The flavour is delicious

"SALADA" TEA

PORT ESSINGTON

Auction Sale

will resume

SATURDAY, JULY 22, 11 a.m.

J. H. MAIR

AUCTIONEER

NOTICE TO TAX PAYERS

City Taxes, General and Local Improvement, are due and payable at the City Hall on or before August 1st, 1944, after that date 5% Penalty will be added.

F. VICKERS,
Collector.

Have You Ordered Next Winter's Coal Yet?

If Not, Do It Today!

PLACE YOUR ORDER TODAY WITH

ALBERT & McCAFFERY, LTD.

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OFFICE SUPPLIES
PRINTING
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BIRTHDAY AND EVERYDAY CARDS
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POULSEN'S LUNCH

IS NOW OPEN

6th Ave. E., Beside P.O. Station B.
"Select Lunches and Select Service"

Our stock fresh and complete, prices right

POULSEN'S GROCERY
Courtesy and Service — Free Delivery — Red 441

KING GEORGE CAFE

Special Chinese Dishes

Chop Suey
Chow Mein

Hours 10 a.m. to 10 p.m.

3rd Avenue and 8th Street

PRINCE RUPERT

ROOFING CO.

Box 725

Specialists on Builtup Roofs

Repairs, Re-shingling

Free Estimates

The Experts Say - - -

CHOCOLATE ICE-BOX CAKE: A certain amount of left-over food is inevitable in the best-run household, but here is good news from the Agriculture Department Section which shows how left-over portions of cake or cookies may be served attractively again . . . as chocolate ice-box cake.

Mix together one-third cup of sugar, ¼ cup of cocoa and one teaspoon of flour. Separate three eggs and beat the yolks. Gradually stir the sugar mixture into the yolks and blend until smooth. Slowly add two cups of hot milk, stirring constantly. Cook over hot water until custard is thickened, stirring constantly. This will take about 10 minutes. Remove from heat, add ½ teaspoon of vanilla and cool slightly. Add ½ of a teaspoon of salt to the three egg whites and beat until stiff, then fold into the custard. Put two cups of dry cake or cookie crumbs in the bottom of a loaf cake pan. Pour the custard mixture on top and chill thoroughly four to six hours or longer in the refrigerator before serving.

MINUTES SAVED here and there these days mean more time to enjoy the summer out-of-doors . . . so here is a time-saving trick from the Pensions Department's Nutrition Division: let the family peel those delicious new potatoes at the table.

GORDON BLEU: French chefs who win this coveted honor make poems of gastronomical delight. Maybe you think your family wouldn't appreciate the gustatory stimulation of a subtle blending of flavors, but don't be too sure. Try toothpicking onion slices on the sides of a roast, garlic for roast lamb . . . remove before serving.

LUNCHBOX CHEESE SANDWICHES: Lunchboxes and picnics can both be improved if these sandwiches, suggested by the Agriculture Department Consumer Section, are tucked away as a mainstay in the menu:

Two hardcooked eggs, ¼ teaspoon of pepper, one teaspoon dry mustard, two tablespoons melted butter, ¼ cup top milk, two tablesspoons vinegar, ½ pound grated cheese, salt to taste.

Separate whites and yolks of hard cooked eggs; mash yolks and blend with other ingredients. Add egg whites, finely chopped. This makes 1½ cups of filling.

RANG EROUNDUP: The Prices Board suggests these pointers for keeping precious kitchen ranges working smoothly:

Never clean the porcelain surface of the range when it is hot—never use gritty cleaners. A cloth rung out in warm, mild soapy water is best—be sure and wipe dry after washing.

Always wipe up lemon and orange juice, milk or vinegar or any other acid juices and foods as soon as the surface has cooled. Acids spoil the porcelain finish.

Rotate the use of surface units just as you rotate the tires on your car. Playing favorites wears them out.

The best buy in Monuments and Markers in B.C. is at National Monuments on 3rd Ave., first door West of Eaton's.

NATIONAL MONUMENT
P.O. Box 998. Prince Rupert

DANCE

FRIDAY, JULY 21
Modernaires Orchestra
ODDFELLOWS' HALL

Old English SCRATCH COVER POLISH

Hides Nicks and Scratches in Furniture

Use it on woodwork and any wood surface to hide ugly blemishes. Can easily be rubbed to a polish. 25¢

Sold at
MUSSALLEM'S ECONOMY STORE

KWONG SANG HING
HOP KEE

CHOP SUEY HOUSE

612 7th AVE. WEST
(Next to King Tai)

All your patronage welcome

Open 5 p.m. to 12 p.m.

Outside Orders from 2 p.m. to 12 p.m.

Phone Red 247

Re-opening
of the
L.D. Cafe

CHOP SUEY and CHOW MEIN

Hours 6:30 a.m. to 1:00 a.m.

CFPR 1240 Kilocycles SCHEDULE

FRIDAY
P.M.

4:00—Sound Off
4:15—G.I. Jive
4:30—Re'cast Bing Crosby
5:00—Dinah Shore
5:30—Personal Album
5:45—Melody Roundup
6:00—CBC News
6:05—Recorded Interlude
6:15—At Ease
6:30—Chamber Music
7:00—Night Train
7:15—Front Line Family
7:30—John Charles Thomas
8:00—Aldrich Family
8:30—Information Please
9:00—Morgan and Brice
9:30—Nocturne
10:00—CBC News
10:05—Recorded Interlude
10:15—Yarns for Yanks
10:30—Vancouver Playhouse
11:00—Silent

OLDEST "FRAT"

Phi Beta Kappa, oldest college Greek letter fraternity, was organized at William and Mary College, Virginia, in 1775.

CAREFUL AFGHANS

In Afghanistan written receipts must be given for all cash sales.

Announcements

All advertisements in this column will be charged for a full month at 25c a word.

Valhalla Dance, Oddfellows' Hall, July 28, 9:30 p.m. to 2:30 a.m.

W.O.T.M. Dance, Aug. 2, Oddfellows' Hall. De Carlo's Orchestra. Refreshments; 10-2.

Orange Ladies' Dance, Oddfellows' Hall, Aug. 10, DeCarlo's Orchestra, 9:30 to 1:30.

LOCAL NEWS NOTES

Mrs. E. Ratchford left last night on a trip to Vancouver.

▲ Machinists' Dance, Oddfellows' Hall, Saturday July 22.

Mr. and Mrs. Ben Lee left last night on a trip to Vancouver.

A. W. Allaire left last night on a trip to Vancouver.

▲ The office of Dr. J. Munthe and the Norwegian Consulate will be closed until August 9.

STOP the ITCH of Insect Bites—Heat Rash

Quick! Stop itching of insect bites, heat rash, eczema, hives, pimples, scales, scabies, athlete's foot and other externally caused skin troubles. Use quick-acting, soothing, antiseptic D. D. D. PRESCRIPTION. Greaseless, stainless. Itch stops or your money back. Your druggist stocks D. D. D. PRESCRIPTION.

J. Laurie left last night on a trip to Vancouver.

Mr. and Mrs. W. Currie left last night on a trip to Vancouver.

Mr. and Mrs. R. G. Sutherland left last night on a trip to Vancouver.

Miss F. Peachey returned this morning from a trip to Vancouver.

Mrs. E. L. Mogg and child left last night on a trip to Vancouver.

Ald. E. Williams of Victoria, potentate of Gizeh Shrine Temple, after attending a convention in the United States, arrived here Wednesday night and left last night for Victoria. He visited the local club last night.

William Stapleton, general passenger agent, Canadian National Railways, arrived in the city on Wednesday night's train from Vancouver and will leave tomorrow night to make a trip to Ketchikan and thence to Vancouver.

The residence on English Hill of Bruce Brown has been purchased by T. Malm who will live therein. Mr. Brown recently purchased the J. T. Harvey residence on Fourth Avenue East and will soon be moving there.

A general discussion on ways and means followed the talk by Capt. James at the meeting of the civilian recruiting committee Wednesday night with a view to further activating the new local campaign as quickly and effectively as possible.

Mrs. J. H. Mair returned this morning from a trip to Vancouver.

Mrs. H. S. Crombie left last night to return to Vancouver after a brief visit to the city.

Tonight' train, due from the east at 10:45, was reported this afternoon to be on time.

Mr. and Mrs. F. Wesch are leaving tonight on a trip to Vancouver.

Miss Thelma Watson is leaving tonight on a trip to Vancouver.

Mrs. Annette Woods returned this morning from a business trip to Vancouver.

H. S. Parker was among those returning this morning from a trip to Vancouver.

Fred Olsen and son Paul left last night for a trip to Vancouver. They expect to be away about ten days.

NATURAL CURRENCY

The Aztecs and Mayans used cacao beans in place of money.

NEW RECIPE!

MAKE Your Own CHOCOLATE SYRUP with FRY'S COCOA

EASY ON SUGAR

EASY TO MAKE

Take ½ cup of FRY'S COCOA and ¾ cup of sugar. Mix well together dry. Slowly add ¾ cup of boiling water, stirring meanwhile. Boil for one minute. Then pour into a clean dry glass jar. Cover and let cool. Keep this tasty chocolate syrup handy in the ice box, ready for instant use.

IDEAL FOR CHOCOLATE MILK, ICE CREAM AND DESSERTS.

Many women say this new FRY'S recipe is just the very thing they've been looking for, and you too will be delighted with the many ways you can use it to improve desserts, etc. For instance, you'll find it most appetizing as a hot or cold sauce on ice cream and on desserts, and it's specially delicious for making chocolate milk.

44-14

Wise woman! She always uses Blue in the final rinse. She knows that this is the one sure way to prevent towels, table linens, bed linens—all white things—from turning yellow. Linens are precious now so take special care to keep them white—really white. That swish or two of Blue in the last rinse will do it.

RB-2

RECKITT'S BLUE
PREVENTS CLOTHES TURNING YELLOW

Fresh Local Raw and Pasteurized MILK
VALENTIN DAIRY
PHONE 657

GEO. J. DAWES

AUCTIONEER
— and —
VALUATOR

SALES CONDUCTED TO SUIT YOUR CONVENIENCE

FURNITURE AND HOUSEHOLD EFFECTS PACKED AND SHIPPED

Estimates Free — Phone for Appointment

146 4th Ave. E. RED 127

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Experienced Carriers to intelligently fill your:

- BAGGAGE
- EXPRESS and FREIGHT
- LIGHT HAULING REQUIREMENTS

Stand—214 4th Street
West End of Post Office

CHOCOLATE MILK Whenever You Want It!

To a glass of thoroughly chilled milk add 2 dessert spoons of chocolate syrup. Stir - and serve. It's delicious!

Income Tax

Returns Prepared—See
R. E. MORTIMER
324 2nd Ave. — Phone 88

CHIMNEY SWEEPING
OIL BURNERS CLEANED AND REPAIRED

New equipment and help assure you of a clean job.

Phone Black 735

HOME SERVICE HANDYMAN

J. M. S. Loubser

D.C., B.A.
CHIROPRACTOR

Wallace Block Phone 640

Loose Talk can cost Lives!

"All I said was, 'In ten more days he'll be in Iceland'"

Keep it under your STETSON

Stetson Hats for men $6.50 up
Brock $6
Kensington $5

Get your STETSON today at

Watts & Nickerson
MEN'S AND BOYS' CLOTHING
PHONE 345 — FIVE THREE TWO THIRD AVENUE

A Good Place to do Your Shopping

Seventh Ave. Market

LONDON SHOE REPAIR SHOP

733 Second Avenue
Across from Dominion Bld.

NOW OPEN

All work guaranteed—quick service

J. L. CURRY
CHIROPRACTOR

If pain—Chiropractic!
If nerves—doubly so!

Smith Block Green 995

Atlas Boiler Works

Electric, Oxygen, Acetylene Welding, Blacksmith, General Repair.

Phone Red 884

FORMAL OPENING OF

RUPERT BUTCHERS

UNDER NEW MANAGEMENT OF W. LOCK

Your Shopping Tour should include a visit to this nearby Butcher Shop where you'll always find an abundant supply of the choicest cuts of Meat,

Fresh Fruit and Vegetables in season from our own farm arriving by each boat.

Complete line of groceries.

ALL PRICED FOR ECONOMY HERE!

MUSSALLEM'S ECONOMY STORE

"Where dollars have more cents"

We have a complete variety of available

Groceries, Fresh Fruits and Vegetables
Tobaccos and Confectionery

FREE DELIVERY throughout the City three times weekly
(Tuesdays, Thursdays and Saturdays)
Opposite Canadian Legion

Fair Way FOOD MARKET

HAS EVERYTHING YOU NEED IN FRESH FRUITS AND VEGETABLES

INSTANT SERVICE — NO WAITING

Location — Next to Y.M.C.A. 3rd Ave.
Open Evenings

BURN WOOD For Summer

Dry Slabwood, cord $10.00
Dry Jackpine, cord $12.50

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See JOHN L. WRIGHT
Special Representative
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Opposite Staff Dining Hall