SWIFT'S WEEKLY FOOD HINTS

Logan, Swift's famed home econo- those weekly, wartime cooking column gular feature of this page. Look for luable hints each Monday

by Martha Logan

Versatile Apples!

ave place at either or tail of a meal

hey come from B.C.'s Valley, Ontario's vast the Maritime's Annapolis Canada's apples are tops. every grocery or fruit shiny Mackintosh Reds, Russets or Jonathons. It's kitchen sense to use our backyard fruit, especially when thrifty and versatile.

use apples anywhere in a as the base of a fruit cocktail; for salad with celery; a per as apple rings with the ; or made into clear, sauce for dessert.

t husband-winning meat is Lamb Apple Topper:

d diced lamb
cloves
sliced tart apples
water
fat
grated lemon rind
dry bread crumbs
brown sugar

until brown in hot fat, ow baking dish, season, add cloves, and cover with sliced apples. Sprinkle with water. Top with mixture of lemon rind, bread crumbs and brown sugar. Cover. Bake in moderate oven (350° F.) for 30 minutes, then bake uncovered 15 minutes.

Martha Logan

SAVE FOOD—SAVE FREEDOM

Every housewife in Canada has a personal part to play in the war on the food front. Our country has undertaken vast responsibilities for supplying food to our allies, besides feeding our armed forces and prisoners of war through Red Cross parcels. All this means that we at home can and must help by using food much more carefully. Remember: "Buy wisely; cook correctly; eat it up completely" . . . and help win both the war *and* the peace!

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WIVES OF GENERALS

CHILDREN DO NOT OFTEN SEE FATHER

Mrs. Guy Simonds Straightens Things Out When They See Montgomery and Canadian General Together on Screen.

By Frank Hinds,
Canadian Press Staff Writer.

WINNIPEG, Feb. 7 (CP) — The Simonds youngsters find it difficult to distinguish between their dad, Maj. Gen. Guy Simonds, commander of a Canadian division overseas, and Sir Bernard Montgomery, the famous British general, when either of the two military leaders appear on the newsreel screen.

Ruth, ten, and Charles, nine, have seen their father only during one 10-day visit in August, 1942, since they have been old enough to remember what he looks like, so that the confusion is only natural. They pipe "there's daddy" when either of the two military leaders appears on the screen.

Mrs. Simonds, the former Katherine Taylor of Winnipeg, has no post-war plans but, like every soldier's wife, she would like to "settle down and be normal and have some proper home life again."

Not a career woman from her own statement, Mrs. Simonds is nevertheless taking a prominent part in the activities of various service organizations. She is the official upholsterer for the Winnipeg Salvage Corps and does hospital mending for the officers' wives auxiliary.

LETTERS MEAN MUCH TO THEM

Two or three times a week she takes time off from these activities and the full-time job of raising her own two children to write to the general who is just as anxious to get mail as any private under his command. Like lots of privates, too, he is not so good at answering his mail and Mrs. Simonds considers herself lucky if she hears from her busy husband once a month.

Mrs. Simonds wears a pretty gold and red emerald pin, a recent gift from the general, on the front of her tailored dresses these days. The pin, complete with gold maple leaf, is a miniature replica of the famous Red Patch which distinguishes the Canadian 1st Division in the Mediterranean theatre, formerly commanded by her husband.

The general's wife does her daily shopping on the bicycle which has followed her on her tours from one to the other of the 17 different houses she has lived in since her marriage to young Lieut. Simonds. Some of these houses were in England where she spent three years before the war while her husband was training for the role he is playing today.

Shopping is somewhat simplified since the head of the family has been away. A picky eater, the general just won't eat his vegetables and young Charles tries to follow that example when he can get away with it on the excuse that "daddy doesn't eat his spinach."

In addition to her regular letters, Mrs. Simonds sends her famous husband at least a parcel a month with sweaters, socks and gloves she always knits for him. He lost his entire kit on the way to Sicily and Mrs. Simonds has been knitting ever since. She encloses chocolate and tea in the parcels and once recently sent him a tin of sardines before she realized that was a perfect parallel to the proverbial gift of coal to Newcastle.

The general public helps her keep informed of the latest news about Gen. Simonds by writing and telephoning every time he appears in a new story or film. Total strangers send her clippings frequently.

Mrs. Simonds is one of three sisters who married into the army. Geraldine is the wife of Capt. Sid Stevens of Winnipeg, now stationed at Kingston, Ont., and Ruth is the wife of Capt. Fred Roost, a Swiss born resident of Ottawa who went to Kiska Island in the Aleutians.

Mrs. Simonds attended Rupert's Land College, Winnipeg, Bishop Strachan School, Toronto. Her daughter is now at Rupert's Land and Charles attends St. John's College School, Winnipeg.

LOCAL NEWS NOTES

▲Moose meeting, Tuesday, Feb. 8. Eagle's Hall. Initiation.

G. E. Moore left Saturday night on a trip to Vancouver.

▲Canadian Legion (B.E.S.L.) No. 27, Executive Meeting tonight at 8 o'clock at Legion Headquarters

Mr. and Mrs. J. E. Davey left on Saturday night on a trip to Vancouver.

Fire Chief H. T. Lock went to Port Edward this morning on an invitation to inspect the fire safeguards in the installations there.

Dan Mackenzie, engineer for Carter Halls Aldinger Construction Co. left on Saturday night on a trip to Vancouver.

Labor Situation In Prince Rupert

A general check-up of the labor situation in Prince Rupert was conducted by Alex McAuslane, vice-president of the Canadian Congress of Canada, who left last week on his return to Vancouver after a week's visit here. One of the matters he was particularly interested in, said Mr. McAuslane, was curtailment of employment. It seemed peculiar that there should be lay-offs in the war industries at the same time that the government was advocating an intensification in the war effort.

There is a desire on the part of his union, said Mr. McAuslane, to tighten up existing agreements particularly in the matter of collective bargaining. There is no closed shop here but a showing of cards at the dry dock to ascertain who were members and who were not was held.

The longshoremen's and fish packers' unions received attention from Mr. McAuslane while here. He is interested in consolidation of all C.C.L. organizations here.

B. Scherk left on Saturday night on a trip to Vancouver.

Mrs. R. C. St. Clair left on Saturday night for Vancouver after a visit here.

L. Fitzgerald left on Saturday night on a trip to Vancouver.

[illegible] held on Monday the fourteenth [illegible] Rooms.

▲ Housewives' League Meeting Tuesday, 8 p.m. 1337 Overlook Street.

Evangelist F. T. Balmer is leaving tonight for Vancouver to attend the Ministerial Institute of the British Columbia conference of Seventh-day Adventists. He will return after the middle of the month.

G. H. Elliott of the Carter Halls Aldinger construction company of Winnipeg, who has been in the district for the past few days inspecting the company's projects, left on Saturday night for Vancouver.

The case of William Samuel Cooper, charged with wounding Paddy Keogh, came before Judge W. E. Fisher in county court this morning, and was adjourned until February 24 for hearing.

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Announcements

C.C.F. Dance, February 11, Oddfellows' Hall, DeCarlo's Orchestra.

L.O.L. Orance Dance, Sat. Feb. 12, 9:30 sharp. Oddfellows' Hall. Jean de Carloss orchestra.

Good Cheer Club Valentine Tea. Home cooking. Saturday, February 12. Club House 1.30 to 30.

W.A. Coast Regiment Dance, I.O.D.E. Hall, February 14.

Orange Ladies' Dance, Oddfellows' Hall, February 14.

Boilermaker's Ball, February 14th, Staff House Dining Hall.

C.W.L. Bridge, Whist and Cribbage, K.O.C. Hut, Feb. 17, 8 p.m. Everyone welcome.

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Re: Certificate of Title No. 27837-I. to Block 1, Subdivision of the Southerly 77 acres, more or less, of Lot 1969, Range 5, Coast District, Map 1794.

WHEREAS satisfactory proof of loss of the above Certificate of Title issued in the name of Jack Bennett has been filed in this office, notice is hereby given that I shall, at the expiration of one month from the date of the first publication hereof, issue a provisional Certificate of Title in lieu of said lost certificate, unless in the meantime valid objection be made to me in writing.

DATED at the Land Registry Office, Prince Rupert, B.C., this 26th day of January, 1944 A.D.

ANDREW THOMPSON,
Deputy Registrar of Titles

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Place an Ad in The Daily News—It Pays