to assist city and other workers to have homes of their own, either on small acreages of land outside the high taxation area, or in town, under the National Housing Act. Full-time farmers can be given financial assistance in full-time farming, while commercial fishermen may secure financial help in getting their own homes, on small acreages · of land, and in buying needed fishing equipment.

FREE TREATMENT

In the year following discharge, service men and women are eligible for free treatment, hospitalization and allowances for any condition, even if not the result of service. Pensioners are entitled to this for life for their pensioned disability.

THE POLICY ON PENSIONS

Canada's Pension Act is administered by an independent commission, all former members of the services. Any permanent disability suffered over seas, not a result of misconduct, is pensionable. Where service is in Canada only, the disability must be a result of scrvice.

Published under the authority of Hon. Ian A. Mackenzie, Minister of PENSIONS AND NATIONAL HEALTH

* SEND THIS ADVERTISEMENT TO SOME MAN OR WOMAN OVERSEAS.